



Health & Human Sciences Connections

Season's greetings!

As I look at this December-January issue, thinking about what I'd like to write or share or encourage to each of you, I can't help but take a moment to reflect on my past year and all things I hope for in the new year.

With that reflection, comes a lot of gratitude—and why? Well, I'll be the first to say it's not necessarily because I had a flawless year filled with excitement and fun and no trials, uncertainty, or heartache. In fact, my year has included tough decisions, change, welcoming a new baby and adjusting to life as a growing family of now four, various challenges, learning curves, and working hard to find new ways to better address ongoing concerns. Yes, it's also been filled with some fond memories, a newfound hobby in the form of yoga, sweet baby giggles and laughter in our house, and time spent with friends while we challenged our bodies and joined an adult volleyball league. Okay, I digress. There's a lot of gratitude in that reflection because, as it's definition states, I'm willing to show appreciation for all of it—good, bad, messy.

In fact, as I list some of those above, and look back on my year, you know what I think influenced where I am today and will directly impact where I want to be tomorrow? Perspective, intentionality, thankfulness, and hope.

Professionally, you see— it was just six short months ago that I made the tough decision to leave my former place of employment, which I had been at for six years, in order to say "Yes!" to a new opportunity. That opportunity, and just five short months ago in July, would become my first official day with Purdue Extension Harrison County. Since then, I have had the opportunity to interact with the county from a new perspective and with intentionality, while both witnessing and being a part of some amazing moments.

For instance, once this newsletter Issue is complete, I will have written three opening letters and content for three newsletters thus far. I have attended meetings, networking sessions, and professional development opportunities all with the intent of enhancing the lives and livelihoods of those in our county and beyond. I have already taught various programs and offered services aimed toward the needs of our community. I've met Extension Homemakers, Master Gardeners, 4-Hers and their families, community leaders, and other stakeholders and educators around the state hoping to make a difference, too. No day has been quite the same and no task in this new role has been without learning curves and challenges, but every moment after has left me thankful for the opportunity and hopeful of what's still to come.

Isn't it humbling to realize that sometimes items or tasks that seem so small in the moment, when we take time to be intentional and later reflect, have such a monumental impact? Wouldn't it be amazing if we could all spend more time looking at the "ordinary" things extra extraordinarily this time of year and all year long?

What challenges and triumphs has this past year brought you? What ordinary things have you extraordinarily amazed when you stop and take a second to think about them? In what ways do you want to be intentional in the new year?

If you're like me, planning is a part of your every day— but make sure action is, too! Purdue Extension strives to be "Indiana's educational partner for life" -do you know the many ways? Are you taking advantages of those opportunities? We look forward to seeing you soon!

Happy Holidays, & wishing you all a bright new year!



Jana Beckman




Weather Concerns

ALL County Meetings of the Extension Homemakers will be **CANCELED** if at least **ONE** school corporation in Harrison County is **CLOSED** due to weather conditions at any time that day.

For upcoming event information,
check us out on Facebook at

 [www.facebook.com/
HarrisonCoExtension](https://www.facebook.com/HarrisonCoExtension)

or our website at

 [https://extension.purdue.edu/
Harrison](https://extension.purdue.edu/Harrison)

**Purdue University Cooperative
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247 Atwood Street

Corydon, IN 47112

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www.ces.purdue.edu/harrison

DATES TO REMEMBER

DECEMBER

- 23-26: Extension office closed for Christmas Holidays
- 29: Extension office closing at Noon per County Government
- 30: Extension office closed for New Year's Eve



JANUARY

- 2: Extension Office closed-New Year's Day
- 6: Extension Homemakers officer nominations due
- 12: Dining with Diabetes-opening session
- 16: Extension Office closed-Martin Luther King Day
- 19: Dining with Diabetes-session 2
- 23: Extension Homemakers Presidents Council meeting-12:30 pm
- 26: Dining with Diabetes-session 3



FEBRUARY

- 2: Dining with Diabetes-session 4
- 14: Valentine's Day!
- 15: First Timer State Conference applications due (Extension Homemakers)
- 20: Extension Office Closed-President's Day



MARCH

- 1: Ruth B Sayre State Scholarship due (Extension Homemakers)
- 1: Harrison Co Extension Homemakers Scholarship (Harrison Co Resident)
- 15: Career Advancement Scholarship
- 27: Extension Homemakers Presidents Council meeting-12:30 pm



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Health & Human Sciences Connections

What is HHS Extension?

Purdue Extension Health and Human Sciences (HHS) looks to bring university research to the local level by encouraging HHS Educators to deliver practical, high-impact, educational programs that help communities strengthen families, spend smart, eat right, and live well!

It's as simple as focusing on food, family, money, and health. The HHS branch of Extension offers a variety of engaging, comprehensive programs related to each of these areas. The programs include, but are not limited to:

- **Be Heart Smart**– learn about heart disease and related risk factors
- **Captain Cash**– teaching youth the basics of earning, saving, spending, and borrowing money
- **Dining with Diabetes**– diabetes management lessons focusing on food preparation and cooking
- **ServSafe**– food safety training for restaurant and food service professionals
- **Where Does Your Money Go?**- helping consumers better understand spending habits
- And More!



