

# The Hearthstone Herald

A NEWSLETTER FOR EXTENSION HOMEMAKERS OF HANCOCK COUNTY, INDIANA

## GREETINGS EXTENSION HOMEMAKERS

*Cultivate Kindness Continues in Hancock County!*

Happy New Year

Welcome 2023! I'm looking for suggestions to provide educational programs or activities for the community. Please submit your ideas to me.

Our Christmas dinner was a fun evening celebrating us at the Bluebird! Thank you for attending and donating to our silent auction. The auction provided over \$1,000 to go toward a family in need. The family was larger than normal and we secured additional funding from a private donation to pay utilities and a portion of their rent.

We have a lot of information to share in our newsletter. Please contact me with questions.

As always, thank you for your continued support as we cultivate kindness in 2023.

*- Margie Clark*

*Always remember—*

*Use...*

- your voice for kindness*
- your ears for compassion*
- your hands for charity*
- your mind for truth*
- and your heart for love.*

**Cultivate kindness friends.**

# Educator Update

*Happy January!*

*Hello Extension Homemakers,*

*I hope you are all off to a good start with a new year!*

*I am offering several programs in the first few months of the year to help get you started off on the right foot when it comes to your overall health, I have included all the flyers for my current and upcoming classes.*

- *Be Heart Smart*
- *Where Does Your Money Go?*
- *Wellness Book Club-virtual*
- *Instant Pot Cooking*
- *Meal Prep Class*

*Thanks for all you do!*

*Mandy Gray*

*HHS Extension Educator*



The First Books program is in full swing and reading to around 40 students a month.

For Christmas First Books put together a craft kit for the kids that included green play dough, a tree shaped cookie cutter, rhinestones for ornaments, and star to create their own Christmas tree at home. The teachers were delighted with the craft and thankful for all we do for the students at both Fortville and Greenfield Headstart.

There is still one spot available for reading at the Greenfield location in April.

Thank you to previous and future readers, the First Books program and Headstart programs appreciate you all!



Are You Ready for **Spring?**

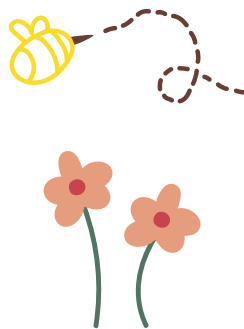
We are busy planning the  
Spring Country Vintage Market!!

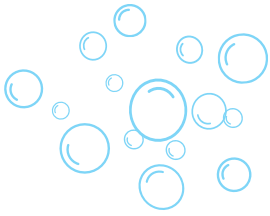
Saturday, April 1st

Please discuss at your next club meeting if you want a booth space. Booth Space will be \$60.00. 100% of the profits will go back to our community.

Please email Vickie Ramsey or Margie if your club wants a space no later than February 15th.

[Vickie.ramsey@co-alliance.com](mailto:Vickie.ramsey@co-alliance.com) or [margieclk@aol.com](mailto:margieclk@aol.com)





**For the Spring District day on March 24th hosted by Hendricks County, they are asking that each county bring cleaning supplies for donations to a local charity.**

**We would like to request that everyone check your cleaning closets, pantries and/or local stores for any of the following items you are willing to donate.**

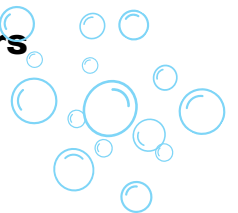
**Please bring them to our county meeting on February 23rd.**

**Suggested donation items include, but are not limited to:**

**Concentrated cleaners  
Spray cleaners  
Laundry detergents  
Paper towels  
New rags or towels  
Dish soap  
Pet hygiene items  
Buckets**



**Sponges or scrub brushes  
Scrubbing powders  
Gloves  
Bleach  
Disinfecting wipes  
Toilet bowl cleaners  
Air fresheners**



**We Thank you in advance for your donations!**

**If you are not able to attend our county meeting and still want to donate, please contact Margie Clark or Shannon Swindell.**





# HANCOCK COUNTY EXTENSION HOMEMAKERS

## HEART DAY



Ladies, we are so looking forward to celebrating Valentine's Day with for fun, fellowship and education. The event will be held at the Extension Office, 972 E. Park Ave, Greenfield, from 12:30p-2:00p.

Hearts will be fashioned for yourself and to give to others to remind them of HCEH. Please bring your favorite needle, scissors and a jovial attitude for having a good time.

Please let us know if you can come so we will have 'goodies' for you. Call Sarah Kesterson @317-448-5757 or Margie Clark @317-498-1549.



