

STRENGTHENING *Families* PROGRAM

FOR PARENTS AND YOUTH 10-14



Goal: prevent substance abuse in youth by building their skills and giving parents more tools to help their children become responsible young adults

Family Benefits include:

- * how to show love while setting limits
- * how to listen to your child
- * how to show appreciation to each other



Program Benefits:

- * results have shown to continue 6-10 years after completing the program
- * youth show significantly lower rates of substance abuse
- * youth had significantly fewer conduct problems in school
- * Parents learn how to build positive relationships with their youth and follow through on consequences

**Contact Purdue
Extension Scott County
at 812-752-8450
for more information**



Extension - Scott County

Proven to Work:

The World Health Organization named this program as the No. 1 prevention program out of 6,000 programs analyzed for long-term effects on substance use and misuse. Thousands of families across the U.S. and more than 25 countries have already benefited from this award-winning program.