

SPORTS – COUNTY PROJECT

Superintendent: Amy Lueking 812-249-2224, Courtney Lueking 812-564-8476

Description: The 4-H Sports project encourages youth to learn about the sport of their choice.

No State Fair Entries

Exhibit Guidelines:

All posters must include a reference list indicating where information was obtained, giving credit to the original author, to complete the 4-H member's exhibit. This reference list should/might include web site links, people and professionals interviewed, books, magazines, etc. It is recommended this reference list be attached to the back of a poster. A judge is not to discredit an exhibit for the way references are listed.

Posters are to be 22"x28" and displayed horizontally and placed in a clear plastic sleeve or covered with clear plastic to protect contents. The poster must be mounted on a firm backing to add stiffness to the exhibit, for example: a foam core board. Display boards should be designed to sit on a table using no more than 36" of tabletop space. Space should be left in the lower right-hand corner to place an exhibit tag provided by Purdue Extension staff.

Judges evaluating exhibits should recognize individual differences and creativity, therefore using information in this document as a guide rather than a requirement.

Beginner: Grades 6-8.

Exhibit one poster. If you are in this level for more than one year, you should select a different topic or a different sport each year.

Choose one of the following titles for your poster:

1. "Safety Rules For _____": (i.e. Tennis, Rugby, Swimming, Soccer, Golf, etc. Explain the safety needed for the game – NOT the rules to play. Explain the precautions to be used in this sport
2. "Equipment Needed For _____"
3. "Basic Skills to Develop For _____"
4. "Exercise Value of _____" Fitness health required for an athlete for that sport.

Intermediate: Grades 6-8.

Exhibit one poster. If you are in this level for more than one year, you should select a different topic or a different sport or person each year.

Choose one of the following for your poster:

1. Exhibit a poster on the history of a sport.
2. Exhibit a poster on the history of the rule changes of a sport.
3. Exhibit poster on an important person who has influenced a sport. Tell how he/she has helped shape the sport to be what it is now.
4. Exhibit a poster on the person who invented a sport.

Advanced: Grades 9-12.

Exhibit one poster. If you are in this level for more than one year, you should select a different topic or a different sport or person each year.

1. Exhibit a poster on the life-style an athlete should maintain to remain healthy and competitive. (Examples here include nutrition and diet, exercise, drug abuse, etc.)
2. Exhibit a poster on a present or past sports person. Include a description of his/her career.
3. Exhibit a poster on the major rule changes on a particular sport from an elementary level to a professional level. (For example: Little League vs. Professional Baseball)