

August 2023 Newsletter

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Vernon, IN 47282

Phone: 812-352-3033
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Hours:
Monday - Friday
8 a.m. - 4 p.m.

Find us Online:

Website:

www.extension.Purdue.edu/Jennings



Purdue Extension-Jennings County



@purdueextensionjenningscounty



@JenningsCoExt



We still have state fair tickets available at the Extension Office! If you haven't picked any up yet, be sure to stop in the office to grab a few for your family. Don't miss out on all of the fun the Indiana State Fair has to offer!

Jennings County Staff



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Agriculture and Natural Resources



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Stacey Lane
Office Manager
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Shelby Davis, daughter of Chuck and Vi Davis, was selected to be one of this year's Indiana 4-H Ambassadors. Shelby and her fellow ambassadors will be promoting 4-H at the Indiana State Fair as well as other events over the next several months.





Dear 4-H Families & Volunteers,

We are extremely excited to announce that our new 4-H Youth Educator position was offered and accepted by Rebekah Barger (our now former ANR Educator)!! When Rebekah joined the Jennings Extension team 2 years ago, it was clear she had a passion for engaging and providing agriculturally based programming to youth here in Jennings County. She now has the opportunity to continue just that, but with a larger scale of programming to offer our youth!

Please join us in congratulating Rebekah on her new adventure with Purdue Extension and her move across the office hall!



WELCOME to 4-H



Important Dates

August

21 State Fair Project Check-out at the Indiana State Fairgrounds

September

6 Barefood Bandits Meeting

30 Dog Club Fun Show

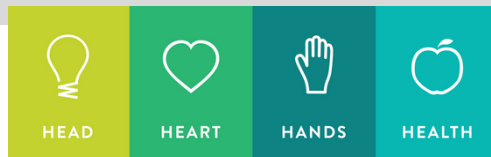
October

2024 4-H Enrollment

Opens!

28 Purdue Extension Fall Festival and Annual Meeting

Can you find the four H's hidden in the 4-H newsletter?



Jennings County 4-H

August
2023

Club Meetings & Events

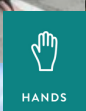
- **Barefoot Bandits 4-H Club :**
 - September 6, 6:00pm Muscatatuck County Park
- **Dog Club Fun Show :**
 - September 30, Check-In 8:00am, Show begins at 8:30am Jennings County Livestock Arena



**FOLLOW OUR
FACEBOOK PAGE FOR
MORE UPCOMING
IMPORTANT DATES!**

2023 Junior Leaders Achievement Trip

Several junior leaders had a fun filled trip to Gatlinburg TN! They went zip lining, horseback riding, go karts, Wonder Works, Ober Gatlinburg, Dolly's Stampede, and fun at the cabin. Special thank you to J.C. Travel Unlimited-Kelly Kent for helping us to plan our trip, our club leaders and to all the chaperones!



Jennings County 4-H

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4-H Livestock Auction Checks

Livestock Auction Checks are in the mail for youth that participated in the 2023 4-H Livestock Auction. Your buyer list is enclosed with the check. If you have not already thanked your auction buyer, please make sure to do so ASAP!

4-H Endowment

Donate a tax deductible gift to the 4-H Endowment through the Jennings County Community Foundation. These funds are used for annual scholarships and trips like 4-H Academy, 4-H Round-up, Southeastern Indiana 4-H Camp, Citizens Washington Focus Trip and more. How to donate:

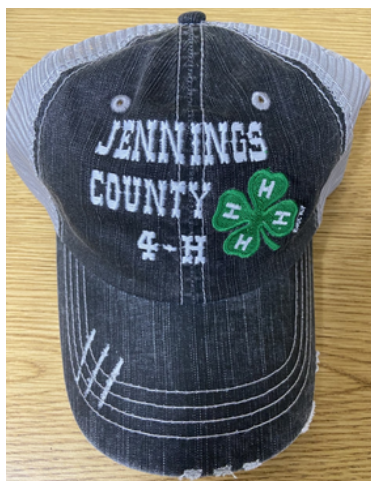
- Online by visiting: www.jenningsfoundation.net -> Click "Make a Donation" -> Enter Amount -> Select Program or Specific Fund: "4-H Endowment Fund" -> Click "Donate" -> Enter Payment information
- Stop by or mail in donations to
111 North State Street
North Vernon, IN 47265

Make Checks payable to "Jennings County Community Foundation" with "4-H Endowment Fund" in the memo.



