



# Mini 4-H Page

Mini 4-H'ers have lots of fun! There are many activities for you to explore. You can try new things. You can share them with your friends and family.

Here are some things to know about 4-H.

The 4-H symbol is a four-leaf clover with an "H" in each leaf. Clover is a plant that grows in fields, yards and along roadsides. Most clovers have three leaves. Sometimes, if you look very carefully, you may get lucky and find a special clover with four leaves. A four-leaf clover is used as the symbol for 4-H to let everyone know 4-H is a special kind of group.



The 4-H colors are green and white. The four-leaf clover is green and the "H" in each leaf is white.

A group motto is a saying that tells people what is important to the group. The 4-H motto is "To make the best better." When something is better than all the others it is the best. Think about a time when you did your best. Maybe you threw a ball farther than you have ever thrown it before. Now, think about some ways you could do better. You may be able to throw farther by practicing for a while or by watching someone who can throw farther than you, to see how they throw so far. Even if you throw the ball farther than you have ever thrown it before. There are still ways that you can do better the next time. 4-H encourages you to always try to do better, even if you are doing the best you have ever done.

"To make the best better"

## The 4-H Pledge

A pledge is a promise you make to yourself and to the people around you. The 4-H pledge is a bold print below.

I pledge...

my head to clearer thinking,
my heart to greater loyalty,
my hand to larger service, and
my health to better living for
my dub, my community,
my country, and my world.

What do these words means?

<u>I Pledge my Head</u> <u>to clearer thinking</u>, means I promise to use my head to make good choices.

My heart

to greater loyalty, means to use my heart to be a good friend.

My hands to larger service, and, means to use my hands to do helpful things for others.

My health to better living, means to take care of my body and to show others how to live in a healthy way.

For my club, my community, my country and my world, means to help my group, my community, my country and my world be happy and safe for everyone.

# Mini 4-H Helper's page

Welcome to the Mini 4-H Program! Mini 4-H is designed for children in grades K-2 to explore a variety of project activity areas and to interact with caring adults and other children.

Children receive this project activity manual when they enroll in Mini 4-H. This manual and the manuals on various other topics will provide fun, age-appropriate learning activities throughout their year(s) in Mini 4-H.

As a Mini 4-H adult helper, your job will be to guide and encourage each child through the activities. A wide range of activities. A wide range of activities is provided to allow you to choose the ones most appropriate for the children you are working with. It is strongly suggested that you do not complete the activities from Instead help them, guide them, work with them and let them do all that they possibly can. 4-H believes in allowing children to learn by doing. The Mini 4-H project activities are hands-on learning opportunities designed to provide a meaningful educational experience for youth.

Additionally, the Mini 4-H program is set up to allow children to display a project activity that is based upon information in this manual. Some children may want to exhibit at the 4-H Fair. The 4-H Fair is an exciting week that allows community youth to showcase their enthusiasm for learning. Children may choose to display a project activity they did by themselves or one they did with a group. Other children may choose to showcase their work in other ways, such as displaying it in a special place in their own home.

Mini 4-H is fun! Children will certainly enjoy it. You can have fun too, by guiding and helping as children participate in the program. Encourage and praise the children as they have fun learning and sharing with you. If you have any questions regarding Mini 4-H or other 4-H programs, please contact the Extension Office in your county.

