

September 2023 Newsletter

200 E Brown, St.
P O Box 365
Vernon, IN 47282

Phone: 812-352-3033
Fax: 812-352-3040

Hours:
Monday - Friday
8 a.m. - 4 p.m.

Find us Online:

Website:

www.extension.Purdue.edu/Jennings



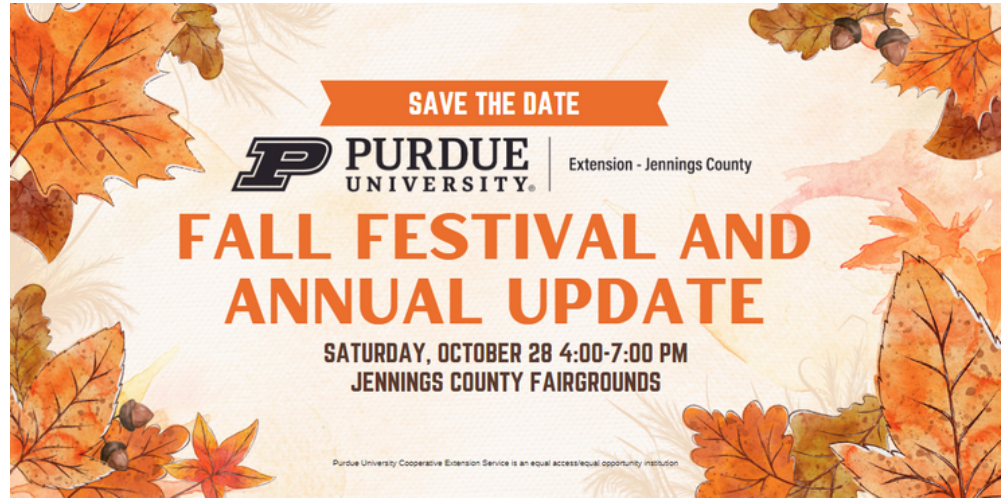
Purdue Extension-Jennings County



@purdueextensionjenningscounty



@JenningsCoExt



Jennings County Staff



Deidre Wagster
Health and Human Sciences
dwagster@purdue.edu

Jeff Walker
Community Wellness Coordinator
wake526@purdue.edu

Emily Georgi
Nutrition Education Program Advisor
egeorgi@purdue.edu

Emily Peterson
Agriculture and Natural Resources
epeterson@purdue.edu

Rebekah Barger
4-H Youth Development
County Extension Director
bargerr@purdue.edu

Stacey Lane
Office Manager
lane155@purdue.edu

Hello, I am Emily Peterson, the new Ag and Natural Resource Educator through Purdue Extension in Jennings County. I am a recent graduate from Purdue University, with a degree in Horticulture Landscape Design and minors in Turf Management and Agribusiness. I grew up in Hamilton County where I was a ten year 4-H member where I completed over 100 projects and enjoyed showing livestock. Over the last year I have served as the ANR Educator for Tipton County where I enjoyed working in agriculture within Extension. When looking to move down south to be closer to friends and family I was excited to be able to continue my passion for agriculture and Purdue Extension. I am very excited to learn more and create relationships and partnerships in Jennings County.



September 4-H Newsletter Jennings County 4-H

2023



Dear 4-H Families & Volunteers,

Fall is approaching, there is so much to look forward to, like Halloween, Pumpkin Spice, and most importantly, 4-H ENROLLMENT!! The 4-H enrollment window will be October 1, 2023 through January 15th, 2024. Why is it important to enroll for 4-H in October? Although the fair is a blast, Jennings County 4-H is more than just the fair. There are all kinds of activities youth can get involved in prior to the fair! Jennings County has great clubs to join where you can meet new friends and engage in community events. Enrolling early will allow you receive updates about upcoming events within the 4-H Program!

Sincerely,
Rebekah Barger
4-H Youth Development Educator



State & County Fair Projects

Please have all State & County Fair Projects by September 8th!

Join Junior Leaders!

Are you a 7-12th grader looking to join a club of local ambassadors of the 4-H Program. Develop leadership skills to guide others to accomplish shared goals. Build confidence, creativity, and life skills, in leadership and resiliency. The Junior Leader Club is a great talking point in an interview and on a professional resume. While having fun, youth will also get the opportunity to immerse themselves in community service, team building, and leadership.

