



THE MESSENGER

Extra Edition #217 2024

June 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3	4 Council Meeting	5	6	7	8
9	10 Conference starts	11	12	13	14	15
16 Happy Father's Day	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

FAIRs Care Food Drive

The FAIRs Care program returns for the 2024 Fair season! County Fairs are encouraged to develop and implement a food drive during their Fair to help stock their local food pantry. To help incentivize donations, the Indiana State Fair will donate general admission tickets to your drive.



Look for our donation site at the Morgan County Fair!!!

Lions Schedule

June

26 Friendly Neighbors

Hello!

Happy Friday! Since it's been so hot outside this has been a good week to work on getting your fair entries together! Next week is suppose to be hot also, great time to do some crafts, sewing, foods, etc.!!

Have a great weekend, and stay cool!!- Amy

You are invited! Sunny Circle will be taking a field trip on June 26th to Corydon, Indiana, and has invited anyone that would like to go! They will meet at Brooklyn Church at 9:00am to carpool. Call Cindy for more details!





Morgan County Extension Homemakers Council Meeting – 06/04/2024

The Council met at the Wilbur Kendall Room, 4-H Building at 10:00 a.m. Those attending were President Denise Walker, Vice President Olivia Vought, Treasurer Tura LaMar, Secretary Diann Vanzant: from Program of Works were Membership Chair Sheila Puckett, Education/Scholarships/Grant Chair Helen Smith, Cultural Arts/Heritage Skills Chair Cindy Saferight. Clubs were represented by: Amici President Tura LaMar, Friendly Hearts President Karen Ritter, Friendly Neighbors President Diann Vanzant and Monrovia President Denise Walker

The meeting was opened by President Denise Walker followed by leading the Pledge of Allegiance, The Homemakers Creed and the IEHA Mission Statement. A short devotion was shared by Denise Walker. Roll Call was taken by Secretary Diann with 9 present and 2 children. Secretary Diann read the minutes of our last meeting which was May 8th, 2024. Sheila made a motion to approve the minutes as read. It was seconded by Margrit Figg. The Treasurer's Report dated 5/31/2024 was read by Treasurer Tura. An ending balance of \$3,594.51 was reported in the General Fund for May 2024. A motion was made to accept the Report by Karen. It was seconded by Helen.

OLD BUSINESS

Olivia reported on our Recruitment Event of May 21st. Fifteen people attended and it was over by 8:30. It was a hands-on experience. We had lots of food left over which Olivia either returned or Friendly Neighbors served the Lions the following day. Olivia had lots of praise for her excellent work. She wished more people were present.

The Home & Family Conference will be held from June 10th through the 12th. Several of our member's plan to attend.

Olivia is working on our new shirt orders. She plans to submit them this week so they will be ready to wear at the Morgan County Fair

Cindy shared her news on the Mooresville Library Teaching Opportunities. The project is called "Sew What?" and there will be 12 in each classroom. An embroidered Bandana will be the 1st project with classes beginning on June 24th from 2:00 – 3:30, followed by continuing classed on July 1st, 8th and 15th to complete the project. She would like some volunteers to help her during the classes.

Olivia says our Program Books will be ready this month. She will bring them to conference for a folding party as we did last year and have them ready for distribution after the 12th of June.

NEW BUSINESS

Tura took us through the plans for the Morgan County Fair. Baker's Best will be July 10th with Pumpkin as the theme. We are asking permission from the Fair Board if we can put our banners we used last year in the FFF up outside the Home and Family arts building. Also, we would like to place a canopy out front with our info inside. The Donut, Ice Cream and Lions will need our help if possible, again this year. Discussed making cookies for the Ice Cream Booth but we will need more information. Helen made the motion to do cookies for them and Tura seconded. We would buy ready made cookies from GFS and bake them in the kitchen as needed. We can sign up to help Lion's by working the grandstand or food stands. Call Denise for details as she will do the worksheets for those events.

We decided we would sell some of the baked goods that were entered in the fair after judging if we can find a time that would not interfere with the 4-H Food Auction.

Dues are now due to Tura along with a current membership list. Complete as soon as possible if you have not already.

We will be taking the Walking Club poster to the Conference for display.

During August 14-18 the Vietnam Memorial will be on display at the Morgan County Fair grounds. It was suggested we plan to tour it as a county event.

First Books received one hundred books to share from Purdue. Amy brought them to share. We will hand them out to Head Start or at the FFF Parade.

PROGRAM OF WORKS

Cultural Arts/Heritage Skills – Cindy will take to Conference the items that won during May Day.

Education/Scholarships/Grants – Helen, done for the summer.

