

April, May, June 2024

Quarterly Newsletter



Welcome to the Quarterly Report!

Purdue Extension- Harrison County strives to improve lives and livelihoods by delivering tested and trusted educational resources. The Cooperative Extension Service is one of the nation's largest providers of scientific research-based information and education. It's a network of colleges, universities, and the U.S. Department of Agriculture, serving communities and counties across America.

Purdue Extension focuses on Agriculture and Natural Resources, Community Development, Health and Human Sciences, and 4-H Youth Development. Then, based on community needs, Purdue Extension- Harrison County is also able to leverage valuable expertise from Purdue's Nutrition Education Program (NEP). NEP works to make the healthy choice the easy choice where limited-resource Hoosiers live, eat, work, play and shop. It is supported by the U.S. Department of Agriculture and offers unique opportunities here in Harrison County.

Purdue Extension strives to be Indiana's Educational Partner for Life!



Extension - Harrison County

What's In This Issue?

- Letters from the Educators
- Agriculture and Natural Resources
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- 4-H & Youth Development
- Nutrition Education Program

Purdue Extension Harrison County Staff:

Tara Beckman

County Extension Director
Health and Human Sciences &
Community Development Educator

Ariel Camm-Wilson

Agriculture & Natural Resources Educator

Anna Denny

4-H Youth Development Educator

Katie Davidson

Community Wellness Coordinator (CWC)

Cindy Finerfrock

Nutrition Education Program Advisor
(NEPA)

Mary Eve

Office Manager

Jocelyn Faith

Extension Program Assistant

Julie Age

Administrative Assistant

Melissa Greenwell

Summer Assistant

Letters from the Educators

Health and Human Sciences (HHS) / Community Development (CD)

Tara Beckman

County Extension Director, Health and Human Sciences & Community Development Educator

Exactly two years with Extension, and I continue to be amazed and delighted by the multitude of wonderful opportunities that we, alongside a diverse range of community partners, tirelessly provide for our community. The level of intentionality we dedicate each day to address community-based needs and incorporate community input is both remarkable and commendable. From helping to further connect community members with local assets, to educational programming on relevant topics and issues, to strategically planning for the future, our collective efforts contribute significantly to Harrison County's growth and well-being.

In our office, we remain steadfast in offering research-based education and linking the community to impactful resources through the land grant university system. Explore some of the impacts we've made this past quarter below and stay connected with us through our social media platform, website, and other communication channels to discover what the next quarter holds in store!

Agriculture and Natural Resources (ANR)

Ariel Camm -Wilson

Agriculture & Natural Resources Educator

What a fantastic summer it has been in Extension! From livestock to gardening to the fair, it has been a huge success. As I reflect upon my one year with Extension, I want to thank all of the participants in programs, volunteers, and supporters in the community for all of the hard work and dedication that everyone puts in. It is greatly appreciated. There is no better feeling than working in your home county! Be sure to keep checking our Purdue Extension Harrison County Facebook page, website, and ANR newsletter for some exciting events coming up with ANR such as a Cattlemen's Field Day on August 24th, 3rd Grade Ag Days, Master Gardener Training class in 2025, and various other events in the upcoming months.

4-H and Youth Development

Anna Denny

4-H Youth Development Educator

As a native of Harrison County, I am delighted to work in my hometown. With a 10-year background in 4-H, I grew up showing horses and rabbits. I hold a Bachelor's degree in Agriculture from Murray State University, and my journey with Extension began in 2015 with a summer internship in our office. After graduating, I served as an Extension Program Assistant for four years before becoming a 4-H Extension Agent at the University of Kentucky in Breckinridge County.

I also operate and own a Katahdin hair sheep farm in the county. In my free time, I enjoy hiking with my dog, Gus, exploring the outdoors, and being a fun-loving aunt to my niece and nephew. I am thrilled to reconnect with my local community and develop the 4-H program to benefit the youth, just as it helped shape me into the professional I am today. Please be sure to check out our 4-H Newsletter or stop by the office for a visit!

