

## February 2023 Newsletter

Purdue Extension Jennings County Office 200 E Brown, St. P O Box 365 Vernon, IN 47282 Phone: 812-352-3033 FAX: 812-352-3040 Hours: Monday - Friday 8 a.m. - 4 p.m. www.extension. Purdue.edu/Jennings



#### Program Assistant

The Extension Office is accepting applications for the Extension Program Assistant . Details about the part time position can be obtained by contacting Rebekah Barger.



### It's not to late, there's still time! Enroll in 4-H today! https://v2.4honline.com



Purdue Extension Jennings County

Purdue Extension Jennings County



PurdueExtJenCo

#### Jennings County Staff



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2022 Purdue Extension-Annual Report

Purdue Extension is your educational partner for life. The 2022 Impact Report shows how Extension delivers practical, research-based information and events for Indiana's residents in agriculture and natural resources, health and human sciences, and community development, and trains tomorrow's leaders through Indiana 4-H Youth Development. https://bit.ly/PuExt2022ImpactReport

**PURDUE** UNIVERSITY

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At Purdue University, we are empowering students to direct their own futures through the FREE Purdue Fast Start Program, which makes higher education more affordable for all. Learn more at:

https://www.admissions.purdue.edu/purduefaststart/

PURDUE FAST START

# January/February Jennings County 4-H

## Dear 4-H Families & Volunteers,

Although the enrollment window ended January 15th, current and new 4-H members/volunteers may still enroll via 4-H Online. Please remember if you selected to pay in person using cash or check to due so as soon as possible. If you need help or have questions about enrollment please call us at 812-352-3033.

### Handbook:

New 4-H members/volunteers may pick up a complete handbook and returning 4-H members/volunteers may pick up handbook revisions from the Extension Office beginning Monday, February 13, 2023. Handbooks and revisions will be given out one per family.

### Indiana 4-H Quality Livestock Care (IQLC):

Registration through 4-H Online is now open. Please see the enclosed flyer on page 2 regarding who is required to attend & the dates offered in Jennings Co.

### Livestock Schedule:

Please see page 8 of the newsletter to find the 2023 Livestock Schedule. Please keep this on hand so you have the dates for animal ID, fair check-in, and shows for the species you plan to exhibit at the fair.

### Project Manuals:

Project manuals for the projects you have selected in 4-H online can be picked up from the extension office. Not every project requires a new manual each year so you may want to contact the office before coming to pick your manuals up.

As always, please let us know if you have any questions or need assistance.

Best, Baylee Dwenger 4-H Youth Development Educator



### Important Dates

<u>February</u>

13- 6:00pm Livestock Committee
Meeting @ Jennings Co. Public Library
16- 6:00 SE IN 4-H Camp Junior
Director & Counselor Training
24-5:00-7:00pm Beef & Dairy ID @
Fairgrounds

**27-6:00pm** 4-H Council Meeting @ Jennings Co. Public Library

### <u>March</u>

1- Southeastern IN 4-H Camp Registration Opens
13- 6:00pm Livestock Committee Meeting @ Jennings Co. Public Library
20- 6:00-7:00pm Indiana Quality
Livestock Care (IQLC) Training @ Jennings Co. Public Library
24-5:00-7:00pm Beef & Dairy ID
Day @ Fairgrounds
27-6:00pm 4-H Council Meeting @ Jennings Co. Public Library

### <u>April</u>

10- 6:00pm Livestock Committee Meeting @ Jennings Co. Public Library
20- 6:00-7:00pm Indiana Quality Livestock Care (IQLC) Training @ Jennings Co. Public Library
22- 9:00am SE IN 4-H Camp Jr. Staff Training (Details in Jr. Staff letter)
24-6:00pm 4-H Council Meeting @ Jennings Co. Public Library
29- 9:00-11:00am Dairy Goat, Meat Goat, and Sheep ID @ Fairgrounds

## Jennings County 4-H PURDUE UNIVERSITY. Extension - Indiana 4-H

## INDIANA 4-H QUALITY LIVESTOCK CARE

To exhibit **BEEF CATTLE, DAIRY CATTLE, SWINE, SHEEP, MEAT GOATS, DAIRY GOATS, POULTRY,** and **RABBITS**, 4-H members must be certified through the Indiana 4-H Quality Livestock Care training **OR** the online Youth for the Quality Care of Animals program (YQCA).

- 1. This certification must be done on an annual basis
- 2. Members must be registered BEFORE attending a training
- 3. Members may attend any training dates listed on this flyer OR a training in another county OR complete the online YQCA training

#### **Training Dates**

6:00pm Monday, March 20

6:00pm Thursday, April 20

8:00am Saturday, May 20

### **Training Locations**

Jennings County Public Library

Jennings County Public Library

Jennings County Fairgrounds Livestock Show Arena

\$3.00 fee per 4-H Member may be paid by cash or check at the event or prior to the event in the Jennings County Extension Office.

To register for the Indiana 4-H Quality Livestock Care program, please use <u>https://v2.4honline.com.</u>

Those planning to be certified through the YQCA program, will register at <u>www.yqcaprogram.org</u> and will present their completion certificate to their 4-H Educator.



