



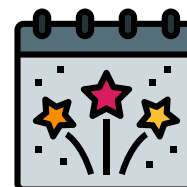
HENDRICKS COUNTY HOMEMAKER HAPPENINGS

Mission Statement: To strengthen families through continuing education, leadership development and volunteer community support.

Calendar of Events

June

- 1-3 Home and Family Conference
- 8 9:30 am Council Meeting, Hostess: Hazelwood



July

- 4 Independence Day - Extension Office Closed
- 6 9:30 am Council Meeting, Hostess: Fairfield
- 17 Tox-Away Day @ Hickory Elementary
- 20 6:00 pm Home Canning, presented by Kelly Allen
- 21 6:00 pm Aprons - Simple, Functional, Fashion Statement and Easily Made
- 22 Home & Family Arts Day
- 10:00 am "Chocolate Really Grows on Trees?" by Colletta Kosiba
- 11:00 am "Glorious Chocolate" by Charlotte Lloyd
- 12:00 pm Chocolate Contest Entries Accepted
- 2:00 pm Quilt Block Contest
- 2:00 pm - 4:00 pm Chocolate Contest Judging & Awards



Newsletter Deadlines



submission deadlines for the newsletters are
 August / September Issue - July 15
 October / November Issue - September 15
 December / January Issue - November 15
 February / March Issue - January 15
 April / May Issue - March 15
 June / July Issue - May 15

When emailing submissions please send to **both**
Sue Hatfield, Newsletter Editor
thatfieldfam@gmail.com
and Lisa Pitts pitts15@purdue.edu.
 Hand written copy may be given to either individual.

You don't have to send only club news. Have you discovered a new recipe, read an inspiring quote or poem or heard a great joke? We would love to have those too! Those tidbits will be shared as space permits.

Sue Hatfield, Newsletter Chair
 thatfieldfam@gmail.com

Beth's Bits

Something new is coming to our fairgrounds!

Blessing Box

This is a box that contains food and personal hygiene items for those in need. If you know of a group that would like to sponsor this box for a month, please reach out to the Extension Office: 317-745-9260. I anticipate that the Extension Homemakers will be the sponsors. If you hear this happening, I encourage you to donate when possible. What needs to be donated?

- Non-perishable food items (canned foods, cereals, crackers, etc.)
- Personal hygiene items (shampoo, deodorant, lotion, bandages, etc.)
- Baby products (all-sized diapers, baby formula, baby food, baby shampoo, etc.)
- Please do not include OTC medications (pain relievers, antibiotic creams, stomach relief, etc.)

I hope you take an interest in supplying items for this Blessing Box. It may be a "blessing in disguise".

We CAN all do this!

Beth



Rosie's Reflections

I CAN – U CAN 2! Please note the verbiage change here. Yes, I too wonder if people will ever spell again – like we did. We will have signs (made by our H.C. Just Be Kind group) with gold lettering on black background – very Purdue 4-H Fair!

EHM will have a Fair Booth (Expo Hall) to promote Homemakers. EHM will be present in our Booth so we CAN chat with the public - so we never miss an opportunity to grow.

Believe it or not there are visitors to our Fair who don't even know we have an Open Class Show. We asked to be placed near Master Gardeners – they grow the plants and we CAN share the recipes or centerpieces that use them! And send people to visit our Open Class Show. If you have a suggestion, please share.

The May Council Minutes report the additional programs EHM will have this year – we CAN add that info to the Fair Booth too.

A Bernina sewing machine was donated to our association. It will be stored and used at the Fairgrounds. We are inviting the donor to join us at Achievement Day, October 14. With this machine think all we CAN do.- easier!

Hendricks Co. Recycling District (formerly Solid Waste) may promote "I CAN – U CAN 2!"

That will include presenting a Recycling Program and prizes for CAN Contest entries – which 4-H is excited to try out! The contest will be open to everyone.

Please talk this up at your Club meetings and let me know where you CAN help!!

Like building a CAN CONTEST entry. CAN Exhibit. CAN work EHM Booth...

