



Extension - Sullivan County

## Spring Reset: Find Balance as Schedules Fill Up

The official start of spring is March 20! In March, calendars are filling up with 4-H meetings, sports practices, school activities, and community events. While this busy season can be exciting, it can also bring added stress for youth and adults.

March is a perfect time for a “spring reset” to help everyone ease back into busy routines in a healthy way.

One of the most helpful things families can do is **pause and take stock together**. Sit down as a family and talk about what’s coming up. Ask youth what they’re excited about and what feels overwhelming. Feeling heard can go a long way in reducing stress, and it models healthy communication skills youth can use in other areas of life.

As schedules fill up, **coping skills become essential for everyone**. Encourage youth to build small, daily habits that help them manage stress. Simple practices like spending time outside, taking a few deep breaths before homework, or stretching after school (pull up a yoga video and follow along) can help reset both body and mind.

These same strategies work for adults, too. Youth notice when caregivers practice what they preach. Another key piece is **protecting rest and downtime**. It’s tempting to say yes to every-

thing, but youth and adults still need unstructured time to relax and recharge. Help youth prioritize sleep, plan screen-free moments, and schedule short breaks between activities when possible. A well-rested youth is better equipped to handle challenges and stay engaged.

Please read that again. Youth are better equipped to handle challenges and stay engaged if they are well rested. And adults, too.

Spring is also a great time to **revisit goals**. Encourage youth to choose one or two things they want to focus on this season. Whether it’s a 4-H project, learning a new skill, or simply staying organized, creating goals is a good life skill. Breaking big goals into smaller steps builds confidence and reduces feelings of being overwhelmed.

Finally, remember **stress isn’t a failure, it’s a signal**. Try treating stress as something to manage together, rather than something to avoid.

By resetting routines, practicing coping skills, and supporting one another, families can step into spring feeling balanced, connected, and ready to grow.

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# Sullivan County Ag Day

# Together We Grow

Celebrating agriculture, community, and local producers.

Pancake & Sausage Breakfast

\$3 dine-in | \$5 to-go

Scholarship Awards

60+ Local Vendors

Pedal Tractor Pull

Registration 8:30 am | Event 9:00 am

Silent Auction end at 10:00 am

**Saturday March, 14<sup>th</sup>, 2026**

**7:00 - 10:30 am**

**Sullivan County 4-H Fairgrounds**

Contact Travis McKinney, Ag Day Chairperson at (812)-564-0444 with any questions



**PURDUE**  
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Extension - Sullivan County

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Voicemails can be left on individual staff members' mailboxes after hours and we'll return calls as soon as possible.

## Purdue Extension Mission

We deliver practical, research-based information that enhances lives and livelihoods.

## Purdue Extension Vision

We will be a leader in providing relevant, high-impact educational programs that transform the lives and livelihoods of individuals and communities in Indiana and the world.

## Website

extension.purdue.edu/  
sullivan

# Indiana Extension Homemakers Association

## Sullivan County President's Message



Extension Homemakers are hosting two workshops:

### **Easter Candy Making Workshop**

March 17 at 6:00 p.m.

Extension office conference room

Presenter: Cindy Shidler of Cindy's Candy Corner in Hymera .

Register by 4 p.m. on March 13 at 812-268-4332.

### **Pressure Canning 101**

Wednesday, April 1 , from noon to 5 p.m.

4-H Building kitchen and meeting room.

Cost: \$15

Presenter: Tonya Short, Purdue Extension Knox County Health and Human Sciences Educator

Pre-register now because class size is very limited.

Call 812-268-4332.

## **Scholarships**

Scholarship information will be at each county high school for interested seniors who are residents of Sullivan County. Essay title will be available after Spring Break.

## **Eggs**

We will be looking for fresh eggs a month before the fair and during the week of fair. If you have some to donate, please contact Becky Cole at 812-239-8626.

## **Goodie Books**

We still have 2025 Goodie Books (recipe books) for sale. Stop in the Extension office anytime Monday through Friday between 8 a.m. and 4 p.m. to purchase them for \$1.50 each. Please have exact change in cash or check.

—Becky Cole

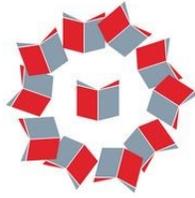
President, Sullivan County Extension Homemakers

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## **Become an Extension Homemaker!**

If you or someone you know is interested in learning more about being a member of Sullivan County Homemakers, please contact a member of the Sullivan County Homemakers Council: President Becky Cole, Treasurer Shelley Nichols, Secretary Pam Irvin, Kennedy Gofourth, Theresa Pinkston, Irlene Stewart, and Shirley Penrod.

For more information, contact Cheryl Casselman, Health and Human Sciences and 4-H Youth Development Extension Educator, at the Extension office at 812-268-4332 or [ccassel@purdue.edu](mailto:ccassel@purdue.edu).



# SULLIVAN COUNTY PUBLIC LIBRARIES

## MIGHTY MICROGREENS

**THURS. MARCH 19<sup>TH</sup> @ 4:15 PM**

Our friends from Purdue Extension- Sullivan County will be here to show you how to grow, harvest, and eat your own microgreens at home.

