

# **Project Title: COUNTY: Grilling**

**Description:** \*See Food Safety Policy in Foods - Baked Items\*

The purpose of the Grilling Project is to provide members with a general knowledge for grill safety and proper handling/ preparation of foods to be grilled. Youth can participate in one or both of the following:

- Grilling: 3 Division Champions (Beginner, Intermediate, Advanced) Grand and Reserve Awarded
- Poster: 3 Division Champions (Beginner, Intermediate, Advanced) Grand and Reserve Awarded
- Beginner: Grades 3-5Intermediate: Grades 6-8Advanced: Grades 9-12

#### **General Rules:**

- Grilling posters will be entered the same day as the cook-off.
- Each member competing in the grilling competition will furnish his/her own grill, charcoal, lighter fluid, grilling utensils, items to be grilled, and sauce/spices. Additionally, exhibitors should bring a folding table/card table to use in food preparation/presentation. Exhibitors are encouraged to bring a folding table cloth as well as a chair. (Themed presentations are allowable.)
- Electric, charcoal and gas grills are permitted.
- All grills will be inspected prior to the fair. If grills do not meet safety standards, the member will be disqualified. NOTE: If the member turns in a completed record sheet or manual, and is subsequently disqualified for safety issues, the member will still be counted complete for this project.
- Members must assemble at the grilling site 30 minutes prior to start time.
- A 3 hour time limit will be enforced for preparing food from start to finish including coal preparation.
- Members must work alone unless an emergency arises and officials agree to a change in procedure. Contestants may have help moving their grills, tables, and supplies to the grilling area.

- Exhibitors should bring a platter or plate on which the finished product will be displayed. NOTE: Please prepare enough samples for at least three judges.
- All exhibitors will be scored by judges based upon the criteria on the scorecard.
- No alcohol is allowed in recipes or in displays.
- Sharing between contestants is not permitted, as each contestant must setup and start his or her own grill. Where there are multiple contestants from the same family, each should have separate grills, tables, and other supplies.
- Grills may be covered or uncovered.
- Barbecue sauce may be either commercial or private recipes.
- Contestants are expected to police their respective areas at the conclusion of the contest. Trash bins will be provided.
- Two workshops are being planned. It is highly recommended that you attend. Grill inspection, food safety, grilling and smoking foods are just some of the topics being planned.
- This project has open judging.

## **Exhibit Guidelines:**

### **Grilling**

**Beginner Grades 3-5 (Suggested)**: Choice of (fully cooked RTE) hotdog, sausage, brats; proper garnish and bun (Adult assistance in starting the coals will not count against members in this level.)

**Intermediate Grades 6-8(Suggested):** Choice of hamburger, pork burger, raw bratwurst; proper garnish and bun (Adult assistance in starting the coals will not count against members in this level.)

**Advanced: Grades 9-12(Suggested)**: Prepare a full grilled meal including any type of protein to include but not limited to: boneless chicken breast, shrimp, pork, burger, sausage, beef steak, bone in chicken, or salmon AND two grilled sides

#### **Poster**

- Beginner: Grades 3-5(Suggested)
- Exhibit a poster (following the established poster policy) on safety in barbecuing and/or food preparation. For example: grill safety, grill maintenance, how to start a fire, cooking meat, thawing meat, handling meat, use of utensils, and/or general preparation. Select a topic that is age/grade appropriate.
- Intermediate: Grades 6-8 (Suggested)

- Exhibit a poster (following the established poster policy) on safety in barbecuing and/or food preparation. For example: grill safety, grill maintenance, how to start a fire, cooking meat, thawing meat, handling meat, use of utensils, and/or general preparation. Select a topic that is age/grade appropriate.
- Advanced: Grades 9-12 (Suggested)
- Exhibit a poster (following the established poster policy) on safety in barbecuing and/or food preparation. For example: grill safety, grill maintenance, how to start a fire, cooking meat, thawing meat, handling meat, use of utensils, and/or general preparation. Select a topic that is age/grade appropriate.