

April 2023 Newsletter

Dear Friends,

Things are speeding up in the Extension Office. This month we had another round of successful 4-H SPARK Clubs with Safe Sitter and Experience Vet Science. The first of three Quality Care of Livestock Trainings had a big turnout last month from members wanting a jump on their summer. The Sheep Nutrition Workshop had 30 people in attendance. We are glad to see so many 4-H members taking advantage of learning experiences in place of filling out their record sheets. ANR wise, we also hosted a tobacco growers meeting and continue our Master Gardener Basic Training with

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14 new members as well as holding a Master Gardener Association meeting that was open to the public.

Spring livestock tagging is the big news in the 4-H program area. Reminders and a traffic map are included in this letter. Flyers for 4-H Camp and State 4-H programs are also included. Spots fill up fast so sign up now!

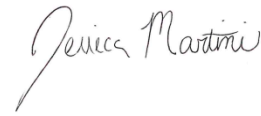
In the HHS program area this month we will hold a ServSafe Food Handler program, and the Homemakers will host their annual Quilt Show. HHS has also been busy visiting schools with Captain Cash programming for 3rd graders!

We are looking forward to another busy summer here in Jefferson County. As always, feel free to reach out to our office with questions or information on upcoming opportunities. The next 4-H Fair Board meeting will be April 6th at 7 pm in the Community Building. The next Extension Board Meeting will be May 10th at 6:30 pm.

Sincerely,



Britt Copeland, Extension Educator



Jessica Martini, Extension Educator

Staff Directory

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May 15th 4-H Online Animal ID DEADLINE

Anyone wishing to exhibit animals in the 2023 Jefferson County 4-H Fair must have their animals enrolled by May 15th on 4-H Online. If you have been putting off your enrollment, this is our hard and fast deadline. **Any animals not enrolled and properly identified by this date will not be allowed to exhibit at the county or state fair. Rabbits, poultry, dogs and cats do not have to be enrolled online.**



The good news is the extension office is here to help! At both tagging days staff will be in the extension office 7-10 am to help you enroll. After you go through the tagging line just drive up to the back door and we will help you enroll. You can also call or stop by during normal business hours M-F 8am-4pm, (812) 265-8919.

- Link to 4-H Online: <https://v2.4honline.com/#/user/sign-in>
- Instructions on how to enroll your animals: <https://extension.purdue.edu/4-H/docs/projects/animal-identification/animal-id-instructions.pdf>

Agriculture & Natural Resources



PURDUE UNIVERSITY Extension
PURDUE EXTENSION
MASTER GARDENER PROGRAM

Jefferson and Switzerland County Master Gardener Association Meeting Notice

April 28th 6pm
Jefferson County 4-H Community Building

Featured Program:
Composting 101 & Plant Swap

Association Meetings are open to the public, non members please call the extension office to RSVP (812) 265 8919.

Purdue Extension is an equal access/equal opportunity institution.

Master Gardener Meeting Notice

The next Master Gardener Association meeting will be **April 28th at 6 pm in the Community building**. The program will be Composting 101. Members are also encourage to bring in seedlings for a plant swap! Association Meetings are open to the public so if you want to learn more about composting or master gardeners in general you are welcomed to attend. RSVPs to the extension office are appreciated for non members.

Invasive Species Reminders from Indiana DNR

Spotted Lanternfly

Spotted lanternfly is a major pest of concern across most of the United States. This insect is native to China and parts of India, Vietnam, Japan, and Taiwan. It was first identified as an invasive species in 2004 in South Korea and is now a major pest there. Spotted lanternfly was first detected in the United States in Pennsylvania in 2014.

In July 2021, a population of spotted lanternfly (*Lycorma delicatula*) was identified in Indiana in Switzerland County, near the Ohio River. A second population was found in Huntington, Indiana in July 2022. DEPP and USDA continue to conduct surveys to ascertain the extent and source of these infestations as well as determine what management strategies will be implemented.

Suspected finds should be reported to the Indiana Department of Natural Resources. Call 866-NO EXOTIC (866-663-9684) or email DEPP@dnr.IN.gov. Please leave your name, contact number and detailed information about what you are reporting. Photos are always appreciated. By notifying us of a potential pest problem you provide an invaluable service to the DNR and our natural resources.



Indiana Invasive Species Listing

Invasive species are plants, animals, and diseases that are not native to the area in question and have or are likely to cause environmental, human health, or financial harm in Indiana. Many invasive species have entered Indiana or are a threat to arrive in our state. You can fight back by learning the signs, reporting sightings, and taking precautions. Access the listing of invasive species here: <https://www.in.gov/dnr/rules-and-regulations/invasive-species/>.

