Extension - Ripley County JANDARY 2024 NEWSLETTER

Address:

525 W Beech Street Osgood, IN 47037

Phone: 812-689-6511

Hours:

Monday - Friday 8:00am-4:00pm

Website:

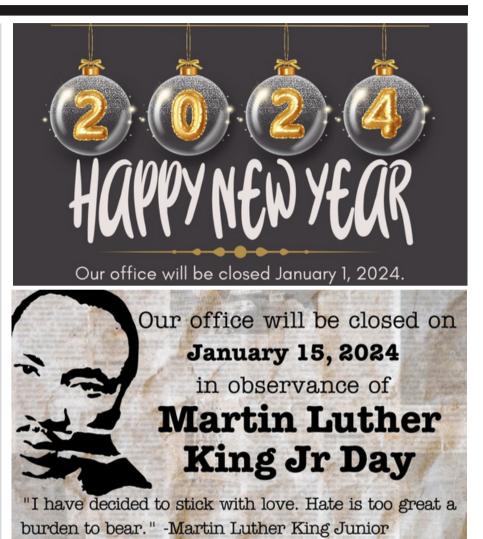
extension.purdue.edu/ripley

Facebook:

Purdue Extension - Ripley County & Ripley County 4H Fair

Instagram:

@ripleycountypurdueextension



Ripley County Staff

David Osborne County Extension Director Ag & Natural Resource Educator 4-H Youth Development Educator osbornda@purdue.edu **Baylee Dwenger** Health & Human Science Educator 4-H Youth Development Educator bdwenger@purdue.edu Brenna Sarringhaus Office Manager bsarring@purdue.edu

It is the policy of the Purdue University Cooperative Extension Service that all persons have equal opportunity and access to its educational programs, services, activities, and facilities without regard to race, religion, color, sex, age, national origin or ancestry, marital status, parental status, sexual orientation, disability or status as a veteran. Purdue University is an Affirmative Action institution. This material may be available in alternative formats.

Page 1

Calendar of Events





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Office Closed	2 6:30 Ripley Wranglers Meeting	3	4	5	6
7 4:00 Pierceville Haypals Meeting 5:00 4-H Pioneers Meeting 1-3 Wranglers Skate A Thon	8 Club Meetings: 6:45 Busy Bees 7:00 Country Kids, Faithful Workers, & Morris Shamrocks	9	10	11	12	13
14 Club Meetings: 2:00 Naopleon Country Club & Shooting Sports	15 Office closed	16	17 6:00 Jr. Leader Meeting	18	19	20
21 1:00 Dream Seekers Meeting	22 7:30 Fair Board Meeting	23	24	25	26	27
28	29	30	31	-	-	

Can you find the four H's hidden in the newsletter?





Club Meeting Resources:

Song: Found a Peanut

Tune: Clementine

I found a peanut, found a peanut, found a peanut just now, Just now I found a peanut, found a peanut just now.

l cracked it open, cracked it open,

cracked it open just now, Just now I cracked it open, cracked it open just now.

It was rotten, rotten, rotten just now, Just now it was rotten, rotten just now.

I ate it anyway, ate it anyway, ate it anyway just now,

Just now I ate it anyway, ate it anyway just now.

I got a stomach ache, got a stomach ache, got a stomach ache just now, Just now I got a stomach ache, got a stomach ache just now.

I called the doctor, called the doctor, called the doctor just now, Just now I called the doctor, called the doctor just now.

Food for Thought

"Faith is taking the first step even when you don't see the whole staircase." -Martin Luther King Junior



<u>Exercise</u> Whv?

Exercise is a key part to staying healthy. It keeps our heart healthy, helps maintain a healthy weight, keeps our muscles strong, and keeps us from getting sick by boosting our immune system.

When?

The CDC recommend:

- Children ages 3-5 get physical activity everyday throughout the day
- Youth ages 6-17 get 60 minutes of exercise daily with at least 3 days per week including vigorous activity that strengthens muscles and bones
- Adults ages 18-64 need at least 150 minutes per week (about 20 minutes per day) with at least 2 days including activities to strengthen muscles.