Community Development Connections

What is CD Extension?

Purdue Extension Community Development (CD) focuses on strengthening the capacity of local leaders, residents, businesses, and organizations to build resilient, inclusive, and sustainable communities through research-based resources and processes. CD Educators actively partner with a variety of stakeholders in order to bring research-based information needed to inform and guide the community and economic development initiatives of people and groups across the state.

The five thematic program areas include, but are not limited to:

- **Leadership & Civic Engagement**
- **Community & Organizational Planning**
- **Economic & Business Development**
- **Local Government Education**
- **Quality Places**

Questions? Suggestions? Interested in Collaboration? Please feel free to reach out to HHS & Community Development Educator, Tara Beckman via email at tdbeckma@purdue.edu or phone at (812)-738-4236



Start Managing Your Type 2 Diabetes- Sign up NOW!

- DO YOU HAVE DIABETES?
- WANT TO MAKE THE BEST CHOICES FOR YOUR HEALTH?

WE CAN HELP...

Dining with Diabetes

DATES, TIMES: 4 Sessions; Meets each Thursday
January 12, 19, 26 and
February 2, 2023
3 Month Follow-Up: May 2023
5:30 PM to 7:30 PM EST

LOCATION: Purdue Extension- Harrison County
247 Atwood Street
Corydon, IN 47112

COST: \$40 per individual, \$65 per couple

Nutrition and physical activity are keys to managing your type 2 diabetes. But where do you start? The *Dining with Diabetes* program can help!

- *Dining with Diabetes* consists of four sessions and a reunion.
- Adults with type 2 diabetes (or who are at risk) are invited to participate. Family members, caregivers, and support persons, too.

The schedule:

Week 1 — What is diabetes? / Snacks & appetizers

Week 2 — Carbs & sweeteners / Desserts

Week 3 — Fats & sodium / Main dishes

Week 4 — Putting it all together! / Side dishes

Any adults with Type 2 Diabetes (or who are at risk), family members, caregivers, and/or support persons are invited!

To Register:
Visit the Purdue Extension-Harrison County office to begin the registration process or give us a call at (812) 738-4236

Deadline for registration is Thurs., January 5th at 4:00 PM

Program fee includes four lessons, class notebook with reference sheets and recipes, cooking demonstrations, & samples of recipes prepared.

For More Information:
Contact Tara Beckman via email at tbeckma@purdue.edu



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For more information, visit
<http://www.purdue.edu/hhs/extension/dwd>

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Diabetes Myths

Diabetes is a complex disease. You may have heard conflicting theories on what causes it, how it is diagnosed, and how it is managed. If you are affected by diabetes, you will want the truth. Here are some common myths that you may have heard.

There is no diabetes in my family, so I don't have to worry. Diabetes does run in families, but many people diagnosed with the disease have no close family members who have it. Lifestyle, heredity, and possible other factors, such as certain viruses, may increase the risk.

It's called sugar diabetes, so it must come from the sugar I eat. When you eat food, the body turns it into a form of energy called glucose, also known as "blood sugar." Insulin helps move the blood sugar into your body's cells for energy. When the body's own insulin does not work well or when not enough insulin is made, the blood sugar rises. Then the person has diabetes.

My doctor says I have borderline diabetes. Since I have just a "touch of sugar", I don't have to worry. There is no such thing as borderline diabetes. Many people think borderline means they don't have the disease and don't need to make changes to control it. This is wrong. Diabetes must be treated and taken seriously.

Insulin is a cure for diabetes. This is false. At this point, there is no cure; there are only medicines and behaviors that can help control diabetes. Insulin helps to control diabetes by keeping the blood sugar from rising.

My friend takes insulin pills to control her diabetes. Insulin is a protein; it cannot be taken by mouth because the stomach would not digest it. Insulin must be given by injection or insulin pump through the skin. Diabetes pills help by making the body produce more insulin, use its own insulin better, produce less blood sugar from the liver, or limit carbohydrate absorption after a meal.

If I don't take diabetes medicine, my diabetes must not be serious. Not everyone who has diabetes takes diabetes medicine. If the body produces some insulin, weight loss, healthy eating, and regular physical activity can help insulin work more effectively. However, diabetes does change over time, and diabetes medicine may be needed later.

If I have diabetes, I will never be able to eat any sugar. To control one's blood sugar, all sources of carbohydrates must be controlled. Carbohydrates include starchy foods like pasta and bread as well as sugary foods like cakes or candy. Even juice, milk, and fruit all contain carbohydrates, so they must be eaten in moderate amounts. With careful planning, small amounts of sugar can replace other carbohydrates usually eaten in a meal. Too much sugar is bad for everyone. If only provides empty calories.

