

4-H YOUTH DEVELOPMENT



The following are current news items and events that may be of interest to you. If you have any questions regarding any of the information covered in this newsletter, please call us at 427-3152.

Sincerely,

Kyle Weaver, *Purdue Extension Educator*

Julie Threadgill, *Purdue Extension Educator*

Tanya Pike, *Office Manager*

Mark Your Calendar

- ♦ **Goat, Sheep & Swine Tagging** will be held on Saturday, April 29 from 7-9 a.m. at the fairgrounds.
- ♦ **Southeastern Indiana Spring Classic Open Beef Show** is Saturday, May 6 at the Switzerland County 4-H Fairgrounds.
- ♦ **Area 1 Performing Arts** is Saturday, May 6 at 6:30 pm in Hanover. See flier in this newsletter for more information.
- ♦ **Open Goat & Sheep Show** is Saturday, May 13 at the Switzerland County 4-H Fairgrounds.
- ♦ **Area 1 4-H Camp Registration deadline** is Monday, May 15.
- ♦ **Drop/Add Deadline** for all projects is May 15.
- ♦ **All livestock** must be enrolled in 4honline by May 15.
- ♦ **Poultry/Rabbit Identification** is Friday, June 16 from 6-8 pm.
- ♦ **Fairgrounds clean up day** is Saturday, June 24 at 9 am.
- ♦ **Livestock/Indiana 4-H Livestock Quality Care Meeting** is Saturday, June 24 at 11 am.

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[@PurdueExtensionSwitzCo](https://www.instagram.com/PurdueExtensionSwitzCo)



2023 Fair Dates
July 1-8.

Exhibit Hall projects
are due on
Saturday, July 1st
from 8 a.m.-noon

No Exceptions!!



It is the policy of the Purdue University Cooperative Extension Service that all persons have equal opportunity and access to its educational programs, services, activities, and facilities without regard to race, religion, color, sex, age, national origin or ancestry, marital status, parental status, sexual orientation, disability or status as a veteran. Purdue University is an Affirmative Action institution. This material may be available in alternative formats.



2023 4-H Camp

Are you looking for something FUN to do this summer? How about 4-H Camp? The theme this year is "Battle of the Bands". There will be many learning and fun activities based on this theme. You will also have the opportunity to participate in many other activities such as swimming, fishing, crafts and campfires. This is an excellent way to make new friends by meeting 4-H'ers from other southeastern Indiana counties. The camp will be held from June 6-9 at Camp Higher Ground in West Harrison. The cost of 4-H camp is **\$220** per camper, **however the Fair Board is generously offering a 25% scholarship to current 4-H'ers who completed at least 1 project in 2022.** All first year 4-H'ers are eligible for the scholarship but must complete at least 1 project in 2022 to be eligible for a scholarship next year. You must register for camp by logging into your 4honline account and selecting events from the 4-H members profile. Payment of \$165 must be made at the extension office. Registration and payment are due by May 15th.



REQUIRED Livestock & Exhibit Hall Project Dates, Deadlines & Requirements

County Identification Dates:

- Goat, Sheep, Swine—Saturday, April 29, 7-9 am
- Poultry/Rabbit—Friday, June 16, 6-8 pm



4HOnline Entry Deadlines:

- Beef and Dairy Beef Steers, Beef Heifers, Beef/Dairy Feeder Calves, Dairy Cattle, Goats, Horses, Sheep, and Swine by May 15.
- Instructions for entering livestock information in 4honline & fairentree will be given to 4-H members at spring tagging.

Fair Entry Deadlines:

This site is where you will enter your projects in specific classes. Exhibit hall judging books and livestock show bills are generated from this site.



For Example: Photography: Color Prints or Color Salon Print., Beef: Crossbred market steer. Etc.....

- All projects by June 16.

Livestock Exhibition Requirements & Dates:

- 1 Indiana 4-H Quality Livestock Care Training (June 24 at 11 am *June 26 at 6 pm *June 28 at 10 am)
- Premise ID #

County Livestock Auction Requirements & Dates:

- 3 club meetings
- 1 livestock meeting (June 26 at 11 am & June 26 at 6 pm)
- 1 completed exhibit hall project

Every 4-H'er has a story to tell, and yours could earn you \$5,000! Learn more about the 2023 4-H Youth in Action program and apply before March 27 at purdue.ag/4hyia



WANTED:

Storytellers, Athletes,
Artists, Builders

4-H wants to hear YOUR story!

