

# 4-H WILDFLOWER PROJECT

## GRADES 7 – 9



## YOUR WILDFLOWER ADVENTURE BEGINS

Welcome!

As a 4-H Wildflower Project member, you will have numerous opportunities to learn so much about the world of wildflowers: botany, identification techniques, plant diversity, conservation and the environment. On the following pages you will find basic information about Indiana native wildflowers and why we should care for them.

This is the 7th to 9th grade manual in a series of exciting project booklets that will guide you through each year's wildflower project. Each year you will expand your knowledge as you complete many hands-on activities. This manual not only explains the project requirements, but also provides you with information and resources to help you explore the exciting world of native wildflowers.

Let's get started!

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## INDIANA NATIVE WILDFLOWERS

An Indiana wildflower may be defined as a flowering plant that has evolved and grown naturally in the area we know as the state of Indiana since before the time the first settlers arrived.

Webster's dictionary defines a wildflower as a plant that can survive without cultivation. These plants are able to grow on their own without cultivation. Wildflowers are adapted to the local growing conditions, surviving and generally flourishing in the natural landscape. A plant can be native to a region, state or just a certain valley, so there are plants that are found only in specific areas of the state, such as the Indiana Dunes or southern hills and lowlands of our state. Every area has a group of plants that have lived there naturally for hundreds, even thousands, of years. Those plants are called the area's native flora.

To understand the concept of "native," it is important to understand the term "non-native." Non-native plants may be known as introduced, alien or exotic, all of which mean that the plants did not originate in Indiana. Many non-natives plants have escaped from cultivation and now grow wild in our state. These include Queen Anne's lace, dandelions, chicory, dame's rocket, and the orange Asiatic daylilies that grow along the edges of country roads. Some people refer to these plants as wildflowers because they have been here so long that they assume these plants have always been here. Actually these non-natives plants were introduced to our state from other parts of the world. Many of these non-native plants are actually native to Europe and were brought here by settlers for food, medicine, or ornamentation. Other plants came by chance; their seeds may have been mixed in with agricultural seeds or even been part of the bedding used on ships that crossed the Atlantic to bring settlers or goods to a young United States.

## PROJECT REQUIREMENTS, GRADES 7-9

1. Identify the number of native flowers that equals your grade level (7 for 7<sup>th</sup> grade, 8 for 8<sup>th</sup> grade and 9 for 9<sup>th</sup> grade).
2. Complete a Wildflower Identification Sheet for each wildflower you identified in #1 above – page 9 (duplicate page as needed)
3. Define vocabulary – (page 10 – grade 7; page 11- grade 8; page 12 – grade 9) – duplicate page as needed.
4. Grow two Indiana wildflowers from seed
5. Complete propagation record (one for each type of seed) – page 23 (duplicate page as needed)
6. Complete compare and contrast requirement on page 24 (7<sup>th</sup> grade)
7. Complete threatened and endangered plant species requirement on page 25 (8<sup>TH</sup> grade)
8. Complete Indiana native vines requirement on pages 26-27 (9<sup>th</sup> grade)
9. Perform a community service project – page 28
10. Keep a Wildflower Journal – page 28
11. Complete 4-H Wildflower Project Record – page 37 (duplicate as needed).

## EXHIBIT REQUIREMENTS, GRADES 7-9

For your work on this project, you will select Indiana wildflowers to study and exhibit (7 for 7<sup>th</sup> grade, 8 for 8<sup>th</sup> grade and 9 for 9<sup>th</sup> grade).

1. Choose the exhibit medium that most interests you – you may mix your media if you choose.

The three choices are:

- a. Photographs

One site photo and one close-up photo of each plant

Photos must be at least 4" x 6" – color or black and white

Mount both photos of each plant on the same page of black paper

Label each photo with botanical and common names

- b. Drawings or paintings

One drawing or painting of each plant

Drawings or paintings must be a minimum of 4" x 6", maximum 5" x 7"

Drawings or paintings of each plant must be mounted on black paper

Label each drawing or painting with botanical and common names

Art media may include:

Line drawings – pencil or black ink on white paper

Colored pencils – on white paper

Water color – on white paper

- c. Collection of native flowers in Indiana

- a. Collect ONLY those wildflowers named on the list on page 8.

- b. Collect and dry each of the plants, including the bloom, stem and at least one pair of leaves. No roots!

- c. Mount each plant on back paper.

- d. Label each plant with botanical and common names.

2. Identify each plant by completing a Wildflower Identification worksheet (page 9) and include in the exhibit notebook.

3. Complete the Vocabulary Worksheet for your grade level – pages 10-12 – include in notebook.

4. Grow two Indiana Wildflowers from seed; complete two Propagation Records – page 23 – include in notebook.
5. Complete Compare and Contrast requirement (page 24) - 7<sup>th</sup> grade
6. Complete threatened and endangered plant species requirement (page 25) - 8<sup>TH</sup> grade
7. Complete Indiana native vines requirement (pages 26-27) - 9<sup>th</sup> grade
8. Keep a journal – page 28 – display with notebook.
9. Complete Community Service segment – page 28 – record on 4H Wildflower Project Record.
10. Complete 4H Wildflower Project Record (page 37 – 4H Club Leader must sign) and include in exhibit notebook.
11. Exhibit notebook should be 3-ring binder with items in this order (since the notebook “builds” over the 10 year course of the project, put newest items in the front):
  - a. Each page of photographs, drawings, paintings and/or dried plants should be opposite the appropriate Wildflower Identification worksheet (all info must be visible at once)
  - b. Vocabulary worksheet
  - c. Propagation Record (2)
  - d. Grade level exhibit sheets
  - e. 4H Wildflower Project Record with Community Service Segment
12. Display the journal in small book next to the binder or on sheets tucked in the front pocket of the binder.

## NATIVE WILDFLOWERS THAT MAY BE COLLECTED AND PRESSED

This is a selected list of Indiana wildflowers that may be cut and pressed (no roots) for your exhibit. Please do NOT collect from any public park, or state or national woods, or other protected area. Obtain permission of the landowner before picking any flower and take only what you need for your exhibit. Remember, we **strongly** recommend that your first choice is to photograph, draw or paint wildflowers for your exhibit instead of actually collecting specimens! Take reliable wildflower identification books on your hikes for identification purposes. *Please do not pick any endangered or threatened wildflowers nor pick any wildflowers not on this list.*