I have diabetes, and I've seen its effect on family members. I know there is nothing I can do about it. Remember diabetes is serious, common, costly, and CONTROLLABLE. There are many things diabetics can do to live a full life, while preventing or delaying complications. Control your diabetes by eating healthy foods, staying active, lose weight if needed, take medicine as prescribed, test your blood sugar, and see your health care team regularly.

IEHA (Indiana Extension Homemakers Association) Harrison County Happenings & Updates

Extension Homemakers– Holiday Workshop, Tuesday, November 15, 2022

Extension Homemakers Holiday Workshop: Tuesday, November 15th, the Harrison County IEHA had their annual Holiday Workshop at the Extension Office and what a great event it was! It was nice to have such a great turnout with 56 in total. Each club did a creative 15 minute demonstration on how to make a specific food or craft. The various clubs also brought wonderfully prepared items for lunch, and supported one another through purchases so that each club can better carry out the mission of the Extension Homemakers. Harrison County is participating in the statewide IEHA Scatter Kindness campaign and everyone took home kits to make IEHA Pocket Hearts. Everyone had such a fun time getting together and we are already thinking about next year!



IEHA's Scatter Kindness

Keep a lookout for Pocket Hearts that may be shared in our area. While you're at it, see if you can find some ways to scatter a little kindness this holiday season, too!

Harrison County
Indiana Extension Homemakers Association

Scatter Kindness the #IEHA Way

Extension Homemaker, Elaine Fischer, took the opportunity to share this year's IEHA challenge, "Pocket Hearts", to all those in attendance at the Holiday Workshop.

She showed how she had cut small hearts, explained how you could stitch, hand-stitch, or even glue them together, and then attach pocket heart tag to each one before leaving them somewhere or gifting them to someone.

What a great way to spread a little kindness and show others they matter!

To learn more, check out IEHA's website ieha-families.org

If you're interested in creating them, stop by the Harrison County Extension office to get a pre-printed sheet of the tags for your next set of hearts!

IEHA (Indiana Extension Homemakers Association) Harrison County Happenings & Updates

Historic Downtown Corydon– Cookie Walk, Saturday, November 26, 2022

Harrison County Extension Homemakers had a successful Cookie Walk event at Historic Downtown Corydon this past holiday weekend as part of Light Up Corydon. This annual event raised over \$500 as Harrison County Extension Homemakers Association continues to build on its rich heritage by working to strengthen Indiana homes and families.

In addition to the annual Cookie Walk, other Harrison County Extension Homemaker activities, events, and benefits include:

- Awarding Educational and Career Advancement Scholarships
- Meeting with friends and neighbors in educational and social settings
- Reading and providing books to local schools and children in need through the First Book program
- Keeping up-to-date on new knowledge and research
- Annually supplying homemade cookies to Habitat for Humanity Repair Affair
- Experiencing personal growth and developing skills
- Hosting Carnival for Cancer
- Sharing experiences and information
- Participating in the Holiday Workshop
- Singing-Along at International Day
- Forming lasting friendships while sharing leadership responsibilities for programs and projects

If you or someone you know may be interested in learning more or becoming part of a local club, please contact Marcia Gliottone at 812-267-5573



Harrison County Homemaker News

Nominations for County Officers

Nominations for the Extension Homemakers' **positions of President, Vice President, Secretary, and Treasurer** are due at the Extension Office by
January 6, 2023

If you have no nominations, return your sheet marked none, so we know you didn't forget.

President's Council Meeting

The President's Council will meet on **January 23, 2023** at 12:30 pm in the Washburn Board Room of the Purdue Extension Building to review nominations for the county officers and also review County committee names and meeting dates.



Turn in your Coins for Friendship
Nickels for Leadership
To Treasurer Elaine Fischer
By **March 15, 2023**
Not to Extension office

Spring District Meeting

The Spring District meeting
March 17, 2023
Jackson County

More information will be available as the time draws closer.



2023 Harrison Co Fair

The 2023 Harrison County Fair is June 11 through 17. Be practicing your Cherry Pie recipes for the annual Pie Contest and Auction!



All Club dues and members' names are due to Elaine Fischer at May Achievement Day on May 9, 2023. You'll receive your program book there.



President's Corner

A BIG thank you to all the Harrison County Homemakers for their help, hard work, and support during this year and the upcoming 2023 year. Keep up the great work!

Merry Christmas and Happy Holidays! *Marcia Dodge*

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Harrison County Homemaker News

Scholarships

First Timers Award

Anyone interested in attending the Home and Family Conference for the first time can apply for the First Timers Award to help defray the cost of attending. Ten state winners are selected, one from each IEHA District. Only those who have never attended the entire conference will be considered. Applications are available at the Purdue Extension Office.

Completed applications MUST be returned to the Extension Office by February 15, 2023

RUTH B. SAYRE SCHOLARSHIP

A scholarship given by Country Women's Council, USA is for a resident of the US with financial need, who shows potential leadership and carries a minimum of nine credit hours.