Hats & Tumblers for Sale

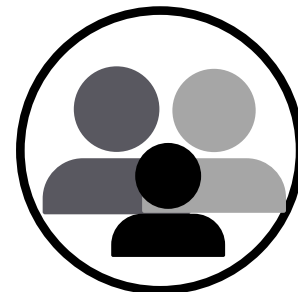
Hats are \$20.00 each and the proceeds support the 4-H Council. Tumblers are \$25.00 each and the proceeds support the 4-H Livestock Committee. Both the hats and tumblers can be purchased at the extension office.



Front Back

Food As Meds (Medicine)

We're looking for adults that are interested in learning more about how to manage their overall health through their food choices. Food As Meds is an eight week program with classes starting August 23rd!!



Participants will receive education on nutrition and wellness, have Q & A time with local health providers and receive food demonstrations for their FREE weekly meal kits to then practice at home. More info on the flyer below. Space is limited!

If interested, please complete the eligibility survey to participate at:

<https://bit.ly/2023FoodAsMedicine>

Boys & Girls Club Market2Go



Our first Market2Go with the Boys & Girls Club of Jennings County youth was held on July 21st. Over \$1700 of produce was sourced from local growers for this first of five events for 2023.

Thank you to all of our growers and volunteers that helped make this first event a success!

Our next Market2Go is Friday, August 18th. If you are a local produce grower that would be interested in selling your goods to us for the program, please contact Deidre by August 7th.

Thank You to our July Market2Go Local growers!!

Clark's Berry Farm
Claudia Juraskovich
Gatrell Family
Hines Family

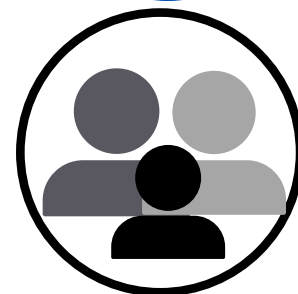
NexGen
Ray Spicer
Redmond Produce
Vojkufka Greenhouse

Pressure Canner Gauge Testing



Canning season is among us!
It's time to have your pressure canner gauge tested for accuracy.

Deidre offers this service for \$5.00 per gauge and a waiver must also be signed.



Connections IN Health

There is still time to hear from YOU, Jennings County! As listening sessions conclude in the next couple of weeks, the Connections IN Health team will be analyzing data collected. The summary of successes and challenges identified by community members will be shared at two upcoming events called Data for Doers. These events will be held in person and via zoom.

**Data
For
Doers**

**September 19, 2023 5-7pm
September 21, 2023 12-2pm.
See flyer below with QR Codes to register.**

If you are interested in talking with the team, register for Data for Doers or for more information on the project, statewide coalitions and initiatives, please visit <https://indianactsi.org/community/initiatives/> or contact Karen Hinshaw at kdhinsha@iu.edu

ServSafe Food Manager



****Upcoming Training****
Tuesday, September 26, 2023
Purdue Extension Office
Registration 8:15 AM
Training begins at 8:30 AM
Exam immediately following

Please see flyer below for more details. Register online by September 18th.

Registration link: <https://cvent.me/24O7z0>

Nutrition Education Program Updates

Hi all!

Wow – it seems like July has flown by! I think I could use another month in the middle of the year. My wife and I finally had a chance to make it to the Jennings County Farmers Market (whew it’s been a busy year) and we’re officially in what Clarence Wullenweber said he calls “Glutton Season”! We were able to find so many great produce items and restocked on honey. And of course, everyone’s favorite – sweetcorn – is definitely here so go check out the market!

Here’s an update of what has and will be happening with the Nutrition Education Program in Jennings County recently:

1. The City of North Vernon is applying for Next Level Trails Round 4 funding! If awarded, the funding would be used to build out a trail from the North Vernon Post Office thru the City Park and it follow Hoosier St., Pierce St., and sidewalk on the west and north sides of the City Park.
2. Emily Georgi officially joined the Purdue Extension team as a Nutrition Education Program Advisor (NEPA). Emily has been one of our awesome summer interns the last couple of years. Once she’s trained, Emily will teach nutrition classes in Jennings & Decatur Counties! Glad to have you on the team Emily!
3. August’s Walk with a Doc will be held on Friday, August 11th at 4pm at Tripton Park in North Vernon. Come join Dr. Jen Stanley and Dr. Dashrath Gautam to hear about the health topic of the month and enjoy a walk with others.
4. The Health Issues & Challenges Grant is off and running! In February, eight local organizations found out we had received over \$250,000 to create programs, pay staff, by equipment, and feed families from the Indiana Department of Health. The first of those programs, the Market 2 Go experience at the Boys & Girls Club just kicked off! Look for more information in Deidre’s newsletter update!
5. The Summer Walks 2 Jennings summer walking social is winding down! For the second year in a row, the summer walk series is happening for 8-weeks through the beginning of August. With two weeks left there is still time to enjoy the walks! Learn more on the Summer Walks 2 Jennings facebook page or by calling our office!

