



HENDRICKS COUNTY HOMEMAKER HAPPENINGS

Mission Statement: To strengthen families through continuing education, leadership development and volunteer community support.

Calendar of Events

February

- 1 Council Meeting 9:30 am
- 1 Leader Lessons: 1:00 pm, 2:00 pm, 3:00 pm (VIRTUAL)
- 14 Valentines Day
- 15 Make A Difference Day 10:00 am
- 21 Presidents Day - Extension Office Closed



March

- 1 Council Meeting 9:30 am
- 17 St Patrick's Day
- 23 Spring District Meeting, Hamilton County **** Note the DATE CHANGE****
- 29 "Fun and Games" - Hendricks Co 4-H Complex 6:00 pm



April

- 5 Farm Woman's Conference
- 12 Council Meeting 9:30 am
- 12 "Yeast Breads & Herb Spreads" - Hendricks Co 4-H Complex 6:00 pm



Newsletter Deadlines



Submission deadlines for the newsletters are
 April / May Issue - March 15
 June / July Issue - May 15
 August / September Issue - July 15
 October / November Issue - September 15
 December / January Issue - November 15
 February / March Issue - January 15

When emailing submissions please send to **both**
 Sue Hatfield, Newsletter Editor
thatfieldfam@gmail.com
 and Lisa Pitts pitts15@purdue.edu.
 Hand written copy may be given to either individual.

Sue Hatfield, Newsletter Chair
thatfieldfam@gmail.com

IEHA Families Home Page - www.ieha-families.org

Purdue Extension Hendricks County -

www.extension.purdue.edu/county/hendricks



<https://www.facebook.com/Hendricks-County-Extension-Homemakers-600129567100835>



Well, we survived 2021, and now we have the challenges of 2022! COVID is still here, but we are getting smarter. I believe you are aware of the status of the OMICRON version of the DELTA virus. According to science, it is highly contagious and your best defense is the vaccination. If you do get COVID and are vaccinated, the cases do not appear to be severe, in fact, sometimes you are not admitted to the hospital. If you want to be courteous to the public and cautious around the young, who are too young to be vaccinated, please get the vaccine. Please check out following links for more information on the SCIENCE of COVID:

- The CDC: <https://bit.ly/34Rye3Y>
- The FDA: <https://bit.ly/34RSnqB>
- IN Dept. of Health: <https://www.coronavirus.in.gov/>

Stay healthy and stay well!

Beth

Rosie's Reflections



HAPPY NEW YEAR! Here is an excerpt of the message we sent to IEHA President, Jan Gogel: "Hendricks Co. EHM have received the BEST Christmas gift - **Application For NEW CLUB CHARTER!!** Merry Christmas...The form also lists all 12 future members."

They plan to name their club "Steadfast". They shared that most of their mothers had been "Home Ec" members in Marion Co. long ago, and as kids many had attended their meetings. How exciting to add a new club!

Holiday Fest was praised by many of our visitors. Many said how much they appreciated the boxed and weighed cookies, which were sold out by noon, and the layout of booths, cookie table, and lunch. Thanks to all who donated cookies, time, talent, energy and smiles to make the event a success.

Valentines by the CHORUS! See more details on this in Newsletter. At Council meeting this month, several members said they had "sent" our *Treblemakers* to senior centers/facilities, meetings, churches – to share the entertainment. Just suggestions!!!

Happy Valentine's Day to ALL

Rosie

WANTED

TWO
Hendricks County Homemakers
to Serve on the Council
July 2022 - June 2023

1 - to serve as Vice President
1 - to serve as 4th member at large*

***4th member at large chairs**
Achievement Day May 2023

WHEN FOUND
contact Sharon Fruits
at 317-539-2667



We are still seeking an enthusiastic individual to take the 4th Member at Large Position for the 2022 - 2023 term.

Along with attending monthly Council meetings, the person in this position is responsible for Chairing the Achievement Day program in May 2023. Just like Holiday Fest, all clubs have a task/committee, and are involved in the planning & execution of Achievement Day. So the weight of the event does not fall solely on the Chairperson's shoulders.