Reporting guidance is also included on this page.

Agriculture & Natural Resources

Freeze/Frost Probability & Growing Season Length

Figuring out what the weather is doing from one day to the next can be challenging, especially in Indiana. When you are making those decisions for your valuable crops and ornamentals Purdue has several great resources.



The Indiana State Climate Office makes daily updates to climate maps, data sets and planting recommendations. View their data at <https://ag.purdue.edu/indiana-state-climate/freeze-frost-probability-growing-season-length/>.

Purdue Extension also has publication to help smaller gardeners make those decisions and is an easier read. Access that resource here: <https://www.purdue.edu/hla/sites/yardandgarden/extpub/indiana-vegetable-planting-calendar/>

April Garden Calendar

Spring is sprung! Or has it? There might be a few more cold snaps in our future. While you are biding your time to start your gardens and flower beds check out the April Garden Calendar for a list of tasks you can complete around garden from retired Purdue Consumer Horticulture Specialist, Rosie Learner.

Home (Indoor plants and activities)

- Start seeds of warm-season plants (including tomatoes, peppers, eggplant, marigolds, zinnias, and petunias) indoors for transplanting later to the garden.
- Harden off transplants started earlier in spring before planting outdoors. Gradually expose the young plants to outdoor conditions of wind, brighter sunlight, and lower moisture.
- Apply fertilizer to houseplants according to label directions as days grow brighter and longer and new growth begins. Foliage plants require relatively high-nitrogen fertilizer, while blooming plants thrive on formulations that are higher in phosphorus.
- Keep Easter lily in a bright, cool location, out of direct sunlight. Water as soil begins to dry. You can remove the yellow, pollen-bearing anthers inside the flower by pinching to prevent staining the petals.

Yard (Lawns, woody ornamentals and fruits)

- Plant a tree in celebration of Arbor Day, April 28. You should plant bare-root stock before new top growth begins. You can plant balled and burlapped and containerized stock later in spring.
- Complete pruning chores. Remove dead and injured branches first.
- Apply a prebloom, multipurpose orchard spray to fruit trees.
- Remove winter coverings from roses, but keep mulch nearby to protect them from late freezes. Prune and fertilize as needed.
- Apply pre-emergent herbicide to control crabgrass in lawns. Approximate application dates are late March to

mid-April in southern Indiana and mid-April to early May in northern Indiana. Exact timing varies each year with weather conditions. For more precise application timing based on Growing Degree Days (GDD), visit Michigan State University's [GDD Tracker](#). Enter your ZIP code and select "Crabgrass Pre." The target GDD window for crabgrass prevention is 250-500.

Garden (Flowers, vegetables and small fruits)

- Plant seeds of cool-season crops directly in the garden as soon as the soil dries enough to be worked. When squeezed, soil should crumble instead of forming a ball. Cool-season crops that can be direct-seeded include peas, lettuce, spinach, carrots, beets, turnips, parsnips and Swiss chard.
- Plant transplants of cool-season crops, such as broccoli, cauliflower, cabbage, Brussels sprouts, kohlrabi and onions.
- Plant or transplant asparagus and rhubarb crowns. For best plant establishment, do not harvest until the third year after planting.
- Plant sections of certified, disease-free potato "seed" tubers.
- Allow the foliage of spring-flowering bulbs to remain in place after blooms fade. Leaves manufacture the food reserves, which are then stored in the bulb for a repeat showing next year.
- Plant hardy perennials, such as daylilies and delphiniums.
- Start tuberous begonias and caladiums indoors for transplanting to garden later.
- Remove winter mulch from strawberries, but keep mulch handy in case late frosts are predicted and to help keep weeds under control.
- Plant or transplant strawberries, raspberries, and other small fruit.
- Prune grape vines to remove dead or weakened limbs and to thin as needed.

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Agriculture & Natural Resources

Managing Garlic Mustard

Purdue Landscape Report by John Woodmansee

Garlic mustard (*Alliaria petiolata*) can be found in public parks, backyards, meadows, forests, gardens, and along roadsides throughout Indiana. The leaves have a strong garlic smell to them. Garlic mustard was first introduced from Northeastern Europe in the 1860s in Long Island, New York. Immigrants from Europe used it for food (an herb), medicine, and erosion control. It can be spread by water, insects, wind, animals, or humans. Here's the kicker with garlic mustard – according to research (Kleinstein, 2001), each year one plant can produce up to 15,000 seeds that are viable for up to 5 years. (Other references mention 3,000 to 8,000 seeds). Regardless of whether it's a few thousand to many thousand, it's a lot of seeds. So, if you let a few garlic mustard plants go this year, you could have a "train wreck" of weeds in a few very short years, and you could be fighting those weeds for years to come. The research also states that garlic mustard has properties that may inhibit growth and the competitive ability of other plants, empowering the invasive nature of the weed. Large patches of garlic mustard also reduce light availability in spring for species growing on the forest floor.