Applications close March 27, 2023

Visit 4-H.org/youthinaction
to learn more



Area 1 **Performing Arts** **Contest**

May 6th, 2023 | 6:30pm

**Southwestern Elementary Multi Purpose Room
273 S Main Cross St, Hanover, IN 47243**

Registration begins at 6:00pm

Who can participate?

- The contest is open to all 4-H members in Area 1 (Bartholomew, Brown, Dearborn, Decatur, Jefferson, Jennings, Ohio, Ripley, & Switzerland Counties).

What are the categories?

**Compete for a chance to perform
at State Fair or 4-H Round Up!**

- Curtain Acts: Musical
 - 1-4 performers, 3-5 minutes
 - Types of Acts: instrumental (piano, guitar, flute, drums, etc.), vocal, bands (rock, country, jazz)
- Curtain Acts: Non-Musical
 - 1-4 performers, 3-5 minutes
 - Skits or sketches, magic, clowning, rhythmic gymnastics, reading, 4-H cheerleading routines, choral speaking/reading, dance (ballet, tap, modern, etc.) lip sync, juggling, acrobatic feats, ballads, puppetry.
- Group Acts:
 - 5 or more performers, 5-8 minutes.
 - Skits or sketches, choral number, dance routines, lip sync, etc.

How to register?

- Register via 4-H Online in the Events Tab at <https://v2.4honline.com>

Registration Deadline: April 28, 2023

**Call Purdue Extension Jefferson County at (812)265-8919
if you have any questions or concerns.**

AGRICULTURE & HORTICULTURE

Weavers Wisdom

Can you believe that the 4-H Fair is just a few months away? It seems like we just finished last years fair. I always love this time of year when 4-Hers start talking about working with their animal projects or how they are preparing to do that awesome poster project. There will be a lot of things happening over the next few months as we prepare for the 2023 4-H fair. I encourage anyone who would like more information about a project or about the 4-H program to call the extension office.

Agriculture News

Gardeners asked to be vigilant this spring for invasive jumping worms Story by Jillian Ellison

While earthworms in the spring are a happy sight for gardeners, an invasive worm species is wreaking havoc for landowners and gardeners in southern Indiana.

Robert Bruner, Purdue Extension's exotic forest pest specialist, describes jumping worms, an invasive species to North America in the genus *Amyntas*: "Traditionally, when we see earthworms, they are deep in the ground and a little slimy. The jumping worms are a little bit bigger, kind of dry and scaly, and tend to thrash around much like a snake does."

While worms have a reputation as a helpful species found in the soil ecosystem, invasive jumping worms do not live up to that standard, Bruner explained. Jumping worms will consume all organic material from the top layer of soil, leaving behind a coffee ground-like waste with no nutrients for plants or seeds.

Since jumping worms stay within the first few inches of topsoil, they are not creating channels for water and air the way earthworms do, disrupting water flow to plant roots.

"So basically, they're just very nasty pests that ruin the quality of our soil, and the only thing that can really grow in soil like that are essentially invasive plants, or species that are meant to survive really harsh conditions," Bruner said.

Currently, the worms are being found in cities around southern Indiana, he said, particularly in Terre Haute. There is still much to learn about jumping worms, making eradication efforts difficult. One thing that is known, Bruner said, is they aren't a migrating species.

"This is the kind of invasive pest that is moved almost entirely through human activity. They don't crawl superfast," he explained. "So, when they move, that means they're moving because we're transferring soil, say, from someone's plants or someone's compost and we're bringing them to a new area."

continued



Bruner is working with fellow Purdue Extension educators to spread the message that gardeners should not share ground soil or compost and avoid potted plants from unknown sources. If you suspect jumping worms are present in your own soil, Bruner suggests a process called solarizing to eliminate unwanted pests. Gardeners should lay down a black or dark-toned tarp on a sunny day and sprinkle a thin layer of soil on top, allowing it to reach a temperature over 105 degrees Fahrenheit.