Anemone, American wood – <i>Anemone quinquefolia</i>	Joe Pye Weed – <i>Eupatorium purpureum</i> & <i>E. maculatum</i>
Angelica – <i>Angelica atropurpurea</i> or <i>A. venenosa</i>	Leatherflower – <i>Clematis viorna</i>
Aniseroot – <i>Osmorhiza longistylis</i>	Lobelia, blue – <i>Lobelia siphilitica</i>
Arrowhead, Common – <i>Sagittaria latifolia</i>	Loosestrife – <i>Lysimachia ciliata</i> & <i>L. quadrifolia</i>
Aster, Heath or Goodbye Meadow – <i>Aster pilosus</i>	Lopseed – <i>Phryma leptostachya</i>
Aster, New England – <i>Aster novae-angliae</i>	Licorice, Wild – <i>Galium circaezans</i>
Avens, White & Rough – <i>Geum canadense</i> & <i>G. laciniatum</i>	Marigold, Marsh – <i>Caltha palustris</i>
Beardtongue – <i>Penstemon calycosus</i> & <i>P. digitalis</i>	May Apple – <i>Podophyllum peltatum</i>
Bedstraw or Wild Madder – <i>Galium</i> spp. (natives only)	Milkweed, Common – <i>Asclepias syriaca</i>
Beggar's Ticks, Tickseed – <i>Bidens</i> spp. (but not <i>cornata</i> )	Milkweed, Swamp – <i>Asclepias incarnata</i>
Bellflower, American – <i>Campanula americana</i>	Milkweed, Whorled – <i>Asclepias verticillata</i>
Bellwort, Large-flowered – <i>Uvularia grandiflora</i>	Monkey Flower – <i>Mimulus ringens</i>
Bishop's Cap, 2 leaved Mitrewort – <i>Mitella diphylla</i>	Obedient Plant – <i>Physiostegia virginiana</i>
Black-eyed Susan – <i>Rudbeckia hirta</i>	Phlox, Downy & Smooth – <i>Phlox pilosa</i> & <i>P. glaberrima</i>
Blazing Star – <i>Liatris aspera</i> & <i>L. spicata</i>	Phlox, Woodland – <i>Phlox divaricata</i>
Blue Cohosh – <i>Caulophyllum thalictroides</i>	Puccoon, Hairy – <i>Lithospermum carolinense</i>
Blue Flag Irish – <i>Iris virginica</i>	Pussytoes – <i>Antennaria</i> spp
Blue Vervain – <i>Verbena hastata</i>	Rattlesnake Master – <i>Eryngium yuccifolium</i>
Boneset, Common – <i>Eupatorium perfoliatum</i>	Rose mallow – <i>Hibiscus laevis</i>
Butterflyweed – <i>Asclepias tuberosa</i>	Rue anemone – <i>Thalictrum thalictroides</i>
Carrion Flower, Common – <i>Smilax lasioneura</i>	Senna, Northern Wild – <i>Senna hebecarpa</i>
Chickweed, Star – <i>Stellaria pubera</i>	Sneezeweed – <i>Helenium autumnale</i>
Cinquefoil, Old Field – <i>Potentilla simplex</i>	Solomon's Seal – <i>Polygonatum biflorum</i> & <i>P. pubescens</i>
Cleavers – <i>Galium aparine</i>	Spatterdock – <i>Nuphar lutea</i>
Compass Plant – <i>Silphium laciniatum</i>	Spiderwort – <i>Tradescantia virginiana</i>
Coneflower, Grey-Headed – <i>Ratibida pinnata</i>	Spring Beauty – <i>Claytonia virginica</i>
Coneflower, Purple – <i>Echinacea purpurea</i>	Spurge, Creeping – <i>Euphorbia supina</i>
Coreopsis – <i>Coreopsis</i> spp, but not <i>grandiflora</i>	Squirrel Corn – <i>Dicentra canadensis</i>
Cow Parsnip – <i>Heracleum sphondylium</i>	Sunflower – <i>Helianthus</i> spp, but not <i>petiolaris</i> or <i>augustifolia</i>
Cress, Common or Creeping – <i>Rorippa palustris</i> , <i>R. sylvestris</i>	Sweet Cicely – <i>Osmorhiza claytonii</i>
Cress, Spring – <i>Cardamine bulbosa</i>	Tick trefoil – <i>Desmodium</i> spp, but not smooth or velvety
Cup Plant – <i>Silphium perfoliatum</i>	Toothwort – <i>Cardamine concatenata</i>
Daisy Fleabane – <i>Erigeron annuus</i>	Turtlehead – <i>Chelone glabra</i>
Dutchman's Breeches – <i>Dicentra cucullaria</i>	Violet – <i>Viola sororia</i> , <i>V. cucullata</i> & <i>V. canadensis</i>
Evening Primrose, Common – <i>Oenothera biennis</i>	Virginia Bluebells – <i>Mertensia virginica</i>
False Sunflower – <i>Heliopsis helianthoides</i>	White Snakeroot – <i>Eupatorium rugosum</i>
Feverfew, American – <i>Parthenium integrifolium</i>	Waterleaf – <i>Hydrophyllum</i> spp
Geranium, Wild (Cranesbill) – <i>Geranium maculatum</i>	Wild Cucumber – <i>Echinocystis lobata</i>
Goatsbeard – <i>Aruncus dioicus</i>	Wild Garlic – <i>Allium canadense</i>
Golden Ragwort – <i>Packera aurea</i> & <i>P. obovata</i>	Wild Leak – <i>Allium burdickii</i>
Goldenrod – <i>Solidago</i> spp. & <i>Euthamia</i> spp.	Wild Lettuce – <i>Lactuca</i> , only <i>canadensis</i> , <i>biennis</i> & <i>floridana</i>
Heal-All or Self-Heal – <i>Prunella vulgaris</i>	Wild Petunia – <i>Ruellia</i> spp.
Horsemint – <i>Monarda punctata</i>	Wild Quinine – <i>Parthenium integrifolium</i>
Ironweed, Tall – <i>Vernonia gigantea</i>	Wild Strawberry – <i>Fragaria virginiana</i>
Jewelweed – <i>Impatiens pallida</i> & <i>I. capensis</i>	Wood Sorrel – <i>Oxalis fortana</i> & <i>O. stricta</i>

## WILDFLOWER IDENTIFICATION

(Include in exhibit notebook)

Scientific name: \_\_\_\_\_

Common name(s): \_\_\_\_\_

Exact location of specimen:

Address: \_\_\_\_\_

City, town or \_\_\_\_\_

Rural area: \_\_\_\_\_

County: \_\_\_\_\_

State: Indiana \_\_\_\_\_

Date photographed, drawn or painted, or collected: \_\_\_\_\_

Identifying Characteristics - (check those that apply)

Leaves:

- Alternate
- Opposite
- Whorled
- Basal
- Entire
- Toothed
- Lobed
- Divided
- Hairy
- Smooth

Stem:

- Smooth
- Fuzzy
- Square
- Round

Blooms:

- Regular
- Irregular
- Indistinguishable

Your Initials \_\_\_\_\_

Date \_\_\_\_\_

## VOCABULARY WORKSHEET

Select the correct grade level. Write the definitions of the words. Photocopy the sheet and include this copy in your exhibit notebook.

GRADE 7

*Parts of a plant (leaf terminology)*

Margin \_\_\_\_\_

\_\_\_\_\_

Entire \_\_\_\_\_

\_\_\_\_\_

Toothed \_\_\_\_\_

\_\_\_\_\_

Lobe \_\_\_\_\_

\_\_\_\_\_

Divided (Leaf) \_\_\_\_\_

\_\_\_\_\_

Palmate (Leaf) \_\_\_\_\_

\_\_\_\_\_

Pinnate (Leaf) \_\_\_\_\_

\_\_\_\_\_

# VOCABULARY WORKSHEET

GRADE 8

*Parts of a Plant (flower terminology)*

Bract \_\_\_\_\_  
\_\_\_\_\_

Composite \_\_\_\_\_  
\_\_\_\_\_

Head \_\_\_\_\_  
\_\_\_\_\_

Raceme \_\_\_\_\_  
\_\_\_\_\_

Indistinguishable \_\_\_\_\_  
\_\_\_\_\_

Umbel \_\_\_\_\_  
\_\_\_\_\_

Disk \_\_\_\_\_  
\_\_\_\_\_

Panicle \_\_\_\_\_  
\_\_\_\_\_

# VOCABULARY WORKSHEET

GRADE 9

*Parts of a Flower (leaf terminology)*

Blade \_\_\_\_\_

\_\_\_\_\_

Bristly-toothed \_\_\_\_\_

\_\_\_\_\_

Oblong \_\_\_\_\_

\_\_\_\_\_

Elliptical \_\_\_\_\_

\_\_\_\_\_

Clasping leaf \_\_\_\_\_

\_\_\_\_\_

Rosette \_\_\_\_\_

\_\_\_\_\_

Whorled \_\_\_\_\_

\_\_\_\_\_

Stipule \_\_\_\_\_

\_\_\_\_\_

Vein \_\_\_\_\_

\_\_\_\_\_

## GROW YOUR OWN!

Very soon now you will become a grower of seeds. Study the plant list and the Propagation Requirements from Seed, beginning on page 14. This information will guide you as you decide which seeds you would most like to plant. Then study General Tips for Starting Seeds Indoors on page 22. Gather all your supplies and seeds necessary for success. Have fun!