Extension - Sullivan County

100 S. Crowder St. Sullivan, IN 47882    [www.sullivan.lib.in.us](http://www.sullivan.lib.in.us)    812.268.4957

## March 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY					
Dr. Seuss Story Time 10:30 am Arts and Crafts 4 pm	2	Story Seekers Club 4-5 pm	3	Merom Branch Arts & Crafts 3:30-4:30 pm	4	Dr. Seuss Story Time 10:30 am	5	Shelburn Branch Arts & Crafts 3:30-4:30 pm	6	7
Basketball Story Time 10:30 am Arts and Crafts 4 pm	9	Story Seekers Club 4-5 pm	10	Farmersburg Branch Arts & Crafts 3:30-4:30 pm Book Club 4:30-5:30 pm	11	Basketball Story Time 10:30 am Starch Madness Family Night Potato Chip Showdown 6-7 pm	12	13	14	
St. Patrick's Day Story Time 10:30 am Arts and Crafts 4 pm	16	Story Seekers Club 4-5 pm	17	Tween/Teen Art Club 4-5 pm	18	St. Patrick's Day Story Time 10:30 am Carlisle Branch Arts & Crafts 3:30-4:30 pm	19	20	21	
Spring Story Time 10:30 am Arts and Crafts 4 pm	23	Story Seekers Club 4-5 pm	24	Dugger Branch Arts & Crafts 3:30-4:30 pm Book Club 4:30-5:30 pm	25	Spring Story Time 10:30 am	27	28		
Easter Story Time 10:30 am Arts and Crafts 4 pm	30	Story Seekers Club 4-5 pm	31							

BRANCH COLOR KEY: SULLIVAN (Red) CARLISLE (Orange) DUGGER (Yellow) FARMERSBURG (Green) MEROM (Blue) SHELBURN (Purple)

PLEASE REGISTER FOR THIS PROGRAM ONLINE AT [WWW.SULLIVAN.LIB.IN.US](http://WWW.SULLIVAN.LIB.IN.US)



## Youth Department

### STORY TIME

Our Story Time meets on Monday & Thursday each week at 10:30 am. It is tailored to younger patrons age 5 and under, although older siblings are always welcome!

Our regular schedule includes stories, crafts, games and more!

### ARTS AND CRAFTS

Elementary aged students will enjoy a creative time with friends each Monday at 4 pm at the Sullivan branch.

Projects range from drawing and painting to seasonal crafts.

### STORY SEEKERS

Story Seeks meets each Tuesday afternoon at 4 pm. 2nd-6<sup>th</sup> graders will enjoy a Story Time from a chapter book together, as well as some writing and hands on activities.

### JR BOOK CLUB

Join us for a time of discussion twice a month at our regular Book Club meeting. Students will read the assigned chapters in the current book at home and come together to discuss. Book Club is best suited to children age 3<sup>rd</sup> grade & up.

### STARCH MADNESS- FAMILY NIGHT

Join us for the ultimate potato chip tasting, as we vote for our favorites and see who comes out on top as the Starch Madness Champion!!!

100 S. CROWDER ST. SULLIVAN, IN  
812.268.4957.

[WWW.SULLIVAN.LIB.IN.US](http://WWW.SULLIVAN.LIB.IN.US)

# DO YOU HAVE concerns about falling?



Extension - Sullivan County



A MATTER OF  
BALANCE

MANAGING CONCERNS ABOUT FALLS

Many older adults experience concerns about falling and restrict their activities. **A MATTER OF BALANCE** is an award-winning evidence-based fall prevention program designed to manage falls and increase activity levels.

**Limited seating up to 12 participants**  
(we ask participants make every effort to attend all sessions)

**This program emphasizes practical strategies to manage falls.**

#### **PARTICIPANTS LEARN TO:**

- view falls as controllable
- set goals for increasing
- make changes to reduce fall risks at home
- exercise to increase strength and balance

#### **WHO SHOULD ATTEND?**

- anyone concerned about falls
- anyone interested in improving balance, flexibility and strength
- anyone who has fallen in the past
- anyone who has restricted activities because of falling concerns

#### **LOCATION:**

Sullivan County 4-H Fairgrounds  
Extension office conference room  
Sullivan, IN

#### **PROGRAM DATES**

Tuesdays  
March 24, 31, April 7, 14, 21, 28, May 5, 12

#### **TIME:**

2:00-4:00 p.m.

#### **PRE-REGISTRATION - REQUIRED**

by March 20

**Register** by phone at Purdue Extension  
812-268-4332, or by email, [ccassel@purdue.edu](mailto:ccassel@purdue.edu).

It is the policy of the Purdue University Cooperative Extension Service that all persons have equal opportunity and access to its educational programs, services, activities, and facilities without regard to race, religion, color, sex, age, national origin or ancestry, marital status, parental status, sexual orientation, disability or status as a veteran. Purdue University is an Affirmative Action institution. This material may be available in alternative formats.

## Sullivan County Extension in the classroom

Sullivan County Extension Educators Cheryl Casselman and Bailey Draper have different lessons available to be taught in K-12 classrooms. Do you want a STEM activity, mindfulness lesson, agriculture, health, or life skills topic? Contact our office at 812- 268-4332 or email [sullivances@purdue.edu](mailto:sullivances@purdue.edu) and we'd be happy to discuss what options we have for the classroom.

