

June 2024 Newsletter

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Phone: 812-352-3033 Fax: 812-352-3040 Hours: Monday - Friday 8 a.m. - 4 p.m.

Find us Online:

Website:

www.extension.Purdue.edu/Jennings



Purdue Extension-Jennings County



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Jennings County Staff



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Stacey Lane Office Manager lane155@purdue.edu

WELCOME TO THE TEAM!



Susan Davis and Rachel Treadway joined the Purdue Extension - Jennings County office in May as the 2024 Summer Assistants. Susan and Rachel were each 10 Year 4-H members, Susan in Jennings County and Rachel in Bartholomew County. They will be assisting with all things 4-H and other Extension programming.

June 4-H Newsletter

Jennings County 4-H

June 2024



Dear 4-H Families & Volunteers,

We've made it! Fair Time is here! Below you will find information pertaining to fair week events and other events throughout the rest of the month. This newsletter will not include a complete list of information you may need for fair week so please refer to your 4-H Handbooks as well as any mailings you may have received.

All the best, Rebekah Cartwright 4-H Youth Development Educator

Office Closure Friday, June 7th-16th

Beginning Friday, June 7th through Sunday, June 16th, our office at the government annex building will be closed due to fair preparation and the Jennings County Fair. We will return to the office on Monday, June 17th

YQCA Reminder - Please Complete ASAP

If you plan to exhibit Beef, Dairy, Goats, Poultry, Rabbits, Sheep, or Swine and have not yet completed Indiana 4-H Quality Livestock Care (IQLC) <u>or</u> Youth for the Quality Care of Animals (YQCA), then you must complete the web-based YQCA training. **This was due to our office on May 24th.** Once you have completed the web-based YQCA training please email your certificate to Stacey at lane155@purdue.edu as soon as possible. Visit https://yqcaprogram.org to complete the training. Mini 4-H'ers exhibiting in mini livestock showmanship classes are not required to complete either training. If you have questions, please contact our office at 812-352-3033.

Calling All Volunteers

We are still in need of volunteers for fair preparation, static judging, and fair week. If you are able to assist, please contact our office.

- Community Building Set-Up, Thursday, June 6th beginning at 4 PM
- Static Project Check-In & Judging, Saturday, June 8th 9:30 AM 12 PM
- Community Building Hosts for Monday, June 10th and Friday, June 14th
- Community Building Clean Up, Monday, June 17th following project check out
- Jr. Leader Food Stand Shift Coverage during fair week

Highway 3 Construction During The Fair

State Road 3 construction continues. Please be patient and cautious as you and your family travel to and from the fairgrounds. Prior to and during fair week, you will be able to access the fairgrounds from the south soft closure as well as 500 North (county road between fairgrounds and Sand Creek Elementary). You will **not** be able to access the fairgrounds on State Road 3 from the north. After June 15th, work will begin south of 500 North, and you will no longer be able to access the fairgrounds on State Road 3 from the south. The hard closure on State Road 3 from the north will remain. We will continue to provide updates as they are received from the Dave O'Mara Contractor, Inc. Project Manager.

Important Dates

June

- 3 Zenas Livewires and Plowboys 6:30 pm
- 4 Dog Club 6 pm
- 6 Tractor Club 6 pm
- 6 Community Building Set Up 4 pm
- 7 Extension Office Closed For Fair Prep
- 7 Mini 4-H & Early Project Check-In 5-7pm
- **7** Cat Show 6:30pm
- **7** BBQ Contest 5pm
- 8 Static Project Check-In & Judging 10-12pm
- **8** Livestock Check-In (check schedule)
- 9 Livestock Check-in (check schedule)
- 13 Fashion Revue 4:30pm
- 13 Grooming Demonstration 5pm
- 13 Goat Milk Production Contest 6pm
- 15 Livestock Check-out & Barn Clean Up 9am
- 15 Livestock & 10 Year/Senior Awards 5:30pm
- 17 Static Project & Jr. Leader Awards 6pm
- 17 Static Project Check-out & Clean Up (following awards ceremony)
- 18 Dog Club Practice 6pm
- 21 Tractor & Zero Turn Contest 6pm
- 22 Dog Show 9:30am
- 24-26 Junior Leader Completion Trip

Jennings County 4-H

June 2024

State Fair Static Projects

If you have a static project selected for the State Fair and would like the extension office to transport your project to the State Fair we will keep the project at the Extension Office until it returns from State Fair. Based on transport space, there may be projects that we request families transport to the State Fair themselves. This eliminates the need for you to return your project to the Extension Office later this summer. Some projects are an exception (Cake Decoration, Food, Garden, etc.). Or if you would like to make improvements to your projects based on the judge's suggestions from the county fair, you may improve and then return to the extension office before State Fair Transport. The Extension Office will provide more information regarding when the projects need to be returned to the office for State Fair Transport.

