



ELKHART COUNTY 4-H



PURDUE
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Extension - Elkhart County

RECYCLING

GREEN AWARENESS



**PLEASE SAVE THIS BOOK –
USE IT EACH YEAR YOU ARE IN THIS LEVEL**

Level A: Grades 3-4

Level B: Grades 5-6

Some manuals are used more than one year. An additional copy will cost \$1.00.

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**Elkhart County Recycling Project
Revised November 2019**

Adapted from: Elkhart County Recycling Project Manual & the Franklin County
Recycling Project Manual



4-H RECYCLING PROJECT

Green Awareness

Eligible for State Fair in the Arts & Crafts Division

Each year, in all levels, the 4-H'er must complete a different recycled article and additional activities from the manual.

LEVEL A (GRADES 3 & 4)

1. Prior to exhibiting a recycled article at the fair, the 4-H'er is required to submit a completed 4-H Recycling Record Sheet to their 4-H leader, along with the Solid Waste Checklist. List which activities were completed from this manual.
 - The required number of activities per grade level are
 - Grade 3 (one)
 - Grade 4 (two)
2. Exhibit a Recycled article that was made into something else you can use.
3. Using the 4-H Recycling Record Sheet and the Solid Waste Checklist, include information about the article you recycled and include it with the exhibit.

LEVEL B (GRADES 5 & 6)

1. Prior to exhibiting a recycled article at the fair, the 4-H'er is required to submit a completed 4-H Recycling Record Sheet to their 4-H leader, along with the Solid Waste Checklist. List which activities were completed from this manual.
 - The required number of activities per grade level are
 - Grade 5 (three)
 - Grade 6 (four)
2. Exhibit a Recycled article that was made into something else you can use.
3. Using the 4-H Recycling Record Sheet and the Solid Waste Checklist, include information about the article you recycled and include it with the exhibit.

You do not need to do all new activities each year but may include activities that you completed for level A or B in previous years to reach the required number for your grade. All activities must be chosen from this manual. For example, if you entered the recycling project in grade 3 and continued each year, you would do one activity each year. If you entered the recycling project in grade 6, you would complete 4 activities.

RECYCLING

Recycling is frequently in the news. We are told that it is the responsible thing to do.

Recycling conserves natural resources, saves energy and reduces the amount of trash going to landfills. Conserving our natural resources doesn't mean not using them, it means using them wisely and sparingly. Recycling involves collecting reusable materials that have been thrown away, processing and distributing them for reuse. In most cases it takes less energy to prepare materials for reuse than to produce new items. Natural resources, such as trees, water, metal ores and oil are conserved through recycling. Materials from these natural resources are recycled and used again. Almost everything can be recycled in some way. Major groupings include paper, aluminum, glass, organic materials and plastics.

To make it easier on recycling centers, they appreciate separating recyclables before arrival. This is easily done in bags or boxes. The following is a list of accepted recyclables and how to sort and prepare them in Elkhart County.

Cardboard

- Corrugated Cardboard Boxes should be broken down and flattened.

Other Paper Products

- Paperboard (cereal boxes): Boxes should be broken down and flattened.
- Newspaper: Must be dry and bundled. Please do not use paper or plastic bags.
- Mixed Paper: Office, computer paper, junk mail. Keep dry.
- Magazines: Materials including magazines, and unwanted phone books. Must be kept dry and bundled.



Plastic Bottles/ Metals and Aluminum/ Glass

- PETE or #1 Bottles: Soft drink, soda bottles, etc. Please rinse.
- HDPE or #2 Bottles: Milk and Juice jugs, detergent and bleach containers. Please rinse.
- Aluminum: Soft drink and other beverage cans. Please rinse and separate from metal cans.
- Steel/Tin: Cans from food, soup, vegetables, etc. Please wash.
- Scrap Metal: Remove gas tanks, fuels, batteries from appliances. No wire fencing.
- Glass Bottles: All glass food and beverage bottles: clear, green, brown. Please rinse.

