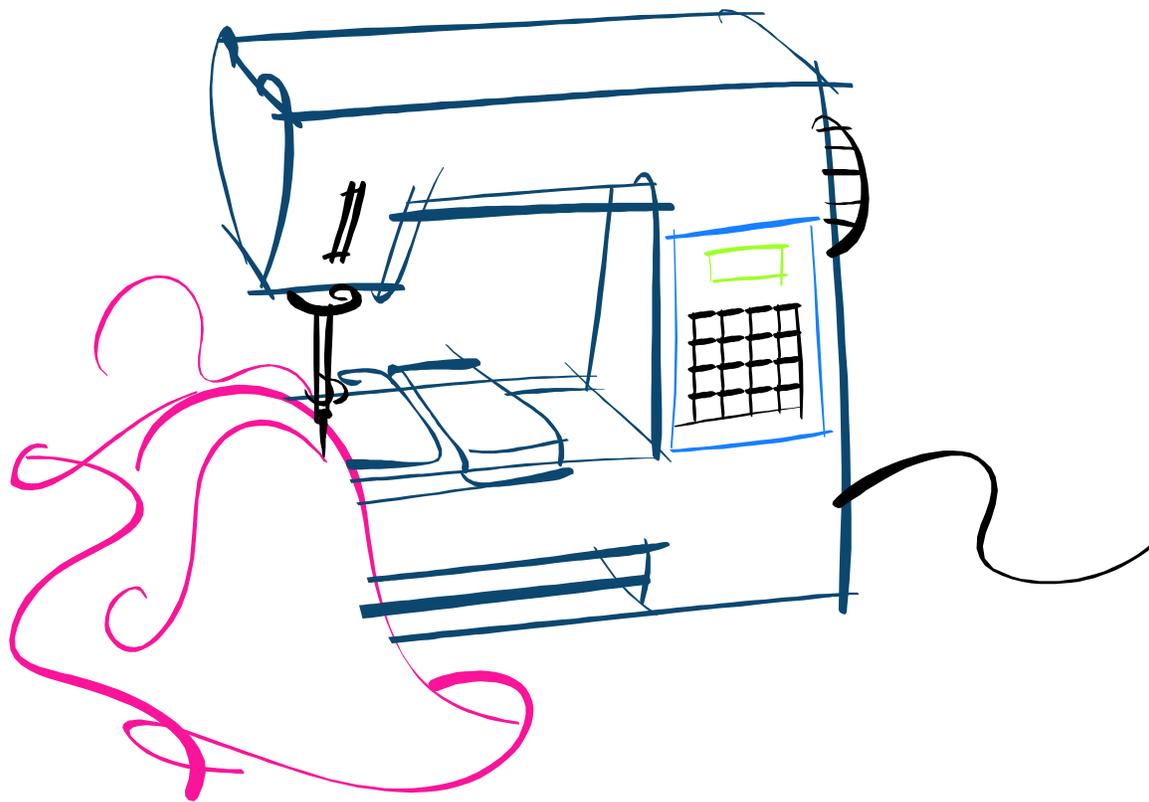


Jackson County 4-H Sewing For Fun



JACKSON COUNTY 4-H PROJECT ADOPTED IN JANUARY 1995

REVISED NOVEMBER 2014

JACKSON COUNTY

4-H SEWING

FOR FUN

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This material may be available in alternative formats.

PATTERN SUGGESTIONS

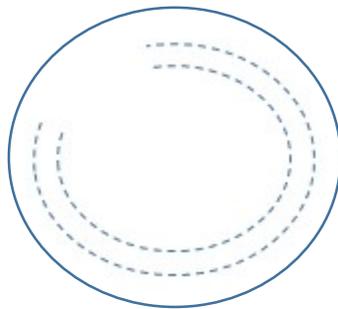
*These are only suggestions. You may check store pattern books and your local library for additional ideas and directions.

PILLOW

Decide on the size and shape of your pillow. Cut a pattern of your pillow out of paper (waxed paper, newspaper, etc.) one inch larger than desired size.

Fold your fabric in half (you want 2 layers). Place your pattern on top and pin in place. Cut.

Pin pillow back to front, right sides together. Stich 5/8" from edge backstitching at the beginning and end. Stich again 4/8" from edge to reinforce seam. *Be sure to leave a three inch opening for stuffing. If possible opening should be on a straight edge (avoid corners and points).



Trim seams down to 1/4" from last stitching. Clip curves and corners.

Turn right side out and press.

Stuff (with polyester fill, pillow form, etc.) and slip stitch opening closed.

