#### **The Hearthstone Herald**

A NEWSLETTER FOR EXTENSION HOMEMAKERS OF HANCOCK COUNTY, INDIANA

#### GREETINGS EXTENSION HOMEMAKERS



Hello Everyone!

Can you believe that there are only 6 months left for 2025? I am looking forward to all the upcoming programs for 2025-2026.

I hope everyone got a chance to enjoy the 4-H Fair. What was your favorite part? Thank you to all the volunteers and the Extension Office Staff.

If you weren't able to attend conference this year, hopefully you will be able to attend next year on June 15-17 in Nashville, Indiana a The Seasons Lodge. More information to come.

Mark your calendar for the upcoming events and also more to come once dates and times are set.

This coming year looking to achieve Happier, Healthier Homemakers.

-Teanie Poole



# Educator Update

Dear Homemakers,

#### Thank You for Supporting Kindergarten 101!

We want to extend a heartfelt thank you to all of the Extension Homemakers, Margie Clark and Vickie Ramsey, for their generous donation from the Spring Market. Your support made it possible, once again, to purchase books for our Kindergarten 101 program. These books help set the stage for a lifelong love of reading and learning for the children entering school this fall. We truly appreciate your dedication to making a difference in the lives of youth in our community!





#### **HHS Focus for August – Health & Wellness**

I am continuing to balance my work between Health & Human Sciences (HHS) and 4-H, and I am excited to be teaching the Aging in Place program soon.

August is also a great time to refocus on health and wellness. Stay hydrated during the warm weather, enjoy seasonal fruits and vegetables, and take advantage of the longer days for walks or other outdoor activities.

Small, consistent steps—like drinking more water, getting 20 minutes of daily movement, or setting aside time for stress management—can make a big difference.

Marry Gray
HHS Extension Educator

## Book Club Celebrates One Year Anniversary

In July 2024, a group interested in reading met at the Extension Office in hopes of a creating a book club. The As The Page Turns Book Club was born and has grown and evolved over the year.

We have 13 members and have enjoyed reading many different types of books. Book selections have been made upon recommendations from members, and over the course of the last year we have read 11 books. We enjoy connecting each month to share our thoughts on our current selection, and we use The Book Club App Discussion Questions as a guide.

One of our favorite discussions was about *The Women by Kristin Hannah*. It was a tremendous book, and hearing about some of our members personal stories from that time period was very moving. We just completed *The Book Woman's Daughter by Kim Michelle Richardson*. Here is the discussion guide, if you would like to read the book.

https://bookclubs.com/discussion-guides/the-book-womans-daughter-a-novel

We are planning to sell gently used books at the Fall Country Vintage Market. All proceeds from the used book sale will be donated to a local teacher who purchases books for her students. We hope to encourage reading in our community. We will be collecting Children's books, fiction, and non-fiction (self-help, devotional books) for our sale. If you would like to donate, please contact me or drop off your books in the collection box at the Extension Office.

We will accept books through the end of October. Any books not sold at the sale will be donated to The Friends of the Library at Hancock County Public Library.

We meet on the third Thursday of every month from 6 - 8pm at Purdue Extension Hancock County. Our next meeting is August 21. We will be having a birthday party to celebrate our book club! Our current selection is *The Good Sister by Sally Hepworth*. We would love for you to join us! Please feel free to contact me with any

questions at 317-431-9514 or loriyeager@comcast.net.

Happy Reading, Lori



## Calling All Cooks!



#### Invitation to anyone that has a special recipe to share in our upcoming cookbook!

The Hancock County Hearts and Homes Extension Club is creating a cookbook that includes a collection of favorite homemade recipes. Everyone is invited to submit recipes for our upcoming "Recipes from the Heartland" cookbook. It's easy and free to submit your favorite recipe, you can make a note of a special memory or who prepared the dish. Does your family request any of your special dishes at holidays or special occasions? Maybe there is an entree or salad where the dish comes back empty at gatherings? Or a family favorite dessert for Christmas, Easter or Thanksgiving? Side dishes, breads, appetizers or maybe a special sauce that you make for New Year's or 4th of July celebrations? Or perhaps it's a dish that you make weekly for dinner that others would love to try. We invite you to share these with us to make the cookbook a collection of the most treasured recipes! You do not need to be a member of Hancock County Indiana Extension Homemakers or reside in Hancock County. Please share with other cooks/bakers. The completed project will be available for sale in November 2025.