We are all in this together! Please do not be shy - participation never makes TV or Podcasts, and no one gets fired if they cannot attend a Council meeting.

Leader Lessons February 1, 2022



Join us Tuesday, February 1, 2022
for **VIRTUAL SESSIONS**

Lessons to be presented:

- 1:00 pm "Returning to a Social Life" by Susan Peterson
- 2:00 pm "Memory, Forgetfulness and Aging" by Christiana Owusu-Alkomah
- 3:00 pm "Code Red" Beth Switzer

Participation is FREE, but registration is required. Chose the session(s) that interest you.
You may register at bit.ly/2022LeaderLessons or by calling the Extension Office at 317-745-9260

Due to increasing COVID numbers, the decision has been made to convert this to an all virtual event.
Zoom links to those registered will be sent in advance.

Send a Truly Unique Valentine's Day Gift through the Treblemakers

On Monday, February 14th, the Treblemakers of Hendricks County Will:

- Sing 3 songs (romantic or friendship)
- Present a stuffed animal & homemade treat
- Send a keepsake photo with the recipient



Cost: \$50 within Hendricks County; \$60 in surrounding counties
ZOOM Valentine available (singing only) for \$15



Call Kitty at 317-508-1439 to book your time!

2022 IEHA Home and Family Conference

When: Monday, June 6- Wednesday, June 8

Where: Embassy Suites, Noblesville, IN
2-Room Suites with 2 Queen Beds
Complementary Hot "Cooked to Order" Breakfast

Tentative Plan

"More for Less"

More Content!

Keynote Speaker - Vendors - Tour
6 Heritage Skills and 4 Craft Sessions - i-LEaD III and 23 Educational
Breakout Sessions
Logo Sales, Cultural Arts and Silent Auction - Melody Makers Concert at
St Luke's Church
Monday - Evening Welcome Reception with Food and Drinks
Tuesday - Plated Dinner (Travel to Melody Makers Concert afterward)
Wednesday - Plated Gala Luncheon
Coffee available at every meal.
Less walking - Hotel and Conference Center is in the same building

Less Cost!

**Conference will end on Wednesday at 2:30 pm. No need to stay
Wednesday night!**

**One less night's stay at hotel (2 nights vs 3) = \$100 savings at
Double Occupancy!**

**All meals included in Registration fee. No "on your own" meals =
\$30 Savings!**

"Can't Wait - Save the Date!!!"

BREAKING NEWS

Spring District Day

Wednesday, March 23, 2022

Registration begins at 9:30 am

Location: "The Edge"
Gary Reynolds Farm
21097 Durbin Rd
Noblesville, IN 46060

Cost \$15/person

Theme:
"Welcome to the Farm"

Attire:
Casual - Farm Attire

Coffee, Doughnuts and Muffins
available at registration

Additional details will be available at a later date

Make A Difference Day Update

Wow!!!! It's 2022!! We survived 2021! It is amazing how quick it seemed to go by. We have been through so much in the last two years, so it's time to have some fun! Make a Difference Day is just around the corner. I hope you are ready to come and join the fun. **Make A Difference Day is February 15th, from 10:00 am - 2:00 pm, at the Hendricks County 4-H Complex and Fairgrounds.** You won't want to miss it. **Did I mention you don't have to sew to participate??** There are jobs for everyone. We will be making more fleece blankets and bags for Riley Hospital. We have another quilt top to make into a quilt for the homeless. There will also be washcloths and ribbon to make into hygiene kits. Does it sound like fun yet? There is more!!! Bring a dish and we will have lunch together. If you want to come and crochet or knit there might be someone who would like to learn how. Still not enough!! We will be making a difference in someone's life, but we will also make a difference in our lives. See, 2022 has already started better than 2021.

So here we go! February 15th at 10am come and spend 4 hours having fun and making a difference. You won't want to miss it!! Here is a list of things you might want to bring or donate.