The Scholarship award of \$500 will be sent to the recipient's educational institution. Applications and more information are available in the Extension Office. Applicant must be an Indiana resident. **The completed application must be returned to the current IEHA State President by the March 1, 2023 deadline.**

See <https://ieha-families.org>

HARRISON CO. EXTENSION HOMEMAKERS SCHOLARSHIPS

Pick-up an application at the Extension Office for the **Harrison County Homemakers Scholarship**. It is open to any Harrison County resident.

Completed applications must be received at the Extension office no later than March 1, 2023.

See application for mailing address.

Career Advancement Scholarship Form

Eight (8) \$500 Scholarships will be given. One (1) as the Eleanor Arnold Award to an IEHA member, one (1) as the Ann Hancock Award to a degree in the medical profession, and six (6) random scholarships.

Read and follow the instructions for completing the application. Applications that are incomplete or that have missing information will not be considered. Scholarships are usually granted for Undergraduate degrees rather than Masters degrees. Scholarships will be awarded with regard to financial need. Former winners may reapply.

See application and instructions on: https://ieha-families.org/wp-content/uploads/2019/01/Career_Advance_Scholarship_15-16Revision-3_pgs.pdf

Applications must be postmarked by March 15, 2023 & mailed to IEHA Past President

Which projects are you prepping for the upcoming 2023 Harrison County Fair?

AGRICULTURE-HORTICULTURE-HOME ECONOMICS PRODUCTS

Co-Superintendents-Beverly Dodds (812-366-4265) and Sheila Jackson (502-592-9035)

Entries close at 1:00 pm, Monday, June 12, 2023

Judges to be announced

RULES FOR EXHIBITION-2023

IMPORTANT: Read all the rules below. Be aware-ALL section numbers have changed for 2023. Use correct number on your entry tags.

ARTICLE 1: Enter Exhibits on Monday of the Fair from **9:00 a.m. to 1:00 p.m.** at the Homecomers Hall Bldg.-June 12, 2023

ARTICLE 2: All entries must be made / grown by exhibitor since last year's Harrison County Fair, with the exception of 'Antique' items.

ARTICLE 3: Any article receiving a premium in former years will not be accepted.

ARTICLE 4: Each Exhibitor must enter in 3 or more sections in order to receive two single-day fair passes. Bring entry ticket to Fair office to receive Fair passes

ARTICLE 5: **All exhibitors must be non-professional, bonafide residents of Harrison County or a Harrison County Extension Homemaker. Anyone that advertises in the local paper, telephone book, online, or has a business card or a place of business related to a particular category is considered a professional in that category. Any article that is exhibited by a professional will be disqualified from competition.**

ARTICLE 6: Only one exhibit may be entered under each section number.

ARTICLE 7: No exhibit fees required. For speedy entry, please bring address labels or completed entry tags. Tags are available at the Extension Office.

ARTICLE 8: Judging starts at 1:30 pm Monday of Fair week. Judging continues Tuesday morning of Fair week at 9:00 am.

ARTICLE 9: First place will receive \$3.00; second place \$2.00; and third place will receive \$1.00. Entries with no competition receive second place premium and first place ribbon, if item meets standards for placing. Judges decisions are final.

ARTICLE 10: Fair premiums will be paid to exhibitors when exhibits are picked up between 9:00 and 11:00 a.m. on Saturday, June 17, 2023. See Ag Society representative on location for premiums.

ARTICLE 11: No exhibits will be released until Saturday morning between 9 a.m. and 11 a.m. Entry tag **MUST BE** presented at check-out time to pick up exhibit. All exhibits **MUST** be picked up by 11 a.m. Saturday. Items not picked up by 11 a.m. will be disposed of.

ARTICLE 12: All articles entered in the Agriculture-Horticulture Products categories, except Floriculture, must have been raised by the exhibitor within the current year, and can be entered in one section only.

ARTICLE 13: Fruits shown as a single specimen cannot be shown in collection.

ARTICLE 14: No premiums shall be awarded on any fruit that has been polished.

ARTICLE 15: No artificial flowers are to be used in or with any flowers or plants in the Floriculture category.

ARTICLE 16: All plants, bouquets, and arrangements in the Floriculture category must be in flower pots, vases, or appropriate container. Vases and containers should be weighted. (Containers will not be judged.)

ARTICLE 17: For Grain exhibits requiring quart entries, entries should be in a quart clear glass jar with lid. For Hay exhibits, entries should be in clear plastic bag.

ARTICLE 18: Fruits, except berries, should be on paper plates provided by exhibitor. Exhibit berries in 1 pint freezer box.

ARTICLE 19: FOOD SAFETY "For baked product competitions" Uncooked and cooked components, including filling, frosting, glazing, pie filling, and meringue **are not permitted in or on any of the baked exhibits. No home-canned** fruits, vegetables, or meats are permitted in products. Contestants should carefully wash their hands and ensure their hands **do not have** any open cuts before preparing foods. Whenever possible, baked products should be transported and stored in chilled coolers (41°F).