If you need to request special accommodations, please contact the Extension office



Purdue University is an equal opportunity/equal access/affirmative action institution.

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## Jan/Feb Jennings County 4-H

## Southeastern Indiana 4-H Camp

4-H Camper registration will open March 1st. Southeastern Indiana 4-H Camp is an over night camp experience at Higher Ground Conference and Retreat Center, for anyone in grades 3-12. Camp activities include hands on educational experiences, crafts, recreation, and more. Youth from Brown,

Dearborn, Decatur, Jefferson, Jennings, Ohio, Ripley, and Switzerland Counties attend the SE IN 4-H Camp. This means there is plenty of opportunity to meet new people and make friends from around the area. Camp dates are as follows...

- Junior Directors, Group Leaders, and Counselors will report to camp on Monday, June 5
- Counselors in Training and Campers will report to camp on Tuesday, June 6
- All Junior Staff and Campers are picked up on Friday, June 9

The camp fee for Jennings County 4-Hers is \$55 per person. Fees must be paid to the Extension Office by May 15th. You can sign up to attend 4-H Camp by visiting 4-H Online, navigating to the events tab, selecting "2023 Southeastern Indiana 4-H Camp", then answering the questions as you are prompted.

## **Club Meetings & Events**

- Barefoot Bandits: Meeting March 1, 6:00pm @ JC Public Library • Meeting - April 5, 6:00pm @ JC Public Library
- Beef Club: Meeting February 21, 6:00pm @ JC Public Library Room 1
  - Tagging February 24, 5:00-7:00pm @ JC Fairgrounds
  - Meeting March 28, 6:00pm @ JC Public Library Room 1
  - Meeting April 25, 6:00pm @ TBD
- Dog Club: Meeting February 21, 6:00pm @ ETC Elsner Hall
- Meeting February 28, 6:00pm @ ETC Elsner Hall
  - Meeting March 7, 6:00pm @ ETC Elsner Hall
- JC Riders: Meeting & Horse Nutrition February 9, 6:00pm @ Goins Auction Barn Vaccine Clinic & Open Ride - February 21, 6:00pm @ Goins Auction Barn
- Junior Leaders: Meeting February 9, 6:00pm @ JC Public Library Room 1
- Meeting March 9, 6:00pm @ Extension Office Government Center, Upstairs Conference Room • Llama Club: Craft & Meeting - February 11, 11am-1pm @ JC Public Library
- Muscatatuck Mud Puppies: Meeting February 14, 6:00pm @ New Bethel Global Methodist Church
  - Meeting March 14, 6:00pm @ New Bethel Global Methodist Church
  - Meeting April 11, 6:00pm @ New Bethel Global Methodist Church
  - Meeting May 9, 6:00pm @ New Bethel Global Methodist Church
- Tractor Club: Meeting February 22, 6:00pm @ SEPAC
  - Meeting March 29, 6:00pm @ JC Public Library Room 1
  - Meeting April 26, 6:00pm @ TBD

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- Practice May 3, 6:00pm @ Dave & Jenny Vogel's
- Zenas Livewires & Plowboys: Meeting February 16, 6:30pm @ Zenas Baptist Church
  - Meeting March 16, 6:30 pm @ Zenas Baptist Church

Club Leaders, please be sure to let the extension office know dates and times of club meetings and events.



2023

## Adult Volunteers

Attention all 4-H Adult Volunteers! Please remember that you must re-enroll via 4-H Online each year. This includes completing the video modules each year. We are also reviewing our files to insure that we have an application and references on file for you. If we do not have these on file, we will reach out to you to obtain these. Please be timely in returning the items we need from you so we can get you approved as soon as possible.

### Want to be a new volunteer?

Please contact the Extension Office to learn about volunteer opportunities and the steps needed to become an approved volunteer.

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### 4-H Volunteer Development Opportunities:

There will be two volunteer development opportunities offered this spring for any approved 4-H Volunteer to attend and improve on their skills. Each training will be approximately 45 minutes in length.

Back to the Basics for 4-H to Grow and Thrive: Conflict Management Monday, April 10, 5:00pm at the JC Public Library Room 1

Back to the Basics for 4-H to Grow and Thrive: Keeping 4-H Fun Monday, April 24, 5:00pm at the JC Public Library Room 1

## 2023 Jennings County Fair

The 2023 Jennings County Fair will be held June 12-17. A more detailed schedule of livestock events is on the next page with check-in times, tagging dates, and more. Please reference it for important dates regarding animals. More details will be coming with dates and times for exhibit hall check-in and other summer events.

## Local Summer Events

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More information on each of these camps will be sent out as it becomes available.

- Area 1 Performing Arts Competition May 6, 2023
- Mini 4-H Camp @ the Fairgrounds May 31, 2023 for grades K-2
- Southeastern Indiana 4-H Camp See page 4 for details
- Area 1 Horse and Pony Show June 10-11, 2023
- Area 1 Tractor Contest July 29, 2023

## Jan/Feb Jennings County 4-H

2023

## State and National Opportunities

Please contact the **Extension** Office if you have questions about specific applications, selection, or registration.