Can you find the four H's hidden in the 4-H newsletter?



HEAD



HEART



HANDS



HEALTH

Important Dates

September

6 Barefoot Bandits Meeting

10 JC Riders End of Year Awards

11 Livestock Committee Meeting
6:00 pm @ Jennings County Public Library

11 4-H Council Meeting 7:00 pm
@ Jennings County Public Library

14 Shining Stars Meeting

30 Dog Club Fun Show

October

2024 4-H Enrollment Opens!

28 Purdue Extension Fall Festival and Annual Meeting

31 Sweet Street 5-8pm

Jennings County 4-H

September
2023



Club Meetings & Events

- **Barefoot Bandits 4-H Club :**
 - September 6, 6:00pm Muscatatuck County Park
- **JC Riders Horse and Pony Club - End Of Year Awards**
 - September 10th 6:00 pm
- **Junior Leaders**
 - September 13th 6:00pm FPBH (Float Decorating & Meeting)
- **Shining Stars 4-H Club**
 - September 14th 6:00pm Jennings County Public Library
- **Dog Club Fun Show :**
 - September 30, Check-In 8:00am, Show begins at 8:30am
Jennings County Livestock Arena

**FOLLOW OUR
FACEBOOK PAGE FOR
MORE UPCOMING
IMPORTANT DATES!**

Jennings County 4-H Throwbacks

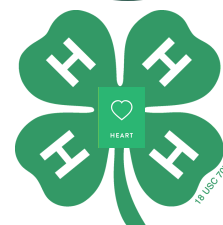


Jennings County 4-H

September
2023

2024 Jennings County Fair

The 2024 Jennings County Fair will be held June 10-15. A more detailed schedule will be sent out in the coming months as we plan for the upcoming year



4-H Endowment

Donate a tax deductible gift to the 4-H Endowment through the Jennings County Community Foundation. These funds are used for annual scholarships and trips like 4-H Academy, 4-H Round-up, Southeastern Indiana 4-H Camp, Citizens Washington Focus Trip and more. How to donate:

- Online by visiting: www.jenningsfoundation.net -> Click "Make a Donation" -> Enter Amount -> Select Program or Specific Fund: "4-H Endowment Fund" -> Click "Donate" -> Enter Payment information
- Stop by or mail in donations to
111 North State Street
North Vernon, IN 47265

Make Checks payable to "Jennings County

Community Foundation" with "4-H Endowment Fund" in the memo.



Hats & Tumblers for Sale

Hats are \$20.00 each and the proceeds support the 4-H Council. Tumblers are \$25.00 each and the proceeds support the 4-H Livestock Committee. Both the hats and tumblers can be purchased at the extension office.



Front Back

What Does Your ANR Educator Do/ Introduction



Purdue University is a Land Grant University in West Lafayette, IN. Every state has at least one Cooperative Extension Service that is a part of Land Grant Universities. Extension can be found all over the United States and not just in Indiana. Each county in Indiana has an extension office that is a part of the Cooperative Extension Service branch of Purdue University. Purdue Extension Jennings County is located in the government annex building behind the courthouse in Vernon.

So back to the big question, what is an ANR Extension Educator and what do they do? I'll start by breaking down the acronym. ANR stands for Agriculture and Natural Resources. Essentially, anyone that has a question that relates to agriculture and natural resources can call or visit the extension office. As the ANR Extension Educator, I will do my best to answer your question and have countless connections I reach out to that can help provide answers. There are some similar questions that I get quite often like, "Do you know what insect this is?" "What plant is this?" "There is something strange going on with my lawn, can you come to take a look?" or "I would like to get my soil tested, where should I start?" Some questions have immediate answers, whereas others may take more time and some research to get to the answer. As your ANR Educator, I am happy to visit your land to investigate an issue you may be dealing with. I am also happy to assist you in learning the process of soil sampling and how to interpret the results as they can sometimes be tricky to understand. I enjoy answering any questions you might have about agriculture and natural resources.

Not only do ANR Educators answer questions, but also provide programs and classes in the area. These classes include Private Applicator Recertification Programs, vegetable gardening, animal management, parasite management, forestry, and many others. These classes can help you make the most out of your land and help steer community members in the direction of success.