Batteries- Considered Hazardous Waste in Elkhart County

- Car Batteries: Must not be cracked. Cells must be capped.
- Rechargeable Batteries: Rechargeable batteries are accepted. Please no alkaline batteries (alkaline batteries can go in the regular trash)

Other Notes

- Pop Tabs: Be sure to collect your pop tabs...different groups collect them and donate them to the Ronald McDonald house to be recycled. The money earned helps families of sick children stay close by while they are hospitalized. Schools, Kiwanis Clubs and Extension Homemakers Clubs are just a few of the groups that support this effort.
- Product Labels: Schools get money for educational supplies from Campbell Soup labels (also found on many other products, check labelsforeducation.com for a complete list) as well as "Box Tops for Education" found on many cereals and other products (check boxtops4education.com for a complete list of participating products.) Save these for your local schools!

These are some items that DO NOT belong in the recycling bin.

- **Pizza Boxes**: The oil from the pizza can contaminate the cardboard, making it impossible to process into clean paper.
- **Napkins & Paper Towels**: It's not the paper but they are often used to clean up food, cleaning products and other hazardous waste.
- **Sticky Notes**: Their size, color and the adhesive tape make them better in the trash.
- **Plastic Caps**: Curbside programs will not recycle them.
- **Wet Paper**: Paper fibers that have been exposed to water are shorter and therefore less valuable to paper mills.

HAZARDOUS WASTE

A **hazardous waste** is waste that poses substantial or potential threats to public health or the environment and generally exhibits one or more of these characteristics:



- Ignitable: Ignitable wastes can create fires under certain conditions, and are spontaneously combustible. Examples include **waste oils and used solvents**.
- Corrosive: Corrosive wastes are acids or bases (pH less than or equal to 2, or greater than or equal to 12.5) that are capable of corroding metal containers. Examples include **Battery acid**.
- Reactive: Reactive wastes are unstable under "normal" conditions. They can cause explosions, toxic fumes, gases, or vapors when heated, compressed, or mixed with water. Examples include **lithium-sulfur batteries, compact fluorescent light bulbs and explosives**.
- Toxic: Toxic wastes are those containing concentrations of certain substances in excess of regulatory thresholds which are expected to cause injury or illness to human health. Examples include **medicine or medications**.

These wastes may be found in different physical states such as gaseous, liquids, or solids. Furthermore, a hazardous waste is a special type of waste because it cannot be disposed of by common means like other by-products of our everyday lives. Elkhart County sponsors a Hazardous Waste collection the first Saturday of each month from 8 am-3 pm at the Elkhart County Correctional Facility, 26861 CR 26, Elkhart. Call 574-293-2269 for more information.

REMEMBER THE 5 R'S

Reduce the amount of waste we produce.

- Buy only what you need
- Buy economy size or bulk packaging
- Avoid disposable products
- Bring your own bags to the grocery store
- Choose boxes with gray interior (recycled paperboard)
- Look for recycle symbol or the words "made from recycled materials" when shopping
- Choose products packaged in recyclable materials
- When possible, choose product packaging that is easiest to recycle (such as glass instead of plastic)

Reuse as much as possible.

- Use products that are made to be used many times, such as cloth diapers, cloth napkins, sponges, towels and rags, dishes, rechargeable batteries, etc.
- Use the blank back sides of paper for scratch paper
- Purchase used goods at second hand stores, garage sales, auctions, antique shops and flea markets

Reject over packaging and environmentally hazardous products.

- Avoid over-packaged goods
- Avoid non-recyclable packaging and containers
- Choose non-aerosol spray containers
- Avoid disposable products

Repair broken items instead of replacing them.

- Mend clothes
- Repair broken appliances
- Make repairs promptly, before damage progresses
- Service vehicles regularly to maintain good condition

Recycle the products that are recyclable.

- Identify the recycling centers in your community
- Identify the garages and service stations that will accept and recycle used motor oil
- Identify local businesses (doctors, dentists, nursing homes, libraries, daycares, etc.) that accept used magazines
- Donate used clothing, furniture, etc.
- Have a neighborhood or family garage sale annually to recycle unwanted items
- Trade in old appliances and vehicles when possible
- Be familiar with recyclable materials: glass, aluminum, newspaper, etc.