FOLLOW OUR
FACEBOOK PAGE FOR
MORE UPCOMING
IMPORTANT DATES!

4-H Rocks!

Each Day at the fair, there will be rocks with a 4-H Clover emblem hidden around the fairgrounds. Attached to the rock will be a slip of paper that you must turn in with the rock to the livestock office to receive points for finding the rock. Whoever finds the most rocks will receive the most points. The 4-Her with the most points wins the prize provided by the Jennings County Farm Bureau!



Free Breakfast for 4-Hers

4-Hers all of your hard work pays off around fair time when you get to show your projects to all of the community to see! This year, New Bethel wants to reward 4-Hers for all of their hard work by giving them a free pancake for breakfast for any 4-H member each morning at the fair!



Static Project Schedule

Friday, June 7th:

3:00 pm - BBQ Project Set-Up @ the Pavilion

5:00 pm - BBQ Project Judging

5:00 pm-7:00 pm - Mini 4-H & Early Project Check-in @ The Community Building

6:00 pm - Cat Show Registration @ Livestock Show Arena

6:30 pm - Cat Show @ Livestock Show Arena

Saturday, June 8th:

9:30 am-10:00 am - Junior Leaders Project Open Judging @ Community Building 10:00 am - 12:00pm - Open Project Judging @ Community Building



Livestock Members: Refer to your Livestock Schedule for specific Check-In Times

Can you find the four H's hidden in the 4-H newsletter?



Jennings County 4-H

June 2024

Award Ceremonies

4-Hers please be aware that there will be an awards ceremony before the Auction at 5:30 PM. The awards include but are not limited to 10-Year 4-H Awards, Farm Bureau Tenure Awards, Scholarships, Livestock Herdsmanship, etc. Please be sure to attend this event so that you can be present to accept the award.

There will be an awards banquet for Static Project Exhibitors and Junior Leaders on Monday June 17th at 6:00 PM at the Community Building.

Outstanding 4-H'er Award

The 4-H Council would like to honor two Outstanding Jennings County 4-H'ers who have contributed the most to the 4-H Program in the county. These individuals must exhibit leadership qualities, please complete this application and return it to the Livestock Office by Wednesday, June 12. There is no grade requirement to apply for this award. Nominations are made by the member or another person. This will be presented at the Awards Banquet on Monday, June 17th. If you would like an application, please contact the extension office or ask a Jennings County Extension Staff Member for an application.

Bob Amick Award

Each Junior Leader is encouraged to apply for the Bob Amick Award. It can only be received one time. Junior Leaders must have completed two years in the Junior Leaders Club. The award must be applied for and applicants may be interviewed if necessary. The award consists of a plaque and a monetary award in the amount of \$100.00 and will be presented at the Awards Banquet on June 17th. Please return your application by Wednesday, June 12. If you would like an application, please contact the extension office or ask a Jennings County Extension Staff Member for an application.