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## Be a financial supporter of Sullivan County Extension programs

You can provide much needed support to those who would otherwise not be able to afford Purdue Extension programming, such as Safe Sitter (teen babysitting training), Matter of Balance (for those with a fear of falling), Dining with Diabetes (nutrition education for those with diabetes or those who have family members with diabetes). Also, we welcome assistance with 4-H program supplies for year-round programs and the Sullivan County 4-H Fair. Please contact Cheryl Casselman, Purdue Extension Sullivan County Director, to learn more at [ccassel@purdue.edu](mailto:ccassel@purdue.edu) or 812-268-4332. Or stop in to talk with her at the Extension Office Monday-Friday between 8 a.m. and 4 p.m. Thank you for considering these opportunities to improve the lives of those in our community.

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## Celebrate Earth Day with Us!

Join the Sullivan County Soil and Water Conservation District, Purdue Extension—Sullivan County, and other local conservation partners for a free, family-friendly Earth Day Celebration.

April 21st

1:00–5:00 PM

Sullivan County 4-H Fairgrounds

500 FREE trees

Local conservation partners

Simple ways to make a difference at home

Free family-friendly event

Bring the whole family and help support a greener Sullivan County and beyond.

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## World Wildlife Day

March 3 is World Wildlife Day. It is a United Nations International day to celebrate all the world's wild animals and plants and the contribution that they make to our lives and the health of the planet.

Purdue Extension Forestry and Natural Resources publications include "A Template for Your Wildlife Habitat Management Plan." This is a 24 page document with questions that will assist you in prioritizing the steps to your future plans.

Contact Bailey Draper at the Extension office to have this free document emailed to you. Her email is [bldraper@purdue.edu](mailto:bldraper@purdue.edu).

# Clover Monthly March 2026

Sullivan County 4-H monthly communication for 4-H members, families, leaders, fair board, and council.

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## Ride bus to Academy and Round-Up 2026!

New! Sullivan County 4-H members attending Academy and Round-Up this year have the opportunity to ride a coach bus from Sullivan County to Purdue University for free! (Thank you Sullivan County 4-H Council for paying the \$100 per person fee.)

**4-H RoundUp and Academy are June 10-12, 2026.** This is the first year both events take place the same week. Register before May 9. Both events are at Purdue University and give youth the experience of living in a residence hall and navigating a Big Ten campus. Cost is \$125 because 4-H Council pays half. Registration opens March 15 and ends May 8.

**RoundUp** is for grades 7-9. About 500 youth and adult participants gather at Purdue University for an introductory leadership development and career awareness.

**Academy**, for grades 9-12, includes hands-on educational workshops designed to teach technical and workforce preparation skills. Youth choose tracks such as artificial intelligence, creative arts, animal health, digital ag, food science, EMS, finances, flight, weather, plant science, and civic engagement.

If you have questions, please contact Extension Educator Cheryl Casselman at [ccassel@purdue.edu](mailto:ccassel@purdue.edu) or 812-286-4332.

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## 4-H project guidelines & manual pick-up

The Extension office will be open for you to pick up 4-H project manuals and/or pay 4-H fees at Ag Day on Saturday, March, 14, 2026 from 8 am to 11 am. Please call prior to the day and your information will be ready to pick up that morning.

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## New 4-H family orientation

❖ Saturday, March 14 ❖ 9:30-10 a.m. ❖ at the Homemakers food stand at the fairgrounds

Perfect for families new to Sullivan County 4-H who are looking to learn the basics. This is during Sullivan County Ag Day, so arrive early to eat pancakes and sausage, check out the vendors, and then join 4-H Educator Cheryl Casselman for a new 4-H family orientation.

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## 4-H Council committee member positions open

Committees will meet outside of Council meetings and report out their work and make recommendations to council. Committees: Budget & Audit, Projects, Trips & Awards, Club Leaders, Nominating, and Constitution & By-Laws. If you're interested or would like more information, please contact Extension Educator Cheryl Casselman or any 4-H Council member.

## Important Dates

- 4-H preferred enrollment 2025-2026: Oct. 1-Jan. 15 (4-H members and adult volunteers)
- Academy and Roundup registration in 4Honline opens March 15
- Clover Extravaganza for 4-Hers in grades 3-12 is Friday, April 10, 4-H Building
- Sullivan County 4-H Performing Arts contest April 16, 6:30 pm., Crossroads Church
- Sullivan County 4-H Fair: July 11-18, 2026
- Indiana State Fair: Aug. 7-23, 2026 (closed Mondays)

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## Cancellation Reminder

Please remember that all Extension meetings are cancelled if school is dismissed early or cancelled due to inclement weather. This applies if only one or more Sullivan County school corporations cancel classes due to inclement weather.



The flower fundraiser is getting an update! 4-Hers can collect orders online or with the sheet that will be mailed and emailed to 4-Hers. If you choose to use the sheet to collect orders, you must then add the flowers to the website and pay for the order. The form will no longer need to be returned to 4-H Club Leaders. All orders must be placed online by April 24, 2026 to reserve flowers. Flower pickup will be at the 4-H Fairgrounds on April 30, 2026 from 3:30-7:00PM. You are no longer responsible for picking up flower orders unless you made arrangements with the people who bought flowers to do so. We hope you like this new setup! If you have any questions, please call the Extension Office or email [sullivan4hauction@gmail.com](mailto:sullivan4hauction@gmail.com).



## First year Sullivan County 4-Hers are free!

Woo hoo! Thank you to the Mike Sprinkle Memorial Fund, all 4-Hers who complete their first year of 4-H will be reimbursed \$15 with their project premium money after the 2026 Sullivan County 4-H Fair.