1. Choose two varieties of Indiana native plants to grow from seed
2. Research additional information about your plant choice
3. Plant seeds - minimum of ten each, as not all will germinate
4. Complete the Propagation Record - provided on page 23 - include in exhibit notebook



## PROPAGATION REQUIREMENTS FROM SEED

**Alumroot; *Heuchera americana***; perennial; germinates in 10-60 days, requires light and 60-70 degrees; start 8-10 weeks before transplanting

**American Bellflower; *Campanula americana***; perennial; difficult, germinates in 14-28 days, requires light and 60-70 degrees; start 8-10 weeks before transplanting

**American Lotus or Waterlily; *Nelumbo lutea***, perennial; germinates in 14-30 days, scarify seed and submerge in hot water (75-85 degrees), change water twice a day until it germinates

**Anemone (Woodland); *Anemone quinquefolia***; perennial; germinates in 15-180 days; stratify 2-3 weeks; sow in a flat, sink the flat in the ground in a shady location, cover with glass, transplant as seedlings appear

**Angelica; *Angelica venenosa***; biennial; easy; direct seed in late summer, requires light and 60 degrees; germinates in 4 weeks

**Arrowhead; *Sagittaria latifolia***; perennial; grow from seed or fall division

**Aster; *Aster* spp.**; perennial; easy; germinates in 14-36 days; stratify for 2 weeks and provide 70-75 degrees thereafter; start 6-8 weeks before transplanting

**Beardtongue; *Penstemon calycosus* and *P. digitalis***; perennial; germinates in 18-36 days, requires light and 55-65 degrees; start 8-10 weeks before transplanting

**Bedstraw; *Galium* spp.**; perennial; grows easily from seed

**Bellwort; *Uvularia grandiflora***; perennial; sow in flats, sink flats in ground against north facing wall, cover with glass, moisten soil occasionally; germinates in 30-180 days, germinates only outdoors

**Bishop's Cap; *Mitella diphylla***; perennial; sow outdoors, requires dark (usually propagated by runners)

**Black-eyed Susan; *Rudbeckia hirta***; perennial; easy; stratify for 2 weeks in moist growing medium in refrigerator; provide light and 70 - 75 degrees

**Blazing Star; *Liatris spicata***; perennial; germinates in 20-25 days. Sow seeds in flats, barely cover, requires 55-75 degrees. Start 8-10 weeks before transplanting

**Blood root; *Sanguinaria canadensis***; perennial; germinates in 30-90 days; start indoors in peat pots at 50-55 degrees; start 8-10 weeks before transplanting; or sow in flats and sink flats in ground against north facing wall, cover with glass, moisten soil occasionally

**Blue Cohosh; *Caulophyllum thalictroides***; perennial; propagate by division or cutting

**Blue Lobelia; *Lobelia siphilitica***; perennial; germinates in 15-21 days; requires light, stratify for 3 months, then grow at 65-75 degrees; watch for damping off; don't overwater

**Blue-eyed Mary; *Collinsia verna***; annual; germinates in 14-21 days; requires 65-70 degrees, sow outdoors when soil is cool and light frost is still possible

**Boneset; *Eupatorium perfoliatum***; germinates in 1-3 months, do not cover seeds

**Bottle Gentian; *Gentiana andrewsii***; perennial; difficult; germinates in 14-180 days; requires dark, stratify for 8 weeks; grow at 70-75 degrees thereafter

**Bunchberry; *Cornus canadensis***; perennial; remove seed from fleshy fruit; sow in flat of peat moss and sand, requires dark, sink flat in ground against north facing wall for winter, cover with glass

**Butterflyweed; *Asclepias tuberosa*; and Common Milkweed; *A. syriaca***; sow seeds in peat pots; secure in plastic bags, and refrigerate for 21 days; provide light and 50-75 degrees thereafter

**Cardinal Flower; *Lobelia cardinalis***; perennial; germinates in 15-21 days, requires light; stratify for 3 months, then grow at 65-75 degrees; watch for damping off-don't overwater; needs rich, moist soil

**Carrion Flower; *Smilax* spp**; Plant ripe berries (blue-black) in woods and thickets in late fall or very early spring; somewhat vine-like; will climb all over bushes.

**Cinquefoil; *Potentilla simplex***; stratify in moist conditions in refrigerator for 6 weeks, grow at 65-70 degrees; germinates in 14-30 days

**Columbine; *Aquilegia canadensis***; perennial; germinates in 30-90 days, stratify for 2-3 weeks, sink flat in the ground in a shady location and cover with glass

**Compass Plant; *Silphium laciniatum***; stratify for 2 weeks and provide 70-75 degrees thereafter; start 6-8 weeks before transplanting

**Coneflower, Grey-headed; *Ratibida pinnata***; direct seeding: collect seed in fall after it becomes dark and sow outdoors immediately; for spring seeding stratify in refrigerator for at least one month before planting

**Coneflower, Pale Purple; *Echinacea purpurea***; direct seeding: collect seed and sow outdoors immediately; for spring seeding stratify in moist cold for 3-4 months

**Coreopsis; *Coreopsis lanceolata***; easy perennial; sow seeds indoors under 70 degrees in moist conditions; germination in 2-4 weeks

**Corydalis; *Corydalis flavula***; difficult; germinates in 30-365 days, requires light; sow seed and place at 60-65 degrees for 6-8 weeks, then chill in refrigerator for 2 weeks, then put back at 60-65 degrees

**Cow Parsnip; *Heracleum sphondylium***; perennial; germinates in 30-90 days; requires dark; in spring, stratify for 2-3 weeks, sow in flat, sink flat in ground against a north facing wall, cover with glass

**Cup Plant; *Silphium perfoliatum***; perennial; germinates in 21 days; requires dark, scarify seeds, sow in flats, sink flats in ground against a north facing wall, and cover with glass

**Daisy Fleabane; *Erigeron annuus***; perennial; germinates in 10-25 days, requires light and 70 degrees; start 8-10 weeks before transplanting

**Dutchman's Breeches; *Dicentra cucullaria***; perennial; germinates in 30-365 days, stratify in freezer for 6 weeks, then grow at 55-60 degrees thereafter; germinates in midsummer

**Evening Primrose; *Oenothera* spp.**; perennial; germinates 5-30 days; start 8-10 weeks prior to transplanting; sow seed in peat pots, requires darkness, 65-70 degrees