PRE-CYCLE SHOPPING LIST

When you pre-cycle you choose to buy products that are friendly to the environment.

- Bring reusable shopping bags to the store with you
- Buy large quantities. This uses less packaging
- Buy products with the least amount of packaging. Items in multiple containers waste resources
- Buy products packaged in recycled packaging
- Don't buy disposable items
- Buy less paper napkins or paper towels –or none at all. Use cloth
- Read labels for ingredients. Stay away from harmful chemicals
- Buy long life items (batteries and light bulbs). This saves on packaging
- Don't purchase Styrofoam packaging on meats and such. This takes too long to break down in landfills
- Buy items packaged in cardboard, aluminum, steel, glass or plastic containers stamped 1 or 2. These plastics are easier to recycle

TRUE RECYCLING

If you want to be a “true recycler” it is also important to buy goods that are made from and packaged in recycled materials when possible.

Here are some common recycling symbols to look for:



This symbol indicates that the item is recyclable.



This symbol indicates that the product or packaging is made from recycled materials.



DID YOU KNOW?

By recycling 1 ton of paper you save:

- 17 trees
- 463 gallons of oil
- 3.06 cubic yards of landfill space
- 6953 gallons of water
- 587 pounds of air pollution
- 4077 Kilowatt hours of energy

ACTIVITY 1: THE CAN MAN

Hi! Let me introduce myself. I am an aluminum can. My name is Canbe Recycled, and I'm here to tell you what happens when I meet the Can Man.

If you want to change the way you look, what do you do? Do you change clothes? Do you change makeup? When you want to buy new clothes, where do you go? To a store or the mall?

When we beverage cans want to change our appearance, we do it a little differently—and we depend on people like you to help us. Let me explain by telling you about the first time I met the Can Man.



It was a warm day, and I was resting in the grass after someone had finished drinking my soda pop and tossed me there. I was getting hot and afraid someone might kick or throw me in a trash can never to be seen again.

Suddenly my thoughts were interrupted by the voice of a man saying, "What have we here? A throw-away can? You can't lie in my yard!" Then Pete Neat picked me up and took me to his garage where he had a big trash bag sitting in a box. I was plenty scared, I tell you!

"Don't be afraid, little can," he said, "I'll take you to the Can Man and get you some new clothes. We'll just recycle you. Won't that be nice?" Then he put me into the bag with a lot of other cans like myself. I didn't know what recycle meant, but I liked the idea of new clothes.

The next day, Mr. Neat took all of us to what he called a recycling center where we met the Can Man. All of us were weighed, and Mr. Neat got some money for taking us there. "Goodbye, cans," he said, "I hope you like your new clothes." Away he went.

After he left, we were placed on a big moving belt and we passed under a magnet. All of us aluminum cans moved right over the top, but a few steel cans that were there by mistake were attracted by the magnet and were dropped away from us. At the end of the ride, we all went into a shredder where we were cut up into little pieces so we would take up less space. I felt a little funny, but it didn't hurt a bit.

Next we went into something called a smelter where we were melted into pure aluminum. Do you know that this process saves 95% of the energy needed to make new aluminum from bauxite ore? And the reused aluminum is just as good as new metal!

Once we were liquid metal, we got our new clothes, that is, we were formed into new products. I became a can again, but some of my friends became aluminum foil, and some became baking pans and TV dinner trays.

Tomorrow I will go to the beverage company to be filled and taken to the store for you to buy, but today I wanted to explain to you about the Can Man, and how you can help all of us aluminum products get new clothes. That's what recycling means—it means to save natural resources by giving them new clothes and using them again. When we throw away, we waste.

**Franklin County 4-H Recycling Project Manual*

All aluminum is recyclable. It takes only 24 cans to make a pound; if several people work together, you could collect lots of cans and other things made of aluminum.