How to get exercise?

1. Participate in a team sport like basketball, football, soccer, baseball, volleyball, and many others.

2. Participate in a sport that requires partners or a pair of people. For example tennis, badminton, pickle ball, etc.

3. Participate in a single person activity like gymnastics, swimming, martial arts, cycling, golfing, skating, and more.

Team activities aren't for everyone so find an exercise activity that works for you so that you can stay healthy throughout your life.

Source: CDC and Community Safety Net Health Safety Smart Choices for Life!



Ripley County 4-H Newsletter 4-H Enrollment





contact lists. You will not be included on the contact list until you have enrolled for the 2024 4-H year. It is vital that you get enrolled ASAP to receive important information and updates about 4-H.

4-H Day at the State House

E . .

The state of the s

Visit the State House

Tuesday, February 13th

7-12th grade youth are invited to Visit the Statehouse with their Educators! We will be touring the building, meet with our representatives, participate as pages, and watch a live session.

Cost is \$20 to attend

Space is limited. You must either provide your own transportation or work with your educator to arrange for transportation..





100%

Scut

Page 5 - RIPLEY COUNTY JUNIOR LEADERS -

FEBRUARY 1 to MAY 15

We will except all non perishable goods.

Drop off donations at your **4-H Club Meeting** or at the **Extension Office**.

<u>A friendly competition between clubs:</u> The club with greatest weight in total donations will receive the **Golden Can Traveling Trophy** and a **pizza party** sponsored by the Junior Leaders!

unior

_eac



Summer Staff Positions

The Ripley County Extension office is looking for college students who (preferably) have 4-H experience and are looking for summer work. You will gain valuable experience with administration, clerical skills, organizational management, and get to learn more about the 4-H program! *Must be EARN eligible. Contact the Extension Office with questions.

Go to www.workandlearnindiana.com and create an account to see of you are EARN eligible.

Animals Scales for Sale

The Ripley County 4-H Corporation has 3 different animal scales for sale. We have a beef scale, sheep/goat scale, and a swine scale (Pictures included below and more avaliable upon request). If you would like to purchase one of the scales please submit a sealed bid to the Extension Office by Friday, February 23 at 4:00pm. Please contact the Extension Office with questions.

Swine

Sheep/Goat



Swine scales (left) are manual scales. Sheep and goat scales (right) has a digital platform with metal cage that can be set up around it. Both were able to be certified the last time they were used.



Beef





Cattle Scales have both manual and digital options.



Project Leaders Needed!



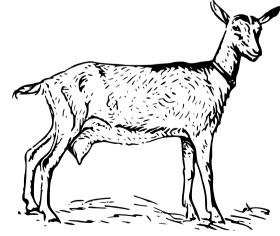
Dairy Goat Leadership Needed

The Ripley County 4-H Fair Board is looking to fill a Dairy Goat Superintendent position and Dairy Goat Project Leader position. Those interested in the position should send a letter of interest to the Extension Office by January 31. A committee will conduct 10-15 minute interviews with each person interested in the positions.

Qualifications:

- Must be an approved 4-H Volunteer!
- Passionate about 4-H Youth Development
- Knowledge of Dairy Goats
- Work well youth and adults
- Willing to learn how to use the Fair Entry System

Questions Contact Dave Osborne: Office Phone: 812-689-6511 Email: osbornda@purdue.edu







nitv Foundation

Ripley County Community Foundation

Donate a gift to 4-H through the Ripley County Community Foundation. Our fund is the *Ripley County 4-H Corporation Fund #282*. Questions, about how to donate, please contact the community foundation by calling, 812-933-1098.

How to donate: **Online** at <u>rccfonline.org/donate/</u>

In-person at: 13 E George Street, Suite B

Batesville, IN 47006



Ripley County

Connecting people who care with causes that matter

4-H Club Spotlight



On December 16 several Ripley County 4-H members had the privilege of placing wreaths on the headstones of veteran's who are buried in Ripley County. This community service was done in partnership with the Ripley County Community Foundations Wreaths Across Ripley County to ensure that no service member is forgotten this holiday season. We are grateful to the Ripley County Community Foundation for allowing our community to Remember, Honor and Teach.