Agriculture and Natural Resources (ANR)



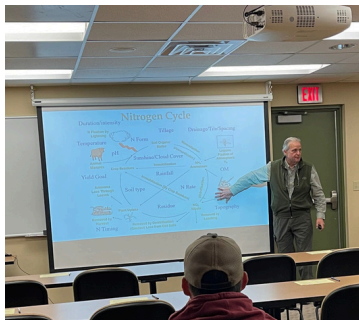
Carcass Workshop

Ten youth participated in the 4-H Carcass Project Workshop on March 9th. ANR Educator, Ariel Camm led a presentation discussing what carcass is, the carcass scanning procedure, wholesale vs. retail, USDA meat cuts, and marbling. She then had a fun, educational, and interactive activity identifying meat cuts. 4-H volunteer, Kyle Nix, discussed beef and pork cut examples with real meat to talk about marbling, back fat, the color of meat, and how to score meat cuts. As Kyle was quizzing them on what meat cuts were from what animal, they were thrown off when they were presented deer as a meat! Everyone was very engaged and had a fun time learning more about what to look for in their market animals' carcass scans at the fair.



Pesticide Applicator Program

On March 20th at Purdue Extension Harrison County, 31 participants continued their education credits towards their PARP license. Speaker, Glenn Longabaugh discussed nitrogen and phosphorus in the soil, Bill Johnson covered weed identification and management, and Richard Beckort spoke about worker protection and certification requirements. All participants learned a lot of useful information in this session to take back to their land and implement. Thank you to the Indiana Corn and Soybean Alliance for sponsoring this program!



Quality Livestock Care

Throughout March, April, and May, ANR Educator, Ariel Call, taught a total of 61 4-H youth attended the Indiana Quality Livestock Care Training at the Extension Office. Everyone learned various topics that will help them to properly take care of their livestock. They learned the relationship between livestock producers in 4-H and Agriculture, proper show ring ethics, relationships between veterinarians, how to maintain the wellbeing of animals, and what to look for when detecting diseases.



Agriculture and Natural Resources (ANR)

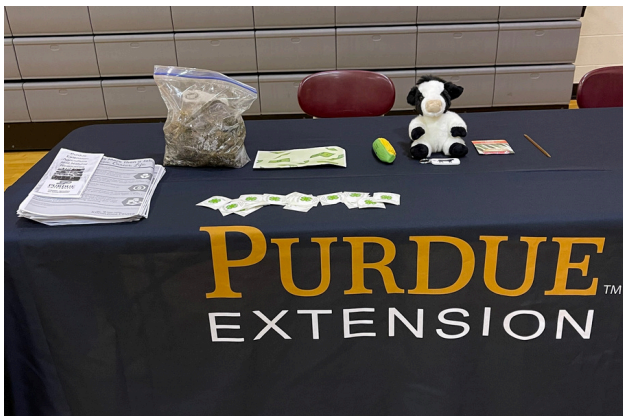


Master Gardeners Spring Workshop

The Harrison County Master Gardeners 2024 Spring Workshop was a huge success this year! Over 60 participants came out to the Extension Office to start the day with a homemade breakfast and had the opportunity to learn from several engaging guest speakers. The first session was led by Master Gardeners, Kim Tate and Ron Byerley. Participants learned about propagating plants from seed and cuttings and did a hands-on planting demonstration allowing each guest to plant a tomato start to take home. Charlie Logsdon, Wildlife Biologist at Roundstone Native Seed, shared information about getting started with native plantings on a home garden scale or thousands of acres and discussed many of the services they offer to ensure quality product, informed decision-making, and satisfied clients. Soil Health Specialist, Megan Ayers, captivated the audience with her dynamic presentation on the importance of soil health and the knowledge and services offered by her team.



If participants didn't know Indiana's Four Soil Health Principles when she started, they knew them by the end! The workshop ended with an interactive Q&A session and Plant Sale at the Master Gardeners' greenhouse. Thank you to all of the participants, volunteers, and guest presenters who make this annual event a wonderful opportunity in Harrison County.



