

Welcome to Food, Fun, 4-H - Around the World!

We are so excited you are returning to join the second portion of our program. At any point that you have questions about your box contents or how to do something, please reach out to 4-H Educator, Lesley Lodmell, at 812-275-4623 or lodmell@purdue.edu. We want this to be a fun experience for your family where you learn a little about cooking, different countries and their cultures, and get to enjoy time together.

What to expect in each kit:

Each month, your kit will contain:

- Groceries to make a family meal
- Recipes using the groceries provided
- A family challenge and dinner conversation topics
- A lesson about something from health to kitchen skills
- Reusable Shopping bag



To be eligible for your next meal kit, you will need to complete a quick survey to share two pictures (one of your family preparing one of the dishes and one of a family meal). We will also ask you to briefly respond to each of these statements:

- "I Like..."
- "I wish..."
- "I wonder..."

Answer those quick questions, and you will be able to pick up a meal kit for the next pick up.

Pick Up Details:

- **Location:** Purdue Extension Office; 924 16th Street, Bedford, IN 47421
- **Time:** 11:30am- 6:00pm each pick up day
- **Dates:** (Note, you will have a meal kit for each of these dates)

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|---------------|------------|
| ○ February 27 | ○ April 24 |
| ○ March 27 | ○ May 22 |

***Note: It is important you pick-up on this date or coordinate changes ahead of time, we cannot guarantee fridge space for kits not picked-up.**

Completion of the Program:

If you complete all four Meal Kit activities with your family, you may be eligible for additional incentives.

We want to say a special thanks to the Indiana 4-H Foundation and Premier Ag for making this program possible. We are excited to offer part two of this program in partnership with Lost River Market & Deli.



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