I earn more at bit.ly/in4hstateprograms

> or scan the QR Code





4-H Academy @ Purdue - Wed, June 7 - Fri, June 9, Purdue University, grades 9-12 completed; 15 career exploration workshops available. Registration deadline May 15. bit.ly/in4hacademy

State 4-H Band & Chorus - Sat. June 24 - Mon. June 26. Purdue University; perform during 4-H Round-Up; grades 9-12 completed, registration deadline May 1.

bit.ly/inband4h

bit.ly/in4hchorus

4-H Round-Up - Mon, June 26 - Wed, June 28, Purdue University, grades 7-9 completed, registration deadline June 1.

### bit.ly/in4hroundup

State Fair Exhibit Hall Workers – end of July through completion of IN State Fair; workers must be at least 14 years old at time of work, college students are welcome to apply; application due April 15. purdue.ag/in4hehw

Indiana 4-H Leadership Summit 2023 - Saturday, October 21; youth grades 8-12 & adult volunteers; educational breakout sessions & scholarship & volunteer award recognition. purdue.ag/in4hsummit

National 4-H Youth Congress 2023 - Fri, Nov 24 - Tues, Nov 28, Atlanta, Georgia; grades 9+, application due May 1. purdue.ag/national4hcongress

Citizenship Washington Focus - dates TBA, Washington, D.C.; grades 9-12 completed, registration deadline March 15. purdue.ag/4hcwf

Communications Events at the Indiana State Fair demonstration, informative 4-H presentation, professional persuasive presentation, public speaking. purdue.ag/4hcommunications

National 4-H Dairy Conference - Sun, October 1 - Thurs, October 5. University of Wisconsin-Madison; grades 9-12 completed. purdue.ag/national4hdairy



## Jan/Feb Jennings County 4-H

## Scholarships and Interview Help

Are you applying for a scholarships? Maybe you have a college interview coming up? Maybe a job interview? We can help!

- Scholarship Help Call the Extension Office or email bdwenger@purdue.edu to set up an scholarship review session. We will give you feedback to help you prepare for your upcoming interview. Be sure to reserve time for you to make the suggested edits to your scholarship before the due date.
- Mock Interview Call the Extension Office or email bdwenger@purdue.edu to set up an appointment for a 30 min mock interview. We will go through a 20 min mock interview, then give you feedback to help you improve before the real thing. We suggest scheduling the mock interview at least 2 weeks before your interview.

## 2023 Indiana State Fair

The 2023 Indiana State Fair will be held July 28 - August 20. The livestock show schedule has been updated online and can be found by scanning the QR Code or following this link: https://www.indianastatefair.com/p/statefair/competitions--contests/livestock-show-schedule





2023

## Hats & Tumblers for Sale

Hats are \$20.00 each and the proceeds support the 4-H Council. Tumblers are \$25.00 each and the proceeds support the 4-H Livestock Committee, Both the hats and tumblers can be purchased at the extension office.







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Swine	Sheep	Rabbits	Poultry & Turkey	Lama & Alpaca	Horse & Pony	Dairy & Meat Goats	Beef & Dairy	Species	Jan/Feb 2023
Thursday, May 4 5–7 pm Fairgrounds	Sat., Apr 29, 9-11 am Fairgrounds	Thursday, May 11 6-8 pm Fairgrounds	Thursday, May 11 6-8 pm Fairgrounds	No official Animal ID Day. Call Ext Office for assistance with photos	Thursday, May 4 4:30-7 pm Fairgrounds	Sat., April 29, 9-11 am AND Thurs., May 4, 5:00 –7 pm Fairgrounds	Friday, February 24 5 - 7 pm Fairgrounds	Animal Identification (ID) Date	Je
May 15	May 15	May 15 (Paper enrollment form and rabbit pen request due at Animal ID Day)	May 15 (Paper enrollment form and poultry pen request due at animal ID Day)	May 15	May 15	May 15	May 15	Animal ID entered into 4Honline & Pen Request Deadline	<b>Ennings County 4-H Livestock Schedule</b>
Saturday, June 10 7–8:30 pm	Sunday, June 11 12-3 pm	Sunday, June 11 Noon - 3 pm	Sunday, June 11 2–4 pm	Saturday, June 10 5-7 pm	Friday, June 2 (Check-in for show only) OR Sunday, June 11 10am-Noon (Barn & fair week check-in)	Sunday, June 11 Noon-3pm	Sunday, June 11 10am-Noon	Check-in at Fair	<b>COUNt</b> nty 4-H Livesto
Tuesday, June 13 3:30 pm Gitts 6 pm Barrow Show followed by Showmanship	Wednesday, June 14 at 9 am Breeding (Ewes). Market lambs & Showmanship	Monday, June 12 at 8 am Showmanship, Breed classes and Meat Classes	Tuesday, June 13 at 9 am Showmanship, Production, Meat Classes and Other Fowl	Thursday, June 15 at 9 am Showmanship, Llama Halter, Alpaca Halter & Group Classes. ***Fleece class - see handbook	Friday, June 2 8 am Halter and Showmanship Noon English & Western Thursday, June 15 10 am Mini Show Noon Contesting	Monday, June 12 3 pm Dairy Goat Showmanship, Dairy Goat Show 5 pm Meat Goat Showmanship, Pygmy Goat Show 7 pm Meat Goat Show	Wednesday, June 14 2 pm Dairy: Heifers, Feeder Calves, Market Steers & Showmanship 5 pm Beef: Heifers 7 pm Beef: Market Show & Showmanship	Show Date	<b>y</b> 4-H bck Schedule
Mon., June 12 6:30-8 pm (Swine Barn Side)	Wed., June 14 10 am to 11 am	Mon., June 12 9–10 am	Tues., June 13 9–10 am	Mon., June 12 3-4 pm	Optional pictures TBD	Mon., June 12 3-4 pm 6:30-8 pm	Wed., June 14 3-4 pm 6-7 pm	Mandatory Auction Picture Session	
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Area & State Wide Event Flyers