In our office, we not only have an ANR Educator, but also a Health and Human Sciences Educator, 4-H Youth Development Educator, Community Wellness Coordinator, and a Nutrition Education Program Advisor. There is always something happening at the extension office. To learn more, you can find us on Facebook at Purdue Extension – Jennings County to see what events are coming up. You can also find us on the web at <https://extension.purdue.edu/county/jennings/index.html> As mentioned in the newsletter above I am a recent Purdue Graduate in Horticulture Landscape Design with minors in Turf Management and Agribusiness. I love gardening and have tons of house plants.

I have been in Purdue Extension for the last year, so I am excited to get started programing. In Tipton County I helped manage a Master Gardener group which I enjoyed and would love to get started here, if there is interest. I love working in schools and plan on partnering with other program areas to bring a wide variety of programing.

Feel free to call, email, or stop by to say hi as I continue to get to know people in Jennings County.

September Garden Calendar

Lawns, Woody Ornamentals, and Fruits

Fall is a good time to plant many container-grown or balled-and-burlapped nursery stock. Prepare a good-size planting hole wider than the ball, but plant at the same depth it grew in the nursery and water thoroughly. Mulching will help protect against large fluctuations in soil temperature and moisture.

Do not be alarmed if your evergreens, particularly white pine and arborvitae, drop some older needles. All evergreens shed needles at some time, but not all at once as deciduous plants do.

Harvest apples, pears, grapes, and everbearing strawberries and raspberries. For most fruits, flavor is the best indicator of ripeness, although color change also can be a good indicator. However, pears are best ripened off the tree, and grapes change color long before they are fully flavored, so sample the fruit to be sure.

Remove raspberry canes after they bear fruit.

Clean up fallen fruits, twigs and leaves around apple (including crabapple) and other fruit trees to reduce disease and insect carryover.

To promote the lawn's recovery from summer stress, apply high-nitrogen fertilizer at the rate of 0.5-to-1-pound actual nitrogen per 1,000 square feet. More information on lawn fertilization is available at https://mdc.itap.purdue.edu/item.asp?item_number=AY-22-W

Reseed bare spots or new lawns using a good-quality seed mixture. Seeding in late summer allows the turf to maximize its establishment and rooting prior to the next summer's heat and drought. For more information, see <http://purdueturftips.blogspot.com/2014/08/start-seeding-cool-season-turf-now.html>

September and October are appropriate months to apply broadleaf weed killers to the lawn. Be sure to follow all label directions and choose a calm day to prevent spray drift.

Indoor Plants and Activities

Prepare storage areas for overwintering tender flower bulbs and garden produce.

Thanksgiving (or Christmas) cactus can be forced into bloom for the Thanksgiving holidays. Provide 15 hours of complete darkness each day, for instance, from 5 p.m. to 8 a.m., for approximately eight weeks. Keep temperature at about 60-65 degrees F. Temperatures of 55°F will cause flower buds to set without dark treatment.

Dig and repot herbs, or take cuttings, for growing indoors over winter.

Store leftover garden seed in a cool, dry place. A sealable jar with a layer of silica gel or powdered milk in the bottom works well.

Bring houseplants moved outside for summer indoors before night temperatures fall below 55°F. Gradually decrease light to acclimate the plants and help reduce leaf drop. Check and control insects and diseases before putting these plants near other houseplants.

Poinsettias saved from last year can be re-flowered for this year's holiday by providing complete darkness for 15 hours daily from about Oct. 1 until about Dec. 10

References:

<https://www.purdue.edu/hla/sites/yardandgarden/july-garden-calendar/>



September Garden Calendar Continued

Flowers, Vegetables, and Small Fruits

Dig onions and garlic after tops fall over naturally and necks begin to dry.

Plant radishes, green onion sets, lettuce and spinach for fall harvest.

Thin fall crops, such as lettuce and carrots, that were planted earlier.

Harvest crops such as tomatoes, peppers, eggplants, melons and sweet potatoes before frost, or cover plants with blankets, newspaper, etc., (but not plastic) to protect them from light frost.

Mature green tomatoes can be ripened indoors. Individually wrap fruits in newspaper, or leave them on the vine, pulling the entire plant out of the garden. Store in a cool location – about 55-60°F.

Harvest winter squash when mature (skin is tough) with deep, solid color, but before hard frost. Some cultivars will show an orange blush when mature.