ARTICLE 20: Food preservation items must have been canned since last year's Harrison County Fair. **Name of item AND date canned must be on lid.** Exhibit all canned items in a standard pint or quart canning jar except jams, jellies, marmalade and preserves which may be in a standard half-pint canning jar. **No sauerkraut or cabbage will be accepted for exhibit.** Exhibit jars with complete lid and ring. All jars must be sealed. No decorative covers.

ARTICLE 21: In Class G-1-Fine Arts, the word '**Finished**' means framed/ready to hang.

ARTICLE 22: For those items specifying 'Youth', put the age of child on tag where the judge can see it.

ARTICLE 23: In photography section, blowup photos must be 5" x 7" or larger

CLASS-F1 : DIVISION-Floriculture

302	Amaryllis
303	Begonia potted
304	Begonia specimen
305	Butterfly bush bouquet
306	Butterfly bush specimen
307	Calla Lily bouquet
308	Calla Lily specimen
309	Cockscomb specimen
310	Cosmos specimen
311	Dahlia specimen
312	Daylily bouquet
313	Daylily specimen
314	Geranium potted
315	Geranium specimen
316	Gladiola bouquet
317	Gladiola specimen
318	Hibiscus
319	Hydrangea specimen
320	Lily bouquet
321	Lily specimen
322	Marigold bouquet
323	Marigold specimen
324	Phlox bouquet
325	Phlox specimen
326	Roses bouquet-1 color
327	Rose single specimen
328	Snapdragon bouquet
329	Snapdragon specimen
330	Sunflowers bouquet
331	Sunflower specimen
332	Zinnias bouquet
333	Zinnia specimen
334	Specimen of flowers not listed above
335	Bouquet of garden flowers
336	Floral arrangement-misc
337	Flower box or planter arrangement, potted
338	Dried flower arrangement
339	Wild flower arrangement
340	African Violet
341	Boston fern potted
342	Cactus garden
343	Cactus potted
344	Fern, other than boston, potted
345	Flowering plants-other than listed
346	Foliage plants-other than listed
347	Hanging basket-flowering
348	Hanging basket-foliage
349	Herbs-3 or more in a single pot
350	Ivy-indoor,small leaf, potted
351	Philodendron potted
352	Succulent plants, potted
353	Succulent-single specimen

CLASS-F2 : DIVISION-Vegetables

354	Asparagus, any variety, 3 spears
355	Beans, Green, twelve
356	Beans, Other, Twelve
357	Beets, three
358	Broccoli, one head
359	Cabbage, any variety, one head
360	Carrots, three
361	Cauliflower, one head
362	Cucumbers, for pickling, three
363	Cucumbers, for slicing, three
364	Eggplant, one
365	Onions, White, three
366	Onions, Green, three
367	Onions, Other, three
368	Peas, three pods
369	Peppers, Banana, sweet, three
370	Peppers, green bell, three
371	Peppers, Hot, green, red, yellow, any color
372	Potatoes, red, three
373	Potatoes, sweet, three
374	Potatoes, white, three
375	Pumpkin, any variety, one
376	Radishes, any variety, three
377	Squash, summer, green, any variety, three
378	Squash, summer, yellow, any variety, three
379	Tomatoes, red, one variety, three
380	Tomatoes, ripe, salad, any color, three
381	Tomatoes, Rome or puree type, three
382	Tomatoes, not listed above, three
383	Vegetable specialty, not listed above
384	Best collection of farm produce, arranged attractively

CLASS-F3 : DIVISION-Pomology

See ARTICLE 19 in Rules for Exhibition

385	Apples, fall varieties, four
386	Apples, summer varieties, four
387	Blackberries, fresh, tame, 1 pt freezer container
388	Blackberries, fresh, wild, 1 pt freezer container
389	Blueberries, fresh, 1 pt freezer container
390	Cherries, fresh, 1 pt freezer container
391	Grapes, any variety, 3 bunches
392	Peaches, any variety, four
393	Pears, Barlett, four
394	Pears, Kieffer, four
395	Pears, sugar, four
396	Rhubarb Four Stalks
397	Strawberries, fresh, 1 pt freezer container
398	Fruit specialty, not listed above
399	Collection of fruit, arranged attractively

CLASS-F4 : DIVISION-Grains, Field & other products

See ARTICLE 18 in Rules for Exhibition

400	Barley, any variety, one quart jar
401	Rye, any variety, one quart jar
402	Wheat, any variety, one quart jar
403	Alfalfa-mixed hay-12" section in clear plastic bag
404	Grass hay-12" section in clear plastic bag
405	Broom corn, any variety, one stalk, roots in clear plastic bag
406	Corn, any variety, one stalk, roots in clear plastic bag
407	Popcorn, any variety, one stalk, roots in clear plastic bag
408	Sorghum, one seed head
409	Soybeans, two stalks, immature bare roots in clear plastic bag
410	Sunflower, grain variety, one head
411	Tobacco, one cut stalk, topped
412	Gourd, dried, one
413	Honey-one 1 pound jars
414	Maple Syrup- one 1 pound jar