NAPKIN

For one napkin – To make a 15" napkin, cut a 16" square piece of fabric. You will want to choose fabrics that are soft, smooth and have a high degree of absorbency.

Turn edge under 1/4" and press, folding corners neatly. Turn under edge again 1/4" and stitch in place.

Use your imagination and decorate with lace or other trim. Just be sure the edges of the napkins are folded under twice so you have a clean finished edge.

Napkin variations: Dinner napkins 18" to 24" square
Buffet napkins (good for laps) 12" to 18" rectangular
Luncheon or breakfast napkin 15" to 17" square

***Wash and dry your material before cutting.**

POT HOLDERS

Material: 2 – 6 inch x 6 inch pieces of fabric
1 – 6 inch x 6 inch layer of polyester fiber fill
Approximately 30 inches of 1/2 inch binding

Sandwich layer of fiber fill between two layers of 6 inch x 6 inch pieces of fabric.

Pin the three layers together.

Sew binding around pot holder by machine or hand.

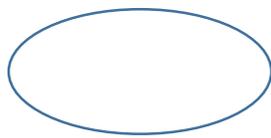
Make a loop from binding and sew to pot holder at one corner.

PLACEMAT

Pre-quilted fabric works nice here. Placemats of light or medium weight fabrics need fusible interfacing or 2 layers of fabric for extra body.

Decide on the size and shape of your placemat. An average size placemat uses approximately 18" x 15" of fabric. Make sure it is large enough so your table service will fit on it, but not so large that it looks out of proportion to the rest of the table.

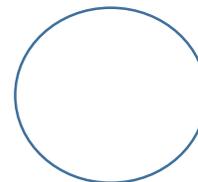
Design suggestions:



(harder)



(harder)



Cut a pattern out of paper (waxed, newspaper, etc.) Place your pattern on your fabric (single layer unless making two, then fold 2 layers). Pin and cut. Fold edges under 1/4" and press. Fold edges under again 1/4" and stitch. (If you choose to use seam binding to finish the edges, no turning under is needed.)

Use your imagination to decorate if desired. One variation is to use a different fabric on each side so you can mix and match for different occasions.

***Wash and dry your material before cutting.**

PILLOWCASE

For a standard size pillowcase you will need approximately 1 yard of 44" x 45" fabric; cotton/polyester blends or flannel fabrics are good choices.

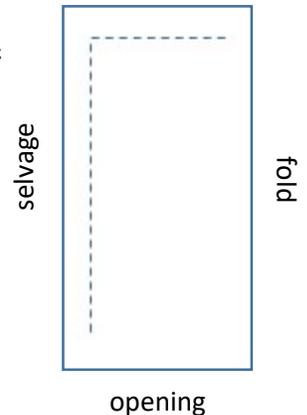
Once you have bought your fabric make sure the two edges of your fabric are straight.

With right sides together fold your fabric (selvage to selvage) in half making sure all edges are even.

Pin in place. Stitch a 5/8" seam along one end and the long side, leaving one end open. Stitch again 4/8" from edge to reinforce seam.

Trim seam to 1/4" from previous stitching (this eliminates bulk).

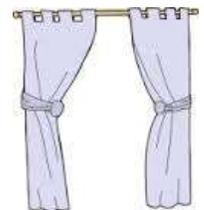
To hem opening, fold up 1/4" and press, then fold up 3" and press. Stitch. Turn right side out and press well.



CURTAINS (2 PANELS)

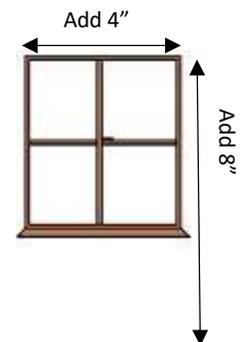
When deciding on the kind of fabric to purchase, keep in mind your color scheme and furniture to determine the look or mood you want. Patterned and textured fabrics add dimension to any room. Also remember curtains can provide warmth, privacy and reduce noise in a room depending on the weight of fabric chosen.

For curtain length, measure height of window (from rod to desired finished length) and add 8 inches. For curtain width (each panel), measure the window width and add 4 inches. Cut 2 of these, one will be for the right side and one for the left side.



For side seams, press under 1/4" on each long side, fold under again 1/2" and stitch. This gives you a finished edge.

For casing, press under 1/2" on top edge, then turn under 2" and stitch. Then stitch again 1/2" from top edge for the gathered heading and to form casing. (Depending on size of your rod, you may have to adjust the measurements so your rod will slide through casing.)



For lower edge or hem, press under 1/2", then turn under again desired length for hem and press. Stitch, press and hang in place. Tie back with ribbon or trim if desired.