Extension - 4-H Youth Development



## Power Contest

The Fluid Power Action Challenge, hosted by Indiana 4-H in conjunction with Purdue Polytechnic Institute, is a STEM-based competition that challenges middle school students, grade 6-8, to solve an engineering problem using fluid power. The students work in teams to design and build a fluid powered robotic mechanism and compete against other teams in a timed event.

Workshop in Knoy Hall Feb. 25, 2023
Contest April 1, 2023
Cost: \$40 per team

Awards in five categories

Registration is open from Jan 1 to Febrary 10, 2023.

purdue.ag/4hfluidpower

### Location

CRK

NEW YORK

Knoy Hall of Technology

TP

#### **Contact Us**

rhaselby@purdue.edu www.extension.purdue.edu



## 2023 Indiana 4-H Dog Volunteers Workshop

## Saturday, March 4, 2023 Hendricks Co. 4-H Fairgrounds & Conference Complex

It's time for another 4-H Dog Volunteer Workshop! We have added new classes and speakers this year to give new & experienced 4-H Dog Project Volunteers, Judges and Trainers a chance to sharpen their skills and enjoy fellowship across the state. 4-H youth members with an interest in learning about being a volunteer or judge and wishing to attend must be accompanied by an adult and in grade 8 or above. Registration will include a pizza lunch, resource folder and a day of fun.

## Agenda

- Registration: 9-9:45 AM EST
- Welcome: 9:45- 10:00 AM EST
- Class Rotation 1: 10:00-10:45 AM EST
- Class Rotation 2: 10:55- 11:40 AM EST
- Lunch & ISF 4-H Dog Advisory Committee Meeting : 11:50- 12:50 AM EST
- Indiana 4-H Rules Review: 12:50-1:00 PM EST
- Class Rotation 3: 1:10-1:55 PM EST
- Class Rotation 4: 2:00-2:45 PM EST
- Safe Travels Home: 3:00 PM EST

## Classes to Include

#### If you have interest in teaching an additional topic please contact us.

- Teaching Retrieve
- Using Therapy Dogs to do Community Service with your Club
- Jumping FUNdamentals
- Judging Showmanship with a mock class
- "Need to Know" Policies for New & Experienced 4-H Leaders
- Interpreting Obedience Scoresheets
- Designing your Drill Team Routine
- Drill Team Roundtable

## Registration due by February 24, 2023

Cost: \$15 per participant. Payment due at the workshop, cash or check accepted.

### Register via 4-H Online in the Events Tab at v2.4honline.com

Non 4-H Volunteers, please visit **<u>bit.ly/Non4-HParticipantInstructions</u>** for help registering. Contact Purdue Extension-Jefferson County for additional questions at (812) 265 8919.



### Junior Pork Day at Purdue Saturday, March 4, 2023



### **Program Agenda**

Registration – Fee \$5.00 – Land O' Lakes, Inc. Center Lobby (New Animal Sciences Meats Lab), Purdue University, 720 Clinic Drive (off Harrison St.), West Lafayette, IN 47907									
Welcome - Dr. John Blanton, Animal Sciences Dept. Head - Purina Pavilion									
Group 1 Live Animal Evaluation	Group 2 Carcass Evaluation	Group 3 Hands On Activities_							
How to judge prospect pigs, market hogs and gilts	Evaluating pork cuts & carcasses	Ear notching and animal ID							
Evaluate 3 classes of swine	Evaluate 3 meats classes	What's in your Pig's diet?							
Groups Rotate									
Groups Rotate									
Lunch –Pork, chips, fruit, ice cream – Purina Pavilion									
Afternoon Rotations <i>(35-minute sessions – 5 min to walk) –</i> Group 1 – Making great Brats Group 2 – Pig Jeopardy Group 3 – Preparing for Show Day and Swine Showmanship									
Groups Rotate									
Groups Rotate									
Announcements followed by contest awards - Purina Pavilion									
	<ul> <li>Purdue University, 720 Clinic Drive</li> <li>Welcome – Dr. John Blanton, Anim</li> <li>Group 1</li> <li>Live Animal Evaluation</li> <li>How to judge prospect</li> <li>pigs, market hogs and gilts</li> <li>Evaluate 3 classes of swine</li> <li>Groups Rotate</li> <li>Groups Rotate</li> <li>Lunch –Pork, chips, fruit, ice cream</li> <li>Afternoon Rotations <i>(35-minute ses</i>)</li> <li>Group 1 – Making great Brats</li> <li>Group 2 – Pig Jeopardy</li> <li>Group 3 – Preparing for Show Day</li> <li>Groups Rotate</li> <li>Groups Rotate</li> </ul>	Purdue University, 720 Clinic Drive (off Harrison St.), West Lafa Welcome – Dr. John Blanton, Animal Sciences Dept. Head – Pur Group 1 Group 2 Live Animal Evaluation Carcass Evaluation How to judge prospect Evaluating pork pigs, market hogs and gilts cuts & carcasses Evaluate 3 classes of swine Evaluate 3 meats classes Groups Rotate Lunch –Pork, chips, fruit, ice cream – Purina Pavilion Afternoon Rotations (35-minute sessions – 5 min to walk) – Group 1 – Making great Brats Group 2 – Pig Jeopardy Group 3 – Preparing for Show Day and Swine Showmanship Groups Rotate Groups Rotate							