- Sewing machine, pins, scissors, cutting board and cutting wheel
- Kid friendly fleece material machine washed in unscented detergent and no softener
- Kid friendly 100% cotton fabric washed in unscented detergent and no softener
- A project that you would like to share how to make.
- If someone would like to bring music it would be great.
- A dish to share at lunch.
- A willing heart and a desire to have fun.

I think that is all but you never know!! I'll see you there!!!



Charlotte Lloyd
812-236-2063

Call if you need me to pick up anything!!



Fun and Games - March 29, 2022

Fifth Tuesday FUN AND GAMES will be held March 29th from 6:00-9:00 p.m. at the Hendricks County 4-H Complex. Bring your favorite board or card game and friends to play with you. We will furnish the table, chairs and prizes for a charge of \$5.00 per table. Snacks and beverages will be available for purchase. The more you buy the more tickets you will have for the drawing of prizes. All proceeds will benefit Hendricks County Food Pantries.

Remember the fifth Tuesday of the month. There are four in a year - March 29th, May 31st, August 30th and November 29th. Plan to come, bring a table of friends and celebrate Spring!

We hope to make this a tradition to look forward to for the community as well as Extension Homemakers!

Thank you, Karen Hole

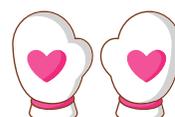
THANK YOU!

Chat N' Do Homemakers Club wishes to thank all who brought in cookies for the Cookie Walk on December 3rd. We had people waiting in line to purchase the cookies, and we were sold out by 12:00 pm. What great support we have from our community. We wish everyone a wonderful New Year!

Thank you!

Your generosity is overwhelming!

The Christmas Tree at the Fairgrounds held over 1,000 (yes, thousand!) pieces of winter hats, scarves, socks, gloves, headbands and mittens. The items were distributed to Bartlett Chapel in Avon, Danville United Methodist (Shared Blessings Food Pantry), Family Promise and St Mark's Episcopal Church (both in Plainfield) to help those in need. Warm smiles and open arms were most welcome to receive the donations.



CLUB NEWS



Chat 'N Do

CHAT 'N DO Homemakers gathered on Wednesday, December 8th, at my home for our annual Christmas Pitch-In Dinner and Auction. We decided over 10 years ago this venue would be our annual fund raiser for our club. Each member brings one or two wrapped "gifts" with hints to the contents. Gifts are auctioned and funds are used throughout the year for donations and community service projects.

Submitted by - Rosie Lenihan

Hazlewood Homemakers

The Hazelwood Homemakers were very busy this Fall. In September, we tried something new to raise money for scholarships. We participated in the Craft Fair & Apple Festival at Anderson Orchard. The ladies all provided different types of baked goods to sell, from snack mix to cinnamon rolls, cookies, breads and the chocolatiest brownies ever. Our tent was definitely the best smelling tent around! It was a lot of fun and we sold out by the end of the first day and raised a good amount of money for our scholarship fund. So exciting!!!!

We also had a fun time working on the center pieces for Achievement Day. To tie in the theme of "Laughing for your Health", we added cartoons or jokes to the pumpkins and flower arrangements. We all had a good laugh that day reading through all the jokes and cartoons we brought in. We actually had many more jokes and cartoons than we needed.

Many of the ladies in our group participated in the "Make a Difference Day" as well. A couple of us worked on assembling the quilts; some sewed totes; and some cut out fleece blankets. It was a wonderful time of fellowship, too, as we worked on things to help out our community.

Our group was also responsible for presenting Appetizers and Hors D'oeuvres for Heritage Skills Day in November. What a hoot!!!! Unfortunately, after all the planning, cooking and presenting, I still can't spell hors d'oeuvres without looking it up first! HA! If you weren't able to attend, the recipes were posted on the "Hendricks County Extension Homemakers" Facebook page. Or, if you don't have access to Facebook, feel free to contact our club. We'll be glad to share these delicious recipes.



In December, our group had a Christmas luncheon out at "The Final Approach" in Greencastle. Besides eating a wonderful lunch, we exchanged gifts, sang, and just had a sweet time of fellowship.