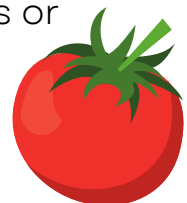
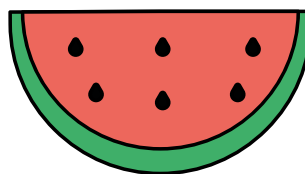
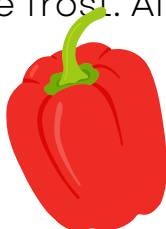
Plant, transplant or divide peonies, daylilies, iris and phlox only if you can apply irrigation during dry spells.

Save plants such as coleus, wax begonias, impatiens or fuchsia for indoor growing over winter. Dig plants and cut them back about halfway, or take cuttings of shoot tips, and root them in moist vermiculite, soil mix or perlite.

Watch for garden chrysanthemums to bloom as days grow shorter. Some may have bloomed earlier this summer, which will decrease the number of fall blooms.

Plant spring-flowering bulbs beginning in late September. Planting too early can cause bulbs to sprout top growth before winter. However, allow at least four to six weeks before the ground freezes for good root formation.

Dig tender bulbs, such as cannas, caladiums, tuberous begonias and gladiolus, before frost. Allow to air dry, and store in dry peat moss or vermiculite.



Ag & Natural Resources

September
2023

Jennings ANR Services


Soil Sample and Testing:

Jennings Co. Extension Office offers soil sample bags and test forms for sample submission. We have a soil probe available to borrow. Office hours are Monday-Friday, 8am-4pm



Plant and Bug Identification:

If you need a plant, weed, or bug identified, bring it to our office and Rebekah Barger, our ANR Educator, should be able to assist you with that. Please call ahead at 812-352-3033 to make sure Rebekah is in the office and available to assist you. You can always take some photos of the specimen and email those to Rebekah for ID as well at bargerr@purdue.edu



Jennings County Extension now offers

FECAL EGG COUNTS



WHAT IS A FECAL EGG COUNT?

- A quantitative assessment and identification of the number of parasite eggs an animal is shedding at the time of sample collection

WHY SHOULD I GET A FECAL EGG COUNT ON MY LIVESTOCK?

- Fecal Egg Counts assess your livestock's parasite burden and target the parasite your livestock might be suffering from at the time of collection.

SAMPLE COLLECTION INSTRUCTIONS

- Use gloves to collect a fresh sample of feces from your livestock. The sample should still be both moist and soft. It should be collected and turned into the office no more than 6 hours from the time of defecation
- Collect at least 1/2 cup or 4oz. of feces and place in a clean ziplock bag.
- Label the bag with the species of livestock that the sample came from and the animal's identification.

Cost: \$10

LET'S REDUCE ANTIPARASITIC RESISTANCE!

Ag & Natural Resources

September
2023

Upcoming PARPs

SCOTT, LAWRENCE, AND CRAWFORD COUNTY AREA 2 PARP -
SOUTHEAST DISTRICT

DATE/TIME

Date(s) - 11/08/2023

6:00 p.m. to 8:00 p.m. EST

CONTACT INFO

Name: Tom Springstun

Title: ANR Educator

Phone: 812-752-8450

Email: tsprings@purdue.edu

LOCATION

Scott County Fairgrounds

District: Southeast

County: Scott

Address: 527 W. Old State Road 62

Levenworth, IN 47137

EVENT DETAILS

This program is repeated in Lawrence County and Crawford County.

Only 1 program will receive credit.

2023 OISC Rule REvision FAQ's, Restricted Use Pesticide Requirements
for Commercial and Private Applicators; OISC Update; Weed Control in
Corn and Soybeans for 2023 and 2024



2023 IBEP
Performance Tested
Bull Sale

MORE BULL FOR YOUR BUCK
Performance Tested, Ranch Ready
Saturday - October 14, 2023 • Springville, Indiana

LiveAuctions.TV
Indiana Beef Evaluation Program
1117 State Road 458 • Bedford, IN 47421 • 812-279-4330
<https://ag.purdue.edu/departments/ansc/ibep/index.html>

Visitors
welcome
at anytime!

National Fruit & Veggie Month–September

We celebrate our favorite plants this month, fruits & veggies! National Fruits & Veggies Month is the perfect time to think about how to add more fruit and vegetables to your plate. We're encouraging you to have a plant at every meal for better health and happiness! That's right, eating more fruits and veggies improves your mood!