Thank you to the Mike Sprinkle family!

**CLOVER  
EXTRAVAGANZA**

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**FRIDAY, APRIL 10  
6-8 PM**

**SULLIVAN COUNTY 4-H BUILDING**

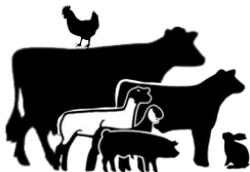
*Open to 4-Hers grades 3-12*

COME OUT FOR AN EVENING OF ART, GAMES, MUSIC, FOOD, AND FUN!  
THERE WILL BE BLACK LIGHTS, SO WEAR NEON COLORS OR WHITE.



## INDIANA 4-H QUALITY LIVESTOCK CARE

To exhibit **BEEF CATTLE, DAIRY CATTLE, SWINE, SHEEP, MEAT GOATS, DAIRY GOATS, POULTRY,** and **RABBITS**, 4-H members must be certified through the Indiana 4-H Quality Livestock Care training OR the online Youth for the Quality Care of Animals (YQCA) program. This certification must be done on an annual basis. 4-H members must be registered **BEFORE** attending a training. 4-H members may attend any training dates listed OR a training in another county OR complete the online YQCA training.



Tuesday, March 10, 5:30-6:30 p.m. Sullivan County 4-H Fairgrounds

Thursday, March 26, 12:00-1:00pm Sullivan County Purdue Extension Office

Tuesday, April 28, 6:00-7:00 p.m. Sullivan County 4-H Fairgrounds

Thursday, May 14, 5:45-6:45 p.m. Sullivan County 4-H Fairgrounds

Sunday, June 14, 2:00-3:00 p.m. Sullivan County 4-H Fairgrounds

Register for classes on events at [www.v2.4honline.com](http://www.v2.4honline.com). Cost is \$3 at the door.

Those planning to be certified through the YQCA program will register at [www.yqcaprogram.org](http://www.yqcaprogram.org) and will present their completion certificate to 4-H Educator Bailey Draper by emailing [bldraper@purdue.edu](mailto:bldraper@purdue.edu) by June 22nd.



*Those exhibiting at the Indiana State Fair must show a hard copy of the completion certificate (not digital) at check-in.*

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### Attention Poultry Exhibitors

Beginning in 2026, Pullorum-Typhoid testing will be required for all poultry unless the birds are purchased from an NPIP-approved hatchery or farm.

If your poultry comes from an NPIP source, proof of purchase is now required. Acceptable documentation includes:

- Invoice or receipt from an NPIP hatchery or breeder
- NPIP certificate or official documentation (often includes the NPIP number)
- Shipping paperwork showing NPIP status

If you have any questions, please contact Extension Educator Bailey Draper at [bldraper@purdue.edu](mailto:bldraper@purdue.edu) or call the office at 812-286-4332.

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### Cat vaccinations

If you are planning to show your cat in the 2026 4-H Cat Show be sure to get your cat vaccinated. A completed form must accompany your cat at the show. This vaccination must occur at least 2 weeks prior to the show in July. Don't wait!



# INDIANA 4-H AMBASSADORS

**Applications due April 15**  
Youth in grades 9-11 may apply

The Indiana 4-H Ambassador program empowers teen 4-H leaders with the knowledge, skills, and aspirations necessary to be effective advocates for Indiana 4-H Youth Development. 4-H Ambassadors work to serve as role models for younger youth; build meaningful partnerships with other 4-H teens, adults, and professionals, as well as community partners and sponsors; and promote the 4-H mission in Indiana.



## LEAD & GROW

### WHAT DO 4-H AMBASSADORS DO?

- *Promote 4-H with potential members, parents, and the public*
- *Help conduct statewide 4-H events*
- *Organize 4-H promotional activities*
- *Represent 4-H in a public relations role with community partners and sponsors*
- *Develop personal leadership skill and self-confidence*
- *Develop and/or enhance skills related to leadership such as conflict resolution, facilitation, teamwork, decision-making, respect, and communication*
- *Accept and incorporate constructive criticism* Explore and apply diverse concepts of civic engagement
- *Teach others, facilitate discussions, and speak in public*

Contact Rachel Haselby with questions: [rhaselby@purdue.edu](mailto:rhaselby@purdue.edu)



## Be a 4-H Exhibit Hall Worker at the Indiana State Fair!

Youth are afforded an opportunity to work at the Indiana State Fair as an Exhibit Hall Worker. Duties include checking-in non-animal 4-H exhibits, preparing exhibits for display to the public, record keeping, interacting with fair attendees, assisting with a variety of state fair events, and releasing exhibits. Workers will develop team work, customer service, record keeping, and other work related skills through this temporary employment opportunity.

Exhibit Hall Workers must be a minimum of 14 years of age. This employment opportunity is also available to college-age young adults. Exhibit Hall Workers are expected to reside on-site in the reserved dormitory space. This is a minimum wage earning employment opportunity.

The Indiana State Fair is August 7-23, 2026 (closed Mondays). Exhibit Hall Workers will be needed July 31-August 25, 2026. The 2026 4-H Exhibit Hall Worker Online Application: <https://bit.ly/4tZBrWg>

Please email Megan Skiba directly at [skibao@purdue.edu](mailto:skibao@purdue.edu) with any questions.