In January, our group will be taking a small break and then starting back up in February. It will give us time to focus on the new year. As we begin to prepare and to move forward, we will need to remember ...

- To put the past in its proper place: "One thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus." Philippians 3:13-14
- To be willing to try something new: "Do not remember the former things, Nor consider the things of old. Behold, I will do a new thing, now, it shall spring forth; Shall you not know it?" Isaiah 43:18-19a
- That God is in control and will direct our paths: "For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope." Jeremiah 29:11
- God's mercy, love & faithfulness will continue each day: "Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness." Lamentations 3:22-23
- That God will take care of us: "Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body..." Matthew 6:25-34

Our group is looking forward to the New Year, especially knowing that God will work in mighty ways in our lives.

Submitted by Melissa Phillips

Achievement Day



ADVENTURE AWAITS- mark your calendar for May 5, 2022

Achievement Day

Are you ready to get away?! Whether you are traveling locally, regionally or globe-trekking our guest speaker TRAVELING TANYA will provide inspiration!

Tanya, a Brownsburg resident, says that she's "on a mission to inspire busy people to make travel a priority". And she's ready to prepare us for post-COVID travel again!

Filled with all sorts of tidbits about air travel, beach essentials, shoes for travel and more, Tanya will bring her passion to our group.

No need to buy an expensive airline ticket- just bring an open mind for possible travel destinations!

Submitted by Ellen Looney

Homemaker Weekly Recipes in the Danville Republican Newspaper

Ladies-

We sure know a good recipe when we see one or when we taste one!

Thanks to the MODERN HOMEMAKERS and the CHAT' N DO HOMEMAKERS for providing recipes for the Republican Newspaper.

Below is a list of the recipe titles submitted to the Newspaper, and the individuals name who submitted it.

January 2022 - Modern Homemakers

Glazed Ham Balls - Kathy Hitchcock
Ham Loaf - Joanna Sell
Candied Pecans - Darlene Gettle
Angel Biscuits - Jane Pfaffenberger
Carrot Salad - Ellen Looney
Fudgy Chip Cookies - Lynn Lillard

February 2022 - Chat 'N Do Homemakers

Skillet Pasta - Rosie Lenihan
Broccoli Salad - Rosie Lenihan
Howe's Beans - Rosie Lenihan
Frozen Fruit Salad - Rosie Lenihan
Forgotten Cookies - Rosie Lenihan
Apple & Sweet Potato Bake - Rosie Lenihan
Butterscotch Brownies - Rosie Lenihan

The deadline for the April, May and June recipes is March 15, 2022. The following clubs are assigned the upcoming months:

- April - Hazlewood Homemakers
- May - Young Moderns
- June - Fairfield Homemakers



General Guidance:

- Clubs are asked to provide 7 recipes for the month assigned
- Only recipes completed on the SUBMISSION FORM will be considered for printing in the paper (contact the Extension Office or Ellen Looney if you need another form)
- Please read and follow the instructions on the top of the SUBMISSION page
- Please assign one member in each Club to collect the recipes and then send them electronically to Ellen at ellen_looney@yahoo.com

Questions??

Contact Ellen Looney
ellen_looney@yahoo.com
317-797-8368

Holiday Fest

Happy New year! I hope you all had a wonderful holiday season with your families! I want to thank each and every one of you for all your hard work at Holiday Fest. It was a great success. Overall everyone involved was very pleased with the day. I could not have done it without each club doing their part. Everyone raved about the lunch. Overall the vendors were happy, they just suggested we end at 2 PM, and they missed us not having complimentary coffee for them.

The only area we fell a bit short was in the amount of cookies we had to sell. I just would like to remind each member that if we all bake at least 6 dozen cookies, no matter what your job is that day, we will have more cookies to sell and in turn make more money for our organization. I understand that some members are not physically able so the other members of their club need to make their cookies for them. If we can all come together in this way I am sure Holiday Fest 2022 will be a success as well.

