

# LaPorte County 4-H General Record Sheet

Fill out only one record for all 4-H projects\* you complete and turn in with your first project that is checked in. We will return them at project check-out for you to add to your records. Please be sure to also fill out your 4-H record of achievement.

\*Make sure to carefully read the LaPorte County 4-H Handbook for any additional documentation required for a specific project., as some projects have specific record sheets submitted with their project turn-in.



Last Name		First Name	
Year	Grade	Club	

**Projects | List all the projects you have completed this year & rate how well you liked it from 1 (very little) to 5 (a lot). If you need additional space, you can attach it to this page.**

1.		<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
2.		<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
3.		<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
4.		<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
5.		<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
6.		<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
7.		<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
8.		<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
9.		<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5
10.		<input type="radio"/> 1	<input type="radio"/> 2	<input type="radio"/> 3	<input type="radio"/> 4	<input type="radio"/> 5

## Project Reflection & Goal Setting

My favorite project & why | \_\_\_\_\_

\_\_\_\_\_

The easiest project & why | \_\_\_\_\_

\_\_\_\_\_

My least favorite project & why | \_\_\_\_\_

\_\_\_\_\_

I can make my 4-H project better next year by | \_\_\_\_\_

\_\_\_\_\_

My greatest successes in 4-H this year | \_\_\_\_\_

\_\_\_\_\_

How many hours do you typically spend on 4-H Activities each week |

- Less than 1 hour
  1 hour
  2 hours
  3 hours
  4 hours
  5 or more hours

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**Life Skills | Circle ALL the skills you used and/or learned this year through your 4-H projects in the table below.**

<p><b>Head</b></p> <p><u>Thinking</u></p> <p>Learning to Learn Decision Making Problem Solving Critical Thinking Service Learning</p> <p><u>Managing</u></p> <p>Goal setting Planning/Organizing Wise Use of Resources Keeping Records Resiliency</p>	<p><b>Heart</b></p> <p><u>Relating</u></p> <p>Communication Cooperation Social Skills Conflict Resolution Accepting Differences</p> <p><u>Caring</u></p> <p>Concern for Others Empathy Sharing Nurturing Relationships</p>	<p><b>Hands</b></p> <p><u>Giving</u></p> <p>Community Service Volunteering Leadership Responsible Citizenship Contributor to Group</p> <p><u>Working</u></p> <p>Marketable/Useful Skills Teamwork Self-Motivation</p>	<p><b>Health</b></p> <p><u>Living</u></p> <p>Healthy Lifestyle Choices Stress Management Disease Prevention Personal safety</p> <p><u>Being</u></p> <p>Self Esteem Self-Responsibility Character Managing Feelings Self Discipline</p>
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**Life Skills Reflection | List 4 skills along with how you learned or improved that skill. Please try to relate it to a project that you completed.**

Skill | EXAMPLE Goal Setting      Turned in photography project on time following the correct guidelines.

Skill | \_\_\_\_\_

Skill | \_\_\_\_\_

Skill | \_\_\_\_\_

Skill | \_\_\_\_\_

How have the life skills that you have learned in these projects helped you outside of 4-H?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

4-H'er Signature

\_\_\_\_\_

Parent or Leader Signature