This program is being supported by the Indiana Swine Breed Associations, Indiana Pork Producers Assoc., NSR, NJSA, and the Purdue University Animal Sciences and 4-H Departments. If you have questions or need additional information, please contact Dr. Brian Richert - Extension Swine Specialist at 765-494-4837, <u>brichert@purdue.edu</u> or Courtney Stierwalt - 4-H Extension Specialist at <u>dickerso@purdue.edu</u>

\*\*Masks may be required – depending on current COVID status \*\*





Animal Sciences

## The Smell of Spring In The Air

You may have driven back and forth to work this month and wondered why there are so many skunks along the roads or maybe even why you keep smelling their atrocious perfume this time of year. The month of February and early March is the mating season for these black-and-white striped critters. During mating season, the males will have very noisy battles where they often spray creating that lovely smell that keeps all of us pinching our noise when we come within one and a half miles of the spray. Male skunks will surface from underground skunk dens which you might find in the most unfortunate locations like under a building, a porch, or a deck. They then travel up to five miles to look for females. Skunks can have anywhere from 2-16 kits in a litter while having only one litter per year. The gestation of a skunk is approximately 63 days. Meaning nearly all kits have April or May birthdays with a few late arrivals in June. Typically, after the kits are born the skunks will remain in the den for about 8 weeks.



So why do skunks stink and why do they spray? Skunks use their smelling spray as a defense mechanism if they feel threatened. Although many people think that skunks may feel threatened and fire away, that is not quite the case. Skunks give off a little bit of a warning beforehand. Skunks will begin by stamping their front feet with a raised tail and they will hiss. If this does not work in their favor, they will charge toward you and start to swing their hind end in your direction. By the time they show this warning sign, it may be too late and you will find yourself in the line of fire. The spray of a skunk is especially smelly because the gland under its tail produces an oily liquid primarily containing thiols that have that sulfur component that makes the smell so distinct. The smell is particularly difficult to get rid of because of components within the oily substance that interact with water making the smell reactivate.

February 2023

If you happen to be one of those folks who have a skunk living in a nearby inconvenient location, it may be a great idea to keep family pets away from the location of the dens until the skunk family decides to move out, if not their spray might make you decide to move out yourself!

References: https://wgfd.wyo.gov/Ask-Game-and-Fish https://www.extension.purdue.edu/extmedia/PPP/PPP-56.pdf



### Rebekah Barger: bargerr@purdue.edu

### February Garden Calendar

Lawns, Woody Ornamentals, and Fruits

Choose appropriate plant species and cultivars, and begin drawing your landscape plans.

Cut branches of forsythia, pussy willow, crabapple, quince, honeysuckle, and other early spring-flowering plants to force them into bloom indoors. Place the branches in warm water, and set them in a cool location.

Check mulches, rodent shields, salt/wind screens, and other winter plant protections to make sure they are still in place.

Prune landscape plants (except early spring bloomers that should be pruned after flowers fade). Birches, maples, dogwoods, and other heavy sap bleeders can be pruned in early summer to avoid the sap flow, although bleeding is not harmful to the tree.

Delay pruning fruit plants until you can assess winter injury.

Indoor Plants And Activities Check water levels in cut flowers daily.

Check stored produce and flower bulbs for rot, shriveling, or excess moisture. Discard any damaged items.

Most houseplants require less water in the winter because growth is slow or stopped. Check the soil for dryness before waterina.

Move houseplants to brighter windows, but don't place plants in drafty places or against cold windowpanes.

Potted spring-flowering bulbs forced into early blooming can make good gifts for a sweetheart. Keep these plants in a bright, cool location for longer-lasting blooms. Forced bulbs make poor garden flowers, and you should discard them as blooms fade.

<u>Flowers, Vegetables, and Small Fruits</u> Order seeds before it's too late for this year's planting.

Sketch your garden plans. Remember to include plants to replace or replant crops that you will harvest in spring or early summer.

Prepare or repair lawn and garden tools for the upcoming season.

Start seeds indoors for cool-season vegetables so they will be ready to transplant to the garden early in the season. You should start broccoli, cauliflower, and cabbage seeds five to seven weeks prior to transplanting.

Test leftover garden seed for germination. Place 10 seeds between moist paper toweling or cover with a thin layer of soil. Keep seeds warm and moist. If fewer than six seeds germinate, then purchase fresh seed.