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## YES grants

### Money available for youth-led community service projects

YES (Youth Engaged Service) grants provide up to \$1,000 for youth in grades 7–12 across Indiana to plan and complete a service project in their community. Youth will identify a local need, then create and carry out a youth-led service project—and you can even invite your friends to join you!

Each youth lead will be supported by an adult supervisor, but the goal of these grants is to give 4-H youth hands-on leadership and project management experience.

- Applications are now open!
- Deadline to apply: March 15
- Grant notifications: April 15

Adults may advise, but youth need to take ownership of their project by completing their application, filling out their budget sheet, and compiling their final report with minimal adult intervention.

Group participation is encouraged in the service projects, including younger children who may want to lead their own project one day! Clubs with members of all ages are encouraged to apply

as long as the YOUTH LEAD is in grade 7-12.

#### **Past \$1,000 funded projects to get the ideas flowing:**

-“Baby Basic Bundles” to support needy families by providing essential infant care items

-“Paw Pals” care kits to help 4-H Rabbit members get started with the items they need for basic grooming.

-Fair entrance beautification makeover

-“Seasonal Sensations for Seniors” provided decorations to elderly residents in local nursing homes for holidays and seasons

-“Birthday in a Bag” donated to a local food pantry has everything for a birthday party: cake mix, candles, etc.

Funds for this initiative were made available from Rural 1st by Farm Credit and Corteva Agriscience.

**Learn more and apply at <https://in4h.org/grants/>**

## Save the date for these 2026 4-H opportunities

- Teen Leadership Weekend @ Camp Tecumseh March 27-29, 2026—Open to Junior Leaders
- 4-H Camp: June 7-10, 2026 @ Shakamak State Park—Campers are grades 3rd-6th, counselors are grades 8th-12th
- 4-H Round-Up for grades 7-8 at Purdue, June 10-12
- 4-H Academy for grades 9-12 at Purdue, June 10-12

## Hey, 2026 Sullivan County High School 4-H Seniors!!



Graduating 4-H'ers, please share your 4-H experience and receive a commemorative 4-H graduate cord! Complete this survey online at: [puext.in/2026\\_4H\\_Graduating\\_Member\\_Survey](https://puext.in/2026_4H_Graduating_Member_Survey) or scan the QR code before April 1. Once you have completed the survey, stop in the Sullivan County Extension office to pick-up your 4-H cord.



Are you a Sullivan County student in grades 7–12? If so, you can join the 4-H Junior Leaders Project for the 2025–2026 program year!

Junior Leaders is a youth-led leadership program that helps members build leadership skills, make new friends, and promote 4-H throughout Sullivan County. Members work together on service projects, fundraising, and fun monthly meetings that include activities, guest speakers, and refreshments.

To complete the Junior Leaders project, members must finish the Junior Leader manual, complete one additional 4-H project, attend at least three meetings, participate in one fundraiser, and take part in one service project.

Join a team that gives back and makes a difference in our community—become a 4-H Junior Leader!

To Stay in the loop with Junior Leaders, add yourself to:

Remind: text @g4a2dg to the number 81010

Facebook: Sullivan County 4-H Junior Leaders

Instagram: sullivancojuniorleaders

### 2026

#### Junior Leader Meetings

7-8 p.m. in the 4-H Building

**March 10th** – Guest Speakers and Ag Day Set-Up

**April 14th** – Fun Night – Please bring food and other items to be distributed to the county blessing boxes

**May 12th** – Taco/Nacho Night! – Please bring old T-shirts or jeans to make dog/cat toys and other items to be donation to the Sullivan County Humane Society.

## New drones prepare Sullivan County 4-H youth to be #BeyondReady

Thank you to the Indiana Energy Association, Indiana Soybean Alliance, Indiana Corn Marketing Council, and the Indiana 4-H Foundation for providing funding to purchase a couple drones for local 4-H youth, preparing them to be beyond ready for the future in a rapidly changing world.

With these new resources, Sullivan County 4-Hers will compete in upcoming UAV/drone events:

- Statewide 4-H UAV/Drone Competition—March 14, 2026 — Madison County 4-H Fairgrounds, Alexandria, IN

We are seeking 4-Hers in 5th through 12th grade who are interested in learning and practicing with drones and volunteers to help coach. Interested 4-Hers are encouraged to get involved. To learn more or sign up, please contact the Extension Office at 812-268-4332 or email [sullivances@purdue.edu](mailto:sullivances@purdue.edu).



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## Cricut 101 Workshop

Join us for Cricut 101, a hands-on workshop for students in grades 6–12! Youth will learn how to use a Cricut machine and create a fun take-home project! No experience needed.

A huge thank you to the Indiana Energy Association, Indiana Soybean Alliance, Indiana Corn Marketing Council, and the Indiana 4-H Foundation for providing the funding to make this possible!

**Cricut 101**  
Open to 6th - 12th Graders

Learn how to use a Cricut machine and create a fun take-home craft!

Tuesday, March 24th  
8:00am-11:00am

Space is limited! Register by calling the office at 812-268-4332

The graphic for the Cricut 101 workshop features the title "Cricut 101" in a large, bold, black font, with "Open to 6th - 12th Graders" in a smaller font below it. To the left is a purple speech bubble containing the text "Learn how to use a Cricut machine and create a fun take-home craft!". To the right is a yellow speech bubble with "Tuesday, March 24th 8:00am-11:00am". In the center is a teal Cricut machine with a green and yellow four-leaf clover cutout on top. At the bottom, an orange banner reads "Space is limited! Register by calling the office at 812-268-4332".