**False Dragonhead; *Physostegia virginiana***; perennial; germinates in 15-30 days at 60-65 degrees; start 8-10 weeks before transplanting

**False Foxglove; *Aureolaria flava***; germination in 10-15 days at 55-65 degrees, cover completely, needs darkness to germinate; sow directly into peat pots if indoors, as it resents transplanting, direct sow outdoors in early spring

**False Rue Anemone; *Enemion biternatum*** [formerly *Isopyrum biternatum*]; keep seeds cold and moist in refrigerator all winter, then plant in pots in February, and transplant outside in May in rich, moist, shady wooded area; or plant outdoors in fall

**False Solomon's Seal; *Smilacina racemosa***; perennial; sow seed as soon as it ripens, separate seed from fleshy fruit, sow in flats, sink flats in ground against north facing wall, cover with glass; germinates in 30-180 days

**False Sunflower; *Heliopsis helianthoides***: needs full sun or partial shade; ripened seeds should be planted immediately in the fall and left in ground for spring germination; average well-drained moist soil; thin plants to 1' - 3' apart; mulch well. (Even though these are the preferences, it can grow on gravel and it tolerates drought. Divide every 3 to 4 years by cutting apart the stocky rhizomatous rootstock with a knife, leaving at least 2 or 3 eyes in each division.)

**Fireweed; *Epilobium augustifolium***; perennial; germinates in 14-30 days and requires dark; as soon as seed is ripe in autumn sow in flats, sink flat in ground against north facing wall and cover with glass, moisten soil occasionally

**Fringed Loosestrife; *Lysimachia ciliata***; perennial; germinates in 30-90 days; in autumn sow in flats, sink flats in ground against north facing wall and cover with glass

**Goatsbeard; *Aruncus dioicus***; perennial; germinates in 30-90 days, requires light and 55-65 degrees; start in late winter

**Golden Ragwort; *Packera aurea***; perennial; germinates in 10-21 days; start 6-8 weeks before transplanting; needs light and 65-75 degrees; sow in vermiculite; water only from below; highly susceptible to damping-off

**Golden rod; *Solidago* spp.**; perennial; easy; germinates in 14-42 days at 50 degrees; start 6-8 weeks before transplanting

**Green Dragon; *Arisaema dracontium***; perennial; difficult; germinates in 30-180 days; separate seed from fleshy fruit, stratify for 6 weeks, grow at 55-60 degrees

**Ground Cherry; *Physalis virginiana***; perennial; difficult; germinates in 15-30 days, requires light and 70-75 degrees

**Hepatica; *Hepatica acutiloba***; perennial; use seed as soon as ripens, stratify 3 weeks in moist medium, then grow at 50-55 degrees in peat pots or outdoors in shady to partially shaded wooded area; plant immediately after stratification

**Hoary puccoon; *Lithospermum canescens***: propagate by cuttings; grow in peat enriched soil in sun, or on rocky or gravelly slopes and margins of grasslands; good in rock gardens

**Horsemint; *Monarda punctata***; perennial; germinates in 10-40 days, requires 60-70 degrees; start 8-10 weeks before transplanting

**Ironweed, tall; *Vernonia gigantea* and Missouri Ironweed (*V. missurica*)**; likes moist meadow situations, with neutral to slightly acidic soil; sun to partial sun; propagate by dividing its roots with an axe or chainsaw (ADULTS ONLY!); can be cut back in June to a more manageable size

**Jack-in-the-Pulpit; *Arisaema triphyllum***; perennial; difficult; remove seed from fleshy fruit; stratify for 6 weeks and provide 55-60 degrees thereafter; germinates in 30-180 days

**Jerusalem Artichoke; *Helianthus tuberosus***; perennial; propagate by tuber division

**Jewel Weed; Jewelweeds** - there are two

**Spotted Touch-me-not (*Impatiens capensis*)** orange with reddish-brown spots.

**Pale Touch-me-not (*I. pallida*)** light yellow with few or no spots. After flowering, pods are formed. When they start to turn from green to tan to brown, cover with a very fine netting to catch seeds before they disperse. Plant in fall where you want the plant to come up in spring. They can spread VERY freely.

**Joe Pye Weed; *Eupatorium purpureum***; perennial; germinates in 30-90 days, requires 55 degrees; start 8-10 weeks before transplanting

**Leather Flower; *Clematis viorna***; perennial; germinates in 30 days to 3 years; in spring stratify in freezer for 3 weeks, sow in flat, sink flat in ground in shaded location, cover with glass, transplant seedlings as soon as they appear

**Lopseed; *Phryma leptostachya***; Plant in rich woods in late fall or early spring, as they bloom in summer, only one seed is formed in the carpel, enclosed in the tubular calyx that "lops" down against the stalk; harvest this in fall, plant immediately in neutral to moderately acid soil in open woods or woodland garden

**Marsh Marigold; *Caltha palustris***, perennial, sow seed outdoors in peat pots standing in shallow water, germinates in 30-90 days

**Mayapple; *Podophyllum peltatum***; perennial, difficult, sow seed as soon as ripens (late summer to September) in flat, sink flat in ground against north facing wall, cover with glass; germinates in 30-180 days

**Milkweed, Common; *Asclepias syriaca***; germinates 30-90 days, start 8-10 weeks before planting outside; sow seeds in peat pots, secure in plastic bags, refrigerate for 21 days; provide light and 50-75 degrees

**Milkweed, Swamp; *Asclepias incarnata***, sow outdoors in late fall; moist area

**Milkweed, Whorled; *Asclepias verticillata***, sow outdoors in late fall; dry area

**Monkey Flower; *Mimulus ringens***; perennial; germinates in 7-21 days, requires light, stratify for 3 weeks, provide 70-75 degrees thereafter; start 10-12 weeks before transplant

**Partridge Pea; *Chamaecrista fasciculata***; annual; germinates in 5-90 days; requires dark; chip seed with sharp knife and soak in warm water for 2-3 hours, grow at 70-75 degrees; start 6-8 weeks before transplanting

**Pussytoes; *Antennaria neglecta***; perennial; germinates in 30-60 days, requires 55-60 degrees; start in late winter

**Rattlesnake Master; *Eryngium yuccifolium***; direct sow outdoors in autumn in full sun; needs moist well-drained soil

**Rose Mallow; *Hibiscus laevis***; perennial; germinates in 10-30 days; chip seed and soak in hot water for 1 hour, requires light and 70-80 degrees; start 8 weeks before transplanting

**Rue Anemone; *Thalictrum thalictroides***; perennial; tuber; propagate by division

**Shooting Star; *Dodecatheon media***; perennial; difficult; germinates in 90-365 days, requires light, stratify for 3 weeks, grow at 60-70 degrees

**Skunk Cabbage; *Symplocarpus foetidus***; perennial; collect seeds in late summer; germinates in 30-60 days, requires dark and 55-65 degrees; sow in flat and stand flat in pan of water to keep moist

**Slender Mountain Mint; *Pycnanthemum tenuifolium***; propagate by taking root cuttings

**Sneezeweed; *Helenium autumnale***; perennial; germinates 7-10 days; start 8-10 weeks before transplanting; needs dark and 70 degrees

**Solomon's Seal; *Polygonatum biflorum***; perennial; stratify for 2-3 weeks, sow in flat, sink in ground in shade location, cover with glass

