Record for Year $\qquad$
A completed record sheet is due by the last business day of May to exhibit each project at the fair. Use any 4-H publications, the internet, the library, or a professional to help you prepare your responses.

Name $\qquad$ 4-H Club $\qquad$

Years in 4-H $\qquad$ Grade $\qquad$ Years in Project $\qquad$
Starting Small
What information do you need if you are babysitting for a child you do not know very well? $\qquad$

What are some of your daily routines? $\qquad$

Why do you think routines are important for preschool children? $\qquad$

## Building Blocks

Teach a preschooler about the "My Plate" guidelines. Look through a magazine, newspaper, or find pictures online. Cut out pictures with the toddler or have a few ready for them to paste onto the "My Plate" diagram found on the back of this record sheet.

Did the preschooler you worked with know any of the food groups? $\qquad$
If yes, which ones? $\qquad$
Why do you think healthy food choices are important? $\qquad$

## Making Strides

Provide a brief description of your 4-H exhibit or plan for your exhibit. $\qquad$
$\qquad$
$\qquad$

We do not necessarily care what you spent constructing your exhibit, but it is good for you to understand that things have a cost. Even poster boards are not free. Approximately how much did you spend constructing your exhibit or think you'll spend once it is complete?

## Moving On Up

Name three careers in which individuals would work with children.

1. $\qquad$
2. $\qquad$
3. $\qquad$

What is one thing you learned or sparked your interest as a result of completing this project? $\qquad$
$\qquad$
$\qquad$
In what way does this project apply to your life, or why is this subject matter important to you? $\qquad$
$\qquad$
$\qquad$