4-H Fair Events

Sisters Floral

Showmanship**

*presented by Purdue Extension **Mini 4-H Showmanship follows

6pm

4-H Swine Barrow Show/

Open Showcase Featured Demo

Button Making & Crafts with JCPL

	Daily Events		Daily Events
Wednesday, May 29		Wednesday, June 12 (Kiddie Day!)	
9am-2pm	Mini 4-H Day Camp (Comm. Bldg)	9am	4-H Sheep Show/Showmanship**
	*\$5.00 fee for enrolled Mini members	1-5pm	Open Showcase Featured Demo
	*\$10.00 for Non-members		Puppy Pillow Making
Friday, June 7		2pm	4-H Dairy Show/Showmanship**
5-7pm	Mini 4-H project Check-In (Comm Bldg.)	2pm	Reading Made Fun* (Open Showcase)
5-7pm	Early 4-H Project Check-In. (Comm. Bldg.)	3pm	Grilled Cheese Cook Off* (Pavilion)
брт	4-H Cat Show Registration (Livestock Arena)	5pm	4-H Beef Heifer Show
6:30pm	4-H Cat Show (Livestock Arena)	5-9pm	Open Showcase Featured Demo
Saturday, June 8			Make It, Take It Sewing Event
9-11am	Open Showcase Project Entry	77pm	4-H Beef Market Show/Showmanship**
	(Open Showcase is open to all residents	Thursday, J	une 13
	in Jennings Co. of all ages!)	8am	English, Driving, Mini Show, and
10am-Noon	4-H Project Check-In & Open Judging		Contesting Horse Show
	(4-H grades 3-12) (Comm Bldg.)	9am	4-H Llama Show/Showmanship**
Noon	Open Showcase Closed Judging	4:30pm	4-H & Open Showcase Fashion Revue
5-7pm	4-H Lama & Alpaca Check-In		(Community Building)
7-8:30pm	4-H Swine Check-In	5pm	4-H Goat Grooming Demonstration
Sunday, June 9		5-7pm	Open Showcase Featured Demo
10am-Noon	4-H Beef, Dairy, & Horse Check-In		Food Preservation
Noon-3pm	4-H Goat, Rabbit & Sheep Check-In		Old School Butter Churning
2-4pm	4-H Poultry & Turkey Check-In	6pm	4-H Goat Milk Production Contest
Monday, June 10		6:30pm	4-H Supreme Showmanship Contest
8am	4-H Rabbit Show/Showmanship**	7-9pm	Open Showcase Featured Demo
3pm	4-H Dairy Goat Show/Showmanship**		Dessert Demonstration
5pm	4-H Meat Goat Show/Showmanship**	Friday, June	<u>: 14</u>
	& Pygmy Goat Show	4:30pm	4-H Auction Buyer Registration
5-7pm	Open Showcase Featured Demo	5-6pm	4-H Auction Buyers Dinner (Pavilion)
	More then Just Soap	5-9pm	Open Showcase Featured Demo:
5-9pm	Open Showcase Cakewalks		Southeast Indiana Woodturners
7pm	4-H Meat Goat Show	5:30pm	4-H Livestock Awards
7-9pm	Open Showcase Featured Demo	6pm	4-H Livestock Auction
	3D Printing	Saturday, Ju	
Tuesday, Jur		9am-Noon	Livestock Check Out & Clean-Up
Sam	Halter, Showmanship, and Western	9-10am	Open Showcase Project Release
0	Horse Show		
9am	4-H Poultry & Turkey Show/		Post Fair 4-H Events
	Showmanship**		
3:30pm	4-H Swine Gilt Show	Monday, Ju	
5-7pm	Open Showcase Featured Demo	6:00pm	4-H Award Banquet

6:45pm

6:00pm

Friday, June 21

Saturday, June 2

4-H Project Check-Out

4-H Tractor Club Contest

4-H Dog Show: Livestock Arena

Everyday Events

4-H Projects Viewing Community Building: Mon.-Fri. June 10-14: 5pm-9pm Wed. June 12: 1pm-9pm

Open Showcase Building:

Farmers in the Making:

Mon.-Fri. June 10-14: 5pm-7pm Wed. June 12: 1-3pm

Open Class Project Viewing & Rock the Bike: Mon.-Fri. June 10-14: 5pm-9pm

Wed. June 12: 1pm-9pm
Blend yourself a healthy smoothie on Brenda the

Blend yourself a healthy smoothle on Brenda the Blenda Bikel Stop by the Junior Leaders' Food Stand to purchase your smoothle mixers, then head on over to the Open Showcase building to Rock the Bikel









Ag & Natural Resources

June 2024

End-of-School Programs

We wrapped up the Chicks In The Classroom program during the last week of school! All of Jennings County Public School 2nd graders participated in the program during this school year. Students learned about chicken embryology through experience and seeing first had how a chicken develops in an egg! Each school enjoyed this program and are excited to grow and continue the program in years to come!





Jennings County 3rd grade students participated in Field Day put on by the Jennings County Soil and Water Office! The students participated in stations such as water quality, wetlands, forestry, wildlife, and pollinators. Purdue Extension Jennings County's ANR educator presented on wetlands and representatives from Jennings County Farm Bureau spoke on water quality.



Important Dates:

June:

June 10-14th
 Farmer's In The
 Making will be
 present in the Open
 Showcase building
 at the Jennings
 County Fair

July:

- July 18th Purdue
 Fruit and Vegetable
 Field Day @ Purdue
 MIGS Ag Center
- July 25th Purdue Small Farm Education Field Day @Purdue Student Farm

August:

27th @ 4 SEPAC
 Field Day @ SEPAC

Ag & Natural Resources

Jennings ANR Services

Soil Sample and Testing:

The Jennings County Extension Office offers soil sample bags and test forms for sample submission. We have a soil probe available to borrow. Office hours are Monday-Friday, 8am-4pm.