**Spatterdock or Yellow Pond Lily or Cow Lily; *Nuphar lutea***; flowers float or are immersed in shallow waters or muddy shores; spreads rapidly; not good for a small garden pool; sow seeds in sand and cover with sand; place pan in water of 70 to 80 degrees; the surface of the sand should be above the water line, but in contact with it. 2-3 weeks to first floating leaf; transplant to flats with 2" soil/compost mix; pot up as necessary before planting outside and after planting outside to restrain spreading

**Spiderwort; *Tradescantia* spp.**; perennial; germinates in 10-40 days; grow at 55-56 degrees, barely cover seed; grow in fertile, well-drained soil in a warm, sheltered site in sun or partial shade; provide a deep winter mulch

**Spring Beauty; *Claytonia virginica***; perennial; seeds rarely available; germinates in 14-21 days and requires dark; sow seeds as soon as ripe in flats outdoors (late summer), sink flats in ground against north facing wall and cover with glass, moisten soil occasionally

**Spring Cress; *Cardamine bulbosa***; plant seeds in boggy areas in fall or very early spring or divide the small bulbous tubers; moist humusy soil; partial shade; white bloom in late spring

**Squirrel Corn; *Dicentra canadensis***; perennial; germinates in 30-365 days; in midsummer stratify seed for 6 weeks, grow at 55-60 degrees

**Starry Campion or Starry Catchfly; *Silene stellata***: plant ripe seeds in open woods, or divide by cutting through the roots, or take cuttings and root them in sandy soil in a cold frame, shaded from the sun, until rooted; once established, the plants should not be moved; partial shade; plant transplants in dry, sandy, or clay soil.

**Sweet Cicely; *Osmorhiza claytonii***; perennial; germinates in 14-42 days and requires light; stratify seeds in freezer for 1 month; grow on at 55-65 degrees

**Tick Trefoil; *Desmodium canadense***; perennial; requires dark to germinate; nick seed coat before planting; takes 2-4 weeks to germinate

**Toothwort, Cut-leaved; *Cardamine concatenata***; perennial; grow from seed as soon as seed is ripe

**Trillium; *Trillium* sp.**; perennial; difficult; germinates in 18 months to 3 years; as soon as seed is ripe stratify for 3 months in moist starting mix, then place at 60-70 degrees for 3 months, repeat this entire cycle again

**Turtlehead; *Chelone glabra***; perennial; requires dark to germinate; stratify seed for 4 months

**Twin Leaf; *Jeffersonia diphylla***; perennial; takes up to 2 years to germinate; as soon as seed is ripe (autumn) sow seed sparsely in flats outdoors, sink flats in ground against north facing wall and cover with glass, moisten soil occasionally

**Violets; *Viola* spp**; perennial; germinates in 50 days; sow seeds in flats outdoors in autumn, sink in ground against north facing wall and cover with glass, moisten soil occasionally

**Virginia Bluebells; *Mertensia virginica***; perennial; germinates in 30-60 days, as soon as seed is ripe (late summer) sow seed sparsely in flats outdoors, sink flats in ground against north facing wall and cover with glass, moisten soil occasionally

**Waterleaf**; perennial; propagate in spring or fall by division; open woods in neutral or slightly acid soil or in a woodland garden; there are four species:

**Appendaged; *Hydrophyllum appendiculatum***

**Broad-leaved; *H. canadense***

**Large-leaved; *H. macrophyllum***

**Virginia; *H. virginianum***

**White Snakeroot; *Eupatorium rugosum***; perennial; germinates in 30-90 days, requires 55 degrees; start 8-10 weeks before transplanting

**Wild Cucumber; *Echinocystis lobata***; annual; grows from seed

**Wild Garlic; *Allium canadense***; perennial; grows from bulbs and bulblets

**Wild Ginger; *Asarum canadense***; perennial; easy; germinates in 7-18 days; as soon as seed ripens stratify for 3 weeks grow on at 60-65 degrees thereafter

**Wild Leek; *Allium burdickii***; perennial; difficult; germinates in 14-365 days, requires light to germinate, stratify for 30 days; grow on at 55-65 degrees; can also grow by separating bulbs and replanting

**Wild Lettuce; *Lactuca canadensis***; biennial; grows from seed

**Wild Petunia; *Ruellia humilis***; perennial; seeds rarely available; germinates in 30-60 days, requires 65-75 degrees; start 8-10 weeks before transplanting

**Wild Sarsaparilla; *Aralia nudicaulis***; perennial, as soon as seed is ripe (autumn) soak seed for 1/2 to 1 hour in sulfuric acid (ADULTS ONLY!), wash in water and plant immediately

**Wild Strawberry; *Fragaria virginiana***; propagates by runners

**Wood Sorrel; *Oxalis fontana***; annual; sow in autumn as soon as seed is ripe; germinates in 14-60 days; requires 55-70 degrees

**Woodland Sunflower; *Helianthus divaricatus***; gather seeds in fall when ripe (put an old nylon stocking over the flower head to keep birds away and harvest when seeds are dry); keep dry and cool all winter indoors (above 35 degrees); plant outside about May 15 in dry open woods (but keep moist during first growing season)

**Yellow Pimpernel; *Taenidia integerrima***; annual; sow seed outdoors; requires dark, 50-65 degrees; germinates in 30-42 days



## GENERAL TIPS FOR STARTING SEEDS INDOORS

Also check Propagation Requirements from Seed pages

**Containers:** Containers should be fairly shallow (1-3 in. deep) and have drainage holes. Containers should be cleaned in soapy water and rinsed in a solution of 1 part bleach to 10 parts water, followed by a plain water rinse. Let them dry before filling with starting mix.

**Soil:** A soilless starting mix without fertilizer should be used

**Water:** Should not contain chlorine or salt. For salt-free, use non-softened water (draw water before it enters the water softener or draw water from an outside tap). For chlorine-free, let water sit overnight in open jugs while the chlorine evaporates. It is best to bottom water the plants and seeds, though you may need to mist the top of the soil with a spray bottle until germination occurs.

**Light:** Some seeds require dark to germinate and should be covered with soil (2-3 times the thickness of the seed). Other seeds require light to germinate and should be left on top of the soil. Some seeds have no preference. Once the seedlings have emerged, they should be kept 3-4 inches away from fluorescent bulbs for 14-16 hours a day. Any fluorescent bulb with “daylight” in its description will work as will LED.

**Stratify (Stratification):** cold treatment given to damp seeds for a specific length of time before sowing.

**Scarify (Scarification):** sand, nick or chip a hard seed coat (coat only) before sowing

**Seeding:** Moisten (don't soak) soilless starting medium in a bucket. Fill planting containers by scooping and tap the container on a table a few times to settle the soil to below brim level. Place seed on top of soil. (See direction under light above.) Mist with water. Cover pots with clear plastic (bag, wrap or lid), keeping plastic off the soil surface. Top of soil should be kept moist until the seed germinates.

**Temperature:** Most Indiana native plants germinate between 55-72 degrees. Most seedlings do best at 60-65 degrees at night and 65-70 degrees during the day.

**Fertilization:** after the true leaves (2<sup>nd</sup> set) appear, start using water soluble 15-30-15 fertilizer diluted 4-fold more than recommended. (Example: if the label says 1 tsp. per gallon, use ¼ tsp. per gallon) Watch carefully, some natives do not like to be fertilized.

