

### 4-H Sports Project Record Sheet

NAME \_\_\_\_\_ GRADE \_\_\_\_\_ 19 \_\_\_\_\_

4-H CLUB NAME \_\_\_\_\_ TOWNSHIP \_\_\_\_\_

YEARS IN 4-H \_\_\_\_\_ NO. OF YEARS IN 4-H SPORTS \_\_\_\_\_

CHECK YOUR AGE CATEGORY:

\_\_\_\_\_ **LEVEL 1** Grades 3-5 in January of current year.

\_\_\_\_\_ **LEVEL 2** Grades 6-8.

\_\_\_\_\_ **LEVEL 3** Grades 9 and above.

I have reviewed this record and believe it to be correct.

Signature of 4-H Leader \_\_\_\_\_ Date \_\_\_\_\_

Signature of 4-H Parent \_\_\_\_\_ Date \_\_\_\_\_

1. Name of Sport \_\_\_\_\_ Why did you choose this Sport?

\_\_\_\_\_

2. Before you begin your sport, list the skills you would like to learn.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. In beginning my sport this year, my skill level is (Circle one): Basic Beginner, Beginner, Intermediate, Advanced, Skilled.

COMPLETE THE FOLLOWING JUST PRIOR TO THE FAIR:

4. Who taught you how to play this sport? \_\_\_\_\_

5. Did you teach someone else how to play your sport? \_\_\_\_\_

If yes, who? \_\_\_\_\_ What did you teach them?

\_\_\_\_\_

6. Title or topic of demonstration - "Show and Tell". \_\_\_\_\_

\_\_\_\_\_

**(OVER)**

Given to: (Check) Friends \_\_\_\_\_ School Class \_\_\_\_\_ 4-H Club \_\_\_\_\_

other \_\_\_\_\_ County Demonstration Contest \_\_\_\_\_

How many times given? \_\_\_\_\_

7. List Skills you have learned this year. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

8. Did you enjoy participating in this sport? \_\_\_\_\_ Why or Why

not? \_\_\_\_\_

\_\_\_\_\_

9. My skill level now is (Circle one): (Be Honest!)

Basic Beginner - Beginner - Intermediate - Advanced - Skilled

10. Did you participate on an organized team this year? \_\_\_\_\_

If yes, which one? \_\_\_\_\_

11. Do you plan to continue to learn new skills for your sport? \_\_

\_\_\_\_\_ If yes, what skill? \_\_\_\_\_

12. Did you show good sportsmanship while playing your sport? \_\_\_\_\_

How? \_\_\_\_\_

\_\_\_\_\_

13. List 3 Safety rules to remember while playing your sport.

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

14. What other sports would you like to learn?

\_\_\_\_\_

15. Write a story about your experiences in your sport this year. (Include the value you have received from playing and learning about it.)