A valance could be made using these directions: just shorten and sew the two panels together in the center.

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ROUND TABLECLOTH

Yardage Chart for Floor Length Round Tablecloths

Cloth	Size of Table	Size of cloth before hemming	Yards required				Number of sections required				# of inches each length cut	Yards of 45" wide fabric for 4" border
			36"	45"	48"	54"	36"	45"	48"	54"		
A	36" Diameter Round	89" Diameter	7 1/2"	5	5	5	3	2	2	2	90"	2 1/4"
B	36" Diameter Round	95" Diameter	8	8	5 1/2"	5 1/2"	3	3	2	2	96"	2 1/4"
C	48" Diameter Round	107" Diameter	9	9	9	6	3	3	3	2	108"	2 1/4"
D	54" Diameter Round	113" Diameter	9 1/2"	9 1/2"	9 1/2"	9 1/2"	3	3	3	3	114"	2 1/2"
E	60" Diameter Round	119" Diameter	13 1/4"	10	10	10	4	3	3	3	120"	2 1/2"

Keep in mind you will want to choose a smooth, soil resistant, washable fabric; and if your fabric is patterned be sure the patterns match when piecing the seams together.

To measure for a floor-length tablecloth, first measure the width of the table top, then the drop from the table to floor on each side, plus one inch for hem. For a 42" diameter table with 30" drop, figure 30" plus 42" plus 1" = 103". You will need a circle of fabric this large. Unless your table is small and your fabric is very wide (felt for example), you will need to add fabric to both sides to produce correct circle size.

One full width of fabric runs the entire center of the table including drop to floor on both sides. The equal side sections are added to complete proper drop all around, with the side seams falling concealed in the folds of the cloth. With 45" fabric, it takes three 3-yard sections, which equal 135". For any tablecloth you want to avoid a seam going down the middle of the table.

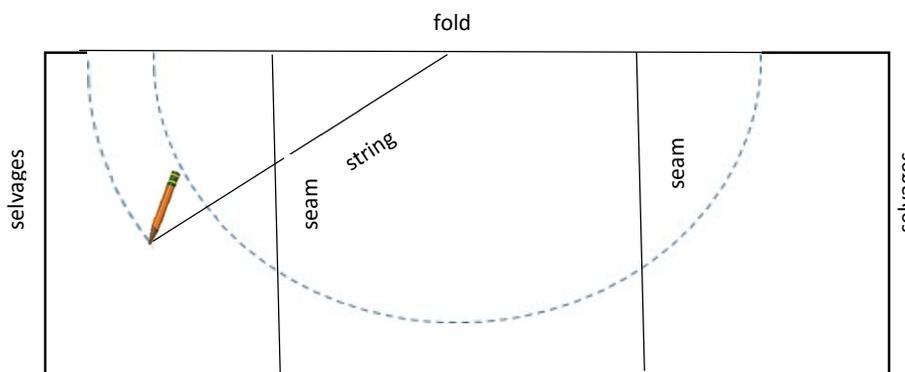
Sew each side section to each side of the center section. (See diagram.) Press seams open and finish seam allowance.

To cut your 103" fabric circle, the easiest way is to make a semi-circle paper pattern 103" long and 51 1/2" in diameter. Using a measuring tape as a compass, or tie a string 51 1/2" long to a pencil. Find center of paper, thumbtack or hold end of string in place and draw the half circle. Trim to size.

Lay paper pattern on fabric, placing straight edge of pattern on fold. Pin pattern in place and cut out fabric.

For hem, turn under 1/4 inch, press, turn under 1/2 inch, press, and stitch by hand or machine. Since the edge of a circular tablecloth is on the bias, careful handling is necessary to avoid stretching, therefore, if you choose a trim, choose one that can be eased around the curve.

***Wash and dry your material before cutting.**



SEWING FOR FUN RECORD SHEET

(Put in the green folder)

NAME _____ GRADE _____ YEAR IN THIS PROJECT _____

NAME OF CLUB _____ YEAR IN 4-H WORK _____

I have reviewed this record and believe it to be correct.

Signature of 4-H Leader

COMPLETE THE FOLLOWING FOR EXHIBIT ITEM.

1. List item and describe:

2. List new sewing skills (techniques) learned:

3. Was a commercial pattern used? _____

If not, explain where directions were obtained:

4. What type of fabric did you select for the item(s) you made?

5. How will you care for your item?

6. How much did your item cost vs the same item being purchased?

COST – Homemade _____ vs Store bought _____

Did you save or lose money by sewing it? Explain.