Garlic mustard prefers shady, moist conditions, such as woodland settings, but can also grow in sunny conditions. It is a biennial, which means that vegetative growth in a "rosette" form close to the ground occurs in the first year.

In the second year, it produces an erect stem with small, white 4-petaled flowers that produce seeds, then it dies. It can grow from several inches up to about 4 feet. Rosette leaves are dark green and heart-shaped, with scalloped edges. Leaves on second-year growth are more triangular, becoming more strongly toothed as the plant matures. Garlic mustard develops slender seed pods that open in the late spring/summer. According to the U.S. Forest Service, "Garlic mustard poses a severe threat to native plants and animals in forest communities. Once introduced to an area, garlic mustard out-competes native plants by aggressively monopolizing light, moisture, nutrients, soil, and space." The plant has no natural enemies.

So, what can be done? Some public parks have enlisted the help of groups like Boy Scouts, Master Naturalists, and others to pull garlic mustard in spring before or near the onset of flowering (before it goes to seed). Although tedious, that is one of the best management strategies and one that homeowners can also do around their property. They are easier to pull after a rain event. Application of herbicides containing glyphosate and triclopyr is most effective on the first year (rosette) form in the fall. Be sure to read and follow all label instructions, and note that glyphosate and triclopyr will affect any plant it touches, so be cautious.

Find out more information about garlic mustard from USDA (with links to other credible sources) at <https://www.invasivespeciesinfo.gov/profile/6655/resources>.



Pollinator Day

Saturday
April 29th, 2023
10 AM - 3 PM

Purdue Research Park
of Southeast Indiana
3000 Technology Ave.,
New Albany, IN 47150

The event will be held weather permitting.

This family friendly event will include hands-on activities for the whole family, a selfie-station, vendors, booths such as Pollinators and Our Food, Planting for Pollinators, Butterflies, Bees, and so much more!

A new booth will be unveiled about pollinators' relationship to popsicles!

Classes will be held on:
Pollinator Way Stations
Pollinators and Climate Change
Restoring Our Home Landscapes to Provide Habitat for Pollinators & Other Wildlife.

FREE EVENT

 **PURDUE UNIVERSITY** | Extension - Floyd County  Purdue Extension
Floyd County
(812) 948-5470

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Livestock Tagging is this month!

Beef Tagging—April 15, 2023, 7 –10 am on the Fairgrounds

Any youth planning to show a beef steer, heifer, and or dairy steer at the 4-H County Fair this summer must bring their animals to the Fairgrounds for tagging/identification. Dairy Females and previously shown and tagged females with appropriate registration/identification information do not need to come to tagging.

Traffic will enter the main gate and proceed to the Swine Barn as normal. Please be respectful of volunteer leaders time and arrive between 7-10 am.

Sheep, Goat, Swine Tagging—April 29, 2023, 7 –10 am on the Fairgrounds

Any youth planning to show sheep, goats, or swine at the 4-H County Fair this summer must bring their animals to the Fairgrounds for tagging/identification. Previously shown females that have the proper ID do not need to come to tagging. **All traffic is to enter gate 3 (grandstands entrance) and follow signage.**

- **Animal ID Requirement**— **If you plan to or are thinking about showing at the state fair** let your livestock superintendent know at tagging in order to receive additional tags and have a DNA Hair sample collected and submitted to the Extension office **at tagging**.
 - Not sure what’s required for your species for State Fair? Ask at tagging or consult this chart: <https://extension.purdue.edu/4-H/docs/projects/animal-identification/animal-id-requirements.pdf>

- **Premise ID Requirement**— Premise ID’s indicate where an animal originates in case a disease needs to be traced back to it’s source and are required by State Law. You can look up or apply for a new Premise ID by going to <https://www.in.gov/boah/>. You only need one Premise ID for all the animals raised at the same address. Bring this number with you to tagging. Contact the office if you need help. If you have previously shown in 4-H the office has a record of your ID number.