Thank you to the 4-H Pioneers, Faithful Workers, Napoleon 4-H County Club and Pierceille Haypals for assisting the Ripley County Community Foundation. If your 4-H Club would like to help next year contact the extension office.

HONOR



TEACH





Scholarships

All 4-H members who are currently in grades 10-12 are eligible to apply for Indiana 4-H Scholarships sponsored by the Indiana 4-H Foundation. Ripley County 4-H members who apply for the state Senior Year Scholarship or Accomplishment Scholarship will automatically be submitted for one of six county scholarships too. Information about

Scholarships can be found on the state 4-H website, by contacting the **Extension Office** or by attending one of the 4-H Scholarship Help Sessions. Scholarships are Due Thursday, January 25, 2023.

Page

9



Senior Year Scholarship

Available to 4-H members in their senior year of high school

Club Scholarship

Available to 4-H members entering Purdue University majoring in the College of Agriculture or select majors in the College of Health and Human Sciences

Purdue Horticulture & Landscape Architecture Scholarship

Available to a 4-H member majoring in horticulture or landscape architecture at Purdue University and studied plant science in 4-H.

Accomplishment Scholarship

Available to 4-H members in grades 10-12 of high school and the year immediately following high school graduation. The purpose of the 4-H Accomplishment Scholarship is to recognize youth who have excelled in life skills development through their 4-H activities and involvement.

Categories: Animal Science-Meat and Milk Production; Animal Science-Companion and Small Animal Production; Citizenship; Communications; Engineering and Technological Science; Healthy Living, Food and Nutrition Science; Leadership Development; and Plant and Environmental Science. Three additional categories are reserved for applicants demonstrating life skills development in more than one of the previously listed categories. Those are Premier Achievement, Premier Citizenship, and Premier Leadership.

Eligibility: Applicants must be in grade 10, 11, 12, or their first year immediately following 4-H enrollment eligibility at the time applications are due. While an applicant does not have to be a current 4-H member, they must demonstrate multiple years of involvement in Indiana's 4-H Youth Development Program.

Youth who have previously been awarded a \$1,000 accomplishment scholarship are only eligible to compete in the Premier Achievement, Premier Citizenship, and Premier Leadership categories. Youth who have previously been awarded a \$2,000 scholarship are no longer eligible to compete in any category.

Awards: A minimum of thirty \$1,000 scholarships will be awarded to youth based on their demonstration of life skills development in these eight categories: Animal Science-Meat and Milk Production; Animal Science-Companion and Small Animal Production; Citizenship; Communications; Engineering and Technological Science; Healthy Living, Food, and Nutrition Science; Leadership Development; and Plant and Environmental Science. A minimum of one \$2,000 scholarship will be awarded in each of these categories: Premier Achievement; Premier Citizenship; and Premier Leadership.

Visit bit.ly/4hscholarship to download applications. Applications due to County 4-H Educator January 25. Contact your county's Purdue Extension Office to learn more. \$166,725 AWARDED IN 2023



Volunteer Training Opportunities

We have several opportunities for volunteers coming up:



Join us for a lunch time virtual book club as we explore the book "Thrivers" by Michele Borba

Wednesdays - February 7, 14, 21, 28 11:00 am - 12:00 pm CT/ 12:00 - 1:00 pm ET Sessions will be held on Zoom

Register: https://tinyurl.com/Thrivers2024 by February 7

Questions?