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## 4-H Council committee member positions open

Committees will meet outside of Council meetings and report out their work and make recommendations to council. Committees: Budget & Audit, Projects, Trips & Awards, Club Leaders, Nominating, and Constitution & By-Laws. If you're interested or would like more information, please contact Extension Educator Cheryl Casselman or any 4-H Council member.

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## 2026 Indiana 4-H Animal Identification

The following table lists the different animal species and the respective form of identification that is required for a 4-H member to be eligible to show in the 4-H livestock shows at the 2026 Sullivan County and Indiana State Fair. The animal ID information must be entered in the Indiana 4-H Online enrollment system by the May 15<sup>th</sup> Deadline, incomplete or incorrect animal ID information could result in county and state fair ineligibility for that particular animal.

**For State Fair**

**For Sullivan County Fair**

**Deadline**

	<b>For State Fair</b>	<b>For Sullivan County Fair</b>	<b>Deadline</b>
<b>Beef and Dairy Beef Steers</b>	840-RFID Tag <b>and</b> 5-digit County Tag <b>and</b> DNA Hair Sample	840-RFID Tag and 5-digit County Tag	May 15
<b>Commercial and Market Heifers and Dairy Feeder</b>	840-RFID Tag <b>and</b> 5-digit County Tag <b>and</b> DNA Hair Sample	840-RFID Tag and 5-digit County Tag	May 15
<b>Beef, Registered Heifers</b>	840-RFID tag <b>and</b> Tattoo <b>and</b> DNA Hair Sample	840-RFID tag <b>and</b> Tattoo	May 15
<b>Dairy Cattle</b>	840-RFID tag <b>and</b> animal's registered name <b>and</b> registration number (or dam's registration number) <b>and</b> DNA Hair Sample	840-RFID tag	May 15
<b>Dairy Goat Females, Registered</b>	Breed Registry Tattoo	Breed Registry Tattoo	May 15
<b>Wethers</b>	5-digit County Tag <b>or</b> Tattoo	5-digit County Tag <b>or</b> Tattoo	
<b>Meat Goat</b>			
<b>Meat Goat Wethers (Including Myotonics)</b>	840-RFID Tag <b>and</b> 5-digit County Tag <b>and</b> DNA Hair Sample	5-digit County Tag or Tattoo	May 15
<b>Boer Goat Females, Registered</b>	Breed Registry Tattoo or Microchip that matches Registration Papers <b>and</b> DNA Hair Sample	Breed Registry Tattoo	May 15
<b>Market Goat Does (Wether Dams)</b>	840-RFID Tag <b>and</b> 5-digit County Tag <b>and</b> DNA Hair Sample	5-digit County Tag or Tattoo	May 15
<b>Pygmy Goats</b>			
<b>Registered</b>	Breed Registry Tattoo <b>or</b> Microchip that Matches Registration Papers	Breed Registry Tattoo <b>or</b> Microchip that Matches Registration Papers	May 15
<b>Unregistered</b>	Official USDA Scrapie Tag <b>or</b> Official Scrapie Tattoo	Official USDA Scrapie ID or 5-digit County Tag	
<b>Horses and Pony</b>	Two Color Picture	Color Picture	May 15
<b>Llama and Alpaca</b>	Two Color Picture	Color Picture	May 15
<b>Sheep</b>			
<b>Market Lambs</b>	840-RFID Tag <b>and</b> 5-digit County Tag <b>and</b> DNA Hair Sample	5-digit County Tag	
<b>Commercial Ewes</b>	840-RFID Tag <b>and</b> 5-digit County Tag/ or official scrapies tag <b>and</b> DNA Hair Sample	5-digit County Tag	May 15
<b>Registered Ewes</b>	840-RFID Tag <b>and</b> ID that matches registration Papers <b>and</b> DNA Hair Sample	ID that matches Breed Registration Papers	
<b>Swine</b>	840-RFID Tag <b>and</b> Ear Notch <b>and</b> DNA Hair Sample	840-RFID Tag <b>and</b> Ear Notch	May 15



# 2026 4-H CLUB MEETING DATES

## SULLIVAN COUNTY

### Cass Champs

February 2  
March 2  
April 6  
May 4  
June to be determined

Dugger Community Building  
6-7 pm

### Curry Nomads

March 3 & 19  
April 7 & 23  
May 5 & 21  
June 2 & 18  
Shelburn American  
Legion at 6:00 pm

July 1 at Curry Nomad  
Stand for Cleaning

### Gill-Go-Getters

March 12  
April 9  
May 14  
June 11  
July to be determined

New Lebanon  
Community Building  
6-7 pm

### Grand Champion Sycamores

March 18  
April 15  
May 20  
June to be determined

4-H Building  
6:30 - 7:30 pm

### Haddon Blue Ribbon Hustlers

March 16  
April 21  
May 19  
June 16  
July to be determined

Carlisle Community Building  
6 pm

### Old Oak Old Hickory

February 25  
March 18  
April 15  
May 20  
June 17  
July 1

Hymera Ruritan Building  
7-8 pm

### Super Champs

March 30  
April 27  
May 26  
June 23

4-H Building  
7-8 pm

### Turman Lads & Lassies

March 16  
April 15  
May 13  
June 18  
July 1

Turman Township  
Community Center  
6:00 pm

### Fairbanks Township

# What's New for 2026

## 4-H Non-Livestock Projects

### ALL POSTERS

Posters are to be 22"x28" and displayed horizontally and placed in a clear plastic sleeve or covered with clear plastic to protect contents. **The poster must be mounted on a firm backing to add stiffness to the exhibit, for example: a foam core board.** Display boards should be designed to sit on a table using no more than 36" of tabletop space. Space should be left in the lower right-hand corner to place an exhibit tag provided by Purdue Extension staff.