**Damping-Off:** a fungal disease causing stem to close and plant to die; caused by too much moisture

**Growing-on:** after seedlings are established, they will need a drier medium. Allow surface of the soil mix to become dry to the touch between watering, but never let the lower soil layers dry out. If plants are drooping, mist them.

**Hardening-Off:** transplants must get used to the sun, wind, and rain. Move plants outdoors to a shady sheltered area during the day. Keep them watered. Bring them back indoors each evening. After 3 days, move sun-loving plants to a half sun location for three more days. Allow the plants to stay out overnight for at least two days before planting.

## PROPAGATION RECORD – GRADES 7-9

(Include in exhibit notebook)

Flower name, Common \_\_\_\_\_

Flower name, Botanical (Scientific) \_\_\_\_\_

Other common names \_\_\_\_\_

Date planted \_\_\_\_\_

Garden soil type (sandy, loam or clay?) \_\_\_\_\_

Germination date \_\_\_\_\_

If sown indoors, date transplanted outdoors \_\_\_\_\_

Native American and pioneer uses \_\_\_\_\_

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Flower Name	Light or Dark	Temp Required	Stratify, Scarify, Presoak	Growth Habit	Comments
e.g. Yarrow	Light	60-65	None	compact	

Environmental Factors (check as appropriate)

Especially cold weather                       Especially hot weather

Drought conditions                      Other (list): \_\_\_\_\_

**COMPARE AND CONTRAST TWO SPECIES OF INDIANA WILDFLOWER**  
**FROM THE SAME GENUS     (7<sup>th</sup> GRADE ONLY)**

(Include in exhibit notebook)

In writing, compare and contrast two species of the same genus of Indiana native wildflowers. Describe characteristics that both plants have in common, as well as characteristics of each that differ from the other.

For example:

The Smooth Aster (*Aster laevis*) and Short's Aster (*Aster shortii*) are both shade tolerant woodland asters. Each has blue violet blooms in early to mid-fall and alternate leaf placement on the stem. The distinguishing characteristic between these two asters is the leaf itself. Leaves of the Short's Aster are toothless, narrowly heart-shaped and on wiry stalks. Leaves of the Smooth Aster are clasping.

Here are some genera that have many species, but feel free to use others:

- Bellflower (*Campanula*)
- Cinquefoil (*Potentilla*)
- Goldenrod (*Solidago*)
- Milkweed (*Asclepias*)
- Sunflower (*Helianthus*)
- Thistle (*Cirsium*)
- Trillium (*Trillium*)
- Violet (*Viola*)

## THREATENED and ENDANGERED PLANT SPECIES (8<sup>th</sup> grade only)

(Include this worksheet in your exhibit notebook)

Unfortunately, the more our population grows, and the more we build houses, subdivisions, roads, and commercial properties, the more good land we cover up with buildings and pavement. As this happens our ecosystem is impacted in many ways. One of the ways we are concerned about is the loss of native plant species. Every state is losing wildflowers! Indiana is no exception.

Why should we care? Well, let's start with the importance of preserving biodiversity. Search the web for "the importance of biodiversity" or "biodiversity is needed for" and jot down the name of the website and a few notes below:

I found that biodiversity is important because: \_\_\_\_\_

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What is the difference between endangered, threatened, and rare? \_\_\_\_\_

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How many plants are considered endangered or threatened in Indiana? \_\_\_\_\_

(Search the web for Indiana DNR or endangered and threatened plants of Indiana)

Jot down a few tips for getting started landscaping with native flowers. (For ideas, check out Purdue Cooperative Extension Horticulture publications on the web or similar publications for other regional Cooperative Extension Services – see list under Useful Internet Resources, p. 36)

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## INDIANA NATIVE VINES (9<sup>th</sup> grade only)

(Include vine record sheet, page 27, in your exhibit notebook)

During your 9<sup>th</sup> grade year in this project, you will explore the fascinating world of native vines. Native vines are often prized by birds for nesting materials, nesting space (a vine can be rearranged by a bird to hide a nest) and food (berries are a late fall energy source for migration).

Some interesting native vines are:

1. American bittersweet; *Celastrus scandens*
2. Ground nut; *Apios americana*
3. Hog peanut: *Amphicarpaea bracteata*
4. Honeysuckle: *Lonicera dioica, flava, hirsuta, oblongifolia*, but not Japanese honeysuckle
5. Moonseed: *Menispermum canadense*
6. Poison ivy: *Rhus radicans*
7. Trumpet vine: *Campus radicans*
8. Virginia creeper: *Parthenocissus quinquefolia*
9. Wild grape (summer, gray bark, fox, catbird): *Vitis aestivalis, cinerea, labrusca, palmata*

Identify three native vines

Choose the exhibit medium that most interests you or you may mix media if you choose. The choices are:

1. Photographs

One site photo and one close up photo of each of the three plants

Photos must be at least 4" x 6" – color or black and white

Both photos of each plant must be mounted on black paper on the same page

Label each photo with common or scientific names

2. Drawings and paintings

One drawing or painting of each of the three plants

Drawings and paintings must be at least 4" x 6", maximum 5" x 7"

Drawings or paintings of each plant must be mounted on black paper

Label each drawing or painting with common and scientific names

Art media may include:

Line drawings – pencil or black ink on white paper – mounted on black paper

Colored pencils – on white paper – mounted on black paper

Watercolor – on white paper – mounted on black paper

Identify each vine by completing the Vine Identification worksheet for each vine on page 27

## INDIANA NATIVE VINES

### INDIANA NATIVE VINE IDENTIFICATION – 9<sup>th</sup> Grade Only

(Include in your exhibit notebook)

Scientific name: \_\_\_\_\_

Common name(s): \_\_\_\_\_

Exact location of specimen:

Address: \_\_\_\_\_

City, town or

Rural area: \_\_\_\_\_

County: \_\_\_\_\_

State: Indiana \_\_\_\_\_

Date photographed, drawn or painted, or collected: \_\_\_\_\_

Identifying Characteristics - (check those that apply)

Leaves:

- Alternate
- Opposite
- Whorled
- Basal
- Entire
- Toothed
- Lobed
- Divided
- Hairy
- Smooth

Stem:

- Smooth
- Fuzzy
- Square
- Round

Blooms:

- Regular
- Irregular
- Indistinguishable

Your Initials \_\_\_\_\_

Date \_\_\_\_\_

## KEEPING YOUR WILDFLOWER JOURNAL

(Exhibit in separate book next to your notebook or exhibit, clearly marked, in the front of your notebook)

The purpose of your wildflower journal is to assist you in focusing on the wildflowers and the habitat(s) they grow in. You will need to make as many entries as the number of your grade in school (e.g. 7 entries for grade 7), though you may make additional entries if you wish. Start each entry with the date and the place, then describe what you see and how you feel about it (e.g. April 3, 2018 - The field of Virginia bluebells was awesome. I could hear the distant hooting of an owl. I saw a toad hopping around in the dry leaves under the tree.) If you prefer to draw pictures or take photographs, that's okay too. However, be sure you label each picture or photograph with the place it was drawn or taken, the date and a brief comment of what you were doing (e.g. walking on a nature trail, camping with your family, on a school field trip). Pictures must be in chronological order.

Keep your wildflower journal and add to it from year to year throughout this project. (The number of entries required starts new each year. In other words, being in the project for two years [7<sup>th</sup> and 8<sup>th</sup> grade] means at least 15 entries [total] in your journal when you exhibit the summer following 8<sup>th</sup> grade.)