**SEPTEMBER IS NATIONAL
FRUITS & VEGGIES
MONTH** #NFVM2023 #haveaplant

Every Time You Eat, Have A Plant® ...

- **Half Your Plate.** Fill half your plate with fruits and veggies at every meal and snack.
- **Add More.** Add extra fruits and vegetables to dishes, even if they already contain/call for them in the recipe.
- **Substitute.** Substitute fruits & veggies in any meal – they're lower in calories than many other foods.
- **Stay Stocked.** Always stock frozen and canned fruits & veggies for quick meal prep. Choose canned fruit and vegetables without added sugar, syrup, cream sauces, or other ingredients that will add calories.
- **Steam & Flavor.** Steamed vegetables make great sides. Add flavor with low-calorie or low-fat dressings and herbs and spices.
- **Grab & Go.** Always have fresh fruits and vegetables in easy-to-grab places (a fruit bowl, sliced in the fridge, trail mix)

For more information, check out: www.fruitsandveggies.org/NFVM

Suicide Awareness Month–September

September is recognized as National Suicide Prevention Awareness Month.

According to Psychology Today, suicide is a difficult topic, but silence can have tragic results.

It's important for everyone to remember that suicide's reach goes far beyond the individual who is having suicidal thoughts and even actions. Those around them – family, friends, co-workers, neighbors, associates, etc. – are impacted as well. In addition, while a suicidal person may not directly ask for help, that doesn't necessarily mean they don't want help. So, what can someone do to help?



Continue reading by scanning the QR Code or visit
<https://bit.ly/PUSuicideAwareness2023>

Health & Human Sciences

SEPT
2023

ServSafe Food Manager

****Upcoming Training****

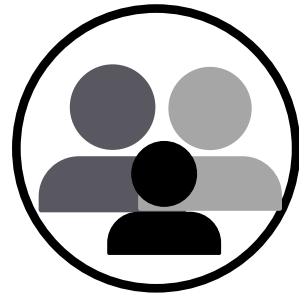
Tuesday, September 26, 2023

Purdue Extension Office

Registration 8:15 AM

Training begins at 8:30 AM

Exam immediately following



Please see flyer below for more details. Register online by September 18th.

Registration link: <https://cvent.me/24O7z0>

Boys & Girls Club Market2Go

Our second Market2Go with the Boys & Girls Club of Jennings County youth was held on July 21st. Over \$2200 of produce was sourced this month from local growers and markets!

Thank you to all of our partners and volunteers that helped make this event another success!

Our next Market2Go is Friday, September 22nd. If you are a local producer or an Extension volunteer that would like to support this youth program, please contact Deidre by September 8th.



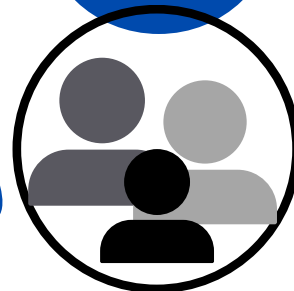
Thank You to our August Market2Go Local Partners!!

**Clark's Berry Farm
Gatrell Family
McCowan's Market
NexGen**

**Ray Spicer
Redmond Produce
Vojkufka Greenhouse**

Get Walk IN

Fall is a great time to walk more! Whether you need additional motivation or need motivation to get started, Purdue Extension has a free email based program to help you. We have our next Get WalkIN' starting on October 16. Contact the office to join at 812-352-3033 or email Deidre at dwagster@purdue.edu.



PURDUE EXTENSION GET WALKIN' PROGRAM

Reading Made Fun- Volunteers Needed for 2023-2024!!!

READING MADE FUN VOLUNTEER TRAINING

.....
Nov. 29 10 AM
Extension Office

Contact Deidre
for more info!

We are reading in all JCSC, St. Mary's, and CC-NV Kindergarten classes as well as OVO Head Start again this year!!! That's over 17 classrooms each month and we are needing to increase our reading volunteer pool to support our efforts. If you are interested in reading during the months of December to May, please contact our office. Background checks and minor safety training will be required.

Purdue Fast Start

Purdue University is empowering students to direct their own futures through the free Purdue Fast Start Program, which makes higher education more affordable for all. If you would like to learn more about this opportunity for your high school aged student, please contact us today!