I guess that's all I wanted to tell you today—except that we cans, just like you, really love to get new clothes.

When you see us lying around empty, please recycle us so we can have new clothes to wear. Otherwise, we get buried in landfills or we become ugly litter in yards and streets.

We're counting on you to help clean up the environment, to save landfill space and to save natural resources all at the same time by recycling. So, pick me up the next time you see me.

UNDERSTANDING RECYCLING

Activity: For questions 1-5, put the letter of the correct answer in the blank to the left of each question. There is one best answer for each question. Then write out answers to questions 6-7.

- _____ 1. The Can Man represents:
(a) a recyclable can; (b) the person who saves cans; (c) the person who recycles cans to make them new again; (d) the person who changes clothes.
- _____ 2. Canbe Recycled is:
(a) the narrator of the story; (b) an aluminum can; (c) a recycling machine; (d) both a and b.
- _____ 3. As Canbe Recycled was placed with other cans, they moved up a belt to be separated from steel cans by a:
(a) magnet; (b) shredder; (c) water; (d) both b and c.
- _____ 4. When Canbe Recycled talks about getting new clothes, this is a metaphor for:
(a) shredding cans; (b) the recycling process; (c) saving energy; (d) looking funny.
- _____ 5. When you recycle cans, you:
(a) save landfill space; (b) are littering; (c) save scarce resources; (d) both a and c.
6. What is a “narrator” as mentioned in question 2 above? _____

7. The “metaphor” in this story could be stated as follows: Recycling is compared to: _____
8. What is another metaphor for recycling? _____



ACTIVITY 2: CAN IDENTIFICATION

Here is a quick guide for finding out what material your cans are made from

ALUMINUM CANS:

1. Are **NOT** attracted by magnets.
2. Almost all of these cans say “All Aluminum Can” on the side.
3. No seam.
4. If the bottom of the can is round and shiny, then it is aluminum.
5. Shiny, silver, smooth.
6. Lightweight.
7. Aluminum cans, if you look closely, are finely brushed on the bottom.
8. Printing is usually directly on the can as opposed to a paper label.



BIMETAL CANS:

1. Are attracted by magnets.
2. Bottom has a rim.
3. If you look closely, the bottom is not finely brushed. It is usually spray painted.
4. It may or may not have a seam.

TINNED STEEL CANS:

1. Are attracted by magnets.
2. Have a seam.
3. Heavier weight than aluminum.
4. Usually have rings or ribbing on the can.
5. Normally have a paper label.



EXTRUDED STEEL CANS:

1. Are attracted by magnets. (This is the only reliable test)
2. Have no seam.
3. Are lightweight.
4. Have no bottom rim.

Did You Know?

- A used aluminum can is recycled and back on the grocery shelf as a new can in as little as 60 days!
- More aluminum goes into beverage cans than any other product and we use over 80,000,000,000 aluminum cans every year!

Activity: Look around your home, in places like the kitchen, basement, garage, etc. Collect different cans you find there for the following activity.

What did you find?

Name items you found that were packaged in all aluminum _____

Name items you found that were packaged in bimetal cans? _____

Name items you found that were packaged in tinned steel cans? _____

Name items you found that were packaged in extruded steel cans? _____

ACTIVITY 3: WHAT'S IN OUR GARBAGE?

Mostly recyclable materials! Most Americans produce 5 pounds of trash per day. Of those 5 pounds, 87% is recyclable.

Here is the average trash can:

Did You Know?

- Every ton of plastic bottles recycled saves about 3.8 barrels of oil!
- Americans use 2,500,000 plastic bottles every hour!
- Recycling plastic saves twice as much energy as burning it in an incinerator.

(recycling-revolution.com/recycling-facts.html)



Home Garbage Survey

Activity: In this activity you will learn to recognize which items in your garbage are recyclable or reusable, then you can learn to reduce the amount of waste that is thrown away. Recycling is an easy habit to form. By learning what materials can be recycled in your community and changing your buying habits, you and your family can help reduce waste in Indiana.