Bruner cautions that jumping worms can escape during the solarizing process, “so you need to completely wrap the soil up in the tarp, essentially making the world’s worst sandwich, and allow it to heat up and kill whatever is in there.”

Bruner said whether the worms will create a major issue for gardeners this season remains to be seen, but he isn’t as concerned for farmers.

“It’s a bit of a nightmare pest if you do gardening, but we don’t have evidence yet that it will spread into agricultural fields,” he said. “We don’t think it’s going to kill any kind of industry. We’re asking people to be on the lookout and use your best judgment when you’re getting your soil.”

Any invasive species sightings should be reported to the Indiana Department of Natural Resources at depp@dnr.in.gov or by calling 1-866-663-9684.

Public Meeting Concerning the Spotted Lantern Fly in Switzerland County and the city of Huntington



You’re invited!

The Indiana Department of Natural Resources Division of Entomology & Plant Pathology is hosting an online meeting to discuss management strategies for the spotted lanternfly (SLF) around the city of Huntington and in Switzerland County.

Space is limited to the first 100 participants. The meeting room will open 15 minutes prior to the start of the meeting. If the room is full, please attend one of the other meetings.

SLF is a newly introduced invasive insect that has been found in Indiana. For more on this and other invasive species go to on.IN.gov/DEPP.

Megan Abraham, Director, Division of Entomology & Plant Pathology

Date	Times	Join us at www.zoom.us Meeting ID: 852 1838 3315 Or join by phone at 312-626-6799 (fees may apply)
Tuesday, April 11, 2023	Noon and 6 pm Eastern	
Thursday, April 13, 2023		

Please contact us with any questions or comments. Email DEPP@dnr.IN.gov or by phone 317-232-4120 or 1-866- NO EXOTIC (1-866-663-9684). Follow us on Twitter @INdnrinvasive





HOMEMAKER HAPPENINGS

From your Extension HHS Educator:

April is Stress Awareness Month-

April is a great time to begin practicing self care and stress reduction strategies. We all know that high stress levels have an impact on our physical well being. Stress leads to elevated blood pressure, heart disease, obesity and diabetes. You can combat the effects of stress in your life by practicing some of these simple strategies:

- Daily walks or moderate exercise 3 x's per week, if able
- Get plenty of sleep (at least 7 hours)
- Try to eat healthy, well balanced meals
- Participate in hobbies or other activities you enjoy
- Daily meditation or journal writing
- Spend time in nature

For more information, consult the CDC's page for Coping with Stress.

April is also National Volunteer Month!

Ways to Observe...

- Thank a volunteer.
- Volunteer! Many volunteers will tell you it is a rewarding experience.
- You don't have to have a ton of time.
- Do you have a special talent or skill that may benefit a charity or organization? Offer your services or ask how you can be of help.
- Use #NationalVolunteerMonth to share on social media.

Thank you to all Homemakers for your volunteer service to our community!



Dates to Remember:

- **District Meeting**– Monday, March 20th in Brown County
- **Chili Bowl Buffet**- Hosted by the Hoosier Homemakers – April 1st from 4-6pm.
- **Achievement Day**– April 22nd at the Tech Building
- **April Lesson “How Financially Prepared Are You”** is available for pickup at the office. They can also be mailed if requested.
- **May Lesson “Everyday Gardening For Everyone?”** is available for pickup at the office. They can also be mailed if requested.
- **Home & Family Conference** is June 5-7, 2023.
- **Extension Homemakers Council** will be held on June 12 at 1 pm.

Please remember to send in your new club officers lists and updated club lists. This helps me to update my database for mailings and communication. I am also looking to update your number of year in homemakers, please contact me to let me know what year you joined. I appreciate all of your help and look forward to seeing all of you this summer.

Tanya




The Hoosier Homemakers are hosting a Chili Bowl Buffet. This event is open to the public, so invite your family & friends and enjoy an evening filled with good food and fellowship to help support a good cause.

