Marshall County, The Extension Line

Published by: Marshall County Extension Staff Karen Richey, Health & Human Sciences Educator



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Marshall County Extension Homemakers

Extension



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The Extension Line

Greetings: By the time you get this newsletter summer will be over. Where did it go? I hope you all had a great one. Mine was enjoyable with a visit from my children who set up camp in my back yard the week of July 4th. We did outdoor cooking and worked on starting a pollinator garden. Great family time! I also had a good time helping out at the fair. Thank you to all who helped in any way and to those of you who exhibited in Open Class. A special thank you to Donna Kubacki and Diann Bradley for overseeing the Open Class. In August we had a Hispanic Ladies Night in which the Hispanic Ladies taught us how to make Mexican street corn. It was delicious! We have started planning Holiday Spectacular which will be held November 16 at 6:00 at the Argos United Methodist Church. Save the date. We are also working on the Spring District Meeting. It will be held on March 6 at the Pretty Lake Trinity United Methodist Church. Save that date also. Portia Wampler will be speaking on rug hooking and we have asked someone from David's Courage to speak also, but have not received confirmation from them yet. If you or your club would like some lessons, there are some web lessons listed on page 32 of your club book. These would be great to present at your club meeting. Our next council meeting is Wednesday, October 25 at 9:00 AM at the Extension Office. Please bring your ideas for Holiday Spectacular. Have a great Fall! Sandy

Calendar of Events

October

19- Senior Expo, Plymouth High School 25- Council Meeting 9AM Ext. Office

November

10-Office Closed16-Holiday Spectacular23-24 Office Closed

December

22-Jan 1—Purdue Winter Recess 22-25-Office Closed

January

1— Office Closed 24– Council Meeting

March

6-Spring District Meeting





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Marshall County Melody Makers



The Melody Makers preformed at the Plymouth Farmers Market on August 26th.

The Melody Makers had their annual Open House, hosted by Susan in Argos on September 19th, 2023. There was a main dish and carry in meal to share. Individuals could come in, share a meal and learn more about becoming a Melody Maker of Indiana.



Marshall County Extension Homemakers

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Homemakers and Hispanic Ladies Night

By: Diann Bradley

HOMEMAKERS AND HISPANIC LADIES had meetings on



June 6th with the home-makers serving banana splits and a sundae bar. Barb Peden led a decoupage craft with napkins on jars. There was no meeting in July. On August 1st we met and the Hispanic Ladies showed us how they prepare corn on the

cob by spreading mayo, spices and cheese on the cooked cobs. They also served flan, drinks and corn/bean salad.

Yolanda gave an interesting talk about Mexico and their traditions. Then on Sept. 5th the group met at the B&R building in Argos. Since this event was close to the Labor Day holiday and other conflicts, the Hispanic Ladies could not make



the meeting. The group went ahead with the meeting, serving apple recipes. Ann Bradley had a recycled craft made

out of medicine bottles and decorated with duct tape to make pumpkin faces with painted lids for the stems.





WANT TO IMPROVE YOUR HEALTH ...but short on time ...and lack motivation?

This FREE, email-based walking program has you covered!

Sign up, walk, and get email support.

DETAILS

Starting date: October 2, 2023

You will receive a total of 16 emails – 2 per week for the first month, and 1 per week for the next 8 weeks.

To sign up:

Call 574-935-8545 or Email marshces@purdue.edu

Register by: September 29,2023



WALK TO:

- Reduce risk of obesity, heart disease, diabetes
- Feel energized
- · Add daily physical activity
- · Get social

Take the next step for better health!



For more information or to join us, contact:

Caren Richey, Health and Human Science Iducator, Marshall County krichewsoundue ed



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Marshall County Senior Expo

Thursday, October 19, 2023 8 AM—3 PM at Plymouth High School #1 Big Red Drive Plymouth, IN 46563

Featuring: Free Admission, Free Food, Free Entertainment, Free Health Screenings, Free Transportation for seniors (by appointment), Flu Shots and hundreds of door prizes!

Questions: Please contact 574-936-9904

Photos from Open Class at the Marshall County Fair

By Diann Bradley







UPCOMING NEWS ARTICLES

Please contact the Extension Office at 574-935-8545 or e-mail at khyrczyk@purdue.edu if you have articles or events for our next newsletter. Please have this information to the office by December 15, 2023.

Everyone is encouraged to add something to the newsletter!!

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Walnut Ruaralites

By Diann Bradley

The Walnut Ruralites met on May 23rd with installation of 2023-24 officers. The lesson included an Insta Pot demon-

stration by Barb Peden and Debi Howard making Mac & Cheese, Lemon Curd, and a Hamburger dish. We all got a yummy sample.



On June 27th we were to have a

Picnic in the Park but due to bad weather we changed our location to the B&R building in Argos. We still had a delightful meeting with 10 guests in attendance.



Our July 25th meeting was held at the B&R bldg. which we had our installation of 2023-24 officers (Pres. Barb Peden - VP. Debi Howard - Sec. Janice Cooper - Tres. Ann Bradley - Health & Safety. Lacey DeWitt) and Pat Langfeldt had delicious refreshments.

Camp Elko

By Diann Bradley

Camp Elko was hosted on September 11-12 in Milford, Indiana at Camp Mack.



The ladies and their hats for the hat judging contest at Camp Elko.

Table decorations for the tea party at Camp Elko.





Ann Bradley demonstrating how to decorate a cupcake at Camp Elko.