Here's what to do:

1. Track your family's waste for one week. Include trash from the bedroom, kitchen and family/living room. If you already recycle, keep track of the items in your recycle bin as well.
2. Determine which category each piece of trash would be considered: paper, glass, newspaper, aluminum, plastic, etc.)
3. Count the pieces of garbage or recyclables and record the total number of each item on the table below. After you've counted the garbage, be sure to dispose of it properly; try to recycle what you can!
4. At the end of the week, total each column.
5. How much of your trash was recyclable?



Did You Know?

The Mobro 4000 was a barge made infamous in 1987 for hauling the same load of trash from New York to Belize and back until a way was found to dispose of the garbage.

HOME GARBAGE SURVEY: SURVEY YOUR TRASH

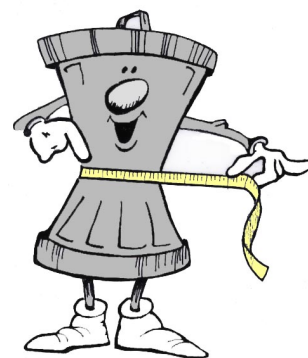
Day	Aluminum	Paper	Newspaper	Glass	Tin Cans	Plastic	Magazines	# Pieces Recyclable
Sunday								
Monday								
Tuesday								
Wednesday								
Thursday								
Friday								
Saturday								
Totals								

Now that you know what is in your trash can, you can be a part of the solution!

ACTIVITY 4: LANDFILLS

Hoosiers produce about 13.5 million tons of garbage each year and bury more than 60% of it in landfills (2004 data, biocycle.com report). As we produce more waste, we run out of places to bury it. There are only about 35 municipal solid waste landfills left in Indiana, with over two million tons of our landfill trash coming from other states each year, causing current landfills to steadily reach capacity (IDEM Data). New facilities are being built, but they are often difficult to establish due to public opposition. There is also one waste-to-energy plant in Indiana that turns garbage into electricity!

Many feel that recycling is a hassle and not worth the time. Some think that it's easier to throw garbage away and let it be hauled to a landfill. But many of the things we throw away can be recycled, and recycling is one way to reduce our dependency on landfills. If each of us recycled household generated newspaper, glass, aluminum and plastics, we could reduce the amount of material going into landfills significantly!



Did You Know?

During WWI, recycling straps from corsets created enough metal to build two battle ships!

Recycling requires only a small amount of space and a few minutes per day. Reserve some space under the sink or in the corner of the garage as a home recycling center. Use a cardboard box or grocery bag for cans, another for glass, one for plastics and one for newspapers. Old habits can be hard to break. At first you may have to remind yourself not to throw away recyclables, but after a using your recycling containers a few times, instead of the garbage can, you will be on your way to creating new recycling-conscious habits.

Leaching Landfills

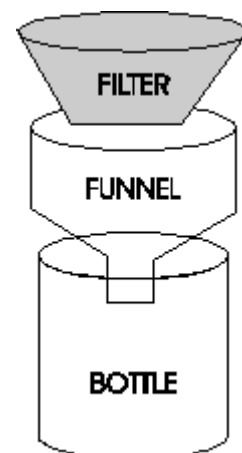
Drinking water comes from lakes, rivers, streams or wells that tap into groundwater supplies can be affected by trash dumped into our landfills. Landfills are built with many layers to protect the water supply. Let's look at what happens to the ground under the landfill and the water supply when we send trash to the landfill.

What does buried garbage do to our drinking water?

Materials:

- ___ 2 soda bottles cut in two
- ___ 2 filter papers
- ___ 1 paper towel
- ___ tempera paint, food coloring or Kool-Aid

- ___ 1 cup
- ___ sand
- ___ water



What will you do?

- ___ 1. Put the bottles together as shown in the picture.
- ___ 2. Fill the filters with sand.
- ___ 3. Put paint on the paper towel. This will be our garbage.
- ___ 4. Bury the garbage in the sand in one funnel.
- ___ 5. Let it rain - pour water on top of the sand in both set ups.
- ___ 6. Look at the water that falls into the bottles.