Contact Carla Kidwell at kidwellc@purdue.edu or Megan Hoffherr at mkron@purdue.edu Area 1- Southeastern Indiana

4-H Volunteer Conference

**

February 24, 2024 Hopewell Baptist Church 2319 N County Rd 850 W, Holton, IN 10am -2pm



This event is free to all 4-H Volunteers Lunch, Door Prizes, Resources are Included Call (812) 265-8919 with questions about the event Registration appreciated before Feb 19



2024 Indiana 4-H Dog Volunteers Workshop

Saturday, March 2, 2024 Hendricks Co. 4-H Fairgrounds & Conference Complex

Join us for the Annual 4-H Dog Volunteer Workshop! We are excited to present a new list of classes and speakers this year to provide an enriching experience for both new and seasoned 4-H Dog Project Volunteers, Judges, and Trainers. This workshop offers a unique opportunity for volunteers and judges to enhance their skills and network with each other statewide. If you are a 4-H youth member in grade 8 or above with a passion for volunteerism or judging, you are welcome to attend! However, you must be accompanied by an adult. Register now and enjoy a day of fun, including a pizza lunch, a resource folder, and much more. Pitch in desserts are welcome!

Topics Covered

Teaching RetrieveAgility Rules Explained

· Teetering on the Edge

Rule Book- What's not there!

Showmanship Piece by Piece

Making your 4-H Club Thrive

• Drill Team Roundtable

Showmanship Mock Show

Designing a Drill Team Routine

Using your Body Language when Training Dogs

Therapy Dogs and 4-H Club Community Service

Agenda

- Registration: 9-9:50 AM EST
- Welcome: 9:50- 10:00 AM EST
- Class Rotation 1: 10:00-10:50 AM EST
- Class Rotation 2: 11:00- 11:50 AM EST
 Lunch & ISF 4-H Dog Advisory Committee
- Meeting : 11:50- 12:40 AM EST Indiana 4-H Rules Review: 12:40-12:50 PM EST
- Class Rotation 3: 1:00-1:50 PM EST
- Class Rotation 3: 1:00-1:30 PM EST
 Class Rotation 4: 2:00-2:50 PM EST
- Safe Travels Home: 3:00 PM EST

Registration due by February 23, 2024

<u>Cost:</u> \$15 per participant. Payment due at the workshop, cash or check accepted.

<u>Register: 24DogVolWS.4honline.com</u> or 4-H Online in the Events Tab at <u>v2.4honline.com</u>

For additional questions or help registering contact Purdue Extension-Jefferson County at (812) 265 8919.



Ripley Wranglers Horse & Pony Calendar

RIPLEY WRANGLERS 2024 CLUB CALENDAR

Updates will be added throughout the year to our calendar. Watch Facebook, Remind and come to meetings to get the latest info!



<u>January 2, 2024</u>- CLUB MEETING: Boy Scout Building Explanation of Folders and Paperwork *Demonstrations:* Tinley Enneking, Teagan Enneking, Shelley Hoffrogge, Bella Shaver, Ashtyn Peelman and Hadley Carfield

January 7th, 2024- Skate-A-Thon: Columbus Skateland 1-3pm. Let Sarah know by the Jan. meeting if you plan on attending!

February 6, 2024 - CLUB MEETING: Boy Scout Building Demonstrations: Shelley Hoffrogge and Hank Dickman

<u>March 5, 2024</u>- CLUB MEETING: Boy Scout Building *Demonstrations*: Rylee Mitchell, Mackenzie Sparks, Adalyn Placke, Savannah Siebert and Ava Werner

<u>April 2, 2024</u> CLUB MEETING Vaccine Clinic Fair Showbill and Show Clinic Updates Demonstrations:

<u>May 7, 2024</u> - CLUB MEETING Work Detail, Stall Clean Up, 1st of 3 Safety Meetings, Demonstrations: Hadley Carfield

June 4, 2024 - CLUB MEETING 2nd of 3 Safety Meetings, Area 1 4-H Prep Demonstations:

<u>July 2, 2024</u>- CLUB MEETING Pre-Fair Meeting: ENCOURAGED to ATTEND! Stall Reservations, Stall Fees AND Completed Class Entries DUE! Last of 3 Safety Meetings, Fair Week Prep and Job Duty Sign Up. *Demonstrations:*