Plant and Bug Identification:

If you need a plant, weed, or bug identified, bring it to our office and Emily Peterson, our ANR Educator, will assist you. Please call ahead at 812-352-3033 to make sure Emily is in the office and available. You may also email photos of the specimen to Emily at epeterson@purdue.edu for ID.



Extensior

Jennings County Extension now offers

FECAL EGG COUNTS



WHAT IS A FECAL EGG COUNT?

 A quantitative assessment and identification of the number of parasite eggs an animal is shedding at the time of sample collection

WHY SHOULD I GET A FECAL EGG COUNT ON MY LIVESTOCK?

 Fecal Egg Counts assess your livestock's parasite burden and target the parasite your livestock might be suffering from at the time of collection.

SAMPLE COLLECTION INSTRUCTIONS

- Use gloves to collect a fresh sample of feces from your livestock. The sample should still be both moist
 and soft. It should be collected and turned into the office no more than 6 hours from the time of
 defecation
- Collect at least 1/2 cup or 4oz. of feces and place in a clean ziplock bag.
- · Label the bag with the species of livestock that the sample came from and the animal's identification.

Cost: \$10

LET'S REDUCE ANTIPARASITIC RESISTANCE!

Ag & Natural Resources

Upcoming PARPs and Events

There are no upcoming PARP events at this time in Southern Indiana, please reach out to Emily if you are in need of receiving credit during this time. There will be more PARP events in the future so be on the lookout. If you need to receive your Pesticide Applicators Licenses, Emily can provide you with information on the process.



Check out the Purdue On The Farm YouTube for a bi-weekly crop and weather update: https://www.youtube.com/@PurdueOnTheFarm

Visit -

https://ag.purdue.edu/department/hla/extension/publications-and-newsletters.html or search HORTICULTURE EXTENSION NEWSLETTERS to get signed up for topics such as gardening, fruit, lawncare, flowers, weed and insects, and much more. Most newsletters are a simple weekly or biweekly email that discusses what growers are seeing across Indiana at the current time. This helps growers of all sorts know and identify any issues they are having in their own landscape. If you are having trouble getting signed reach out to ANR Educator for help.



College of Agriculture

Publications & Newsletters

Purdue Agriculture, 615 Mitch Daniels Blvd., West Lafayette, IN 47907-2053 USA, (765) 494-8392

Purdue University

JUNE 2024

Food As Medicine

We're looking for adults interested in learning more about how to manage their overall health through their food choices in this eight week health series.

Participants will receive education on nutrition and wellness, food demos and weekly meal kits to practice at home, and Q&A time with local health providers.

The series will be Thursdays starting July 18 at the CSL Clubhouse from 4-6pm.

If you are interested in this program, please scan the QR code below to complete the interest survey!

Safe Sitter Program

Our partners at the Schneck Foundation are providing a program to teach safe babysitting and life skills to youth entering grades 6-8. Please refer to the flyer for more details about the Safe Sitter Program!

ServSafe Food Manager

Upcoming Training
Tuesday, July 16, 2024
Purdue Extension Office
Registration 8:15 AM
Training begins at 8:30 AM
Exam immediately following

Registration link: https://cvent.me/XRoGy9





Extension - Jennings County







June is Men's Health Month

MEN'S HEALTH MONTH

Awareness. Prevention. Education. Family.

www.menshealthmonth.org





MancHaaltk

https://bit.ly/2024MensHealth



2024 Training & Exam Dates
Tuesday, July 16
Tuesday, September 10
Tuesday, November 19





Deidre Wagster: dwagster@purdue.edu



Safe Sitter Program 2024

The goal of the Safe Sitter program is to teach safe babysitting and life skills to children entering grades 6-8. Instructors provide tips to make sitters more confident caregivers. They teach safety and security precautions, such as what to do if a stranger comes to the door, and when and how to call for help. They give information on child development and suggest age-appropriate activities to entertain children and keep them safe. The program gives students hands-on practice in basic life-saving techniques so sitters are prepared to act in a crisis. This course also teaches life and business skills including screening jobs, setting fees, and greeting future employers.

Topics instructed include:

- Safety Skills
 - · indoor safety · outdoor safety
 - · online safety · personal safety
- First Aid Skills
 - injury prevention injury management
 - · choking rescue
- Child Care Skills
 - · child development · child care routines
 - · behavior management

This program is instructed by Schneck healthcare professionals specially trained for this program.

If you have any questions, please call 812-523-4773 or 812-524-4244.