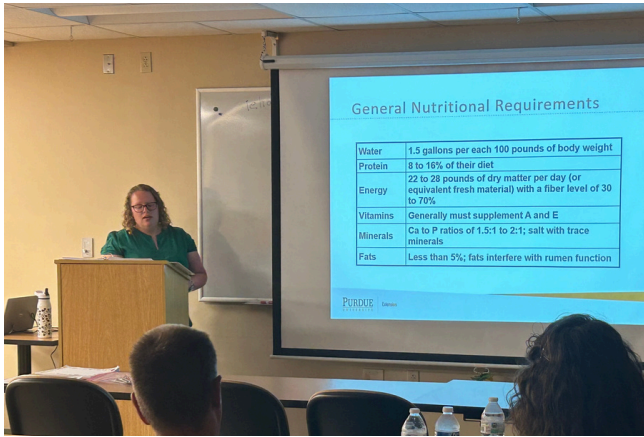
Career Day

ANR Educator, Ariel Camm-Wilson, set up a booth at New Middletown Elementary School for their Career Day. She talked about agriculture careers, what Purdue Extension does for Agriculture, what services Purdue Extension offers, and explained her background about how involved she was in agriculture and how it led her to her current career!



May Achievement Day

The Harrison County Extension Homemakers thank Agriculture and Natural Resources Educator, Ariel Camm-Wilson, for her presentation on truly "Living Life in Full Bloom." It highlighted soil health, different types of flowers and their lifecycles, cool season & warm season crops, and various types of gardens perfect for any gardening needs or desires.



Livestock & Poultry 101

Livestock & Poultry 101 lasted over the span of 4 weeks in 4 sessions total with 7 participants.

This was a great program for beginners, anyone new to livestock, or those who may be looking to venture into new territory in expanding their farm. It was an opportunity to learn research-based information pertaining to all aspects of animal care and husbandry.

This workshop allows producers to make informed decisions before acquiring livestock and to incorporate best practices once those animals become part of the farm operation. The first 2 general sessions talked about various topics such as why you want to raise livestock, feed components, VCPR (vet client patient relationship), pastures, types of hay, grasses, fencing, different animal types, tagging, and budgets.

The last 2 sessions were more specific to certain species: 1 session for beef cattle and 1 session for sheep & goats.

These species-specific sessions targeted information about the species background, health issues, birthing, breeds, and specific nutrients.

Ariel's presentation was packed with essential information and also allowed the opportunity for any individual questions to be addressed and open discussions to occur.



The Art of Crafting Caramel

On June 11th at the Extension Office, Harrison County ANR Educator, Ariel Camm, and Clark County ANR Educator and owner of Summer Solstice Farms, Heidi Potter, hosted a fun and interactive workshop about raising dairy goats, dairy goat farm management, and how to make goat milk caramel with delicious samples to take home!

Summer Solstice Farms is located in Southeastern Indiana, where Heidi raises dairy goats, chickens, Dexter cattle, and vegetables!

Everyone had a great time exchanging stories about dairy goat farming.

Participants ranged from beginners who may be interested in or thinking about dairy goats to seasoned dairy goat producers, and those who just like caramel!



ANR & HHS Collaboration

Beef: Farm to Table



ANR Educator, Ariel Camm, and HHS Educator, Tara Beckman, had the opportunity to visit almost 70 students at North Harrison High School and Corydon Central High School to discuss beef: how it relates to agriculture and consumer-end uses.

Ariel Camm spoke to students about Expected Progeny Differences, Wholesale and Retail cuts, Dressing Percentages, and USDA Grades in beef cattle. This helped to tie in how important selecting genetics are in beef cattle and what desired traits producers are looking for.

Tara Beckman discussed nutritional info related to beef. Together, she and the students identified safe food handling practices, and Tara demonstrated those during a steak preparation. Finally, students developed an understanding of resources as it relates to various cuts of meat and ideal food preparation methods.

Special thanks to North Harrison High School and Corydon High School for inviting us and providing the cuts of steak in order for students to see, smell, and sample what they were learning.



Grow It, Cook It: Onions

On March 12th, eleven people participated in the Grow It, Cook It session featuring Onions!

This fun workshop helped everyone gather a better understanding of growing and cooking onions.

HHS Educator, Tara Beckman, gave tips on cooking onions, nutrition they provide along with other recipe ingredients, health benefits, and how to select and store them. She prepared a scallion flatbread, healthy french onion dip, and had pickled red onions to sample.