### ANIMAL EDUCATION

ALL Animal Education posters will check-in in the Exhibit Building on the designated check-in day for building projects. **Animal Education posters will not be checked in at the livestock barns, during livestock check-in, or judged at the livestock shows.**

### COMPUTER

The Computer project has had several changes and additions for 2026. Please stop in the Extension Office to get a copy of the new project guidelines for the Computer project. We are also seeking a Superintendent for this project, please call the office for more information if you are interested, 812-268-4332.

### SPORTS

The 4-H Sports project is a new county project for 2026 that encourages youth to learn about the sport of their choice. A 4-Her may choose any sport that they are interested in to create a poster about. Please stop in the Extension Office for a copy of the project guidelines.

### RETIRED PROJECTS

The following county projects have been retired from Sullivan County 4-H and will no longer be available beginning in 2026. Automotive, Aviation, Basketball, Bowling, Discover the River, and Golf. Basketball, bowling, and golf can now be participated in under the new Sports project.

# 2026 Sullivan County 4-H Projects

## County Projects

These projects exhibit only in Sullivan County and do not advance to the Indiana State Fair.

Aquatics	Gift Wrapping
Blacksmithing (6th grade and above)	Junior Leaders (7th grade and above)
Crops	Scrapbook
Cupcake Decorating	Sports <b>NEW</b> - Create a poster about any sport
Farm Mapping	Welding
Fire Science	

## Livestock Projects

Beef	Poultry (chickens, pigeons, quail, gamebirds, waterfowl)
Dairy Cattle	Rabbit
Dairy Goats	Sheep
Horse & Pony	Swine
Llama and Alpaca	Meat Goats

## State Projects

These projects can advance to the Indiana State Fair.

Aerospace: Rocketry/Drones	Geology
Animal Education	Health
Arts & Crafts	Home Environment
ATV Safety	Lawn & Garden Tractor Safety & Operator Skills
Beekeeping	Model Craft
Bicycle	Needle Craft
Cake Decorating	Photography
Cat	Sewing
Child Development	Sewing Fashion Revue
Consumer Clothing	Shooting Sports
Consumer Clothing Fashion Revue	Small Engines
Computer	Soil & Water Science
Communication	Sport Fishing
Includes Creative Writing, Public Speaking	Tractor Safety & Operating Skills
	Veterinary Science
	Weather & Climate Science
Construction and Architectural Replica	Wildlife
Includes Legos and Farm Toy Scene	Woodworking
Dog	Zero Turn Mower Safety & Operating Skills
Electric	
Entomology	
Fine Arts (paintings & drawings)	
Floriculture	
Foods (baked and preserved)	
Forestry	
Garden	
Genealogy	

Scan to learn more  
about projects





# WONDERS OF THE WABASH

## INDIANA 4-H SPARK CLUB

Learn about water quality, wildlife habitats, history of the Wabash River, wetlands, nature photography, and how water has shaped the landscape of Indiana. The final session will be a canoe trip down Sugar Creek!

Join us for this hybrid SPARK Club with virtual in-depth sessions and hands-on Saturday adventures!

### Virtual Sessions Wednesdays 7 to 8:30 pm

February 25, March 25, April 15, and May 20

### In Person Sessions Saturdays 10 am to 3 pm

February 28 - George Rodgers Clark Museum in Vincennes

March 28 - Merom Bluff in Sullivan County

April 18 - Wabashiki in Terre Haute

May 23 - Canoeing at Sugar Creek in Parke County

### **Choose your own adventure!**

Go all in and attend all 4 virtual and in person sessions, participate in whatever fits your schedule, or watch the recorded sessions at your leisure.

**\$45**

**Register Now!**

**[wondersofthewabash.4honline.com](http://wondersofthewabash.4honline.com)**



**Sullivan County 4-H  
Performing Arts Contest**  
April 16, 2026 at 6:30 p.m.  
Crossroads Community Church  
2 South Court St, Sullivan



- \_\_\_\_\_ **Curtain Act – Musical** (1-4 performers with a 3-5-minute instrumental or vocal performance)
- \_\_\_\_\_ **Curtain Act - Non-Musical** (1-4 performers with a 3-5-minute act. Skits, gymnastics, reading, cheerleading, lip sync, juggling, puppetry & dance)
- \_\_\_\_\_ **Group Act** (5+ performers of skits, sketches, choral numbers, dance, lip sync, or any new & exciting group version of a non-musical curtain act. 5-8 minutes)

Person in charge of group \_\_\_\_\_

Phone number \_\_\_\_\_

4-H Club Name \_\_\_\_\_

Tell us a little about the act. How would you like to be introduced?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is a piano needed? \_\_\_ Yes \_\_\_ No

Other items needed \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**\*\*Submit this form by 4 p.m. Thursday, April 9,** at the Extension Office or email [ccassel@purdue.edu](mailto:ccassel@purdue.edu). For additional info, please call the Extension Office at 812-268-4332.