## Calendar of Events



### Upcoming Dates and Deadlines

February 7 - Homemaker Program, Instant Pot Cooking Class, 6:00pm, Extension Office

February 14 - *Valentine's Day*  
- Heart Day, 12:30p-2:00p, Extension Office

February 15 - First Timer Scholarship Applications due to Vickie Ramsey  
- Volunteer Community Support Report due

February 20 - *Presidents Day*

March 1 - Coins for Friendship and Nickels for Leadership turned into the County Treasurer

March 7 - Homemaker Program, Meal Prep Class, 6:00pm, Extension Office

March 15 - Career and Student Scholarships due to Vickie Ramsey

March 17 - *St. Patricks Day*



# JOIN US FOR Wellness *Book Club*



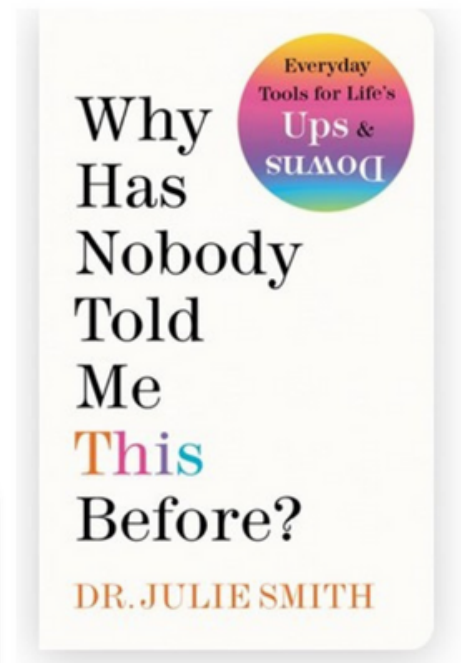
VIRTUALLY ON WEDNESDAYS  
JAN. 18 - MAR. 8, 2023  
12:00PM - 1:00PM EST

Facilitated by  
Area 6 Purdue Extension  
HHS Educators.

We will read and discuss  
one topic a week.

To register, go to:  
<https://bit.ly/wellnessbc>

OR




**P** PURDUE  
UNIVERSITY® | Extension - Health and  
Human Sciences



**HANCOCK COUNTY  
EXTENSION HOMEMAKERS**


# HEART DAY



**FEBRUARY 14, 12:30P-2:00P  
PURDUE EXTENSION OFFICE  
COME RAIN, SHINE, SLEET OR SNOW  
THE FUN WILL GO ON! NO CHARGE.**

- *Education: "Healthy Heart" a short synopsis of Mandy Gray's Heart Series*
- *Mystery Speaker*
- *Fun: We will be making hearts to keep & give away.*
- *Fellowship: Dessert refreshments & chit chat*

**PLEASE RSVP TO SARAH KESTERSON  
@ 317-448-5757 OR  
MARGIE CLARK @ 317-498-1549**





COME MEET AND CELEBRATE

2023 MISS INDIANA STATE FAIR QUEEN

*Claire Bishop*

AND 2022 MISS HANCOCK COUNTY FAIR QUEEN

10 year Hancock County 4-H Member and Senior at GCHS

Sunday February 12, 2023

3-5 pm

NINESTAR CONNECT ON 40



*Please join us for  
cake and punch!*





The Be Heart Smart program is for anyone who wants to reduce their risk for heart disease. Through a series of 4 sessions you will learn how to monitor your risk factors for heart disease and make simple changes to your daily routine that will improve your heart health.

<b>Session 1</b> <b>Know Your Risks</b>	<b>Session 2</b> <b>Know Your Numbers</b>	<b>Session 3</b> <b>Heart Healthy Cooking</b>	<b>Session 4</b> <b>Take Action</b>
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**Join us!**

**February 6, 9, 13 and 15, 2023**  
**6:00pm - 7:00pm (EST)**

**Purdue Extension Office**  
**972 E Park Ave**  
**Greenfield, Indiana**

**Register by February 4, 2023:**  
Mandy Gray, HHS Extension Educator  
Purdue Extension Hancock County  
317.462.1113  
gray89@purdue.edu

The Program is free, but registration is required.

**Register online at**  
<https://bit.ly/2023HHSRegistration>  
or scan the code.



Extension

# Where Does Your Money Go?

**4-Part Workshop**

## Evening Sessions

**Monday, March 6 & 13, 2023**

**Wednesday, March 8 & 15, 2023**

**6:00pm - 7:00pm EST**



## Purdue Extension Office

**972 E. Park Ave.  
Greenfield, IN 46140**

**Register online at  
<https://bit.ly/2023HHSRegistration>  
or scan the code.**



**For more Information contact:**  
**Mandy Gray, HHS Educator**  
**Purdue Extension Hancock County**  
**Phone: 317-462-1113, [gray89@purdue.edu](mailto:gray89@purdue.edu)**



# Spring District Meeting

Friday, March 24, 2023

Hendricks County 4-H Fairgrounds & Conference Complex  
1900 E Main Street, Danville, IN 46122

## Theme: Planting Philanthropy



Registration: 9:00 am

Program 10:00 am

Speaker: Julie Randall, Family Promise

Cost: \$ 15.00

RSVP by: March 15, 2023

Menu: Salad Bar, Baked Potato Bar, Desert and Drinks

Questions? Rosie Lenihan 317-840-2592  
or [lenihrose1161@att.net](mailto:lenihrose1161@att.net)

Please submit county or club name,  
dietary requirements and payment to:  
Hendricks County Extension Homemakers  
c/o Melissa Mikesell  
2581 N 525 W  
North Salem, IN 46165



Attendees:

Please bring cleaning supplies  
to be donated to  
Family Promise

RSVP by March 15th: [mmikesell52@sbcglobal.net](mailto:mmikesell52@sbcglobal.net) or 765-730-2993