

# 2025-26 Educational Lessons

August 27, 2025

Mediterranean Diet Part 3  
presented by Karen Richey

September 24, 2025

Mediterranean Diet Parts 4 & 5  
presented by Karen Richey

\*Please note this double lesson  
will start at 11:00AM.

No lesson for October 2025

November 19, 2025

Preparing for Emergencies  
presented by Brittney Schori

No lesson for December 2025

January 28, 2026

Empower Me to be Clutter Free  
presented by Shannon Shepherd

February 25, 2026

House Plants  
presented by Emily Kresca

March 25, 2026

Vegetable Gardening  
presented by Emily Kresca

April 22, 2026

Effective Communication  
presented by Emily Crist

May 27, 2026

Pollinator Gardening  
presented by Emily Kresca

June 24, 2026

Smartphone (Android & iPhone) Session 1  
presented by Shannon Shepherd



All educational lessons  
will be held at the  
Home & Family Arts  
Building at the  
Kosciusko County  
Fairgrounds.

All lessons will begin  
at Noon.

To register for these  
lessons, call the  
Extension Office at  
574.372.2340.



Mind



Body



Spirit