DEPARTMENT-Home Economics

Read Rules for Exhibition

CLASS-G1-DIVISION: Fine Arts

415	Acrylic painting, adult, finished
416	Chalk, adult, finished
417	Charcoal or pencil (not colored) drawing, adult, finished
418	Colored pencil, adult, finished
419	Coloring page, adult, finished, framed
420	Ink-etchings, prints, or sketches, adult, finished
421	Mixed media-adult-finished
422	Oil painting, adult, finished
423	Painting- any medium-other than framed pictures, adult
424	Tube painting, adult, finished
425	Water color, adult, finished
426	Any fine art-not listed above, adult, finished
427	Acrylic painting, Youth (16 & Under), finished-list age on tag
428	Chalk, Youth (16 & under), finished-list age on tag
429	Charcoal or pencil (not colored) Youth (16 & under), finished-list age on tag
430	Colored pencil, Youth (16 & under), finished-list age on tag
431	Coloring page, Youth (16 & under) finished-list age on tag
432	Mixed media, Youth (16 & under), finished-list age on tag
433	Oil painting, Youth (16 & under), finished-list age on tag
434	Painting- any medium-other than framed pictures
435	Tube painting, Youth (16 & under), finished-list age on tag
436	Water color, Youth (16 & under), finished-list age on tag
437	Any fine art-not listed above, Youth (16 & under), finished-list age on tag

CLASS-G2-DIVISION: Domestic Arts

Household Accessories:

438	Apron-plain
439	Centerpiece crocheted-mounted on poster board
440	Doily-crocheted
441	Hot pad or mat
442	Pillow-Antique
443	Pillow-Crocheted

444	Pillow-Quilted
445	Pillow-not listed above
446	Pot holder-Fancy-one
447	Pot holders-practical-two
448	Rug-any type-braided, hooked, woven, etc
449	Towel-decorated-any type
450	Any homemade household accessory not listed elsewhere

Table settings:

451	Placemats-any type of needlework-two
452	Tablecloth-crocheted
453	Tablecloth or runner-any type of needlework
454	Any homemade table setting item not listed elsewhere

Bedding:

455	Afghan-crocheted
456	Afghan-knitted
457	Baby blanket-crocheted
458	Baby blanket-knitted
459	Baby quilt, coverlet, or spread-hand quilted
460	Baby quilt, coverlet, or spread-machine quilted
461	Comforter-tacked
462	Pillowcase-antique
463	Pillowcase-crocheted edge
464	Pillowcase-Cross stitch
465	Pillowcase-embroidered
466	Quilt-antique-any kind
467	Quilt-appliqued
468	Quilt-cross stitched
469	Quilt-misc or bedspread
470	Quilt-pieced, hand quilted
471	Quilt-pieced, machine quilted
472	Quilt top-not quilted
473	Any homemade bedding item not listed elsewhere

Needlecraft:

474	Applique-one article
475	Counted cross stitch-one article
476	Counted cross stitch-picture, finished, framed
477	Crocheted lace-one yard
478	Crocheted-one article, not listed elsewhere
479	Cross stitch-one article
480	Cross stitch-picture, finished, framed
481	Hand embroidery-one article
482	Hand embroidery-picture, finished, framed
483	Machine embroidery-one article
484	Any needlecraft article not listed elsewhere

Photography:

All Photography entries must be taken by amateurs. Blow-up photos must sized 5"x7" or greater.

485	Photography-action, no blowups, series of 3 or more, framed
486	Photography-scenery, no blowups, series of 3 or more, framed
487	Photography-portrait, no blowups, series of 3 or more, framed

488	Photography-action, blowup, framed
489	Photography-scenery, blowup, framed
490	Photography-portrait, blowups, framed
491	Photography-still life, blowup, framed

Crafts:

492	Basketweaving-crocheted
493	Basketweaving-other
494	Bead craft-adult
495	Bead craft-Youth (16 & under)-List age on tag
496	Birdhouse-any material
497	Ceramics-dry brushed
498	Ceramics-fired & glazed
499	Ceramics-fired & painted
500	Ceramics-other
501	Ceramics-Youth (16 & under)-List age on tag
502	Clocks, any kind
503	Decoupage and related art
504	Diamond Dotz, finished, framed
505	Doll-not practical, handmade
506	Doll clothes-hand crochet or knit, display on doll
507	Doll clothes-handmade, sewn, display on doll
508	Embellished garment
509	Flower arrangement-artificial
510	Flower arrangement-handmade flowers
511	Gourd art
512	Hat-decorated for wall hanging
513	Hat or Fascinator-decorated for wearing
514	LEGO craft
515	Loom craft, one article
516	Models, any kind
517	Paint by number, finished, ready to hang
518	Plastic canvas needlecraft
519	Scrapbooking (10 pgs)
520	Scrap Craft
521	Soap, handmade, one bar
522	Tie-Dyed item
523	Toy-handmade, practical, not stuffed
524	Toy-handmade, practical, stuffed
525	Wall hanging-latch hook
526	Wall hanging-quilted
527	Wall hanging-not listed above
528	Wearable art-other (t-shirt, sweatshirt, jacket, etc)
529	Wood burning item
530	Wood carving-beginner, finished/unfinished surface
531	Wood carving-advanced, finished/unfinished surface
533	Wood craft-beginner, finished/unfinished surface
534	Wood craft-advanced, finished/unfinished surface
535	Wreath-any material, NOT holiday
536	Any craft not listed elsewhere, adult
537	Any craft not listed elsewhere, Youth (16 & under) list age on tag

Holiday and Special Occasion:

538	Christmas stocking
539	Holiday decoration-centerpiece

540	Holiday decoration-wall hanging
541	Holiday tablecloth / table runner
542	Tree skirt
543	Tree ornaments-set of 3
544	Wreath-holiday
545	Any homemade Holiday decoration not listed elsewhere

Fashion Accessories:

546	Accessory-crocheted (hat, purse, tote, etc.)
547	Accessory-hand knitted (hat, purse, tote, etc.)
548	Hand tooled leather accessory-purse, billfold, belt, etc.
549	Cloth hat
550	Cloth purse or tote
551	Collar or scarf-crocheted
552	Collar or scarf- hand knitted
553	House slippers-crocheted
554	House slippers-other
555	Jewelry-adult
556	Jewelry-Youth (16 & under)-list age on tag
557	Any homemade Fashion Accessory not listed elsewhere

Clothing:

558	Clothing-Choice, sewn, not listed elsewhere
559	Historical costume

Children's clothing:

560	Infant-size 0-12 months
561	Toddler's- sizes 1-3

Girl's or boy's clothing-sizes 4-14:

562	Girl's dress-party or holiday
563	Girl's dress-school or casual
564	Girl's or boy's school outfit
565	Girl's or boy's-active wear-swimsuit, jumpsuit, shorts, top, etc
566	Girl's or boy's-outerwear-coat, cape, jacket, any length
567	Girl' or Boy's clothing-not listed above

Women's clothing; Misses, Jr/Petite, Half-size, Women:

568	Active sportswear-swimsuit, jumpsuit, shorts, etc
569	Blouse or skirt with button closure
570	Cape, coat, or jacket-any style or length
571	Dress-dressy, special occasion, or evening wear
572	Dress-sport or casual, one or two piece
573	Dress-with coat or jacket
574	Suit-jacket with pants or skirt
575	T-shirt or top
576	Women's garment not listed above

Crocheted or hand knitted apparel:

577	Infant wear-crocheted or hand knitted
578	Children's sweater or vest-crocheted
579	Children's sweater or vest-hand knitted
580	Men's or women's sweater-crocheted or hand knitted
581	Men's or women's vest-crocheted
582	Men's or women's vest-hand knitted
583	Poncho or cape-crocheted
584	Poncho or cape-hand knitted
585	Shawl, stole, or wrap-crocheted
586	Shawl, stole, or wrap-hand knitted
587	Any apparel article not listed elsewhere-crocheted
588	Any apparel article not listed elsewhere-hand knitted

CLASS-G3-DIVISION: Foods

Follow "Rules for Exhibition" concerning Foods.

Baked goods, candies, & no-bakes MUST be exhibited in clear plastic boxes wrapped with a rubber band-DO NOT TAPE SHUT.

Write name of item on exhibit tag

Cakes and Pies (exhibit one 3" piece)

589	Angel Food cake
590	Banana Cake
591	Bundt Cake
592	Chiffon Cake
593	Chocolate Cake
594	German Chocolate Cake
595	Oatmeal Cake
596	Pound Cake
597	White Cake
598	Yellow Cake
599	Cake-your specialty, other than listed above
600	Fruit Pie-1 slice
601	Pie-your specialty-NOT fruit or cream-1 slice

Misc biscuits, breads, rolls, etc., include recipe

602	Biscuits-3
603	Bread, quick, banana, 1/2 loaf
604	Bread, quick, zucchini, 1/2 loaf
605	Bread, quick, other than listed, 1/2 loaf
606	Coffee cake-one 3" slice
607	Corn Bread-3" square
608	Muffins-3, your specialty, no paper liners
609	Sourdough Biscuits-3
610	Sourdough Bread-1/2 loaf
611	Yeast bread-white, no machine, 1/2 loaf
612	Yeast bread-white, baked by machine, 1/2 loaf
613	Yeast bread-other than white, no machine, 1/2 loaf
614	Yeast bread-other than white, baked by machine, 1/2 loaf
615	Yeast bread fancy 1/2 loaf or 3 fancy yeast rolls or donuts
616	Yeast rolls, plain-3