### Upcoming PARP Events

02/21/2023 - <u>SOUTHEASTERN VEGETABLE GROWERS MEETING</u> 6:00 pm EST - 9:00 pm EST Georgetown Optimist Club

> 03/02/2023 - <u>RIPLEY NOTILL PROGRAM</u> 9:00 am EST - 11:15 am EST Hopewell Baptist Church

03/07/2023 - ORANGE COUNTY SOIL HEALTH WORKSHOP 9:00 am EST - 1:00 pm EST Orange County Community Building

### Jennings ANR Services

Soil Sample and Testing: Jennings Co. Extension Office offers soil sample bags and test forms for sample submission. We have a soil probe available to borrow. Office hours are Monday-Friday, 8am-4pm

Plant and Bug Identification: If you need a plant, weed, or bug identified, bring it to our office and Rebekah Barger, our ANR Educator, should be able to assist you with that. Please call ahead at 812-352-3033 to make sure Rebekah is in the office and available to assist you. You can always take some photos of the specimen and email those to Rebekah for ID as well at bargerr@purdue.edu

## <u>VERS MEETING</u> ist Club A<u>M</u> Church WORKSHOP



February 2023

ANR Newsletter Seek and Find

Find the dairy goat hidden in the ANR Newsletter

## Jennings County Extension now offers FECAL EGG COUNTS

Extension



 A quantitative assessment and identification of the number of parasite eggs an animal is shedding at the time of sample collection

#### WHY SHOULD I GET A FECAL EGG COUNT ON MY LIVESTOCK?

 Fecal Egg Counts assess your livestock's parasite burden and target the parasite your livestock might be suffering from at the time of collection.

#### SAMPLE COLLECTION INSTRUCTIONS

- Use gloves to collect a fresh sample of feces from your livestock. The sample should still be both moist
  and soft. It should be collected and turned into the office no more than 6 hours from the time of
  defecation
- Collect at least 1/2 cup or 4oz. of feces and place in a clean ziplock bag.
- Label the bag with the species of livestock that the sample came from and the animal's identification.

Cost: \$10

LET'S REDUCE ANTIPARASITIC RESISTANCE!



February 2023

### Upcoming Events

#### Southeastern Indiana Agriculture & Natural Resources Lunch & Learn Webinar Series

Make the most of your lunch break and join extension educators live to discuss topics relevant to you and your operation. <u>All sessions are hosted at</u> <u>12 pm noon.</u> Call (812) 265-8919 or email copelanb@purdue.edu with any



SAFE PRODUCE INDIANA

## Health & Human Sciences

Feb 2022

## **IDOH Health Issues and Challenges Grant**

### **Indiana** Department Health \$250K+ Awarded!

We're excited to announce that the Purdue Extension Jennings County office has been awarded an Indiana Health Issues and Challenges grant from the Indiana Department of Health. Our office, as well as, the Boys & Girls Clubs of Jennings Co., Healthy Communities, JC Coordinating Council, JCSC's HOPE (Helping Our Panthers Eat) Program, JCHS Panther Pantry, City of North Vernon Parks and Recreation, and Perceptions Yoga, Mindfulness & Art, will share \$264,096 for projects that address food insecurity and obesity in Jennings County! Reach out and help us congratulate these organizations!

Follow us for more information in the future and learn about how we're putting points on the board for a healthy Jennings County!

Check out the full IDOH press release attached in this newsletter!

### **Heart Health Month: February**

February is American Heart Month! Did you know Heart disease is a leading cause of death in the United States for both men and women? You can do a lot to protect your heart and stay healthy.

#### Follow us on Facebook @Purdue Extension - Jennings County the whole month of February to learn about the steps you can take to live a heart-healthy lifestyle from NHLBI and The Heart Truth<sup>®</sup>

Resource: https://www.nhlbi.nih.gov/education/american-heart-month

### America Saves Week: Feb. 27- March 3

Each year we encourage our community to dedicate this week to pause and do a financial check-in, and this year is no different. Join us this week to get a clear view of your finances, set your financial goals, and make a plan to achieve them.

Participating in the week will set you on the path toward building financial confidence. Financial confidence is inclusive in that it recognizes that you have unique circumstances, and even if you are in a scenario that makes it difficult or impossible to save at this moment – you are committed to doing the work, taking control of your finances, and becoming more financially stable.



Follow us the week of Feb. 27 @Purdue Extension - Jennings County for savings tips and resources from americasavesweek.org





Deidre Wagster: dwagster@purdue.edu

#### HEALTH OFFICIALS ANNOUNCE NEARLY \$8.5 MILLION IN GRANTS TO HELP IMPROVE HOOSIER HEALTH OUTCOMES



INDIANAPOLIS — The Indiana Department of Health has awarded nearly \$8.5 million in grants to organizations working to improve Hoosiers' health as part of the Health Issues and Challenges program, which was established by the Indiana General Assembly in 2021 with funding from the American Rescue Plan Act. This is the second round of grants through the program and follows \$35 million that was announced last June.