What did you find?

Describe the water in the bottle. _____

Why does the water in the "garbage bottle" turn color? _____

What would happen to the groundwater if harmful chemicals are put into the landfill?

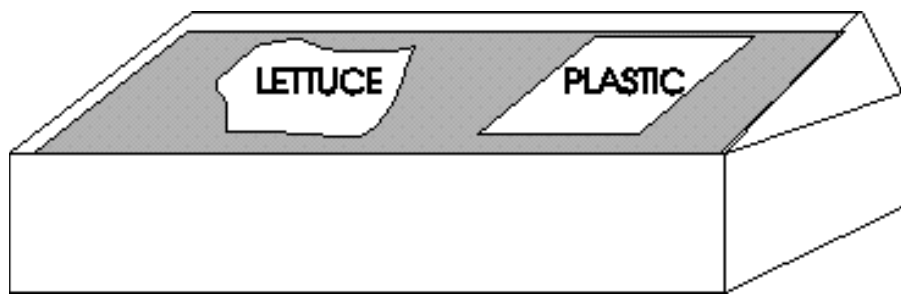
ACTIVITY 5: IS IT BIODEGRADABLE

Items that decompose quickly are referred to as biodegradable. They break down in the landfill. Items that are not biodegradable or that break down slowly can remain intact for a long time and can quickly fill a landfill.

What happens to buried garbage?

Materials:

- | | |
|----------------------------|----------------------|
| ___ 1 milk carton | ___ 1 cup of water |
| ___ 1 piece of plastic bag | ___ dirt |
| ___ 1 piece of lettuce | ___ fork (next week) |



What will you do?

- ___ 1. Fill the milk carton half way with dirt.
- ___ 2. Lay the lettuce and the plastic on top of the dirt.
- ___ 3. Cover the "trash" with more dirt.
- ___ 4. Water your garbage dumps.
- ___ 5. Wait a week then use a fork to dig out your trash.

What happened?

Has the trash changed?

lettuce ___ yes ___ no

plastic ___ yes ___ no

How? _____

What did you find? _____ decomposes more quickly than _____

You may want to try this with some other items or keep them buried longer to see what kinds of products are biodegradable.

What did you try? _____

What did you find? _____

ACTIVITY 6: JUICE BOXES

Many modern products make it easier for people to carry the items they need every day. Bottled water and juice boxes are convenient for families but are they friendly to our earth?

Are juice boxes easy to recycle?

Materials:

___ 1 juice box ___ 1 small scrap of paper
___ 1 scissors ___ 1 wet paper towel



What will you do?

1. Cut apart the juice box. It is made of many different things.

2. What is the inside layer made of? _____

3. Feel the outside layer. How does it feel? _____

4. Put a drop of water on the paper. What happens?

5. Put a drop of water on the outside of the juice box. What happens?

6. From what you see, can you guess what the outside layer is made of?

7. Now peel apart the inside and outside layers. What is the middle layer made of?

What did you find?

:

Will a juice box be easy to recycle? ___ yes ___ no

Is the juice box biodegradable? _____

What could you use instead of a juice box that is better for the earth?

ACTIVITY 7: JUNK MAIL

What is junk mail and what can we do about it? Every day we get mail with advertizing, offers to open credit accounts, political statements and other items that we may not want. We refer to these unwanted and unsolicited items as junk mail. We get a lot of junk mail.

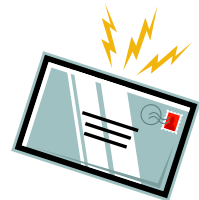
Save your family's junk mail for one week.

At the end of the week, count the number of pieces and write the total here _____

Take one sheet of paper from each piece of junk mail.

Tape them end to end.

Measure how long this stretches _____



Call toll-free numbers in unwanted catalogs and ask to be removed from mailing lists to reduce the amount of junk mail you receive. Can you think of ways to change the way we deal with junk mail?