Health/Nutrition/Safety – Joyce was absent, but Amy said be aware of the dangers of low blood pressure as well as high.

Leadership/Citizenship – Denise reminded us to be sure and visit the “Wall that Heals” in August.

Membership – Sheila reports no new members.

Money Making Project – Cindy will be our new Chair.

Public Relations – Kiley was vacationing.

Volunteer/Community Support – Olivia 4-H Council Representative – Amy, come see us at the Fair.

Clubs

Amici – Tura

Friendly Hearts – Karen

Friendly Neighbors – Diann – We enjoyed our tour of the Lavender Farm.

Monrovia – Denise – Planning to go out for lunch in June.

Sunny Circle – Cindy – Going on a field trip to Corydon on June 26th. She invited everyone, just give her a call to go along. Leaving at 9:00 from the Brooklyn Christian Church.

Krafty Krew – Cindy

Sew Club – Bobbie

Walking Club – Amy – Keeps those steps coming.

Last minute comment. As Tura is preparing the budget for next year, it was suggested we add sewing supplies for sewing club’s donations. Executive Board will hold a zoom meeting and discuss any other things that should be added.

Everyone decided to adjourn the meeting.

Next meeting will be Tuesday, August 6th at 10:00am, Wilber Kendall Room.

Respectfully submitted,

Diann Vanzant, Morgan County Extension Homemakers Secretary

HOME & FAMILY ARTS BUILDING!

Sewing July 5, 6-9 PM- Attention all sewing enthusiasts and creative needleworkers! The Sewing Contest is a fantastic opportunity to showcase your talent and craftsmanship in the art of sewing. Whether you’re a skilled seamstress, a budding fashion designer, or simply someone who enjoys the satisfaction of creating beautiful garments and textiles, this contest is the perfect platform to exhibit your sewing skills.

SUPERINTENDENT - DIANN VANZANT 765-342-8221



HOME & FAMILY ARTS BUILDING!

Quilts July 5, 6-9 PM- A crowd favorite exhibit in the Home and Family Arts Building is the quilt exhibit. Over the years visitors have had the opportunity to see some of the finest of quilting handiwork by the counties quilters.

SUPERINTENDENT – Lisa Goebel 765-318-3106



HOT!



Protect their paws!

If the asphalt is too **HOT** for your bare feet, it's too **HOT** for theirs!

**Outside
Temp**

77°



86°



87°



**Asphalt
Temp**

125°

135°

143°

At 125°, skin destruction can occur in 60 seconds!

TIP: Place the back of your hand against the asphalt for 7 seconds to make sure it is safe for your dog's paws!

AllDogsTrain.com

Limit exercise on hot days

Take care when exercising your pet. Adjust intensity and duration of exercise in accordance with the temperature. On very hot days, limit exercise to early morning or evening hours, and be especially careful with pets with white-colored ears, who are more susceptible to skin cancer, and short-nosed pets, who typically have difficulty breathing. Asphalt gets very hot and can burn your pet's paws, so walk your dog on the grass if possible. Always carry water with you to keep your dog from dehydrating.

Watch the humidity

"High humidity amplifies the negative impact of high temperature on your pet—and in combination, these factors magnify the danger zone," says Dr. Barbara Hodges, DVM, MBA, of the Humane Society Veterinary Medical Association. "When animals pant, moisture from their lungs evaporates and helps reduce their body heat. But high humidity conditions hamper that process and their ability to cool themselves, and their body temperature can skyrocket—rapidly—to dangerous, or even lethal, levels."

HOME & FAMILY ARTS BUILDING!

Photography July 5, 6-9 PM- Do you enjoy photography? If so we would love to see your photos exhibited in the Open Class Photography at the Morgan County Fair.

SUPERINTENDENT – OLIVIA VAUGHT 317-450-3451

HOME & FAMILY ARTS BUILDING!

Horticulture July 5, 6-9PM- We would love to see your beautiful blooms on exhibit in the Home and Family Arts Open Class Horticulture.

SUPERINTENDENT- EVE CUNDIFF765-341-5472

HOME & FAMILY ARTS BUILDING!

Garden July 5, 6-9 PM– Do you love to dig in the dirt and have a green thumb?

SUPERINTENDENT -

JANIS HINTON 765-341-1855

ASSISTANT SUPERINTENDENT – LISA RAUFEISEN

Baking July 5, 6-9 PM- Do you love to bake? How about sharing your baking talents and exhibiting in the Home and Family Arts Baking at the Morgan County Fair (This is different from Baker’s Best contest)

SUPERINTENDENT –

Sue Tutewiler 317-509-5401

ASSISTANT SUPERINTENDENT –

Darlene Laycoax 317-370-0232

HOME & FAMILY ARTS BUILDING!