Rosie



Do all the good you CAN
By all the means you CAN
In all the places you CAN
At all the times you CAN
To all the people you CAN
As long as ever you CAN
by John Wesley

★ **DUES** ★

The yearly dues of \$15.00 are payable at the June Council Meeting on June 8th. Presidents were given a list of 2020-21 club members. Please make any address and phone updates on it, and return it with dues for all current club members.

Thanks, Joanna Sell, Treasurer

Open Class Books are available! Get one from your club president, pick one up in the Extension Office or download it from the website. Share it with a friend!

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TEACHER HELPING STUDENTS GROW "I CAN - U CAN 2!"

Jennifer Hall, Preschool Teacher with Mill Creek East Elementary, initiated a gardening project like no other in Hendricks County. As she reached out to the community for help the response was "WE CAN". Cascade High School's FFA constructed seven raised beds for her students and to share with the school.



Jennifer Hall pictured receiving checks from Homemakers President, Rosie Lenihan and Master Gardener President, Steve Pearl.

Hall applied for a Hendricks Co. Extension Homemakers Teacher Grant. Homemakers said "WE CAN" and awarded \$100 to the project. Homemakers then contacted their peers in Master Gardeners, who also said "WE CAN" with matching funds and seeds.

This is only the beginning – soon the students will plant, grow, learn, and share their harvest. They hope to have fall produce so the school may serve it for lunch!!

Hendricks Co. Extension Homemakers, Master Gardeners and 4-H" will be doing their best to plant, grow, learn, and share " I CAN - U CAN 2 ! " throughout the County.

SCHOLARSHIP WINNERS ANNOUNCED

The Hendricks County Extension Homemakers are pleased to present two \$1,000 scholarships to two deserving Hendricks County Seniors to help further their educational goals and to encourage their continued development in the areas of Health and Human Sciences, Food Science, Education or a related field.

This year's recipients are:

Mebele Onwuaduegbo, daughter of Ike and Martina Onwuaduegbo, Indianapolis, will graduate from Avon High School. Mebele plans to attend Brown University – Providence, in Health Sciences as a Pre-Professional.

Abby Lynch, daughter of Steve and Amy Lynch, Brownsburg, will graduate from Brownsburg High School. Abby plans to attend the University of Illinois Urbana-Champaign for Elementary Education and a minor in Spanish.

The Extension Homemakers of Hendricks County wish these seniors the best of luck in the future.



Abby Lynch



Mebele Onwuaduegbo

Suzie Garner, Leadership Chair

Blast from the Past

Washers

Fill washing machine to the water line. Too much water cuts down efficiency and may damage the mechanism. Too little will not get your clothes clean. Use no more than the recommended amounts of soap and water softeners. Too much sudsing cuts down cleansing.

Don't overload the machine follow instructions. Don't overwork the washer. Run it only as long as is actually necessary. Guard your rubber wringer rolls. Remove pressure the moment you are through washing. Wash rolls with warm soap-suds, then rinse and dry.

CLUB NEWS



CHAT'N DO HOMEMAKERS

Chat'n Do Homemakers held their April meeting in the Conference Room at the Hendricks County Fairgrounds and via ZOOM. Ten members and one guest attended. Judy Ricketts was the hostess. For devotions, Judy read a poem "Gifts of the Heart" written by a friend Lynne Brinich. Judy Heffelman presented two Health and Safety Lessons - one on how fruits are categorized and the other on how safe is it to get lots of x-rays and CT scans.

We discussed the following:

- Wash cloth hygiene kits - 4 members will do the sewing
- We Can project for the fair - we are collecting empty cans to make people out of cans to highlight what we do in Extension Homemakers to put around the fair
- Collecting cans of fruits and vegetables at the fair - donate 5 cans and you get one free ticket to the fair
- Open Class - books were distributed
- Our next meeting will be at the Interurban in Plainfield with Judy Heffelman as hostess.

Submitted by, Judy Ricketts

HAZELWOOD HOMEMAKERS

April showers bring May flowers. I love Spring time and seeing all the flowering trees bloom; watching the flowers grow and burst out in so many different colors; observing the birds as they make nests in preparation for a new brood; and listening to all the amazing sounds of the season. It's amazing!!! It's like the whole world starts over every Spring. I can't help, then, to be reminded of how God's mercies are new every single day.