If you’re interested by this work or know someone who is, contact our office or email me at jeffwalker@purdue.edu. Many groups in our community are looking for people willing to work to Jennings County a healthier place. I’d be happy to connect you with one of those efforts!

Healthfully yours, Jeff Walker



July Community Connections



Boys & Girls Club of Jennings Co. - July 21st

This was the first of twenty-five Market2Go events for the next three years thanks to the IDOH grant awarded to eight organizations here in Jennings County to address health issues and challenges.

Youth had the opportunity to earn a \$15 voucher to spend at the farmer's market experience arranged by Purdue Extension.

Produce and proteins were purchased from local growers through the IDOH grant funds. Over \$1700 of goods were purchased for this event, a wonderful variety of veggies, fruit, beef, sausage and eggs. Each item had a fact sheet from Purdue Extension's Food Link website, providing tips on storage, preparation and a recipe to try out.

Any leftover produce was then used for other activities planned with the club kids the following week.

Youth have the opportunity to earn extra "bucks" for future events by completing a physical activity challenge. Club parents also have an opportunity to earn extra "bucks" by volunteering their time for the club.

The next event will be held on August 18th for the club's youth.





Food As Meds

We're looking for adults interested in learning more about how to manage their overall health through their food choices.

Wednesdays starting August 23, 2023 11am-1pm

Participants will be asked to:

- Complete an eligibility survey to register
- Attend eight 2 hour classes
- Answer pre- and post-surveys about content covered during the program

Participants will receive:

- Education on nutrition and wellness
- Food demonstrations and weekly meal kits to practice at home
- Q&A time with local health providers

Space is limited.

Registration required.

Scan QR Code below or go to
<https://bit.ly/2023FoodAsMedicine>
to register by August 15th.



Extension - Jennings County



Contact the Purdue Extension-Jennings office at 812-352-3033 or email Jeff at walke526@purdue.edu with questions.

JENNINGS CO.

Click or scan the QR code to register for the date that is best for you!

DATA FOR DOERS

September 19
5-7pm

*Jennings County
Public Library*



OR

September 21
12-2pm

*North Vernon
Main Street*



The Connections IN Health team heard from people who live, work, and play in your community about successes and challenges relating to health.

Join us to hear a summary of

- what was learned
- what local groups and project leaders are doing
- how YOU can get involved





ServSafe Food Manager 1-Day Class & Examination

Hosting County: Jennings County

Date: Tuesday, September 26, 2023

ServSafe educates food service workers about food safety.

ServSafe Food Protection Manager is their highest certification. It satisfies Indiana requirements to become a Certified Food Protection manager and focuses on five aspects:

- Foodborne microorganisms and allergens
- Personal hygiene
- Purchasing, receiving, and storage
- Preparing, cooking, and serving
- Facilities, cleaning/sanitation, and managing pests

The full 1-day training includes a manual and proctored exam. You must score 70 percent or greater to earn the certificate. The certification is valid for five years. . . A photo ID with signature is required to take the exam (driver license, state ID, student ID, military ID, employee ID, U.S. green card, or valid passport).

For more information contact: Deidre Wagster
dwagster@purdue.edu or 812-352-3033

Register at Cvent online: <https://cvent.me/2407z0>



Registration Deadline: 9/18/2023

Street Address:
Jennings Co. Government Center
200 E. Brown Street, Suite 201

City: Vernon

State: Indiana Zip: 47282

Training, Manual & Proctored

Exam: \$165

Manual & Proctored Exam: \$115

Proctored Exam: \$65

Registration Time: 8:15 am

Training Time 8:30 am

Exam Time: Immediately following the
class (~4:30PM EST)

If taking just exam only, please arrive by 4PM EST

walk[®] WITH a DOC Jennings

Date: Friday, August 11th, 2023

Time: 4pm

Location: Tripton Park

(502 S. Madison Ave., North Vernon, IN 47265)

More Info



Join Dr. Jen Stanley and Dr. Dashrath Gautem for a fun time to walk, learn about health, and meet people.

The event is **FREE** and all are welcome!



**Ascension
Medical Group**



**PURDUE
UNIVERSITY**

Extension - Nutrition
Education Program

Questions?

Jeffwaker@purdue.edu
(812) 352-3037

We are a local chapter of an international 501(c)3. Learn more at walkwithadoc.org