If you need accommodations to attend this program, please indicate on the registration form, or contact Cheryl Casselman before April 15, 2026 at 812-268-4332 or [ccassel@purdue.edu](mailto:ccassel@purdue.edu). Purdue University is an equal opportunity/equal access/affirmative action university.



Extension - Sullivan County

[www.extension.purdue.edu/sullivan](http://www.extension.purdue.edu/sullivan)



# Important Meeting Dates '25-'26



## 4-H Council

7:00 p.m., Extension office conf. room  
 September 11, 2025  
 November 13, 2025  
 January 8, 2026  
 March 12, 2026  
 May 14, 2026  
 August 25, 2026, 7:30p (post fair evaluation)  
 September 10, 2026  
 November 12, 2026

**Selection of 4-H achievement,  
 Friends of 4-H & 4-H Alumni Awards**  
 (Includes council members and adult leaders)  
 October 8, 2026 at 6:00 p.m.

## 4-H Fair Board

7:30 p.m., 4-H Building  
 September 30, 2025  
 October 28, 2025  
 November 25, 2025  
 January 27, 2026  
 February 24, 2026  
 March 31, 2026  
 April 28, 2026  
 May 26, 2026  
 June 30, 2026  
 August 25, 2026 (post fair evaluation)  
 September 29, 2026  
 October 27, 2026  
 November 24, 2026

## 4-H Club Adult Leaders

6:00 p.m., Extension office conf. room  
 October 20, 2025  
 February 21, 2026, 9:30a-1:30p (Retreat)  
 April 20, 2026  
 June 15, 2026  
 August 25, 2026, 7:30p (post fair evaluation)  
 October 8, 2026 achievement award selection  
 October 19, 2026

## Jr. Leaders

7:00-8:00 p.m., 4-H Building  
 November 11, 2025 Kick off  
 February 10, 2026  
 March 10, 2026  
 April 14, 2026  
 May 12, 2026  
 June 09, 2026  
 July 7, 2026  
 November 10, 2026 Kick off

Sullivan County 4-H Fair: July 11-18, 2026      Indiana State Fair: Aug. 7-23, 2026  
 (closed Mondays)

Follow our social media, share the news  
 and contribute often!



SullivanCountyIN4H



sullivancountyindiana4h



@PurdueExtension (search playlists for Sullivan County)



Sullivan County 4-H Clubs



**PURDUE**  
 UNIVERSITY

Extension - Sullivan County

Purdue Extension Sullivan County  
 1361 E County Road 75 North  
 Sullivan, IN 47882  
 812-268-4332

Cheryl Casselman: ccassel@purdue.edu  
 Bailey Draper: bldraper@purdue.edu

[www.extension.purdue.edu/sullivan](http://www.extension.purdue.edu/sullivan)  
 (click on "4-H Information" on home page)

# 2026 Sullivan County 10 Year 4-H Members

## Lori Alumbaugh

Gill Go Getters 4-H Club

Daughter of Harold & Alicia Alumbaugh

What is the most unexpected thing you've learned in 4-H?

How to get stuff done in a timely manner.

What is your favorite 4-H tradition?

The pork chop dinner that I get to help serve every year.

What is one thing that you would tell a first year 4-Her? Do a variety of different projects and try new things.

What is your favorite thing to eat during Fair week? I absolutely love the lemon shake-ups.

What is your go-to stress reliever after a busy project season?

I like to sit by my pool, get a tan, and read on my Kindle.

Who is a person you will always remember from 4-H and why?

My club leader, Melissa Stearley, she always makes the meetings really fun and asks about our projects.

What is a funny memory from Fair or Camp that will always make you laugh?

The two years that I did the dog show. They were always really funny.

Can you lead your 4-H club in the 4-H Pledge with the correct hand motions?

Yes

What was your biggest project blooper?

Making a shotgun shell picture frame for my friend and his mom. It was really difficult to glue the shells to the wooden frame.

If you could start all over and do it all again, would you?

Yes



## Katelyn Cooley

Gill Go Getters 4-H Club

Daughter of Jessie & Mandy Cooley

What is your favorite 4-H tradition?

Picking up and caring for my rabbits for the meat pen competition.

Who is a person you will always remember from 4-H and why?

Ava Jahn. Ava is my best friend and we've been involved in 4-H for 10 years. Ava and I have spent many years together completing projects and helping each other in the rabbit barn working with our meat pen rabbits. I will never forget all of the fun, laughs, and memories she and I have made throughout the years.

What is a funny memory from Fair or Camp that will always make you laugh?

I will never forget being chased by a skunk during 4-H camp.

Can you lead your 4-H Club in the 4-H Pledge with all of the correct hand motions?

Yes! Fun Fact, I've been attending 4-H meetings since I was a very little girl. I was with my older siblings for every meeting they attended, and I grew up watching their love of 4-H, and I couldn't wait to join when I got older.

What was your biggest project blooper?

My second year in 4-H, I tried the pig competition and my pig got loose in the pig barn right before I was supposed to show it and was running around, and it took my mom and I ten minutes to catch it.

If you could start all over and do it all again, would you?

Absolutely! 4-H has been a big part of my childhood and I would highly encourage every child to join.