## COMMUNITY SERVICE SEGMENT

(Report on your project record sheet)

This is a wonderful opportunity for you to become involved in your community by doing a great service. Besides being of value to your community, you will be helping the whole environment...our planet. Choose an activity that is related to our study of Indiana native plants. A couple of ideas are: digging out and/or pulling invasive plants, such as invasive honeysuckle, garlic mustard, autumn olive, common and glossy buckthorn, privet or wintercreeper. You might like to volunteer to do this at one of your local town, township or county parks. Another good project is to rescue native plants that are going to be destroyed by construction of roads, houses, subdivisions, etc. Make sure to have an adult with you, and have permission of the landowner before you start. It is best to have the permission in writing or to have a release form. Perhaps you could assist a park naturalist in collecting seeds in the fall. Or think of another creative way to volunteer. Make sure to enter your community service on your 4H Wildflower Project Record Sheet and get your club leader's signature. And...WE ALL THANK YOU FOR HAVING THE VOLUNTEER SPIRIT!

## WHERE TO GO TO SEE WILDFLOWERS

Burnett Woods Nature Preserve: Avon

Butler Woods

Central Park: Carmel

Clifty Falls State Park

Cool Creek Park: Westfield

Crown Hill Cemetery: Indianapolis

Eagle Creek Park: Indianapolis

Fishers Heritage Park

Flowing Well Park: Carmel

Fort Harrison Park: Lawrence

Holliday Park: Indianapolis

Indianapolis Museum of Art Grounds

Marott Park: Indianapolis

McCormick's Creek State Park

McGregor Park: Westfield

Mounds State Park: Anderson

Patoka Lake (Southwestern Indiana)

Potter's Bridge: Noblesville

Ritchey Woods: Fishers

River Road Park: Carmel

Shades State Park

Starkey Park: Zionsville

Turkey Run State Park

West Park: Carmel

## GLOSSARY

**Alternate leaf arrangement:** borne singly along a stem, one leaf at each node, not opposite each other

**Annual:** lives only one growing season, then dies

**Anther:** the pollen-bearing part of the stamen

**Aquatic plants:** those that grow in or on water or shorelines

**Axil:** upper angle formed by the main stem and any plant part arising from that stem

**Barb:** a short hooked bristle

**Basal:** leaves located at base of stem, at ground level

**Biennial:** a plant whose life cycle takes two years to be complete

**Binomial system of nomenclature:** the plant's botanical name has two parts -- the generic name and the species name (e.g., *Dicentra cucullaria* is commonly called "Dutchman's Breeches", while *D. canadensis* is known as "Squirrel Corn". The Latin name must be underlined or in italics, the first word must be capitalized.)

**Blade:** the flat expanded part of the leaf

**Bog:** an area of wet spongy ground (often with peat and some evergreens)

**Bract:** a reduced or modified leaf sometimes found around the base of flower clusters

**Bristly-toothed:** leaves having a short bristle at the tip of each tooth

**Bulb:** underground stem or bud with thick fleshy leaves or scales

**Bulblet:** a small bulb, growing in a flower cluster

**Calyx:** outer circle of flower parts, made up of sepals, usually green

**Capsule:** a dry fruit that splits open at maturity into 2 or more sections

**Chlorophyll:** green pigment (color) in most plant leaves that absorbs energy from the sun and enables photosynthesis

**Clasping leaf:** partially surrounding the stem

**Cleft:** deeply lobed about halfway to mid-vein

**Cold frame:** a box covered with glass in which to grow plants heated by winter's sun

**Corolla:** the inner circle of flower parts, made up of petals

**Community:** a certain set of situations (nutrients, moisture, temperature, light, etc.) that make it possible for a group of unlike plants to exist together successfully

**Composite:** many flowers arranged in a dense head; many small flowers surrounded by leafy rays (e.g., daisy)

**Compound:** made up of 2 or more parts

**Cordate:** heart-shaped (usually regarding the base of a leaf)

**Corymb:** a flat-topped or convex branched flower cluster in which the branching is usually alternate

**Creeping:** running along the ground, and rooting as it goes.

**Cross-pollination:** the transfer of pollen from the anther of one plant to the stigma of another

**Cyme:** a more or less flat-topped, branched flower cluster in which the branching is usually opposite

**Damping Off:** a fungal disease causing the stem to close, and plant then dies

**Disk:** in composite flowers (e.g., daisy) it is the central part of the flowering head

**Divided (leaf):** cut down to or almost to the base or the midrib

**Downy:** covered with fine soft hairs

**Drupe:** a fleshy fruit, usually with only one seed

**Egg-shaped:** broader at one end than the other, usually 1 1/2 to 2 times longer than wide

**Elliptic:** broad in the middle, thin on the ends, and 2-3 times as long as wide

**Entire:** smooth leaf margins with no teeth or divisions or lobes

**Family:** a group of related plants (divided into genera, which are then divided into species)

**Filament:** the anther-bearing stalk of a stamen

**Flora:** the plants of a particular region, habitat or geological period; generally the naturally occurring or native plant life

**Flower:** the reproductive structure of a seed-bearing plant, usually with showy or colorful parts

**Genus** (plural: genera): a group of closely related species (it is the first word in the Latin scientific name and is always capitalized and either underlined or in italics)

**Germinate:** to sprout from seed or spore

**Globose:** round (like a globe)

**Glucose:** a sugary food produced by photosynthesis

**Grasslands:** an area of prairie or meadow grasses, relatively dry most of the year

**Habitat:** the natural place where a plant grows or an animal lives

**Hairy:** covered with hairs, fuzzy; used to describe some leaves and stems

**Halberd-shaped:** arrow-shaped

**Head:** groups of flowers joined together in a short, dense, terminal cluster

**Indigenous:** native to a region or area

**Indistinguishable:** the flower parts are too small to see clearly and identify

**Inflorescence:** the flower

**Introduced:** not native to a particular region; exotic

**Involucre:** two or more bracts below a flower or flower cluster

**Irregular:** flowers or petals of unequal size or shapes

**Joint:** the point on a stem where two parts are joined

**Lance-shaped (leaf):** a leaf that is about 3 or more times longer than it is wide, and broader toward one end, tapering at the other

**Leaf:** flat green blade attached directly or by a stalk; main organ of photosynthesis or transpiration in higher plants

**Leaflet:** one segment of a compound leaf

**Liana:** any of the various long-stemmed woody vines that are rooted in the soil at ground level and use trees, as well as other means of vertical support, to climb up to the top of the tree canopy to get access to well-lit areas of the forest

**Linear:** long and narrow sides nearly parallel

**Lip:** the upper or lower part of some irregular flowers

**Lobe:** a segment, usually rounded, of a leaf or flower

**Margin:** the outside edge of a leaf

**Marsh:** a wetland with tall grasses

**Midrib:** the central vein of a leaf or leaflet

**Natives:** plants that originated in a particular area or region

**Naturalized:** not indigenous, but thoroughly established (such as Queen Anne's Lace)

**Nectar:** the sweet liquid produced by flowers that attract pollinators

**Oblong (leaf):** longer than broad, with parallel sides

**Opposite leaf arrangement:** arranged in pairs on the stem

**Ovate:** egg-shaped

**Ovary:** the enlarged base of the pistil that produces the seeds

**Ovules:** the eggs of a plant which (when fertilized) become seeds

**Palmate (leaf):** leaflets radiate from a central point like the fingers of a hand

**Panicle:** a branched flower cluster, broadest at base and tapering upwards

**Parasite:** a plant that gets its food from another living plant

**Pedice:** the stalk of a single flower

**Perennial:** a plant that normally lives more than two years

**Perianth:** the floral "envelope" (sepals AND petals)

**Petal:** one of the segments of the corolla

**Petiole:** the stalk-like part of a leaf

**Photosynthesis:** the process by which plants use sunlight to convert water and carbon dioxide into glucose that plants need