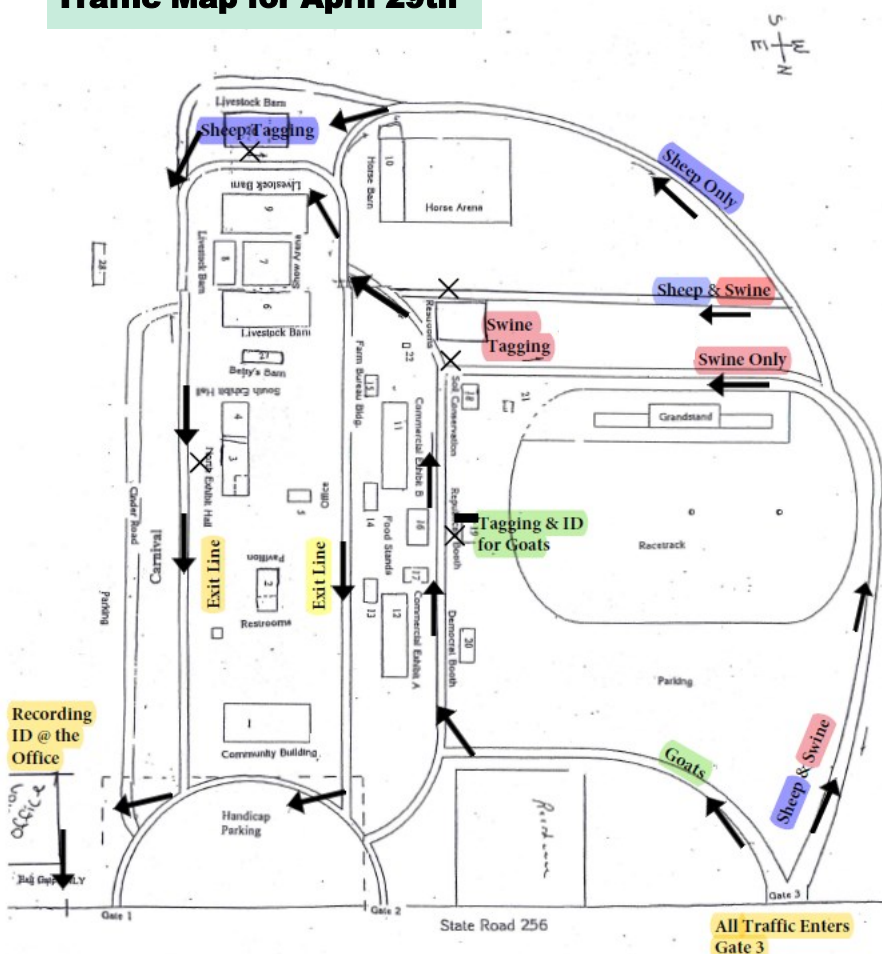
- **Born & Bred** — If your animal is Born and Bred, turn in the B&B form at tagging. Forms are available at the office or at tagging, see handbook for complete B&B rules.

- Don’t forget– New this year is a Sheep Born and Bred Class! Ask for form at tagging.

- **Enroll your Animal on 4HOnline by May 15th** All animals except rabbits, chickens, dogs & cats must be enrolled on 4HOnline. To enroll you will need:

- Tag Numbers or Appropriate ID– given at ID Day
- Premise ID Number– given by BOAH
- Weight– if taken at ID Day
- Birthdate– if applicable to species/ show class

Traffic Map for April 29th





The "New YQCA" Requirement



Indiana 4-H has chosen to replace the required Youth for Quality Care of Animals Training (YQCA) with a new training, Indiana 4-H Quality Livestock Care. **All 4-H members wishing to exhibit beef cattle, dairy cattle, swine, sheep, meat goats, dairy goats, poultry and rabbits must complete *either* an in person Indiana 4-H Quality Livestock Care training or an online YQCA training.** Indiana 4-H Quality Livestock Care will cost \$3 and online YQCA will cost \$12. Registration is now collected on 4-H Online Events.

2nd Training and 4-H Online Animal ID Help Night- May 15th @ 6 pm in the Community Bldg.

3rd Training and FairEntry Deadline Help Night- June 28th @ 6 pm in the Community Bldg.

Countdown to the Southeastern Indiana 4-H Camp

If you're ready to rock your summer you should get registered for the Southeastern Indiana 4-H Camp **June 5th-9th** at Camp Higher Ground in West Harrison, Indiana. This camp is for youth in grades **3-12** and is 4-H Member led. Our Junior Directors have chosen "Battle of The Bands" as our 2023 camp theme.

The camp aims to provide opportunities for leadership development, life skill development and a lot of fun. **Registration on 4-H Online Events is due by May 15th.** Camp costs \$220 dollars, thanks to generous donations the cost is discounted to \$110 for Jefferson County 4-H Members.

Contact the office with any questions at (812) 265 8919. We hope to see you on opening night!

THE COUNTDOWN TO REGISTER FOR THE "BATTLE OF THE BANDS" IS ON!

41 06 15
DAYS HOURS MINUTES

Go to 4-H Online Events to register or call your local extension office now!