To enter a recipe directly to the website, here are the instructions:

Go to www.typensave.com and click Login.

Enter the User name: Hancock2025

Enter the password: carrot511 and click Submit.

Enter your name and click Continue.

Click Add Recipes to begin adding your recipes.



You can also send paper copies of your favorite recipes to Purdue Extension Hancock County if you would rather someone else enter your recipe online. Recipes will not be returned. Recipes can be sent to:

Purdue Extension Hancock County 972 E. Park Ave. Greenfield, IN 46140

Attention: Hearts & Homes Club

We are asking that you submit recipes online or mailed to Purdue Extension office no later than August 15, 2025.

We look forward to receiving your favorite recipes and appreciate your help making our cookbook a success!

## 4-H Sewing/Quilting Workshop

Hancock County Extension Homemakers donate sewing/quilting items, snacks & volunteers to teach 4-H members & young adults!

Sewing/Quilting Workshop was held Sunday, 4/27/25 from 1-4pm at Greenfield Central HS textile lab, put on by Cathie Kirtley & Lorraine Ewing. Five 4-H members (ages 10-14) attended to learn basic sewing & quilting techniques.

Hancock Co Extension Homemakers generously provided basic sewing kits, storage boxes, 12" pillow forms & snacks. Young sewers picked out free fabrics & batting (donated by community members) for a 9-patch, pieced quilt block. Pieces were sewn together, pressed, layered with quilt batting & backing, then quilted together by machine. Two fabric sections were sewn for an envelope pillow back, to take home with their pillow form & to complete their quilted pillow.

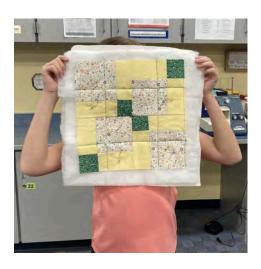
Thanks to BizZB Extension Homemakers: Sharon Beatson, Jeanie Poole, & Lorraine Ewing who helped teach the young sewers, along with 4 other volunteers.



Thanks to Greenfield Central HS & Janelle Keusch for hosting this FCCLA Community Service project.

Submitted by Lorraine Ewing, BizZB







#### young Adult Sewing Quilting Workshop

Young Adult Sewing Workshops were taught 4 times in March-June by Lorraine Ewing & her young adult granddaughter, Layne Ewing.

Seven young adults learned fitting patterns for clothing & home goods, shopping for fabric & pre-washing, fitting patterns, basic sewing skills, following pattern directions, pressing skills, hemming, etc.

Hancock County Extension Homemakers generously provided basic sewing kits, storage boxes, 12" pillow forms, 6 1/2" square quilters rulers, Thermal sensitive pens, & snacks for these young adults.

Darcy Lund (BizZB) donated rotary cutters & replacement blades for each young adult to take home, as well. Items sewn (to name a few) were toddler pants, shirts, pants, dresses, banquette foam cushions, re-purposing clothing items from next to new shops, etc. This group will continue with future sewing sessions!

Submitted by Lorraine Ewing, BizZB





On July 15, 2025, BizZB members met at Lorraine Ewing's home for appetizers, fellowship, business mtg & volunteer hours! Meat raffle tickets & \$\$ turned in, reminder for each member to turn in holiday recipes to Hearts & Homes Club for their cookbook & donations needed for Life Choices Care Center (diapers-any size, wipes, clothing-infant-2 yrs). Check out website for more information. <a href="https://lifechoicescarecenter.org/">https://lifechoicescarecenter.org/</a>

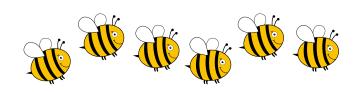
Lorraine gave brief description of the Unraveled Group that meets at Park Chapel Church in Greenfield, on the 3rd Monday of the month 10:30am-3pm. This group makes & donates items to others for free.