ANR Educator, Ariel Camm, presented information about varieties of onions, diseases, and pests. She also spoke about how to plant onions by leading an activity that had participants plant their own onion sets. They could then take those onions home and have onion sets to grow in their gardens.

Overall, participants grew their understanding in producing and consuming onions!



Grow It Cook It: Brussel Sprouts

On April 9th, seven participants came out for the Grow It, Cook It session featuring Brussels Sprouts!

This fun workshop helped everyone gather a better understanding of growing and cooking Brussels sprouts.

HHS Educator, Tara Beckman, gave tips on cooking Brussels, nutrition they provide along with other recipe ingredients, health benefits, and how to select and store them. She prepared a Brussels sprout, cranberry, and couscous salad and roasted Brussels to sample.

ANR Educator, Ariel Camm, presented information about Brussels sprouts, diseases, and pests. She also spoke about how to plant Brussels sprouts by leading an activity that had participants plant their own Brussels sprout seeds-- thanks to the generous seed donation by Tractor Supply Company. Participants could then take those Brussels sprouts starters home and grow in their gardens.

Overall, participants grew their understanding in producing and consuming Brussels sprouts!



Where Does Your Money Go?



HHS/CD Educator, Tara Beckman, recently partnered with Genesis House in Corydon to offer “Where Does Your Money Go?” (WDYMG). WDYMG is a two session program designed to help consumers better understand how they spend their money. Program activities include determining your priorities and habits, identifying spending leaks, as well as creating a spend-savings plan. Between Sessions 1 & 2, the 16 participants were encouraged to track their expenses using the tools and resources discussed and provided during Session 1. In a combined total, during the two weeks between sessions, participants were able to save \$1700 and reduced the amount of money they spent on spending leaks by \$750!

As you can see, great financial education, conversations, insights, and knowledge aimed toward accomplishing each individual’s unique financial goals were the cornerstones of each session!



Conflict Management

HHS/CD Educator, Tara Beckman, recently had the opportunity to join colleagues in Orange County for their Community Leadership Program. Tara led the Conflict Management session, which gives participants the opportunity to explore different conflict styles, learn to diagnose types of conflict, and gain strategies for managing conflict effectively. In total, there were 20 participants representing various sectors with their county-- all aiming to continue strengthening their capacity to more effectively lead.

4 Sessions of Well-Being



During the months of April and May, HHS/CD Educator, Tara Beckman, spearheaded a new partnership with Hickory Treatment Center in Corydon. Hickory Treatment Center, renowned for its comprehensive 28-day alcohol and drug addiction recovery program for men, welcomed the collaborative approach to addressing substance use disorder. These sessions provided essential tools and insights to support individuals in their journey towards renewed health and stability. The sessions included topics related to nutrition, financial education, employability skills for working adults, and the benefits of sleep.

Collectively, there were 7 sessions during those two months (excluding a holiday week within that period), with a total of 230 participants engaging throughout the series. This program emphasized the desire to work toward a community-wide recovery-oriented system of care (ROSC).

Reducing Barriers: Empowering Communities Through Partnership

We are excited to share a recent development in our collaboration with the Harrison County Public Library, which has had a profound impact on our programming. Their generous sponsorship has eliminated the need for a program registration fee that was previously charged to cover program costs.

This change has significantly lowered barriers for participants, allowing more individuals to engage in our educational offerings without financial constraints. As a result, we've been able to expand our reach, while continuing to address topics identified by the community as critical to their well-being with research-based information and resources.

By removing this financial hurdle, we are empowering more people to participate actively in our programs and foster personal growth. Together, we ensure greater accessibility to programming, reaching a diverse range of community members and providing equitable opportunities for all. We greatly appreciate the library's support and eagerly anticipate expanding our collaborative efforts for the benefit of everyone in our community.



Accessing Free Grant Assistance: Supporting Communities Through the Great Lakes TCTAC Initiative



Purdue University is partnering with the Great Lakes TCTAC (Great Lakes Environmental Justice Thriving Communities Technical Assistance Center) in order to provide free technical assistance, training, and support to communities, stakeholders, and organizations looking for help to find, apply for, or manage funding for community-driven climate, energy-related, and environmental justice projects. The objective of this partnership is to help historically underserved and disproportionately burdened communities locate and apply for funding opportunities and grants. Therefore, on June 6th, HHS/CD Educator, Tara Beckman, alongside Assistant Program Leader for Community Development and Sustainable Communities Extension Specialist, Kara Salazar, hosted a free regional Great Lakes TCTAC Workshop at the Harrison County Extension Office for anyone interested.