Reduce: _____

Reuse: _____

Recycle: _____








ACTIVITY 8: IDENTIFYING PLASTICS

There are about 50 different kinds of plastics used to make products that we use every day, such as telephones, plumbing and packaging. The main types of plastic that consumers deal with are PETE (#1) and HDPE (#2). In many cases it is difficult to tell one kind of plastic from another, so the plastics industry introduced a coding system. Look on the bottom of each plastic container you buy for an imprinted recycling symbol with a number from 1-7 in the middle. Each number from 1-6 represents a different plastic; a 7 means it cannot be recycled.



Activity: Find plastic products around your house. Look for the recycling symbol and find the number in the middle. List those products next to the appropriate number below. How many different kinds of plastics can you find?

Easier to Recycle

 PETE	<p>Poly(ethylene terephthalate) soda bottles, water bottles, food packaging</p>	
 HDPE	<p>High-density Polyethylene detergents, bleach, milk, motor oil bottles</p>	
 V	<p>Poly(vinyl chloride) Plastic piping, toys, furnishings</p>	
 LDPE	<p>Low-density Polyethylene plastic wrap, plastic bags, sandwich bags</p>	
 PP	<p>Polypropylene clothing, bottles, tubs, rope</p>	
 PS	<p>Polystyrene cups, foam food trays, packing peanuts</p>	
 OTHER	<p>Other Various applications</p>	

Harder to Recycle



ACTIVITY 9: PACKAGING PRE-CYCLING

When you are shopping, think of packaging as part of the product, you get what you pay for. If the packaging is designed to be thrown away immediately, all you're getting for your money is cleverly-designed garbage.

DID YOU KNOW?
 Nearly \$1 out of every \$10 spent for food and beverages in the United States pays for packaging?

Packaging makes up about 1/3 of what Americans throw away. Pre-cycling is a very important part of any recycling effort.

Activity: The next time you to the grocery story, take a digital camera along. Walk all through the store, select 10 items to take pictures of, then list the items below and complete the chart by placing an "x" in each box that applies to each item.

Item Descriptions:

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |

Item #	1	2	3	4	5	6	7	8	9	10
Is the packaging colorful?										
Is the package wrapped in clear plastic?										
Is the product boxed?										
How many layers of packaging does the product appear to have?										
Does the product have either type of recycling symbol?										

Why do we need packaging on the products we buy? _____

List 4 examples of common packaging materials:

- | | |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

ACTIVITY 10: TONS OF TRASH

There are questions on your record sheet that this activity may help you answer.

If the average person throws away about 5 pounds of trash every day, figure this:

1. How much trash do you throw away in one week? $(5 \times 7) =$ A. _____
2. How much trash do you throw away in one year? $(A \times 52) =$ B. _____
3. How many people are in your family $=$ C. _____
4. How much trash does your family throw away in one year? $(B \times C) =$ D. _____
5. If you threw away one less pound of trash each day, how much trash would you throw away in one year? $(B - 365) =$ E. _____
6. If each person in your family threw away one less pound of trash each day, how much trash would your family throw away in one year? $(C \times E) =$ F. _____
7. What difference does 1 pound make in your family? $(D - E) =$ G. _____

There are about 6 million people living in Indiana and over 300 million people in the United States. Just think if each person reduced the amount of trash they throw away each day by 1 pound, what a difference that would make in a day, a week, or a year!



Recycling Resources

Websites

There are many resources on the web that can help you learn about recycling. Here are a few.

<http://www.afn.org>
<http://www.sprintrecycling.com>
<http://www.dosomething.org/tipsandtools>
<http://www.planetpals.com>
<http://www.ecy.wa.gov/programs/swfa/kidspage>
<http://earth911.org/recycling>
<http://www.recycling-guide.org.uk>
<http://www.greenplanet4kids.com>
<http://www.thestoryofstuff.com/>

Books

There are many books that can help you learn about recycling. Here are a few.

50 Simple Things Kids Can Do to Recycle by The Earthworks Group
Loaded with ideas to try at home, school, or anywhere!

Be A Friend to Trees by Patricia Lauber
Explains why trees are a valuable natural resource and what we need to do to protect them. Offers ideas on ways kids can help save trees.