Volunteers: iron/measure/cut fabrics, pin, sew, layer fabrics for tying or quilting, aid sewers/turn projects, interpret pattern directions, stuff pillows, crochet/knit baby blankets & hats, etc. Examples of projects: Quilts for homeless, lap quilts for nursing home residents, baby blankets (lifeline, ICU, NICU), back packs, adult bibs, walker bags, book pillows of hope, neck pillows, heart pillows, breast surgery pillows, pillowcases, Christmas stockings, rice bags, puppy pillows, etc.

Lorraine picked up 26 sewn puppy pillows & some stuffing from Ruth Almeida. Ten BizZB members spent 45 minutes each, pulling apart stuffing, filling pillows, sewing ends shut on 2 Featherweight Singer sewing machines. Ran out of stuffing, so Marla Roach & Sharon Beatson took some home to stuff & returned to Lorraine, she will sew ends & deliver the 26 completed puppy pillows on Monday, 7/28/25. Pillows will go to Hancock County recipients, St Frances hospital lifeline & NICU, Pantry 279 to name a few.

On August 13, there will be a daytime outing to Indiana History Center, 450 W Ohio St, Indianapolis, IN 46202 for lunch & Flavors of the Heartland Presentation-Recipes of the 1800's.

Submitted by Lorraine Ewing, BizZB



### Kids & Kettles July Meeting

Kids and Kettles members enjoyed their July meeting at the home of Nancy McCarty, learning about her family quilts.

Some were sewn by Nancy, her mother and sister. She uses these quilts to enhance her home décor, as well as keeping family memories alive.

After hearing her stories, members were treated to a delicious lemon pound cake and member sharing, a custom started many years ago.

















Mark your calendar now...the Country Vintage Market will be held on Saturday, November 1, 2025, from 9am-3pm at the 4-H Fairgrounds.

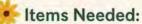
There will be over 100 exhibitors from central Indiana offering handcrafted and unique gift items.

For more information, please contact Margie Clark (317-498-1549) or Vickie Ramsey (317-753-4144).



# DONATIONS NEEDED for EmpowerHer Pouches

Helping Local Teens Feel Seen, Supported, & Empowered



- √ Teen-size menstrual pads
- ✓ Lite and regular tampons
- Individually wrapped feminine wipes
- √ Individually wrapped chocolates
- √ Notes of encouragement
- √ Zipper pouches
- √ Ziplock bags

Your donations will help us assemble care kits that bring comfort, dignity, and a reminder that someone cares.









#### Bakers Best

Saturday, September 27, 2025 Theme: Lemon

The Baker's Best Contest will be held on September 27, 2025, the Saturday BEFORE Riley Festival, in the Hancock County Extension Office Meeting Room.

Hope you can bake something to enter. Applications are available online at the Riley Days Festival page: https://rileyfestival.com/forms-%26-applications

You can also pick up an application at the Extension Office.



#### **Upcoming Dates and Deadlines**

August 1-17 - Indiana State Fair

August 6 - Homemaker Lesson: 6pm, Extension Office, Mandy Gray, Topic: Aging in Place

August 27 - Executive Meeting, 6pm Extension Office Council Meeting, 6:30pm, Extension Office



September 1 - Labor Day

**September 15&16 -** IEHA Indianapolis District 23<sup>rd</sup> Annual Retreat, Waycross Camp & Conference Ctr, Morgantown, IN

**September 25 -** Executive Meeting, 6pm Extension Office Council Meeting, 6:30pm, Extension Office

September 26 - Bakers Best Set-up, 4pm, Extension Office

September 27 - Bakers Best, 9am, Extension Office