Currently, there are unprecedented state and federal funding opportunities available that focus on climate resiliency and environmental health, providing benefits for generations to come. This partnership, which was discussed in great lengths on June 6th, will support organizations in successfully navigating opportunities to access the resources they need to lead in clean energy transition, pollution clean-up, and green workforce development.

Services provided by Great Lakes TCTAC include:

- provide information on current federal funding opportunities
- help to identify and navigate opportunities that align with your needs
- develop climate and environmental projects from proposal concept to grant implementation
- offer guidance throughout the application process
- concept development and planning
- engineering consultation, GIS mapping
- post-award grant management

To **learn more about services** provided or if you are interested in receiving support from Great Lakes TCTAC, please contact:

- **Website:** <https://greatlakestctac.umn.edu/>
 - Fill out the **intake form**, located on the website, if you are interested in receiving support.
- **Email:** tctac@umn.edu
- **Call:** 800-525-8636

In addition to learning about opportunities available through the Purdue/Great Lakes TCTAC partnership, community-minded participants were also introduced to a skill-building embedded Conflict Management session, led by Tara. This section of the workshop offered participants the opportunity to:

- identify and reflect on the causes and impact (consequences/opportunities) of conflict
- learn to diagnose different types of conflict
- recognize their own strategies for navigating conflict
- explore varied perspectives and mechanisms (styles) for managing conflict
- construct responses towards effective compromise and resolution

If you are interested in learning more or scheduling this Conflict Management training with your organization's leaders, employees, or volunteers please contact Tara Beckman at tdbeckma@purdue.edu or 812-738-4236.

Health and Human Sciences (HHS)

IEHA May Achievement Day



The Harrison County Extension Homemakers' May Achievement Day, which was held on May 14th, was a wonderful event filled with meaningful activities and traditions. Over 40 people were in attendance and all 6 county clubs represented. The theme "Live Life In Full Bloom" was fitting for a gathering celebrating growth, vitality, and community. It also further highlighted the Association's continuing opportunity to LEARN, GROW, and CARE in their communities and around the world!

The day featured many acknowledgements, highlighting achievements and accomplishments, and educational opportunities. This year's three scholarship recipients were recognized, and attendees and new members acknowledged, demonstrating IEHA's commitment to supporting education and lifelong learning. A Flower Show was incorporated into the day, reminiscent of past fashion shows, and added a nostalgic touch, connecting present-day celebrations with the rich history of the organization. It was a lovely way to pay homage to tradition while embracing new experiences. Then, it wouldn't be a complete day if there wasn't an opportunity to learn something new. Special thanks to Agriculture and Natural Resources Educator, Ariel Camm-Wilson, for her presentation on truly "Living Life in Full Bloom." It highlighted soil health, different types of flowers and their life cycles, cool season & warm season crops, and various types of gardens perfect for any gardening needs or desires.

Overall, May Achievement Day was a meaningful and memorable event that celebrated the past, present, and future of the Harrison County Extension Homemakers. Well done!



Extension Homemakers Pie Auction

The yearly pie contest and auction stands out as a delightful attraction at the county fair each year. This year, 24 bakers participated in the contest, and there were 14 distinct buyers among the pies entered. Furthermore, contributions were made in memory of Harriett Reed, a beloved Extension Homemaker and former county President, all of which will benefit the Scholarship Fund. We extend our gratitude to everyone who attended, submitted a pie, served as a judge, placed a bid, purchased one of the 24 pies, and to Beckort Auction for their support! As a reminder, these funds allow the Harrison County Extension Homemakers to award continuing education scholarships each year. Therefore, we sincerely appreciate everyone's support and participation toward this annual endeavor!