"Public health is built on a foundation of prevention and accessibility, and we are grateful to be able to use the remaining funds that our legislators allocated to support programs that will help improve Hoosiers' health and well-being," said State Health Commissioner Kris Box, M.D., FACOG. "These programs are locally delivered and reach Hoosiers where they live."

Entities were invited to apply for funding for programs to help improve health outcomes related to one or more of the following priority areas: tobacco use, food insecurity/obesity, lead exposure, chronic disease and disease prevention programs, including community paramedicine and community health workers. A total of 117 organizations submitted applications, and a total of 27 awards were issued.

Priority was given to applicants that demonstrated high need and high impact in their grant proposals. Funding includes:

- More than \$2.2 million to address chronic disease, including asthma, diabetes and cancer
- \$3.5 million for community health workers
- \$1 million to support community paramedicine programs in Clark, Posey and Wabash counties
- Nearly \$1.6 million to address food insecurity and obesity in Marion, Lake, Jennings and Vanderburgh counties, as well as Northwest Indiana
- Nearly \$91,000 for lead prevention programs in local health departments in Kosciusko, Clark, Franklin and Orange counties
- Nearly \$32,000 to the Porter County Health Department for tobacco prevention and cessation programming

The funding must be spent by Dec. 31, 2026. Click <u>here</u> for a list of recipients and for more information about the program. Visit the Indiana Department of Health at <u>www.health.in.gov</u> for important health and safety information, or follow us on Twitter at <u>@StateHealthIN</u> and on Facebook at <u>www.facebook.com/StateHealthIN</u>.

## Health & Human Sciences

### ServSafe Food Handler & HB 1149

People who are serving and/or handling food and/or beverages outside of their home to people who are not their family or friends should take the ServSafe Food Handler course. As of July 1, 2022, <u>IC 16-42-5.3</u> requires that all <u>home-based vendors</u> obtain a food handler certificate from a certificate issuer that is accredited by ANSI. ServSafe Food Handler training fulfills this requirement.

afe<br/>5.3\*Upcoming Training\*5.3Monday, February 27, 2023foodPurdue Extension OfficeisPurdue Extension OfficeingRegistration 11:45 AMTraining begins at 12:00 PMAssessment immediately following

Please see the attached flyer for more details. Register online by February 20th.

### Registration link: https://cvent.me/KX10el

## ServSafe Food Manager

Page

Who needs Food Manager Certification? Retail food establishments in Indiana must obtain an ANSI-accredited Food Manager certification, such as ServSafe Food Protection Manager. Retail food establishments may include restaurants, food trucks, school cafeterias, hospitals, etc.



\*Upcoming Training\* Tuesday, March 14, 2023 Purdue Extension Office Registration 8:15 AM Training begins at 8:30 AM Exam immediately following

Please see the attached flyer for more details. Register online by March 6th.

### Registration link: https://cvent.me/20axy2

### Reading Made Fun: Thank You Volunteers!

Thank you to all that read in December and January. We are excited to have some new readers this year! Please continue to ask your friends if they would like to read. If you want to read at any of the following opportunities, please call the office and we will be glad to get you signed up.

> Wed. Feb 8, March 8, April 12, May 10 Graham Creek 9:00-9:40AM St. Mary's 12:40PM-1:00 PM Brush Creek 1:20PM-2:00PM

Thurs. Feb 9, March 9, April 13, May 11 Hayden 11:00AM-11:50AM SandCreek 12:20PM - 1:00PM

Friday Feb 10, March 10, April 14, May 12 Scipio 9:00AM -9:40 AM CC-NV 11:45AM-12:05PM NVE 12:20PM-2:15PM







Extensio



## ServSafe Food Handler Certificate of Achievement

The ServSafe Food Handler course is for anyone who needs basic food safety and food handling training, including home-based vendors, food service workers, volunteers, or others who work with food who only need the basic training. *This course is NOT intended for foodservice managers. To obtain your foodservice manager certification, you must take the ServSafe Food Protection Manager course and exam.* ServSafe Food Handler satisfies training requirements for HBVs outlined in Indiana House Bill 1149. This program focuses on key aspects including basic food safety, personal hygiene, cross-contamination and allergens, time and temperature, and cleaning and sanitation.

The half-day training includes a booklet and assessment. The Certificate of Achievement is valid for three years. A photo ID with signature is required to take the assessment (driver license, state ID, student ID, military ID, employee ID, U.S. green card, or valid passport).

The ServSafe Food Handler training fulfills the food safety training requirements mandated for home-based vendors in the state of Indiana. After passing the assessment, your Food Handler Certificate of Achievement will be documented with the National Restaurant Association so that you have easy access at any time to look up and prove your training.

#### https://cvent.me/KX10el

County Location: <u>Jennings County</u> County Registration Deadline: 2/20/2023





Event Date: February 27, 2023

Event Location: Purdue Extension Jennings Co.

Street Address: 200 E Brown St.