July 19,2024- 6-8pm Move into the Osgood Fairgrounds with your Horse/Pony

July 20, 2024- 1pm English and Trail Show

July 21, 2024 - 10am Western Show

July 22, 2024 - 6pm Mini 4-H, Versatility and Driving Show

July 23, 2024- 6pm Contesting

July 24, 2024- 6pm Freestyle Show

July 25, 2024- 6pm Fun Show

<u>July 26, 2024-</u> 6:30pm Family Pitch In Dinner and Awards Banquet. Horses/Ponies will be dismissed from the Fairgrounds following the Banquet

Feel free to reach out with any questions to the Club Superintendents/Leaders: Monica Hansen (812)756.0200 and Greg Bonfer (812)621.1015.



Ripley County Shooting Sports Calendar



Gun & Archery 2023-24

Date	Location	Time	
Aug. 13, 2023	Sunman Fish & Game	2:00-4:00 PM	Archery & Guns
Sept. 17, 2023	Sunman Fish & Game	2:00-4:00 PM	Archery & Guns
Oct.	No Meeting	NA	
Nov.	No Meeting	NA	
Dec.	No Meeting	NA	
Jan. 14, 2024	Sunman Fish & Game	2:00-4:00 PM	Archery & Guns
Feb. 11, 2024	Sunman Fish & Game	2:00-4:00 PM	Archery & Guns
Mar. 10, 2024	Sunman Fish & Game	2:00-4:00 PM	Archery & Guns
Apr. 14, 2024	Sunman Fish & Game	2:00-4:00 PM	Archery & Guns
May 12, 2024	Sunman Fish & Game	2:00-4:00 PM	Archery & Guns
Jun. 2, 2024	Sunman Fish & Game	2:00-4:00 PM	Archery & Guns

Contest and Family Fun Day: July 13th, 2024 Time: Noon-4pm @ Coon Hunters Lodge

Shooting Sports Leaders

Michael Luers *Pistol* 812-756-2999 Luers48@gmail.com

Daren Sarringhaus Shotgun 812-212-1060 dsarringhaus1975@gmail.com Randy Kramer Shotgun 812-209-9218

Jim Luers *Rifle* 812-852-2178 Luers48@gmail.com Mike Weiler Archery 812-569-0533 mikeweiler@etczone.com

OOTING

9 4-H.S

Bill Jordan Marksmanship 317-525-1102 whjordan333@gmail.com



f facebook.com/RipCoShootingSports



Indiana 4-H Needs You to Be a **Broadband Influencer!**

What is an Indiana 4-H Broadband Influencer?

Checks your internet speed





Validates it on the FCC website broadbandmap.fcc.gov



Share what they've done with others



Reports work in the **Broadband Influencers** event in 4-H Online

Once you have completed all 4, you will receive your Broadband Influencer Pin and be eligible to win an iPad*!

Why should I be an Indiana 4-H Broadband Influencer?

There are a lot of different ways to connect to the internet. Some of them are very fast, and some of them are very slow. We would like everyone in the state of Indiana to be able to use the internet at fast speeds. While it might help you play games and watch videos more easily, it also can help people who are looking for jobs or trying to communicate, do business, or do schoolwork.

The FCC, or Federal Communication Commission, can't help everyone get fast internet unless they know all the places the internet is installed and how fast it is in each location.

*Indiana 4-H Broadband Influencers will be asked to write a short essay about their experience.

The Broadband Influencer Program is a Purdue Broadband Team initiative.

I have more questions!



For more information contact your county extension 4-H educator OR email:

state4hleader@purdue.edu





Page 13

Let Purdue Extension Help You "Get Walkin'"

Winter is upon us but spring will soon be here and that means nicer weather with more time spent outdoors. Why not take this opportunity to start walking and moving more? Walking is a popular form of physical activity—and good for your health! Only half of all American adults get the recommended amount of physical activity. Lack of physical activity is directly related to the occurrence of adult obesity and being overweight. Regular physical activity can lower the risk of heart disease, high blood pressure, type 2 diabetes, osteoporosis, depression, and falls in older adults. Walking is an excellent way for most people to increase their physical activity. It is an easy way to start and maintain a physically active lifestyle. Walking is accessible to almost anyone and doesn't require specific skills or fancy workout clothes and equipment.