Award Sponsors:

- 1 Place: Depauw Extension Homemakers
- 2 Place: Depauw Extension Homemakers
- 3 Place: Marcia Dodge

1st Place- \$350

Winner: Jan Woertz
Highest Bidder: Bill Thomas- Edward Jones

2nd Place- \$250

Winner: Wanda Meriwether
Highest Bidder: Andrew Thomas- Edward Jones

3rd Place- \$375

Winner: Diana Kirk
Highest Bidder: Harrison County Republican Party & Karen Engleman

Total Auction Proceeds- \$4,265

Special Thanks to Our Judges: Karen Allen, Carol Merrick, and Carolyn Taylor



4-H and Youth Development



Meet the Educator

I am so thankful to be back in my home town community serving as the Extension Educator for 4-H Youth Development in Harrison County. I am thrilled to provide my services to support the growth and development of young people in the community through 4-H and youth extension programs.

My first Harrison County 4-H Fair experience as the 4-H Youth Development Educator is one for the books! I am truly amazed by the incredible community of youth, volunteers, and supporters. Witnessing so many people rallying around our youth to celebrate their hard work throughout the year was truly heartwarming. Moreover, seeing the community come together to support a 4-H family during a challenging

time was incredibly inspiring. Check out some of the youth programming Purdue Extension Harrison County has offered, and please be sure to visit our website or newsletters for upcoming exciting programs. Feel free to stop by our office to say hello!



Mini Greenhouse & Seed Craft

There are times when it's good to get dirty! Agriculture and Natural Resources Educator, Ariel Camm-Wilson guided the Mini's through planting seeds in their own mini-greenhouses. Miss Mary led garden and seed crafts. Both Ariel and Mary ended the workshop with a game of naming plants, fruits, and vegetables starting with each letter of the alphabet. The Mini's did great with all the activities! The story for the evening was "Miss Maple's Seeds". Our Mini 4-H'ers were also introduced to the new 4-H Educator, Anna Denny.

Thank you to all who participated and helped at this fun-filled workshop.



4-H and Youth Development



Harrison County 4-H Fair

The 4-H Fair gives young people in the county an opportunity to display their hard work and dedication to their projects and animals, while also providing the public with insights into the various opportunities available through the 4-H program.

Livestock and Animal shows included beef, dairy beef, dairy cattle, dairy goats, horse and pony, pygmy goats, meat goats, sheep, swine, rabbits, and poultry. The 4-H Exhibit Hall showcased a wide variety of projects ranging from craft items to baked foods, STEM projects to creative writing submissions, sewn garments to woodworking pieces, and so much more! The 4-H Robotics Club also demonstrated their skills in the exhibit hall.

A special thank you goes out to all of the sponsors, volunteers, support staff, and families who made the fair a success!



4-H Day at Patoka

Indiana 4-H Day at Patoka Lake was packed full of fun in the sun to kick off summer break. Nature was our classroom for the day! Youth learned about trees, birds, water and reptiles. They explored hiking trails and the Patoka Lake Nature Center. We completed an environmental science project and taste tested a yummy campfire cooking dutch oven recipe the youth prepared. Special thank you to Premier Companies Ag & Energy Services and Indiana 4-H Foundation for their support of the 4-H Classroom Clover Project.



Southern Indiana 4-H Camp

Youth from Harrison county and neighboring counties created memories, gained new friendships, had had the time of their lives at the Southern Indiana 4-H Camp on May 31st to June 2nd at the Country Lake Christian Retreat in Underwood, Indiana.

Youth participated in canoeing, fishing, nature hikes, team building activities, swimming, crafts, and other fun activities.

4-H and Youth Development



Harrison County Performing Arts Contest

Harrison County 4-H presented the annual Harrison County Youth Performing Arts Contest on Friday, March 15 at 6:00 pm in the Talmage Windell Building at the Harrison County Fairgrounds with 7 acts participating.