Karla Janning

Blast From the Past

Recipe from 1959 to celebrate Valentine's Day

Gelatin Heart Cutouts

Dissolve One package cherry or strawberry or raspberry flavored gelatin in 2 cups hot water.
Pour into shallow dish gelatin and it should be a little less than ½ inch thick. Chill till firm. Cut out hearts with cookie cutter. Use to trim salads, or desserts.



From 1947 Household Hints

Tears in upholstery can be mended almost invisibly by placing mending fabric tape on the reverse side of the upholstery, shiny side of mending tape face down, and pressing with hot iron. (This mending tape is carried by almost all five and ten cent stores.)

Fifty Years of Cooperate Extension Service in Indiana continued

With the leadership of Miss Gaddis, there was cooperation between Home Economics and other departments. An example of the joint educational efforts of the Extension service, Miss Gaddis had said "was the need during the war years to encourage farmers to grow more wheat. Home Economists demonstrated bread making throughout Indiana at this time to interest women in wheat. Another example, we worked very hard along with men to get safer milk supplies for families".

Miss Gaddis, in her comments, gives credit to men as being helpful along the line. County agents assisted in doing the heavy work in setting up exhibits, as well as in arranging for demonstrations, and getting the material and specialist to the right pace at the right time.

During war time, 1917-1919, with extra funds provided by the Federal government, the whole Extension staff was increased, with county agents, home demonstration agents, and more specialist. When the war was over, funds were withdrawn, and the staff was reduced. At times, one agent served more than one county. It became apparent that the reduced staff would have to spend time in teaching leaders among farm women in Indiana. The science of homemaking, and also techniques of transferring the teaching to other women, organized in Home Economist Clubs.

To be continued-

Budget Friendly Recipes

Chocolate Cinnamon Cappuccino Mix In a Pint Jar

- 3/4 c sugar
- 2 tsp cinnamon
- 1/4 c cocoa powder
- 1/2 c powdered sugar
- 1/3 c instant coffee
- 1/3 c powdered coffee creamer
- (can use a flavored creamer for a different taste combo)

Mix in a large bowl with a whisk, blend well

Place in container of choice, use a funnel to keep edges clean

Attach instructions * to container

*Instructions: Place 1 1/2 Tbsp of mix into cup, add 1 cup boiling water. Stir until completely dissolved. Top with whipped cream if desired.

Friendship Tea

- 1/2 c instant tea
- 2 c powdered orange drink
- 1/2 c sugar
- 2 Lg pkg lemonade mix
- 2 tsp cinnamon
- 1 tsp ground cloves

To use: 2 tsp / cup hot water

Taco Seasoning

- 2 tsp chili powder
- 3/4 tsp garlic salt
- 1 1/2 tsp paprika
- 1 1/2 tsp cumin
- 1/2 tsp salt
- dash cayenne or red pepper flakes

Enchilada Seasoning

- 1/2 c cornstarch
- 6 oz chili powder
- 1 tsp garlic powder
- 1 1/2 Tbsp salt
- 1/2 tsp cumin
- 1 1/2 tsp oregano
- 1 Tbsp paprika

Use 2-3 Tbsp mix to 2 Tbsp oil/water each

Layered Lentil Soup Mix

- 1 c split peas, divided
- 1/2 c red lentils
- 1/2 c confetti or brown lentils

Place 1/2 c of split peas into jar. Top with 1/2 c red lentils, follow with a layer of peas and a layer of remaining lentils. Add seasoning packet to top and close or attach to outside of jar. Attach the recipe/directions to the jar.

Seasoning Packet

- 1 Tbsp dried parsley flakes
- 1 tsp dried minced garlic
- 1/2 tsp garlic powder
- 1 tsp pepper
- 1/2 tsp salt
- 1 tsp rubbed sage

Add ingredients of seasoning packet to small plastic baggy

Directions:

Empty jar into into colander, pick over and rinse well

Place in large pan with 7 c water. Add 1 chopped medium onion and seasoning packet. Can add 1 lb ham pieces or hocks if desired. Bring to a boil. Lower heat, cover and simmer 1 hour, stirring occasionally.

