



## Project Title: Sports: Basketball

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### Description:

Sports Day will be held prior to fair and is required to be eligible for Divisions and Advanced Champions 4-H members enrolled in the 4-H Sports Project will be expected to participate in a county-wide Sports Day. Awards will be given to the top senior and junior basketball participants. All trophies will be awarded based on a combination of posters and sports day activities. The first-year sports member must do a poster on basketball. After the first year any sport can be used.

### State Fair Entries:

County only project.

### Exhibit Class Guidelines:

#### *Beginner (grades 3-5 suggested)*

Turn in a completed record sheet and exhibit a 22" X 28" poster explaining the various rules and precautions used in basketball. Include pictures of the sport.

After the first year: Turn in a completed record sheet and exhibit a notebook or 22" X 28" poster on the history of a sport that interests you.

#### *Intermediate (grades 6-8 suggested)*

Turn in a completed record sheet and exhibit a 22" X 28" poster or a notebook on your personal participation in a sport. Include pictures of yourself and explain your participation and how the sport has affected your life.

#### *Advanced (grades 9-12 suggested)*

Turn in a completed record sheet and exhibit one of the following you have not done previously:

- A notebook on a present or past sportsman, such as a professional football player. The report should be at least 100 words minimum in length and can include pictures, newspaper and magazine articles, etc. 22" X 28" poster on the major rule changes on a particular sport from an elementary level to a professional level. (For example: Little league vs. professional baseball).
- Exhibit a 22" X 28" poster on the lifestyle an athlete should maintain to remain healthy and competitive. (Examples: nutrition and diet, exercise, drug abuse, etc.)
- Research on a topic that is sports related and of interest to you.