In April, the Hazelwood Homemakers gathered together for our monthly meeting. One of our members, Becky, introduced us to the wonderful world of stamping and card making. It was fun to watch a plain piece of paper turn into a pretty card that we could give to someone and encourage them. In May, instead of our regular monthly meeting, we are planning to get together for a pool party and pitch in with a time of fellowship.

Submitted by Melissa Phillips

FAIRFIELD HOMEMAKERS

It's been months since we have met as a group. Finally, a pitch-in picnic at Hummel Park in Plainfield is being planned, but it will be canceled if it is a rainy day. In addition to seeing our friends and paying our 2021-21 dues, we will be discussing our involvement with the Hendricks County Fair in July, Achievement Day in October and Holiday Fest in December. Since all or most of us, our families or friends have had some kind of health issue, we have kept in touch with letters, notes, phone calls or emails. Y'all take care!

Fairfield's 94 year-old member (Norma Porter) always brings "No-Bake Chocolate Peanut Butter Cookies to our club meeting pitch-in luncheons.

Recipe: No-Bake Chocolate Peanut Butter Cookies

Bring to boil and cook 1 minute: 1/4 c. cocoa, 2 c. sugar, 1/2 c. milk

Mix in: 1/2 stick (4 T.) butter, 2/3 c. peanut butter, 1 T. vanilla

Add: 3 c. minute (quick) oats

Mix together, form balls and put on wax paper. Makes 2-3 dozen.

CHAT'N DO HOMEMAKERS

Recently at their monthly meeting, Chat 'N Do Homemakers installed their officers for the upcoming year. They will assume their duties in July. Meeting discussion included the upcoming Hendricks County Fair to be from July 18th to July 24th. Chat 'n Do will sponsor the Quilt Block Contest and the Chocolate Contest on July 22nd. Anyone CAN enter the Home and Family Show; the entry information is available at the Extension Office at the Hendricks County Fairgrounds. You CAN and I CAN 2 will be a fun focus to "Pack the Pantries" of the Hendricks County Food Coalition.

Submitted by Jan Armstrong

Riley Cheer Guild

Did you know that your Homemaker Club can become a chapter of the Riley Cheer Guild? Or you as an individual can join! Supporting the Cheer Guild is a wonderful opportunity and also supports one of IEHA's State projects. Your Membership helps support the many programs at Riley including the Toy Room, Music Therapy program, and the CompleteLife program (which includes the Art Cart). The Riley Cheer Guild makes a difference in the lives of it's patients and their families. Please consider joining.

- Membership is good for 1-calendar year
- Cost is \$25
- For more information visit www.rileycheerguild.org

This year's annual membership meeting will be June 17, 2021 from 12:00 pm - 1:00 pm via zoom and can be accessed via:

<https://iuhealth.zoom.us/j/6745499115?pwd=bW4rODBTd00xeFU3djNnNlVubkx2QT09>

Meeting ID: 674 549 9115

Passcode: 620156

If you would like a membership form, visit www.rileycheerguild.org/membership or contact List Pitts at the Extension Office pitts15@purdue.edu

Submitted by: Shannon Wagner, Chat 'n Do, former Riley Cheer Guild Board member

RADISHES

DID YOU KNOW.....

- A ½ cup of sliced radish contains about 12 calories.
- Radishes contain small amounts of: Calcium, Potassium, Riboflavin, Folate, Niacin and a good source of Vitamin c, Vitamin K and B-6, Magnesium. One-half cup offers about 14 percent of your recommended daily allowance.
- Eating Radishes may help prevent cancer.
- A one-half cup serving of radishes gives you 1 gram of fiber.
- Radishes are a natural antifungal.
- Zearalenone is a toxic fungus that invades many corn crops and animal feeds. Radish helps reduce Zen effects.