Need some motivation to get started but don't have time to attend a class? Get WalkIN' is an e-mail based walking program being offered through Purdue Extension in Ripley County. Participants can sign up, walk on their own, and receive e-mailed support and information. Participants will be asked to complete two short online surveys. Any resident of the county who is aged 18 years and older may enroll. If you are interested in participating or want more information contact Baylee Dwenger (4-H & HHS Educator) by email bdwenger@purdue.edu or by phone at 812-689-6511.

DETAILS

Page 14

You will receive a total of 16 emails - 2 per week for the first month and 1 per week for the next 8 weeks

To sign up: Fill out this 3 questions sign up form **Scan me** <u>https://purdue.ca1.qualtrics.com/jfe/form/SV_OUPBo6vulggebak</u> (

Register By: March 1, 2024

Program Start Date: March 11, 2024



PURDUE EXTENSION GET WALKIN' PROGRAM

Helping Hoosiers get on their feet!



SCHOOL OF NURSING



Extension - Community Development

Experience Incubator Virtual Workshop Series

EXPLORE STARTIN

Purdue Extension will teach a series of interactive workshops to help individuals in the 50+ age range discover their inner entrepreneur and the initial steps needed to launch a business.

The workshops explore entrepreneurial thinking and application and include the following topics:

- 1. Introduction to Entrepreneurship
- 2. What is Entrepreneurial Thinking and Acting?
- 3. Decoding Your Entrepreneurial History
- 4. Anatomy of an Idea
- 5. Building Your Brain Trust
- 6. Branding that Brings Results
- 7. Finance: Common Sense and Cents
- 8. Entrepreneurship is a Verb, not a Business Plan – Just Start!

Questions? Contact Kristi Whitacre at:



Page

15

In addition to the workshops, you may choose to receive coaching from the Small Business Development Center after completion to move forward with your business idea.

Workshops are held on Zoom from 4-5 pm EST on Tuesday and Thursday afternoons in February: 6, 8, 13, 15, 20, 22, 27, 29. Register by January 30, 2024, at

https://cvent.me/3wba1l. The cost of the workshop series is \$99 and is payable when you register.







Purdue University is an equal opportunity/equal access/affirmative action institution.

1

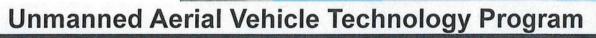
-))

S

Ripley County ANR Newsletter



Extension



QuadSquad

Interested in becoming a Commercial Unmanned Aerial Vehicle (UAV) remote pilot or already flying without the required Federal Aviation Administration (FAA) Certification?

You're in luck! The Purdue Cooperative Extension Service is piloting a UAV Signature Program teaching individuals UAV technology legal requirements, FAA Part 107 Remote Pilot Knowledge Test preparation, and useful UAV applications.

Every participant will get hands-on experience flying manual and planned UAV flights.

Course topics are listed below:

- UAV Introduction
- Camera Settings
- Sensors and Artificial Intelligence
- FAA Part 107 Test Preparation
- Flight Plans & Record Keeping
- Free Flight Instructions
- Planned Flight Instructions
- Use of third party applications/processing software
- Data management
- Image Quality & Troubleshooting
- Emergency Preparation





Location

Batesville Fire Department 115 E Catherine Street Batesville, IN 47006

Date(s) & Time

February 15, 2024 8:00 am - 4:00 pm EST February 16, 2024 8:00 am - 4:00 pm EST

Cost

\$200 per person

Registration Required by February 1.

To Register Call 812-689-6511 or email:

osbornda@purdue.edu

Please direct your questions to:

David Osborne osbornda@purdue.edu 812-689-6511

Purdue University Cooperative Extension Service is an equal access/equal opportunity institution. If you need a reasonable accommodation to participate in this program, prior to the meeting, contact David Osborne at (812)689-6511.