### **Partners**

- Bethel Community
- Boys & Girls Club
- City of Rushville
- Chamber of Commerce
- Clean Green Rush
- Early Learning Coalition
- Health Department
- Meridian Health Services
- Ministerial Association
- Parks and Recreation
- Purdue Extension
- Rush Memorial Hospital
- Many more...

### AND YOU!!!



## **Meeting Information**

#### Who?

• Meetings are open to everyone!

#### When?

Second Wednesday of every month at 4:15pm

#### Where?

- Rush County Courthouse Assembly Room
- 101 E Second Street, Room 106 Rushville, Indiana 46173

Email our President, Dixie Meyer if you have any questions at: rcdhnursing2@rushcounty.in.gov





Rush County's Health Coalition -Rush2Health

\*Formerly Partners for a Healthy Rush County

### **Our Mission**

#### Purpose

• The coalition, Rush2Health, is organized exclusively for charitable, scientific, and educational purposes, more specifically to engage the citizens of Rush County to improve the health of our community in all ways- physical, mental, emotional, spiritual, and environmental.

#### Goals

- Improve Rush County's trail connectivity and walkability.
- Reduction in the incidence of overweight adults.
- Improve community health outcomes in mental, physical, and social health by 2030.

#### Objectives

- Work with the city and community partners to improve walkable access to parks and recreation opportunities throughout by 2030.
- Reduce the percentage of adults who are overweight by 5% by 2030.
- Create and provide new health focused resources & opportunities annually, increasing positive health outcomes in Rush County 10% by 2023.

## Highlights

#### Get Moving (2024)

 Provides a list of activites around Rush County

#### **Blessing Boxes (2019)**

• Provides the community with nonperishable food items and personal care items.

#### Walk2School Day (2018)

• Provided RESE and RESW children with a giveaway for participating in event.

#### LionStrong Afterschool Nutrition Program for

#### RCHS Athletes (2018)

• Provided Erin Luellen (Athletic Trainer) with \$200 for a healthy snack for the athletes.

#### Rush2Health Guide (2018)

• R2H members created a resource for the community.

#### **Community Gardens (2018)**

 Purdue's CWC (Gabbey) and NEPA (Tonya) planted 5 community gardens at the Boys & Girls Club, Bethel Community, and Rushville Commons.

#### Sunblock Dispensers (2018)

• Donated \$690 to the Waggoner Community Pool for two sunblock dispensers to be installed.

## Highlights (cont.)

#### Active Living Workshop (2016)

 Raised awareness of the ways in which partners in Rushville can support active living by implementing strategic plans, policies, programs, and projects.

#### Family Fitness Fair (2014)

 Activities included: panel discussions, Farmers' Market, RCHS Jazz Band, bounce houses, and health-related vendors/booths.

# Community Conversation Health Summit (2011)

- Round table event held at RCHS with 70 local community members.
- 4 priority areas:
  - Parenting
  - Obesity & Fitness
  - Tobacco Cessation
  - Texting/Driving