Cookies-Exhibit 3 cookies, include recipe

617	Bar cookies-not brownie type-3
618	Brownies-3
619	Chocolate Chip-3
620	Diabetic-3
621	No-bake-3
622	Oatmeal-3
623	Peanut butter-3
624	Refrigerator-3
625	Snickerdoodle-3
626	Sugar-3
627	Your specialty cookie, not listed elsewhere-3

Children's Cookies (9 & under)-Exhibit 3 cookies, include recipe

628	Cookies, any variety, baked-3
629	Cookies, any variety, no-bake-3

Candies-Exhibit 3 candies, include recipe

630	Fudge-3
631	No-cook-3
632	Cooked-not listed above-3

Food Preservation

Follow "Rules for Exhibition" concerning Foods.

Jars MUST be labeled with name of food and date canned**FRUITS**

633	Apples
634	Applesauce
635	Cherries
636	Peaches
637	Pears

VEGETABLES

638	Beans-green
639	Beans-hullies
640	Beans-pole
641	Beets
642	Carrots
643	Corn
644	Lima beans
645	Mixed vegetables
646	Peas
647	Tomatoes
648	Tomato juice
649	Vegetable soup

JAMS, JELLIES, BUTTERS, ETC

650	Fruit butter-your choice
651	Jam-Strawberry
652	Jam-Blackberry
653	Jam-Specialty
654	Jelly-Strawberry
655	Jelly-Blackberry
656	Jelly-Specialty
657	Marmalade
658	Preserves or conserve

PICKLES and RELISHES

659	Bread & butter pickles
660	Dill-Cross-cut (sliced) cucumber
661	Dill-Lengthwise or spear cut cucumber
662	Dill-Whole cucumber
663	Sweet-Cross-cut (sliced) cucumber
664	Sweet-Lengthwise or spear cut cucumber
665	Sweet gherkin
666	Sweet pickles
667	Pickle relish
668	Pickled beets
669	Your specialty pickle-not listed elsewhere
670	Your specialty relish-not listed elsewhere

SALSA and SPECIALTIES

671	Salsa-tomato
672	Salsa-other fruit salsa
673	Specialty fruit-not listed elsewhere
674	Specialty juice-not listed elsewhere
675	Specialty sauce-not listed elsewhere
676	Specialty soup-not listed elsewhere
677	Specialty vegetable-not listed elsewhere
678	Specialty-not listed elsewhere-NO sauerkraut or cabbage



CLASS-BV1-DIVISION: BIGGEST VEGETABLE/FRUIT CONTEST

Contest will be held on Monday, June 12, 2023. Weight-in is from 9:00 am until 1:00 pm ONLY.

Winning entries in this contest cannot be entered in any other section of the vegetable/fruit exhibit.

Entries must be tagged w/person's name, address, phone, veg. variety and where seed was purchased.

Entries MUST be grown by exhibitor.

Exhibitor must be a resident of Harrison County or a Harrison County Extension Homemaker.

Items will be weighed with the heaviest item in each section winning a prize.

Winning exhibit in each section will be kept for display all week. All others will be released to go home.

\$15 GIFT CARD FOR EACH WINNING ENTRY

679	Cabbage-trimmed, no suckers
680	Cantaloupe
681	Cauliflower
682	Cucumber
683	Potato
684	Pumpkin
685	Summer Squash
686	Tomato
687	Watermelon



2023 CHERRY HOMEMADE PIE CONTEST & AUCTION

Sponsored by Harrison County Extension Homemakers

- 1 Baker must make whole Cherry homemade pie in 8", 9" or 10" pan. Pan will not be returned.
- 2 Read Article 19 in "Rules for Exhibition" concerning Food Safety issues.
- 3 Bring pie to the new Ag building on Thursday of Fair between 1:00 and 2:00 pm. Judging begins at 2:30 pm.
- 4 **LATE ENTRIES WILL NOT BE ACCEPTED. Watch newspaper for any time changes.**
- 5 First, second, and third place prizes will be awarded.
- 6 Contest is open to all Harrison County residents & Harrison County Extension Homemakers.
- 7 After judging, pies will be auctioned with proceeds going to the Harrison County Extension Homemakers
- 8 Proceeds from the auction go to Extension Homesmakers Scholarship Fund and General Operating Fund

INTERESTED IN JOINING THE EXTENSION HOMEMAKERS?

The Harrison County Extension Homemakers currently have 7 clubs that meet in Harrison County.

The group is active in County programs such as Repair Affair, Cookie Walk during Light Up Corydon, and scholarships open to county residents. While the clubs meet monthly, the group meets for May Achievement Day, International Day and Holiday Workshop.

Need more info, contact the Harrison Co Purdue Extension office at 812-738-4236

Purdue Extension
Harrison County
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Corydon, IN 47161
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HARRISON COUNTY

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