SOUTHEASTERN INDIANA 4-H CAMP
JUNE 5TH-9TH

Junior Leaders Meeting—April 18th at 6:30pm in the Extension Office



Reminder

April Junior Leaders Meeting

April 18th at 6:30pm in the Extension Office

Mark your calendar! The April Junior Leaders Meeting will be on **April 18th at 6:30pm in the Extension Office.**

At the March Junior Leaders Meeting, the group discussed the possibility of going to Hickory Creek for a Bingo event. However, this event will need to be revisited at a later date due to scheduling conflicts.

Please take note of the location change! We will be at the Extension Office.

All 4-H youth in grades 7-12 are invited to attend! For more information, contact Jessica Martini at koons0@purdue or call (812) 265-8919.

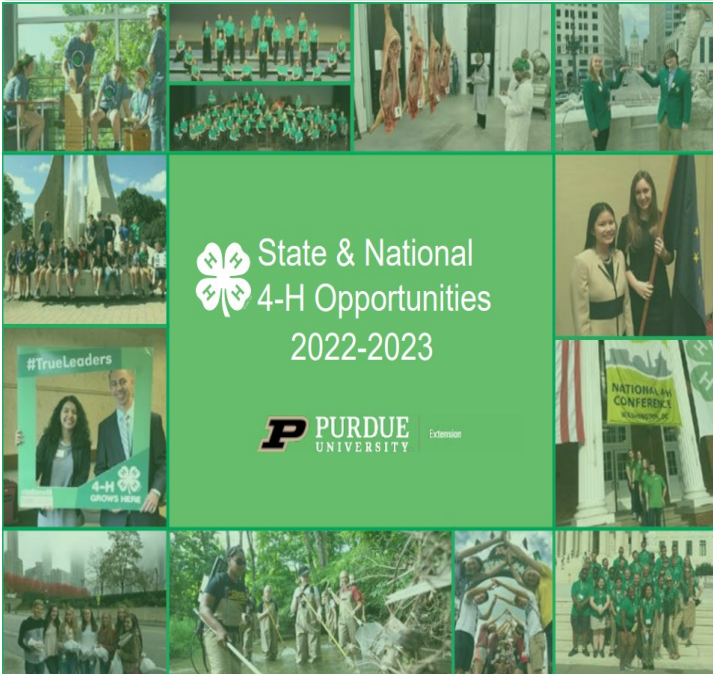




4-H Youth Development



State 4-H Trips @ Purdue – Register By May 15th



State & National
4-H Opportunities
2022-2023



State 4-H Trips are back! If you have never attended a State 4-H Trip such as 4-H Round-Up, 4-H Academy @ Purdue University, State 4-H Junior Leader Conference or the like, this may be the year to attend! Experience living in a college dorm, exploring career fields, talking with professors and specialists, and meeting 4-H members from across the state.

The Jefferson County 4-H Fair Board will sponsor Jefferson County 4-H Members to go on these trips. Registration is handled at the county level to facilitate this process.

View the dates and links to trip information websites below!

Ready to register? Contact the Extension Office by calling (812) 265-8919, stopping by or emailing one of the 4-H Educators. Jessica Martini, koons0@purdue.edu or Britt Copeland copelanb@purdue.edu

4-H Scholarships - applications due January 25 to County Extension Office.
bit.ly/4hscholarship

Day at the Statehouse - date TBA, Indianapolis, grades 7-12; participants tour the state house, meet representatives, and serve as student pages.
purdue.ag/4hstatehouse

National 4-H Conference - April 14-19, Washington, D.C.; grades 9-12 completed; application due December 1.
purdue.ag/national4hconference

Career Development Events - competitive events throughout the year that allow youth to showcase their knowledge on 15 different subject areas.
purdue.ag/4hcde

4-H Academy @ Purdue – Wed, June 7 – Fri, June 9, Purdue University, grades 9-12 completed; 15 career exploration workshops available. Registration deadline May 15.
bit.ly/in4hacademy

State 4-H Junior Leader Conference – Tues, June 13 - Fri, June 16, DePauw University, grades 9-12 completed; registration due May 15.
Facebook: [@4HSJLC](https://www.facebook.com/@4HSJLC) purdue.ag/4hsjlc

State 4-H Band & Chorus – Sat, June 24 – Mon, June 26, Purdue University; perform during 4-H Round-Up; grades 9-12 completed, registration deadline May 1.
bit.ly/inband4h bit.ly/in4hchorus

Citizenship Washington Focus – dates TBA, Washington, D.C.; grades 9-12 completed, registration deadline March 15.
purdue.ag/4hcwf

4-H Round-Up – Mon, June 26 – Wed, June 28, Purdue University, grades 7-9 completed, registration deadline June 1.
bit.ly/in4hroundup