The Big Book for Our Planet by Ann Durell, ed.
Over forty of the best-loved children's authors and illustrators pool their talents in a single volume to honor the Earth.

Captain Eco and the Fate of the Earth by Jonathon Porritt
Captain Eco and friends set off on a mission to save the Earth. Captain Eco explains the environmental dangers facing our planet. Written like a comic strip.

Recycle: A Handbook For Kids by Gail Gibbons
This book provides information for children about how to separate different types of materials and how they are recycled into other products.

Earth Book for Kids: Activities to Help Heal the Environment by Linda Schwartz
Filled with ideas for arts and crafts projects, experiments, and experiences that encourage children to enjoy and heal the environment.



4-H Crafts Scorecard

Name: _____ Level: _____ Grade: _____

Exhibit Requirements	Excellent	Good	Needs to improve	Comments
Usefulness				
Originality				
Choice of material				
Suitability of design				
Structural				
Decorative				
Workmanship				
Finish				
Use of color				

Placing (circle one)

Champion Honor Blue Red White

Project Hints:

- Projects will be judged based on originality, creativity, and the exhibitor's use of discarded, recyclable materials.
- Projects will score higher if recycled into useable items that will remain out of the landfill.

4-H'ers should take note that new items purchased specifically for this exhibit defeats the goal of recycling.

SOLID WASTE CHECKLIST

BRING WITH PROJECT

Complete each year of this project.

How many of these things do you and your family practice? Place an "x" in the appropriate column for those practices you and your family do on a regular basis. There is room to add some of your own.

Date Completed

By

	I do now	I do some-times	I might do	I don't want to do	I can't do
1. Use paper plates and cups instead of plastic.					
2. Use reusable plates and cups instead of disposable.					
3. Buy glass and aluminum containers instead of plastic.					
4. Write on both sides of paper before recycling it.					
5. Buy paper towels, napkins, and toilet paper made from 100% recycled fibers.					
6. Give used magazines to nursing homes and hospitals.					
7. Say, "Thanks, I don't need a bag," when buying small items.					
8. Purchase items in bulk to cut down on packaging.					
9. Buy eggs in paper rather than foam cartons.					
10. Buy juice in concentrate rather than big plastic containers.					
11. Use canvas bags at the grocery store.					
12. Leave grass clippings on the lawn to reduce yard waste.					
13. Make a compost pile in your yard and turn yard wastes into fertilizer.					
14. Save newspapers for recycling.					
15. Use plastic bags over and over.					
16. Use a lunch box or reusable lunch bag to school.					
17. Plant trees.					
18. Fix or recycle things instead of throwing them out.					
19. Donate outgrown clothes to others.					
20. Share or trade books and games with your friends.					
21. Use old panty hose to tie up tomato, pepper and other plants.					
22. Recycle used motor oil by taking it to a garage, auto parts store or hazardous waste collection.					
23. Turn out lights when leaving a room.					
24.					
25.					
26.					
27.					
28.					
29.					
30.					

Each of us can do our part in helping to reduce the amount of solid waste going into our landfills. After completing the checklist what habits did you and your family change?



4-H Recycling Record Sheet

This sheet is required with your exhibit.

Complete this each year you are in the project.

Year: _____



Name: _____ Age: _____ Grade: _____

Name of Club: _____ Year in 4-H: _____

I have reviewed this record and I believe it to be correct:

Club Leader Signature: _____ Date: _____

1. What activities did you complete this year for your project? _____

2. How has this project changed the way you think about recycling? _____

3. As a result of this project, what are you going to do differently? _____

4. What did you make for your 4-H exhibit? _____
5. Reference List (for example, Pinterest) _____

6. What was the original use for the main part of your exhibit? _____

7. What other recycled materials and techniques did you use to complete your exhibit? _____

8. How much time was required to complete your exhibit? _____

9. What was the total cost of materials in your exhibit? _____

10. How will I use or display this article? _____

This sheet is required with your exhibit.