- "Appalachian Evening" by Mareva Spencer
- Piano Solo-"Star Range" by Anna Sauerheber
- Piano/Vocal "It Is Well" by December English
- Flute-"Be Thou My Vision," by Savannah English
- Vocal/Guitar-"Grandpa" by the Juds by Cadence English.
- "4-H 005 + 1 Race" by the Golden Clovers 4-H Club including members:
 - Gregory Circle, Gabriel Donohue, Peyton Funk, Sophie Gustin, Elliott Haley, Baylee Hochstetler, Harleigh McCarty, Evey Richards, Maelyn Spencer, Mareva Spencer, Eve Stackhouse, Coen Weilbaker, Levi Weilbaker, Sadi Weilbaker, and Eva Yocum.
- "Just Come to Harrison County" by the Blue River All Stars 4-H Club including members:
 - Anna Sauerheber, Joel Sauerheber, Neil Sauerheber, Eli Kendall, Owen Schotter, Henry Schotter, Sophie Hoehn, Owen Hoehn, Raylen Nix, Lillian Burks, Gracelyn Burks, Asa Jones, Waylon Jones, Lucas Jones, Felix Hoehn, Pepper Jo Hendrich, and Bentley Bary.



Area 2 and Round-Up Performing Arts Contest

The top 3 acts from the Harrison County Performing Arts Contest selected to advance to Area II competition on April 19th at Lawrence County Fairgrounds, were Cadence English, the Golden Clovers, and the Blue River All Stars.

Congratulations to the Harrison County Golden Clovers 4-H Club (Group Act: 005+1 4-H Race) and Cadence English (Curtain Act-Musical: "Grandpa") who won in their categories for the Area 2 Performing Arts Contest!



Congratulations to Cadence English for having the opportunity to perform at the state-level at the 4-H Round Up. Cadence played her guitar and sang "Grandpa".

Congratulations to the Golden Clovers 4-H Club for qualifying to perform their act "4H 005 + 1 Race". Though they were not able to make it to Round-Up to perform, we are proud of all of you for qualifying! Great job everyone!

Nutrition Education Program

Cindy Finerfrock

Nutrition Education Program Advisor (NEPA)

Katie Davidson

Community Wellness Coordinator (CWC)

- Providing ESLS-Eat Smart Live Strong sessions monthly for Seniors:
 - Capitol Court Retirement Housing / Corydon
 - Joe Rhoads Congregate Meal Site & Senior Center / Corydon
 - LHDC Milltown Housing for the Elderly / Depauw
 - SWAG - Seniors with a Goal / New Salisbury
- Providing Adult ESMM-Eat Smart Move More sessions @ Genesis Recovery House, Corydon. In collaboration with our CWC/Katie Davidson, provided an Herb Garden-PSE with on-going facilitation to harvest, store, & incorporate fresh herbs in their House congregate meals...to encourage less use of added salts, fats & sugars in meal choices.
- Provided an 8-week Teen Cuisine series at the Harrison County Alternative Learning Center recognizing twelve high school “May graduates.”
- Providing ESMM summer programs for both teens & adults with mental &/or physical developmental delays & challenges. The goal is to share life-long learning skills for independent living and to introduce culinary-related career alternatives.
- Teen sessions @ Blue River Services Inc.- Pre-ETS (Employment Training Services), 5-County group.
- Adult sessions @ Blue River Services - CBI (Corydon Blue River Industries), Harrison County.



Nutrition Education Program

Cindy Finerfrock

Nutrition Education Program Advisor (NEPA)

Katie Davidson

Community Wellness Coordinator (CWC)

When HHS/CD Educator Tara recommended that NEP staff Cindy and Katie connect with her partner Genesis House, we were eager to find ways to work together. After our initial meeting with Genesis House staff, Cindy began NEPA classes, and Katie pursued the staff's idea to start a garden space. When Cindy talked about fresh herbs in one of her classes with the residents, they were very interested, so we decided to make a small herb garden instead of jumping into raised beds. This will reinforce Cindy's teachings on eating and cooking healthier, by providing easy access to fresh flavors for their group meals.

Katie visited a NEPA class to get their feedback and have the residents choose what they would like for shelving and pots, and what herbs they wanted to grow. They were ambitious! We showed them 7 herb options and they wanted to try and grow all 7! Through a bit of creativity, we were able to get every supply donated for this herb garden. Local Tractor Supply and Rural King locations donated pots, soil, seeds, a watering can, shears, gloves, and plant ID markers. An Extension Educator donated leftover lumber that she had from a home project, which a local contractor then used to donate his time and build us a shelf that matched the one the ladies wanted. A local school garden club even donated a lavender plant that they had grown for a fundraiser that was in a hand painted pot! Katie created a set of info cards on a ring that could hang in the house kitchen that gives info on herb selection, storage, cooking, and QR codes for recipes.