Communications Events at the Indiana State Fair – demonstration, informative 4-H presentation, professional persuasive presentation, public speaking.
purdue.ag/4hcommunications

State Fair Exhibit Hall Workers – end of July through completion of IN State Fair; workers must be at least 14 years old at time of work, college students are welcome to apply; application due April 15. purdue.ag/in4hehw

National 4-H Dairy Conference – Sun, October 1 - Thurs, October 5. University of Wisconsin-Madison; grades 9-12 completed.
purdue.ag/national4hdairy

Indiana 4-H Leadership Summit 2023 – Saturday, October 21; youth grades 8-12 & adult volunteers; educational breakout sessions & scholarship & volunteer award recognition. purdue.ag/in4hsummit

Please contact your local Extension Office for county-specific application, selection, & registration information.

National 4-H Youth Congress 2023 – Fri, Nov 24 - Tues, Nov 28, Atlanta, Georgia; grades 9+, application due May 1.
purdue.ag/national4hcongress

In addition to the opportunities listed here, Indiana 4-H offers one-day programs focused on specific subject areas, additional programs related to the Indiana State Fair, opportunities for trained Teen Teachers, and more throughout the year. Learn more at bit.ly/in4hstateprograms

State 4-H Jr. Leader Conference— June 13-16

The 2023 State 4-H Junior Leader Conference will be held June 13-16 at DePauw University. Contact the office at (812)265-8919 if you are interested in attending.

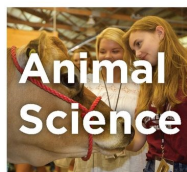
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4-H Academy—June 7th-9th, 2023



4-H Academy @ Purdue University June 7-9, 2023



Are you a high school student looking for something to do this summer? Join us at Purdue University for the 4-H Academy!

At 4-H Academy, high school students visit Purdue University to interact with faculty and industry professionals and meet new friends from across Indiana.

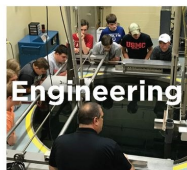


Contact your county's Purdue Extension 4-H Educator before May 15 to register.



To learn more, visit bit.ly/in4hacademy

For more information visit: <https://extension.purdue.edu/.../state-programs/academy.html>



To register contact the Extension Office before May 15th at (812)265-8919

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4-H Poultry Workshop—May 27th Save the Date!

Poultry project superintendents are working to line up guest speakers and activities for a fun afternoon. Attendance at this workshop means you don't have to fill out a poultry record sheet per the new Livestock Record Sheet alternative rule. Details are still in the works so for now, save the date!



Mini 4-H Day Camp—June 24th, 2023 from 10:00am-2:00pm

Do you have youth in grades K-2? Don't forget to sign them up for Mini 4-H Day Camp!



The camp includes games lead by Junior Leaders, 4-H STEM activities, crafts, project exploration, and more.

Register for the camp no later than June 20th via 4-H Online Events or by calling the office at (812)265-8919.

Join us for a day of fun & learning on the Jefferson Co 4-H Fairgrounds!

Mini 4-H is a noncompetitive, exploratory youth development program that gives members the chance to experience 4-H Healthy Living, STEM, and Citizenship programming through hands-on activities.

WHO: ◀.....

Mini 4-H Members and Youth in Grades K-2

WHAT: ◀.....

- | | |
|---|---|
| <p>" Themed Day Camp will include:</p> <ul style="list-style-type: none"> • Games with the 4-H Junior Leaders • 4-H STEM Activities | <ul style="list-style-type: none"> • Lunch Provided • Crafts • 4-H Healthy Living Activities • 4-H Project Area Exploration • Lots of fun! |
|---|---|





Area 1 Performing Arts Contest



May 6th, 2023 | 6:30pm

**Southwestern Elementary Multi Purpose Room
273 S Main Cross St, Hanover, IN 47243**

Registration begins at 6:00pm

Who can participate?

- The contest is open to all 4-H members in Area 1 (Bartholomew, Brown, Dearborn, Decatur, Jefferson, Jennings, Ohio, Ripley, & Switzerland Counties).

What are the categories?

Compete for a chance to perform at State Fair or 4-H Round Up!

- Curtain Acts: Musical**
 - 1-4 performers, 3-5 minutes
 - Types of Acts: instrumental (piano, guitar, flute, drums, etc.), vocal, bands (rock, country, jazz)
- Curtain Acts: Non-Musical**
 - 1-4 performers, 3-5 minutes
 - Skits or sketches, magic, clowning, rhythmic gymnastics, reading, 4-H cheerleading routines, choral speaking/reading, dance (ballet, tap, modern, etc.) lip sync, juggling, acrobatic feats, ballads, puppetry.
- Group Acts:**
 - 5 or more performers, 5-8 minutes.
 - Skits or sketches, choral number, dance routines, lip sync, etc.