**Pinnate (leaf):** divided in such a way that the leaflets are arranged on both sides of a common stalk (like a feather)

**Pistil:** the central female reproductive part of a flower

**Pistillate:** having pistils but no stamens

**Pod:** a dried fruit which splits along the side to release seed

**Pollen:** the male spores produced by the anther

**Pollination:** the transfer of pollen from an anther to a stigma

**Propagate:** to reproduce

**Prostrate:** lying on the ground instead of growing upright

**Pubescent:** bearing hairs of any type

**Raceme:** an elongated flower cluster with stalked flowers arranged along a central stem

**Ray:** one of the stalks of an umbel; also strap-like or petal-like flowers surrounding disk flower

**Recurved:** curved downward or backward

**Reflexed:** abruptly turned downward or backward

**Regular:** used to describe flowers having all the parts alike in size and shape, such as a daisy

**Rhizome:** an underground stem that sends up shoots

**Rib:** a prominent vein of a leaf

**Rootstock:** a rhizome or underground stem which can be planted below the surface of the soil to produce new above ground growth

**Rosette:** a circular cluster of leaves, usually at the bottom of a plant

**Runner:** a slender, prostrate branch

**Saprophyte:** a plant that gets its food from dead organic matter

**Scarify:** sanding, nicking, or chipping a hard seed covering, making sure not to touch the seed itself

**Sepal:** one of the segments of the calyx

**Serrate:** sharply toothed margin

**Sessile:** without a petiole or other type of stalk

**Simple:** flower with all the parts: sepals, petals, stamens and pistils or a leaf which is a single blade

**Sheath:** a thin membrane surrounding the stem

**Smooth:** lacking hairs or other protuberances

**Spadix:** a club-like spike bearing minute flowers, usually enclosed in a spathe, as a skunk cabbage

**Spathe:** a large bract (leaf-like structure) enclosing a flower cluster or spadix, as a jack-in-the-pulpit

**Species:** a distinct kind of plant; the second part of the scientific name (in italics, not capitalized)

**Spike:** an elongated flower cluster with stalkless flowers arranged along a central stem

**Spur:** a tubular hollow projection on a flower that often holds nectar

**Stem:** stalk; the rising part of a plant from which leaves, flowers and fruit develop

**Stamen:** male organ of a flower (consists of the anther and the filament)

**Staminate:** having stamens but no pistil

**Stigma:** the pollen-receiving tip of the pistil

**Stipule:** a small leaf like growth at the base of a leaf stalk

**Stratify:** cold treatment given to seeds for a given period of time

**Style:** the stalk of the pistil (connects the stigma to the ovary)

**Tendrils:** a slender, coiling, modified leaf or branch structure used for climbing and support

**Terminal:** at the end of a branch or a stem

**Toothed (leaf):** having several small indentations along the margin (as on a steak knife)

**Trailing:** running along the ground but not rooting

**Trifoliate:** leaflets arranged in groups of three on a common stem

**Tuber:** a short, thick, underground stem

**Umbel:** a flower cluster in which all the flower stalks radiate from the same point (like an umbrella)

**Vein:** principle framework of a leaf; transports materials such as water and sugars to and from the leaf

**Vine:** any plant with a growth habit of trailing or climbing stems, lianas or runners

**Wetlands:** land area saturated with water, either seasonally or permanently, which forms a distinct ecosystem, such as a marsh or bog

**Whorled:** arranged in a circle around a central point

**Wing:** a thin, narrow membrane extending along a stem, stalk or other part

## USEFUL BOOK RESOURCES

These are useful reference books for this project. A good generalized wildflower identification book is essential for the project; other reference books can be borrowed from your local library or perhaps from relatives and friends. Feel free to use other reputable books that are not on this list.

### IDENTIFICATION, GENERAL

- M.Archibald, David, *et al.* Quick Key Guide to Wild Flowers, Doubleday, c1968.
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## USEFUL INTERNET RESOURCES

Search the web for the following organizations (by name) to obtain information useful in completing your projects and record sheets.

- 1) Check out the following local and nearby Extension Services for information on Indiana wildflowers – identification, growing and landscaping (information usually under horticulture) – Indiana wildflowers inhabit regions that often cross state lines
  - a) Purdue University Cooperative Extension
  - b) Michigan State University Cooperative Extension
  - c) University of Illinois at Urbana-Champaign Cooperative Extension
  - d) Ohio State University Cooperative Extension
  - e) University of Kentucky Extension
  - f) University of Missouri Extension
  - g) Penn State University Extension
  - h) University of Wisconsin Extension
  - i) University of Minnesota Extension
- 2) Check out databases at the following large botanical gardens which include Indiana in the regions they cover. Be sure to select for our region and local climate. These places often have good identification information.
  - a) Missouri Botanical Gardens (identify wildflowers by color, flower structure or leaf)
  - b) Chicago Botanical Gardens (ecology and wildlife associated with certain wildflowers, also conservation information)
  - c) Lady Bird Johnson Wildflower Center (although located in Texas, they have information on the entire US with wildflowers listed by state or searchable by color, bloom time, leaf arrangement, light requirement or soil moisture)
- 3) Check out the websites of the following government organizations for information on invasive and naturalized plants and threatened and endangered species.
  - a) Plants data base USDA (maps of where each wildflower in the US grows; information on uses for plants; info on which pollinators visit which plants; lists of wetland plants; lists of noxious and introduced plants)
  - b) Indiana DNR (endangered plant species)
  - c) NRCS Indiana (threatened and endangered species)
  - d) US Forest Service Highway Department (Invasive plants, naturalized plants)
- 4) Illinois Wildflowers (retired horticulture professor Dr. John Hilty maintains a couple of web sites with good information on native vines, grasses and sedges as well as wildflowers and native pollinators)

# 4-H WILDFLOWER PROJECT RECORD SHEET

*Do NOT fail to complete this record: this is as important as your exhibit!*

Name \_\_\_\_\_ Age \_\_\_\_\_

Name of club \_\_\_\_\_ Year in Club \_\_\_\_\_

Township \_\_\_\_\_ County \_\_\_\_\_

Date record started \_\_\_\_\_ Date record completed \_\_\_\_\_

Signature of leader \_\_\_\_\_ Date \_\_\_\_\_

1. Please list the scientific and common names of four Indiana native wildflowers
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
  - d. \_\_\_\_\_
2. Please list the scientific and common names of three Indiana native plants that should not be picked or collected (i.e. are endangered, threatened or rare):
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
3. What is the difference between a native wildflower and a naturalized flower? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. What have you done, and what can you do to help preserve Indiana's wildflowers?
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
  - d. \_\_\_\_\_
5. Community Service Segment (**4-H Club Leader should sign here to verify**): \_\_\_\_\_  
I performed a community service at (place) \_\_\_\_\_  
on (date) \_\_\_\_\_ under the supervision of \_\_\_\_\_  
Description of my community service and how long it took me: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_