We decided to have a "garden party" on planting day. Cindy brought a delicious watermelon pizza recipe, and had really fun outdoor games for physical activity that everyone got really involved in. It was a really hot day, so the watermelon was super refreshing! We worked together to plant each of the herbs from seeds in pots, and we planted a few "ready to eat" pots of herbs donated from Meijer for their kitchen window to be used immediately. We covered caring for the plants, and encouraged them to let Cindy know when an herb is looking ready to harvest so she can plan her next lesson to be tailored to using that herb.

This was such a fun project full of joy. We are excited to hear about what the ladies cook with their new herbs, and are looking forward to following their progress and watching them (and their new herb plants) grow!



Other Office Happenings

Spotlight on Summer: Celebrating Our Summer Assistant

This summer has been bustling with activity! Between successfully organizing and executing all the events and activities for all Purdue Extension education areas at the county fair, we also coordinated two Mini Day Camps for our Kindergarten to 2nd graders. Historically, a significant part of the Summer Assistant role has been preparing and running this annual day camp. This year, in response to community requests and high interest, we expanded to offer two Mini Day Camps. Additionally, we introduced online registration for our 4-H Minis to improve accessibility and consistency for families. Our assistant has been involved with fair wrap-up tasks and preparing for the State Fair, while also supporting all other summer programming initiatives. Purdue Extension-Harrison County has been in full swing and greatly appreciates the extra helping hands our Summer Assistant has provided!

A huge congratulations and thank you are in order for this year's Summer Assistant, Melissa Greenwell! Her dedication and enthusiasm have truly made a positive impact.

We are immensely grateful for the continuous support from Harrison County Elected Officials and Harrison County Government, whose contributions are crucial to our success. Funding for our annual Summer Assistant program is particularly valued, as it allows the Summer Assistant to play a vital role in the daily and summer activities, increasing their work-based skills and knowledge of Purdue Extension's mission, while making a meaningful difference in our community.

We consider ourselves fortunate to offer this opportunity each year, as our goal is to provide each Summer Assistant with valuable hands-on experience, mentorship, and professional development. These elements are key in shaping their personal and career trajectories and empowering them to make a lasting impact in our community and beyond.

Thank you to everyone who makes this experience possible. Your support helps us not only achieve our goals but also create authentic opportunities that benefit both our workforce and the broader community. Finally, as we hope to make this an annual initiative, we warmly invite anyone interested in future Summer Assistant opportunities to get in touch with us. If you or someone you know would like to be notified about upcoming openings, please contact our office. We look forward to hearing from you!



WE ARE HIRING!

Part-Time Administrative Program Assistant

The Part-Time Administrative Program Assistant will assist with educational programming in the program areas of: 4-H Youth Development, Agriculture and Natural Resources, Community Development, and Health and Human Sciences. The Administrative Program Assistant will work independently and collaboratively with the team, including Purdue Extension Educators and County Support Staff.

Key responsibilities include interacting with the public, basic administrative tasks, website management, assisting with planning and scheduling, organizing program materials, and supporting day-of implementation. The ideal candidate will be team-oriented, excel in communication, and be willing to assist in various capacities to support the organization's goals. This role demands flexibility and adaptability, especially during peak seasonal times. The candidate must have experience or willingness to learn multiple software platforms and systems related to educational programming including but not limited to social media, website management, graphic design, office suite, and scheduling software.

This position does not include benefits.

Job-Related Details

- High School diploma or GED required
- Daily computer use and various software platforms
- Efficient Time Management
- Strong communication and interpersonal skills
- Attention to Detail
- Performs related duties as assigned

Please apply in person at the Purdue Extension Office, 247 Atwood Street, Corydon, IN 47112.
For more information, please call 812-738-4236.



Harrison County is an Equal Opportunity Employer

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Extension - Harrison County

April, May, June 2024

QUARTERLY NEWSLETTER

Tara Beckman

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Accommodations

If you are in need of accommodations to attend a program or to better access this newsletter, please contact the Extension Office.