How to register?

- Register via 4-H Online in the Events Tab at <https://v2.4honline.com>

Registration Deadline: April 28, 2023

Call Purdue Extension Jefferson County at (812)265-8919 if you have any questions or concerns.

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JEFFERSON COUNTY
GILTS & BARROW

5-20-23

CHECK IN
MAY 19TH 7-8:30 PM
MAY 20TH 7-10:00 AM

SHOWMANSHIP
*BOTH RINGS!
START TIME IS 11:00 AM,
BREEDS TO FOLLOW

ENTRY
\$30 PER HEAD PER SHOW
\$10 PER SHOW FOR
SHOWMANSHIP

ADDITIONAL INFO
BARROWS AND CROSSED GILTS
WILL BE SHOWN BY DECLARED
WEIGHT (15 LB. WEIGHBACK)
ALL COMMITTEE DECISIONS ARE
FINAL

LOCATIONS
JEFFERSON COUNTY FAIRGROUNDS
3852 W SR 256 MADISON, IN 47250

PAYOUTS
GRAND - \$500
RESERVE - \$250
3RD OVERALL - \$150
4TH OVERALL - \$75
5TH OVERALL - \$50

CONTACT
BRICE GRAY 812.599.6182
TANNER MAHONEY 812.701.6698
BRENT GRAY 812.599.5296

TWO RINGS, DOUBLE THE POINTS
RING A JUDGE: ISAAK BEAMAN
RING B JUDGE: TERRY SHAFFER

Health & Human Sciences

Extension Homemaker Updates:



JEFFERSON COUNTY EXTENSION
HOMEMAKERS

Quilt Show

APRIL 21ST & 22ND
10:00AM-5:00PM

JEFFERSON COUNTY 4-H FAIRGROUNDS
COMMUNITY BUILDING
3852 W STATE RD 256, MADISON, IN. 47250

VENDOR CRAFTS AND MORE WILL BE
AVAILABLE FOR PURCHASE

PROCEEDS FROM THE SHOW GO TO THE JEFFERSON
COUNTY EXTENSION HOMEMAKERS SCHOLARSHIP FUND

THE COMMUNITY IS INVITED TO ENTER QUILTS FOR
THE SHOW! QUILTS ARE PERMITTED TO ENTER ON
THURSDAY, APRIL 20TH FROM 3PM-6PM.

PLEASE CONTACT THE PURDUE
EXTENSION JEFFERSON CO. OFFICE
AT (812)265-8919 FOR MORE INFO



Important Dates:

Upcoming Homemaker Council Meetings:

April 6th at 9:00am at the Extension Office

May 4th at 9:00am at the Extension Office

Upcoming Smyrna Club Meeting:

April 12th and May 17th at 12:00pm at the
Wirt Baptist Church

Madison District Retreat:

May 23rd and 24th at Camp Higher Ground
in West Harrison, IN.—Reg. Deadline May 10

Looking to become an Indiana Extension
Homemaker? Contact the Jefferson
County Extension Office at (812)265-
8919 to learn how.



National Public Health Week—April 3rd-9th

On April 3rd-9th we celebrate National Public Health Week!

During each day of National Public Health Week, we focus on a particular public health topic. Then, we identify ways each of us can make a difference on that topic. These areas are critical to our future success in creating the healthiest nation, and everyone can do their part to help. On Friday, April 7th we celebrate Rural Health which impacts places like Jefferson County!

Fourteen percent of Americans [live](#) in rural areas. Rural Americans have [higher rates](#) of cigarette smoking, high blood pressure and diabetes. Compared to urban residents, they are at higher risk for poor health outcomes because of the [range](#) of health disparities they face. Racial/ethnic minorities and tribal groups are at higher risk for poor health outcomes, [compared](#) to non-Hispanic white adults. These health disparities include poverty, food deserts, also known as food apartheid, exposure to specific environmental hazards and less time for leisurely physical activity. People living in rural areas have [less access](#) to health care because of fewer providers and facilities and more transportation barriers. They are also not as likely to have health insurance. These factors play a part in the [greater risk](#) of death from heart disease, cancer, stroke, chronic lower respiratory disease and unintentional injury from motor vehicle crashes and opioid overdoses that rural residents face.