Safe Sitter Program

- · One-day training program
- 8:00 am 4:00 pm

Who can attend?

Children entering grades 6-8

When is it?

Offered in 4 locations

Jackson County:

June 7, 8, 14, 21, 22, 28

July 12, 13, 20

Scott County: June 15

Jennings County: June 1, July 19

Washington County: June 29

Class size is limited.

Register online at

SchneckMed.org/events





Boys & Girls Club Market2Go

Boys and Girls Club of Jennings County's May Market2Go was a success! Youth tried asparagus, both raw and roasted and learned how to make an easy veggie omelet in the microwave that makes a simple, healthy meal for anytime of day. They received a recipe packet to try out at home that also included tips on building a healthy salad with a homemade ranch dressing recipe and food safety tips for fresh and frozen goods.

This program is made possible thanks to an Indiana Department of Health Health Issues & Challenges grant to help address food insecurity and obesity in Jennings County.

Thanks again to our local growers and producers that participate. An extra thanks to the club staff, volunteers and 4-H JR Leaders for your support this evening!



Thank You to our May Market2Go Local Partners!!

Armand's Harper Valley Farm
Gatrell Family
Maschino Family Farm
McCowan's Market
NexGen

Pollert's Produce
Ray Spicer
Redmond Produce
VanAntwerp's Farm Market
Vojkufka Greenhouse

Community Wellness Coordinator

Hi all!

We're jumping into summer with both feet with this hot, sunny weather in Jennings County! I know we're looking forward to tomatoes, zucchini, cucumbers, watermelon, and more in the coming months at our house! Here's a quick summary of what's going on with the Nutrition Education Program in Jennings County:

- 1. **The Summer Walks 2 Jennings summer walks are here again!** We will be starting this year's round of the famous walking socials on Tuesday, June 18th at 7pm. Walks will be held most Tuesdays and Thursdays at 7pm and Saturdays at 8am. Call if you'd like more info!
- 2. **Brenda the Blenda Bike is returning to the Jennings County Fair!** The fun blender bike experience is returning to the Open Showcase building at the Jennings County Fair Monday, June 10th to Friday, June 14th from 5pm-9pm.
- 3. Help with the mobile pantry distribution at the CSL Clubhouse. If you are looking for an opportunity to volunteer this summer, please join the folks at the Boys & Girls Club of Jennings County CSL Clubhouse and Gleaners to place boxes of food into peoples' vehicles. If you have more questions, feel free to call.
- 4. The Jennings County Food Security Coalition is planning a Poverty Simulation! The Jennings County Food Security Coalition has selected August 19th to host a Poverty Simulation. Stayed tuned for more details and let us know if you'd like to volunteer!
- 5. June's Walk with a Doc will be held on Friday, June 14th at at 4pm. Come join Dr. Jen Stanley to hear about the health topic of the month and enjoy a walk with others. We'll be outdoors at Tripton Park unless if the weather is good. If that is the case, we will host the walk at the Vernon Gym to avoid any bad weather!

If you're interested by this work, please contact our office or email me at <u>jeffwalker@purdue.edu</u>. Many groups in our community are working on these efforts and are looking for volunteers!

Healthfully yours, Jeff Walker





Nutrition Education Program Advisor

Hi everyone!

I an excited to announce that I have a summer nutrition series happening at the **Boys and Girls Club** locations here in Jennings County! This series will be with the 3rd graders at both **North Vernon Elementary School** and **Country Squire Lakes**. These lessons will start on **Tuesday, June 4th** and continue on Tuesdays and Thursdays until **Thursday, July 25th**. With morning classes at Country Squire Lakes and afternoon classes at North Vernon Elementary School, I hope to give the students knowledge on physical activity, healthy foods vs. "junk" foods, choosing snacks low in sodium and high in fiber, healthy beverages, and how to reduce screen time. Just like any other lesson I teach, these ones will include a food demonstration and tasting. This means that the students will also learn valuable kitchen skills in addition to information within the lessons!

Would you like your child or family to learn about some of these topics? Or maybe you'd like to learn about something else, like regulating weight gain or weight loss? Reach out to me via email, **egeorgi@purdue.edu**, or call the office at **(812) 352-3033**. I offer a wide range of class lessons, including ways to get your picky eaters to eat, how to better afford groceries, or how to make smart choices when eating fast food. If you are unsure of your eligibility for SNAP (formerly named food stamps), I can help you find out if you are eligible. I would love to set up a one-on-one class for you or your family!



Purdue Extension Nutrition Education Program



@PurdueNEP