ROAST RADISHES

- Wash and trim the Radishes, by cutting the roots and greens on top.
- Salt, black pepper, smoked paprika, garlic powder, and onion powder, one Tablespoon of each, or season to taste. Mix all seasonings together, then toss the cut radishes in olive oil and then the season mixture.
- Spread radishes on baking sheet, in single layer.
- Put in 350-degree oven for 30 to 40 minutes depending on size of radishes, turning halfway. Check to see if done with fork should be soft inside, like potatoes.
- Can be sprinkle with extra salt if needed.

Achievement Day October 14, 2021

What a CRAZY year its' been!

Along with everything else that has been going on we have moved ACHIEVEMENT DAY to the Fall for 2021 in hopes that a greater number of members would be vaccinated or feel more comfortable attending a group event.

Please help us celebrate ACHIEVEMENT DAY this year a little differently. Our theme for 2021 is "Laugh for your Health" We have scheduled a morning AND an afternoon speaker/ presenter to help us live out the event theme.

Homemaker clubs should look for additional information about committee responsibilities for the event soon.

This is the part where ALL Hendricks County Extension Homemaker Members can help - please consider inviting friends/ family to this FUNTASTIC luncheon. We will have more information on the minimal event charge, for individuals who are not Extension Homemaker Members, when the event gets closer.

Keep laughing!! Ellen Looney and Lynn Lillard

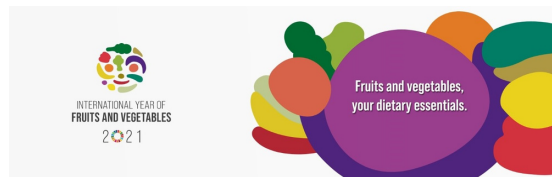
Make A Difference Day Update

We are having Make A Difference Day October 12, 2021 from 10am-2pm. We will be sewing bags for Riley Hospital and making hygiene kits for Headstart as of right now. If we need to change that we will. We are always willing to do whatever the community needs. All are welcome to come.

Donations are continuing to come in. Linda Downey donated 18 yds of fabric and is giving a Bernina sewing machine to the Homemakers. Ladies made the washcloth holders for the hygiene kits. We filled 50 after the council meeting and Joanna Sell will take them all to Headstart in Danville. I have quilt batting and fabric to make quilts and blankets and also material for bags for Riley. Just let me know if you need some or would like me to pick up finish items. Melissa Phillips made 15 baby blankets which went to Family Promise in Plainfield and Hendricks County Hospital. Martha Sellers had a quilt for the homeless ministry. Joanna Sell made bags for Riley and a puppy pillow. The Hazelwood Homemakers got together for an afternoon of sewing. Six lap quilts will be finished for the elderly in nursing homes and 7 hygiene kits were made for the Homeless Ministry at Hazelwood. Things are definitely looking up. It just takes YOU to make a difference in the world! We will look forward to seeing you at the fair and on October 12th for Make A Difference Day!!

Thank you all that are continuing to MAKE A DIFFERENCE in our community.

Charlotte Lloyd



CAN YOU BELIEVE?.....

This year you CAN attend the Hendricks County Fair! The dates for the fair are July 18-July 24.

You CAN participate in many activities and some are listed below:

You CAN exhibit in Open Class Show

You CAN enter the Quilt Block Contest

You CAN enter your best CHOCOLATE in the chocolate contest

You CAN PACK THE LOCAL FOOD PANTRIES with CANNED fruits and vegetables

You CAN pick up a program book at the Hendricks County Extension Office located in the conference center

YOU CAN HAVE FUN "ON THE SPOT"

You CAN join an Extension Homemakers club, 4-H or Master Gardeners



INSTALLATION OF OFFICERS

The new officers were installed at the May council meeting



Pictured Left to Right:

- Sue Hatfield - Newsletter Editor
- Charlotte Lloyd - Volunteer Community Support
- Sharon Lytle - Education
- Lynn Lillard - 3rd Member at Large
- Judy Ricketts - Treasurer
- Karla Janning - Secretary
- Deloris Elza - Vice President
- Rosie Lenihan - President
- Sharon Fruits - 1st Member at Large

Not Pictured:

- Shannon Wagner - Leadership
- Sandra Kelley - 2nd Member at Large
- Ellen Looney - 4th Member at Large