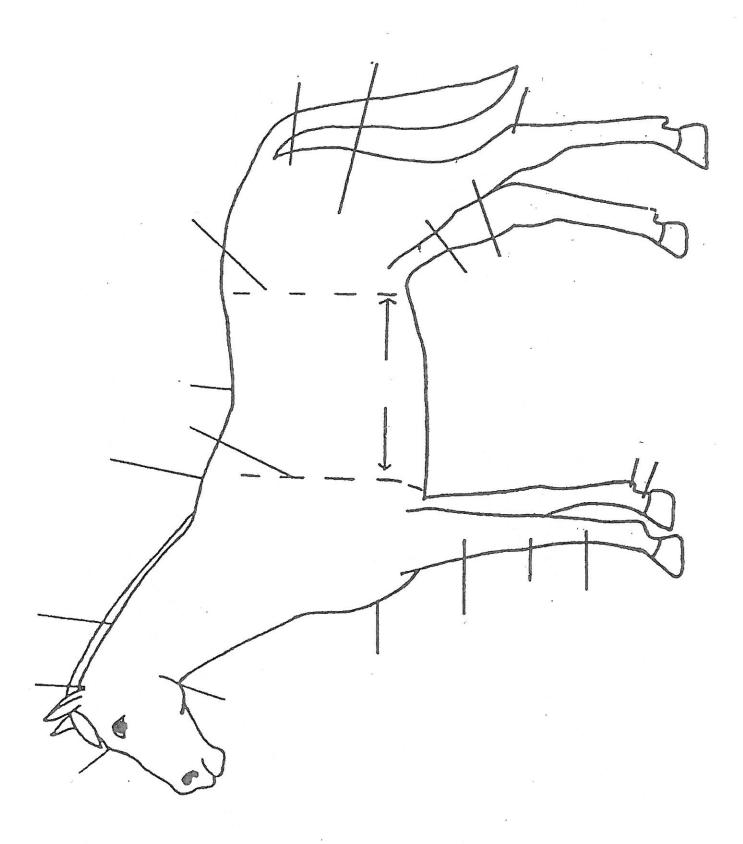
# Helper's Tips

The Mini 4-H Program can be used with individual children, but it works best when used in a group of 2 or more children. Children working cooperatively in groups develop positive images of themselves and their ideas. Other ways adult helpers can maximize the benefits of Mini 4-H are to:

- Work on a subject interesting to the child by encouraging children to choose the content area. Look through this manual and choose the project activities based on the interests and skill levels of the children
- Relax and have fun. Some children will want to finished their activities, others may not. There is no need to pressure children of this age to finish an activity, because the real learning takes place while they participate in the activity and interact with others. The finished project should not be the main focus. The knowledge children gain while they explore new areas and experiment with new ideas should be the primary goal.
- Remain flexible and adapt to the changing needs of the children.
   Restlessness or boredom may indicate a need to stop the activity and come back to it later.
- Encourage children to talk and work with each other. Children learn best
  when they are encouraged to freely share their reactions and observations.
  You may want to ask the children about what they did during an activity,
  what happened, what was the easiest, and what they like the most.

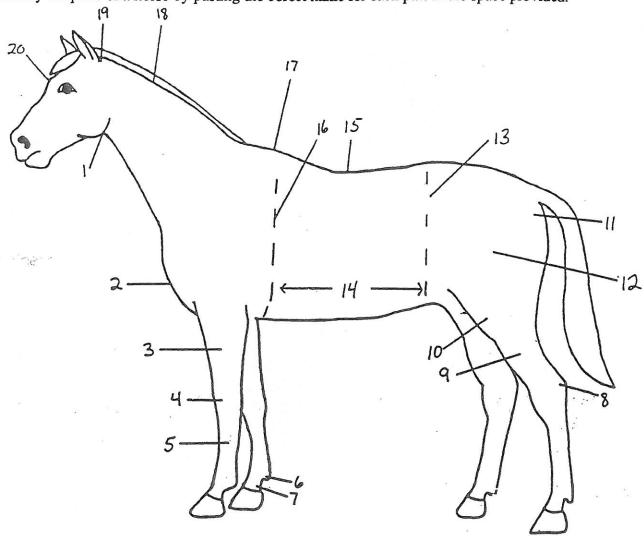
This manual contains activities for children that allow for a wide range of abilities and provide practice for developing a variety of skills.





# LEARNING THE PARTS OF THE HORSE

Identify the parts of a horse by pasting the corect name for each part in the space provided.



- 1. Throat latch
- 12. Thigh
- 4. Knee
- 15. Back
- 7. Pastern
- 18. Crest
- 10. Stifle

- 11. Buttock
- 3. Forearm
- 14. Barrel
- 6. Fetlock
- 17. Withers
- 9. Gaskin
- 20. Forehead

- 2. Chest
- 13. Point of hip
- 5. Cannon
- 16. Heart Girth
- 8. Hock
- 19. Poll



## Exhibit - Kindergarten

Using the page found in your manual, color the horse and label the parts properly.

### Exhibit - 1st Grade:

A poster which portrays some aspect of horse care, such as grooming, grooming equipment, nutritional requirements, breeds of horses, etc.

## Exhibit - 2<sup>nd</sup> Grade:

You may make a poster or display, (i.e., 3D farm model, a round pen, reining or jumping patterns, your model horse collection, a collage of horse pictures, a model of a covered wagon, or draft horse pulling a wagon, etc. Just use your imagination and make an exhibit that will show your knowledge of the project. The display <u>MUST</u> be no more than 16" x 24", and a poster should measure 14" HIGH x 22" WIDE, covered with plastic and with a hard backing.

#### **Poster Construction Rules:**

All posters are to be covered with clear plastic and have a stiff, non-flexible backing. All posters are to be **14" HIGH x 22" WIDE**. You may use any color of poster board. Each poster project should have a title.

All projects are to have a name label on them. You will receive a Mini 4-H newsletter in the mail prior to the Fair that will contain name labels.

If you have any questions about your project, please call the Extension Office at 636-2111 or 1-800-601-5826.