



Virtual 4-H Fashion Revue Guidelines

How a person presents personal, individual style is a form of expression and includes clothing (what has been made and how it is accessorized), grooming, facial expression and body movement.

The purpose of the 4-H Fashion Revue activity is to develop an understanding of personal presentation in public situations with regard to clothing, accessories and grooming. In 2020, while taking into consideration social distancing guidelines, each 4-H sewing member who would like to participate in Fashion Revue will create a short video (between 1-2 minutes) in length. We would highly recommend modeling in front of a mirror and/or with a member of your family to be sure you are comfortable before videotaping.

The video should allow the judge or audience to view you from head to toe without zooming in too closely.

- 1) Please start by walking slowly and naturally toward the camera with your eyes on the camera. Your walk tells a great deal about you. It reveals shyness or confidence, carelessness or pride in appearance. Please be sure to smile. Stop with your feet in a "T" position (see diagram) and pause. Following a brief pause, continue modeling for the camera.
- 2) There are many ways to move including turns you can make as you are modeling your garment(s). When turning, you should turn slowly so that person viewing the video can see all angles of the outfit from head to toe. Make the turn in a way that seems the most natural to you.
- 3) Please pause for several seconds to show both the back and front view of your garment(s). You may also pause with your side facing the camera if you feel you need to.
- 4) Please be sure to walk, turn and pause several times. This will mean walking toward and away from the camera. We know that this may seem awkward, but it is your opportunity to show others what you have made and how proud you are to wear it!
- 5) To assist you in feeling less awkward modeling to a camera, we suggest the playing of soft music in the background, though this is not a requirement.

Half-turn – begin with your feet in a "T" position (see diagram), slightly lift your heels and pivot in the direction of the back foot. Pause. Pivot back to the original position. Your toes never leave the floor while turning. By sliding the forward foot behind the back foot, you can reverse the position of the "T." You can change the direction of your movement by turning halfway and walking from there.

Full-turn – begin with your feet in the "T" position. With your weight on your back foot (see diagram), lead with the forward foot and take a small step by placing one foot in front of the other; pivot around on the balls of your feet in the direction of your back foot; pull the heel of the front foot into the other foot and pause. To complete the turn, take a small step with the front foot; step around with your back foot, then pivot so you are again facing the camera and pull your heel in. When stepping out to start walking, lead with the front foot.

T Position



Front

Back