There are [effective strategies](#) that have been tested in multiple studies and have worked in rural communities to help reduce these disparities. School breakfast programs help [reduce](#) food insecurity and improve student diet, health and academic achievements. Research also shows that [vocational training](#) for adults and high school students help [strengthen](#) the health workforce available in rural communities and set residents on a path to succeed in and improve their communities. [School-based health care](#) and dropout prevention programs also help high school students achieve academic success. Increased [access to naloxone](#) and training to administer it can also bring a decrease in fatal opioid overdose rates.

Focus on:
Rural Health



<https://www.nphw.org/Themes-and-Facts/2023-Rural-Health>

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Health & Human Sciences

Upcoming HHS Programs



ServSafe Food Handler Certificate of Achievement

The ServSafe Food Handler course is for anyone who needs basic food safety and food handling training, including home-based vendors, food service workers, volunteers, or others who work with food who only need the basic training. **This course is NOT intended for foodservice managers.** To obtain your foodservice manager certification, you must take the ServSafe Food Protection Manager course and exam. ServSafe Food Handler satisfies training requirements for HVs outlined in Indiana House Bill 1149. This program focuses on key aspects including basic food safety, personal hygiene, cross-contamination and allergens, time and temperature, and cleaning and sanitation.

The half-day training includes a booklet and assessment. The Certificate of Achievement is valid for three years. A photo ID with signature is required to take the assessment (driver license, state ID, student ID, military ID, employee ID, U.S. green card, or valid passport).

The ServSafe Food Handler training fulfills the food safety training requirements mandated for home-based vendors in the state of Indiana. After passing the assessment, your Food Handler Certificate of Achievement will be documented with the National Restaurant Association so that you have easy access at any time to look up and prove your training.

Link to Register:
<https://event.me/Bv0VGN>

County Location: Jefferson County
 County Registration Deadline: April 13th, 2023



Event Date: April 20th, 2023

Event Location: Purdue Extension Jefferson

County Office – Conference Room

Street Address: 3767 W State Road 256

City: Madison State: IN

Zip: 47250

Training Cost: \$40

Time: 2:00 pm to 6:00 pm [ET]

Registration: Please utilize the

Event link to register

<https://event.me/Bv0VGN>

Contact: Jessica Martini

(812)265-8919, koonso0@purdue.edu



COURSE TYPE

Adult
 Virtual

WHEN

Thursday, June 15, 2023
 9 AM - 4 PM
 Eastern Time

WHERE

Virtual via ZOOM

COST

\$90 per person

QUESTIONS?

CONTACT:
 Tessa Garrow tgarrow@purdue.edu
 Jessica Martini koonso0@purdue.edu

SIGN-UP BY

Thursday, June 1, 2023
 Advance sign-up
 and online pre-work required

TO LEARN MORE AND REGISTER, VISIT

<https://event.me/Pradam>

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Upcoming Dates

<u>Date</u>	<u>Event</u>	<u>Place</u>	<u>Time</u>
April 6	Fair Board Meeting	Community Building	7:00 p.m.
April 6	Homemaker Council Meeting	Extension Office	9:00 a.m.
April 12	Smyrna Homemaker Meeting	Wirt Baptist Church	12:00 p.m.
April 15	Beef Tagging	Fairgrounds	7-10 a.m.
April 18	Jr. Leader Mtg.	Extension Office	6:30 p.m.
April 20	ServSafe Food Handler Course	Extension Office	2-6 p.m.
April 21, 22	Homemaker Quilt Show	Community Building	10-5 p.m.
April 28	Master Gardener Association Mtg	Community Building	6:00 p.m.
April 29	Spring Goat, Sheep, Swine Tagging	Fairgrounds	7-10 a.m.
April 29	Pollinator Day	Purdue Research Park New Albany	10 a.m.– 3 p.m.,
May 4	Homemaker Council Meeting	Extension Office	9:00 a.m.
May 6	Area 1 Performing Arts	Southwestern Elem.	6:30 p.m.
May 10	Extension Board Mtg.	Extension Office	6:30 p.m.
May 15	4-H Online Animal ID Deadline!!		
May 15	Quality Care of Livestock Training	Community Building	6-7 p.m.
May 20	Jefferson County Classic	Fairgrounds	
May 23-24	Homemakers Madison District Retreat	Camp Higher Ground	
May 27	4-H Poultry Project Workshop	Fairgrounds	
June 5-9	Southeastern IN 4-H Camp	Camp Higher Ground	
June 15	Adult Mental Health First Aid Course	Zoom	9 a.m.-4 p.m.
June 24	Mini 4-H Day Camp	Community Building	10 a.m.-2 p.m.
June 28	Quality Care of Livestock Training	Community Building	6-7 p.m.
June 29	Pen Set Up	Fairgrounds	6:00 p.m.
July 8-15	2022 Jefferson County 4-H Fair		

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