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## Shopping List

### Meat

- 1 lb boneless, skinless chicken breasts

### Dairy/Refrigerator/Freezer

- 1 cup frozen peas
- 6 large eggs
- 7 tablespoons unsalted butter
- 1/4 cup heavy whipping cream

### Produce

- 5 garlic cloves
- 1 teaspoon crushed fresh ginger or 1/4 teaspoon dried ground ginger
- 1 small onion, finely chopped
- 2 medium carrots, peeled and cut into small dice
- 4 scallions, thinly sliced
- Fresh fruit like strawberries or raspberries for garnish
- 4 cups fresh green beans

### Spices/Baking

- 4 teaspoons sesame oil
- 3/4 cup soy sauce
- 1/4 cup rice vinegar
- 2 tablespoons honey
- 2 tablespoons brown sugar
- Salt and pepper
- 5 tablespoons sesame seeds
- 11 tablespoons soy sauce
- 1 cup granulated sugar
- 4 tablespoons vegetable or canola oil
- 1/4 cup all purpose flour
- 1 cup unsweetened cocoa powder
- 1 cup semi-sweet chocolate chips
- Powdered sugar, to taste
- 4 cups cooked white rice



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