Handicrafts July 5, 6-9 PM- Are you handy? We mean do you enjoy doing handicrafts? We would love to see your projects on exhibit in the Home and Family Arts Open Class exhibit at the Morgan County Fair.

CO-SUPERINTENDENTS - CINDY SAFERIGHT 317-831-6821

KILEY JACKSON 317-834-6367

Needlecraft July 5, 6-9 PM- Attention all needlecraft enthusiasts and lovers of intricate stitching! The Needlecraft Contest is a wonderful opportunity to showcase your talent and creativity in the art of needlework. Whether you specialize in embroidery, cross-stitch, knitting, crochet, or any other needlecraft technique, this contest is the perfect platform to display your skills and craftsmanship.

SUPERINTENDENT -

MARILYN CULLEN 812-597-4117

Air Fryer–

Lesson from Home & Family Conference (continued from last week’s newsletter)



Cooking Tips – Even cooking

- Prevent Overcrowding
 - Make sure meat / food is a single layer.
 - Space so there is room for air to move around the foods.
 - Ovens – place food in the center of oven.
- Halfway Through Cooking –
 - Check the food for even cooking.
 - If food is cooking slightly uneven:
 - Turn food over or
 - Shake the basket



Cooking Tips

- After air frying:
 - ✓ Basket type – remove basket from air fryer drawer before turning food out. If you dump food with basket installed, you will dump the excess grease on your plate.
 - ✓ Plate in drawer type – pull out drawer and lift food out.
 - ✓ Oven type – pull out air fryer rack.

Cooking Tips

- Preheat for 3 minutes.
 - Some air fryers beep at the end of the preheat.
- Lightly **spray** food with oil.
 - Types of sprayers – kitchen spray bottle vs. aerosol spray.
 - Minimal color or flavor difference was noted on breading.



PURDUE
UNIVERSITY

Extension

Vegetable Recipes - Roasted

- Asparagus, Brussel sprouts, corn, potatoes & sweet potatoes
- Coat with a small amount of Olive oil / seasonings or a marinade.
- Cook in air fryer using 350°F - 400°F. until tender with crispy exterior.



Frozen Food Tips

- Some food packages are now including directions for air fryers.
- Converting Package Directions
 - ✓ Temperature – reduce by 25°F. - 50°F.
 - ✓ Timing – Cut the time by 20%. (Check a few minutes before minimum time.)

NOTE: If recipe called for 450°F. for 18 minutes, try 400°F. for 15 minutes.

- Don't forget to preheat before adding food.
- Food is added frozen.



Other tips & tricks

Tips and tricks

- ✓ Air fryers can be used for baking but may require the purchasing of additional equipment
- ✓ Food sticking?
 - ✓ Use non-stick spray or a foil sling
- ✓ Cooking more than one food at once?
 - ✓ Layer protein directly over the veggies

Other Safety Tips

- Plug into an outlet with minimal other electric appliances on the circuit. (Uses 15 amp circuits.) Air fryer and microwave oven can NOT be used at the same time on the same circuit.
- Use potholders.
- Clean appliance after every use.

Baker's Best– Pumpkin

Get your recipe ready! Time to start testing!!

Butterscotch Pumpkin Fudge

1 teaspoon plus 3/4 cup butter or margarine,

divided

3 cups sugar

1 can (5 ounces) evaporated milk

1/2 cup canned pumpkin

1 to 2 teaspoons pumpkin pie spice

1 package (11 ounces) butterscotch chips

1 jar (7 ounces) marshmallow creme

1 teaspoon vanilla extract

1 cup chopped almonds or pecans, toasted



1. Line a 13x9-in. pan with foil. Butter foil with 1 teaspoon butter; set aside. In a saucepan, combine the sugar, milk, pumpkin, pumpkin pie spice and remaining butter. Cook over medium heat until candy thermometer reads 238° (soft-ball stage), stirring constantly.

2. Remove from the heat. Stir in the chips, marshmallow creme and vanilla until smooth. Stir in nuts. Pour into prepared pan. Cool completely.

3. Using foil, lift fudge out of pan. Discard foil; cut fudge into 1-in. squares. Store in an airtight container.

<https://www.tasteofhome.com/recipes/butterscotch-pumpkin-fudge/>

2024 Morgan County Antique Machinery Show

Presented By: Morgan County Antique Machinery Association

Dates: June 21, 2024 - June 24, 2024

Morgan County Fairgrounds 9:00am-5:00pm



You'll find a wide variety of antique tractors, steam engines and more on display. Live demonstrations are scheduled throughout the show, and the event also includes a toy tractor show, swap meet and flea market, and tractor pulls!