

August Meal Kit Supply List

Meat

- 6 large slices of bacon, about 6 oz

Canned/Jarred

- Optional 1 can mandarin oranges

Dairy/ Refrigerator Section

- 1 single crust pie crust, store bought or homemade (see recipe below)
- 5 eggs
- 1 1/2 cups milk
- 1 1/2 cups grated Swiss cheese, about 6 oz
- 2/3 cup fresh or store-bought orange juice
- 1/3 cup fresh or store-bought lemon juice
- 1/2 cup unsalted butter, frozen
- 1/2 cup heavy cream or buttermilk (plus 2 tablespoons for brushing)

Produce

- 1/2 teaspoon grated orange zest
- 1/2 teaspoon grated lemon zest
- For fruit salad: choose fruit you enjoy and that is available in your area. Fresh or canned fruit may be used.

Spices/Baking

- 2 tablespoons olive oil
- 1/4 teaspoon nutmeg
- 1/3 cup packed brown sugar
- 2 1/2 teaspoons vanilla extract
- 2 1/2 cups all-purpose flour
- 1/2 cup granulated sugar
- 2 1/2 teaspoons baking powder
- Salt and pepper

Shopping List (Optional Items: not included in kit)

For the scones, add-ins and optional ingredients include:

- 1-1 1/2 cups add-ins such as chocolate chips, berries, nuts, fruit, etc
- Optional: 1/2-1 teaspoon ground cinnamon, coarse sugar, and toppings such as vanilla icing, salted caramel, lemon icing, maple icing, brown butter icing, lemon curd, orange icing, raspberry icing, dusting of confectioners' sugar

If making homemade pie crust you will need the following ingredients and omit store bought crust from above.

- 12 tablespoons (1 1/2 sticks) very cold unsalted butter
- 3 cups all-purpose flour
- 1 teaspoon salt
- 1 tablespoon sugar
- 1/3 cup very cold vegetable shortening

If making Sausage Potato Hash, items needed:

- 1 lb Italian sausage
- 3 large potatoes, peeled and cubed
- 1 small onion, chopped
- 1/2 red bell pepper, chopped
- 1/2 green bell pepper, chopped
- 3 cloves of garlic, minced
- 1/4 teaspoon red pepper flakes