- Complete 5-10 free online courses & CLEP exams
- Secure assured admission to Purdue as a Klinsky Scholar
- Earn up to a year's worth of free Purdue credits

INDIANA STUDENTS CAN EARN

FREE

ASSURED

ADMISSION

PURDUE
FAST START PROGRAM

Nutrition Education Program Updates

Hi all!

Did everyone feel the cool weather of fall teasing us recently? I don't know about you, but it has me looking forward to more time in the afternoon, around fires, and enjoying the leaves. We still have to wait for that, especially with a couple weeks of 90 degree weather but I'm looking forward to it. For now, let's take advantage of the awesome produce flooding our kitchens and get creative!

Here's an update of what has and will be happening with the Nutrition Education Program in Jennings County recently:

1.Data for Doers is this month! This is a chance for Jennings County residents to hear a review of the state of health in our community. Connections IN Health is a statewide group that has been working with our office and other local partners. The meetings are scheduled for Tuesday, September 19th 5-7pm at the Jennings County Public Library and Thursday, September 21st 12-2pm at the North Vernon Main Street office. Look for the flier in the newsletter!

2.Our Food as Medicine program has begun! From 2020-2022 we have operated our Produce Prescription program with the Jennings County Farmers market. This year we switched to a meal kit model and changed the program name to Food as Medicine! Deidre Wagster, Emily Georgi, and myself are all tag-teaming to offer the program to participants.

3.The City of North Vernon submitted an application for Next Level Trails Round 4 funding! If awarded, the funding would be used to build out a trail from the North Vernon Post Office to the north side of the City Park. Thanks to everyone who wrote a letter of support or provided ideas while I worked with the City on the application. We'll know the final decision in December!

4.September's Walk with a Doc will be held on Friday, September 8th at 4pm at Tripton Park in North Vernon. Come join Dr. Jen Stanley and Dr. Dashrath Gautam to hear about the health topic of the month and enjoy a walk with others.

5.Emily Georgi officially joined the Purdue Extension team as a Nutrition Education Program Advisor (NEPA). Emily has been one of our awesome summer interns the last couple of years and we're so excited to have her join the team. Once she's trained, Emily will teach nutrition classes in Jennings & Decatur Counties! Glad to have you on the team Emily!

If you're interested by this work or know someone who is, contact our office or email me at jeffwalker@purdue.edu. Many groups in our community are looking for people willing to work to Jennings County a healthier place. I'd be happy to connect you with one of those efforts!

Healthfully yours, Jeff Walker



August Community Connections

Boys & Girls Club of Jennings County Market2Go- Aug. 18th

This was the second of twenty-five Market2Go events thanks to the IDOH grant awarded to Jennings to address health issues and challenges.

Around 50 youth participated in this month's event with over \$2200 of local goods sourced for the program.

We offered a demonstration of a simple roasted butternut and acorn squash with just oil, salt and pepper. It was a hit with the club kids!

Food As Meds

The first of eight sessions kicked off on August 23rd at the Community Building. Participants learned about goal setting and created SMART goals.

Each session will have a cooking demonstration and meal kit for participants to take home and practice what they learned. So far meals kits included a roasted tomato tortellini, oven-fried chicken parmesan, turkey pinwheels and a savory twist on a traditional chicken salad recipe. Thank you to the Schneck Foundation and Jennings County Community Foundation for funding this program!



MARKET2GO farmers market experience grower





ServSafe Food Manager 1-Day Class & Examination

Hosting County: Jennings County

Date: Tuesday, September 26, 2023

ServSafe educates food service workers about food safety.

ServSafe Food Protection Manager is their highest certification. It satisfies Indiana requirements to become a Certified Food Protection manager and focuses on five aspects:

- Foodborne microorganisms and allergens
- Personal hygiene
- Purchasing, receiving, and storage
- Preparing, cooking, and serving
- Facilities, cleaning/sanitation, and managing pests

The full 1-day training includes a manual and proctored exam. You must score 70 percent or greater to earn the certificate. The certification is valid for five years. A photo ID with signature is required to take the exam (driver license, state ID, student ID, military ID, employee ID, U.S. green card, or valid passport).