Street Address: Suite 201

City:Vernon State: IN

Zip: 47282

Training Cost: \$40

Time 12:00 pm to 4:00 pm EST





Extension

## ServSafe Food Manager 1-Day Class & Examination

Hosting County: Jennings County

### Date: Tuesday, March 14, 2023

#### ServSafe educates food service workers about food safety.

ServSafe Food Protection Manager is their highest certification. It satisfies Indiana requirements to become a Certified Food Protection manager and focuses onfive aspects:

- Foodborne microorganisms and allergens
- Personal hygiene
- Purchasing, receiving, and storage
- Preparing, cooking, and serving
- · Facilities, cleaning/sanitation, and managing pests

The full 1-day training includes a manual and proctored exam. You must score 70 percent or greater to earn the certificate. The certification is valid for five years. . A photo ID with signature is required to take the exam (driver license, state ID, student ID, military ID, employee ID, U.S. green card, or valid passport).

For more information contact: Deidre Wagster <u>dwagster@purdue.edu</u> or 812-352-3033 Register at Cvent online: <u>https://cvent.me/20axy2</u>





#### Registration Deadline: 3/6/2023

Street Address: Jennings Co. Government Center 200 E. Brown Street, Suite 201

City: Vernon

State: Indiana Zip: 47282

Training, Manual & Proctored

Exam: \$165

Manual & Proctored Exam: \$115

Proctored Exam: \$65

Registration Time: 8:15 am Training Time 8:30 am Exam Time: Immediately following the class

## Health & Human Sciences

Nutrition Education Program Updates

Hi all,

Phew, it's cold out there! At least we're getting a bit more sunshine each day! And, there's been some sledding to be had as well! For those of you who set wellness goals to start the year, it's a crucial time to rally your family and friends to support you! A poll shared in the New York Post in 2020 (1), showed that the average person quits their goal after 32 days. So, ask people for help over the next two weeks and see how far you can go! Here's an update on what I've been up to over the last couple months:

Feb 2022

1. The Bike and Pedestrian Master Plan process is moving along. Thanks to everyone who came to one of the public input sessions or filled out the survey - we had 23 people participate in input sessions and over 320 people fill out surveys! The next step will be a public input session on February 28th!



2. As Deidre mentioned, Purdue Extension Jennings County was awarded a \$264,096 grant from the Indiana Department of Health alongside the Boys & Girls Club of Jennings County, Healthy Communities, Jennings County Coordinating Council, JCSC HOPE Program, JCHS Panther Pantry, North Vernon Parks & Recreation, and Perceptions Yoga, Mindfulness, and Art. These funds will be spent on several new efforts to address food insecurity and obesity in Jennings County, read the IDOH press release in the newsletter!

3. February's Walk with a Doc is Friday, February 10th at 4pm at the Vernon Gym. Come join Dr. Jen Stanley and Dr. Dashrath Gautam to hear about the health topic of the month and enjoy a walk with others looking to keep moving during the winter months.

4.Last year the Jennings County Community Foundation worked with local organizations to form a Jennings County Food Security Coalition to coordinate and make sure all children in Jennings County have access to nutritious food. They're hosting a showing of



Jeff Walker: jeffwalker@purdue.edu

## Health & Human Sciences Sept/Oct 2022

### Nutrition Education Program Updates, continued

The Working Hungry, a documentary about food insecurity in Indiana at the Park Theater on Wednesday, March 29th at 6:30pm

If you're interested by this work or know someone who is, contact our office or email me at jeffwalker@purdue.edu. Many groups in our community are looking for people with the willingness to work on making Jennings a healthier place. I'd be happy to connect you with one of those efforts!

> Healthfully yours, Jeff Walker Community Wellness Coordinator

> > ®Wir



Date: Friday, February 10<sup>th</sup>, 2023 Time: 4pm Location: Vernon Gym



Jennings

Join Dr. Jen Stanley and Dr. Dashrath Gautem for a fun time to walk, learn about health, and meet people.

The event is FREE and all are welcome!





We are a local chapter of an international 501(c)3. Learn more at walkwithadoc.org

## Health & Human Sciences

Feb 2022

### **Community Connections**

## **Great Globs of Gluten**



Ninety eight JCHS students in the "Culinary Principles" classes at JCHS participated in a food science experiment with Deidre that explored the science of proteins found in flour and developed gluten from different types of flour. Participants mixed either cake, bread, all-purpose or whole wheat flour with water, kneaded for 10 minutes and then washed the starch out of the flour leaving behind just the gluten. They compared the amounts of gluten in the different types of flour to understand which flour will provide the desired product while baking. Thank you Mr. Shoultz and Mrs. Keith for partnering with Purdue Extension for this program!

## **HHS programs and Important Dates**

- February 1-28: American Heart Month- follow us on Facebook!
- February 7, 14, 21, & 28: Captain Cash at HES & SCE 3rd Grade Classes
- February 8, 9, & 10: Reading Made Fun in all JC Kindergarten Classes
- February 10: Walk with a Doc 4PM @Vernon Gym
- February 23: JCHS Human Sciences Class Program
- February 27: ServSafe Food Handler 12PM-4PM @ JC Extension Office
- February 27-March 3: America Saves Week- follow us on Facebook!
- February 28: Bike & Pedestrian Presentation 5:30PM @JC Government Center
- March 2: JCHS Careers Class Program
- March 8, 9, & 10: Reading Made Fun in all JC Kindergarten Classes
- March 14: ServSafe Food Manager 8:30am-4pm @JC Extension Office
- March 29: JC Food Coalition Park Event 6PM @ the Park Theater