CHILI BOWL BUFFET



Saturday April 1st @ 4pm-6pm @
Switzerland County Technology Building in Vevay
\$8 per person

 ALL U CAN EAT BUFFET includes: Chili w/fixins,
hot dog, chips, dessert & drink

**Proceeds benefit Safe Passage, Inc. (help for abuse
people) & Switzerland County Veteran**

Sponsored by: Hoosier Homemakers Club

Spring Recipes



Chocolate Avocado Mousse— April 3rd is National Chocolate Mousse Day and with this easy recipe, you don't have to feel guilty eating it!

Ingredients:

2 extra-large ripe avocados (halved & pitted)	1/2 cup of unsweetened cocoa powder
1/2 cup of almond milk	2 teaspoons of vanilla
1/2 cup of maple syrup	1/4 teaspoon of sea salt



Directions: This is so EASY!!! Just add all of your ingredients to a food processor or blender and blend at medium speed for about 30 seconds. Scrape down the sides of the container. Then continue to blend from medium to high speed until the mousse is silky smooth and creamy. Spoon the mousse into 4 glasses and top with fresh berries & cream, if desired.

Recipe Courtesy of: www.vegetafull.org

Crunchy Chicken Salad— a great dish to help you use up those leftovers!

Ingredients:

2 cups of cooked chicken	1 small apple (diced with peel on)
1/2 cup chopped celery	1-2 cups of seedless red grapes
1/4 cup sweet pepper	1/4 cup plain yogurt
1/4 cup red onion	



Directions: Use leftover cooked chicken or cook and cool enough chicken to make 2 cups of chicken pieces. Peel and chop 1/4 of a red onion. Cut pepper and celery into small pieces. Cut grapes in 1/2. Core and dice the apple into bite sized pieces. Place all of the ingredients into a large bowl. Stir gently to combine.

Recipe Courtesy of: Purdue Extension-Harrison County



April 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1. Chili Bowl Buffet Benefit
2.	3.	4. Center Square Champs 6 pm Shooting Sports Range Meeting 6:30 pm	5. Fair Board Meeting 6:30 pm	6.	7. Good Friday Office Closed	8.
9.	10.	11. Center Square Champs 6 pm	12. Shooting Sports Range Meeting 6:30 pm	13.	14.	15.
16.	17.	18. Center Square Champs 6 pm Shooting Sports Range Meeting 6:30 pm	19.	20.	21.	22. Homemakers' Achievement Day
23.	24.	25. Center Square Champs 6 pm	26. Shooting Sports Range Meeting 6:30 pm	27.	28.	29. Goat-Sheep- Swine Tagging Area 1 Perform- ing Arts

Upcoming Events:

- Southeastern Indiana Spring Classic Open Beef Show is May 6
- Open Goat & Sheep Show is May 13.
- Drop/Add Deadlines for all projects is May 15.
- Livestock must be enrolled in 4honline by May 15.

May 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1. 4-H Camp Registration Due	2. Shooting Sports Range Meeting 6:30 pm	3.	4.	5.	6. Southeastern Indiana Spring Classic Open Beef Show
7.	8.	9. Center Square Champs 6 pm	10. Shooting Sports Range Meeting 6:30 pm	11.	12.	13. Open Goat & Sheep Show
14.	15. Deadline to drop/ add projects and to enter livestock in 4honlline.	16. Center Square Champs 6 pm Shooting Sports Range Meeting 6:30 pm	17.	18.	19.	20.
21.	22.	23. Center Square Champs 6 pm	24. Shooting Sports Range Meeting 6:30 pm	25.	26.	27.
28.	29. Memorial Day Office Closed	30. Center Square Champs 6 pm Shooting Sports Range Meeting 6:30 pm	31.			

Upcoming Events:

- Poultry/ rabbit Identification is June 16.
- Fairground cleanup is June 24.
- Livestock/YQCA meeting is June 24.



Extension - Switzerland County

Spring 2023 Newsletter

ADDRESS SERVICE REQUESTED

PURDUE
UNIVERSITY

PURDUE UNIVERSITY COOPERATIVE EXTENSION SERVICE
Switzerland County
P.O. Box 175 708 W. Seminary St.
Vevay, IN 47043
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