For more information contact: Deidre Wagster
dwagster@purdue.edu or 812-352-3033

Register at Cvent online: <https://cvent.me/2407z0>



Registration Deadline: 9/18/2023

Street Address:
Jennings Co. Government Center
200 E. Brown Street, Suite 201

City: Vernon

State: Indiana Zip: 47282

Training, Manual & Proctored

Exam: \$165

Manual & Proctored Exam: \$115

Proctored Exam: \$65

Registration Time: 8:15 am

Training Time 8:30 am

Exam Time: Immediately following the
class (~4:30PM EST)

If taking just exam only, please arrive by 4PM EST

Health & Human Sciences

SEPT
2023

JENNINGS CO.

DATA FOR DOERS

Click or scan the QR code to register for the date that is best for you!

September 19
5-7pm

Jennings County
Public Library



OR

September 21
12-2pm

North Vernon
Main Street



The Connections IN Health team heard from people who live, work, and play in your community about successes and challenges relating to health.

Join us to hear a summary of

- what was learned
- what local groups and project leaders are doing
- how YOU can get involved



This project was funded, in part, by grants U54HL000036, U54SD000025, and/or R01OT000261 from the Centers for Disease Control and Prevention and with support from the Indiana Clinical and Translational Sciences Institute (ICTSI), in part, by grant number UL1TR000559 from the National Institutes of Health, National Center for Advancing Translational Sciences, Clinical and Translational Sciences Agency.

walk[®]with a DOC

Jennings

Date: Friday, September 8th, 2023

Time: 4pm

Location: Tipton Park

(502 S. Madison Ave., North Vernon, IN 47245)

More Info



Join Dr. Jen Stanley and Dr. Dashrath Gautem for a fun time to walk, learn about health, and meet people.

The event is **FREE** and all are welcome!



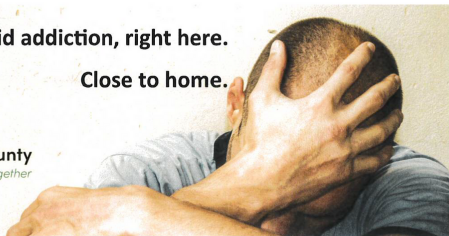
Extension - Nutrition
Education Program

Questions?
Jeffwaker@purdue.edu
(812) 352-3037

We are a local chapter of an international 501(c)3. Learn more at walkwithadoc.org

Get help for opioid addiction, right here.

Close to home.



Recovery is possible. We can help.

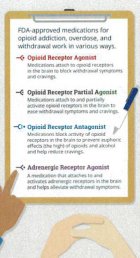
Schneck, Indiana Health Centers, Health Jackson County and our partners are proud to offer access to life-saving medication treatment to help patients start their recovery process today, regardless of insurance type. This program will also help with other challenges, like counseling, applications for insurance, homelessness, hunger, and more. Patients don't have to do this alone. Providers can recommend MOUD (MAT) treatment to be a path to recovery.

- Medication access for treatment
- Counseling
- Community Health Worker
- Emergency Shelter

MEDICATIONS FOR OPIOID OVERDOSE, WITHDRAWAL, & ADDICTION

Medications for opioid overdose, withdrawal, and addiction are safe, effective and save lives.

The National Institute on Drug Abuse supports research to develop new medicines and delivery systems to treat opioid use disorder and other substance use disorders, as well as other complications of substance use, including withdrawal and overdose, to help people choose treatments that are right for them.



Questions? Contact:

Schneck Jackson Park
812.522.1613

Ext 20233

Fax: 812-522-6694

Indiana Health Center
812.524.8388

Peer Recovery Coach
812.927.0983

This program made possible through a grant from the Indiana State Opioid Response Grant.

Program partners:



NORTH VERNON MAIN STREET PRESENTS
THE 2ND ANNUAL



5K REGISTRATION

\$30

1-MILE

\$20

5K RUN & WALK

1-MILE FUN WALK

SATURDAY
SEPTEMBER 16TH

DAY-OF REGISTRATION:
6:00-6:45 PM

RACE START: 7:00PM

AFTER-PARTY: 8:00PM

**SCAN TO
PRE-REGISTER**



DOWNTOWN NV

MAIN STREET PARKING LOT,
NORTH VERNON, IN 47265

MUSIC GLOW STICKS FOOD BEER GARDEN

**MONEY RAISED WILL GO TOWARD A YOUTH MURAL PROJECT IN
DOWNTOWN!**