

# GROW IT, COOK IT, LEARN IT

## Root Vegetables



On Thursday, September 21st Educators, Ariel Camm & Tara Beckman, joined forces to present “Grow It, Cook It” to Harrison County Master Gardeners & the public as a part of their Fall Speaker Series! Root Vegetables were both the talk and tastes of the evening. Participants learned about growing techniques and different varieties of the plants along with nutrition-based info of each. Everyone watched recipe demonstrations, received various seeds to begin their own gardens, and sampled a variety of root vegetables including: beet chips, beet smoothie (a fan favorite of the night!), cauliflower and parsnip mash, and maple glazed roasted turnips.

Overall, it was a successful night full of farm to table education, fun, and yummy root vegetable samples! Thank you, Master Gardeners, for inviting us!

Does “Grow It, Cook It” seem like something you would have loved to be a part of? Well, you’re in luck- because Ariel and Tara have decided to create their own “Grow It, Cook It” Spring Series! They’ll be featuring both onions and brussel sprouts in March and April 2024 respectively. Check out the flyers in this post for more information, and feel free to go ahead and call the office to discuss signing up & payment options. This class is sure to fill up.