

Newsletter

August 2023

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Office News

THANK YOU!

Thanks to everyone who helped to make this year's fair so great! We really appreciate you donating your time. We have an shared album with all of this year's photos. Feel free to add your own.

<https://bit.ly/23DC4HFairPhotos>

We have Moved

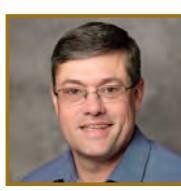
**The Purdue Extension
Dubois County Office
is now at the Center
on Fifth.**

**505 West 5th Street
Jasper IN 47546**

Community Educators



Chelsea Brewer
County Extension
Director; HHS Educator



Kenneth Eck
Agriculture and Natural
Resources
ANR Educator



Lauren Fenneman
4-H-Youth
Development
Educator

<https://extension.purdue.edu/county/dubois>

SAVE THE DATE

DUBOIS COUNTY LOCAL FOODS EXPO
AUG 22, 2023

POP-UP FARMERS MARKET
SPEAKERS

DR. JAMES FARMER, ASSOCIATE PROFESSOR, SCHOOL OF PUBLIC AND ENVIRONMENTAL AFFAIRS AT INDIANA UNIVERSITY

DR. JULIA VALLIANT, ASSISTANT RESEARCH SCIENTIST, SUSTAINABLE FOOD SYSTEMS SCIENCE AT INDIANA UNIVERSITY



**FEATURING A LOCALLY SOURCED MEAL
PREPARED BY CHEF PHIL BARTH**

REGISTER AT BIT.LY/DCLOCALFOODS23



P PURDUE UNIVERSITY Extension - Dubois County

Purdue University is an equal opportunity/equal access/affirmative action institution.

HHS

**Health and
Human
Sciences**



**Chelsea Brewer
County Extension Director;
Extension Educator - HHS
cebrewer@purdue.edu**

How Can HHS Help You?

I created a quick survey to gather input about future programs that people would enjoy seeing. Please follow this link.

bit.ly/HHSsurvey23



If you're seeking a presenter for your group or organization in regards to food, nutrition or other wellness topics, reach out. Chances are we can help!

Contact

**Chelsea Brewer
County Extension Director; Extension Educator - HHS
cebrewer@purdue.edu / 812-482-1782**



**Money
Food and Nutrition
Family
Healthy Communities**

Purdue Fast Start Program

INDIANA STUDENTS CAN EARN

FREE

**ASSURED
ADMISSION**

PURDUE
FAST START PROGRAM

Giving Indiana students a new pathway to Purdue through:

- Free courses
- Assured admission
- Purdue credit
- Big savings

Check it out today!

<https://www.admissions.purdue.edu/purduefaststart/>

DUBOIS COUNTY LOCAL FOODS EXPO

AUG 22, 2023

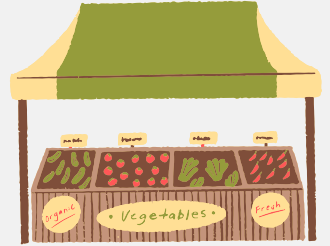
SULTAN'S RUN GOLF COURSE

5:00 - HAPPY HOUR

&

POP-UP FARMERS MARKET

6:00 - DINNER



6:30 SPEAKERS



DR. JAMES FARMER, ASSOCIATE PROFESSOR, SCHOOL OF PUBLIC AND ENVIRONMENTAL AFFAIRS AT INDIANA UNIVERSITY

James Farmer is the PI on the Sustainable Food Systems Science initiative and is an associate professor in the School of Public and Environmental Affairs. His research focuses on sustainable food systems and land conservation. Recent projects include a study of the utility of high tunnels for Indiana specialty crop producers; farmer diversification in the tri-state area of Indiana, Michigan, and Ohio; and urban ecology and the role of municipal parks preparing for climate change. James convenes the Human Dimensions Lab and co-directs the IU Campus Farm.



DR. JULIA VALLIANT, ASSISTANT RESEARCH SCIENTIST, SUSTAINABLE FOOD SYSTEMS SCIENCE AT INDIANA UNIVERSITY

Julia Valliant is a public health researcher focusing on learning from farmers and ranchers about how agricultural incentives can support them in building farm-level biodiversity and raising more nourishing food. Present projects address how farms and ranches continue, or transition, from one generation to the next; the food movement as a farmer-led health movement; grazing management for surface water point protection; and performance payments to reward grazers and farmers for ecological outcomes in agriculture.

7:15 - Q & A

7:30 - 8:00 NETWORKING AND SHOPPING

A LOCALLY SOURCED MEAL

PREPARED BY CHEF PHIL BARTH

\$30/ PERSON

REGISTER AT [BIT.LY/DCLOCALFOODS23](https://bit.ly/dclocalfoods23)



PARENTS FOREVER

Going through a family transition or not, all parents can benefit from Parents Forever. Co-parenting requires thoughtful skill-building, learning how to have hard conversations, and knowing what to expect at every stage. These are all things that parents can expect to learn during a Parents Forever class. Plus, having more knowledge is never a bad thing.

About Parents Forever

Education to aid families in transition after divorce, separation, or custody change

Families face many challenges and sometimes have to deal with transitions. Parents Forever © is an educational program for families experiencing divorce, separation, or a change in child custody. It was developed by the University of Minnesota Extension's Center for Family Development and adopted for use by Purdue Extension for Indiana residents.



Financial
assistance may be
available

By completing a Parents Forever course, participants learn to:

- Describe the family transition journey and how each family member will be affected.
- Recognize the role of self-care, parent-child relationships, and co-parenting in child well-being.
- Identify internal and external resources and strategize how to leverage these resources to promote resilience for all involved.

****This course is appropriate for adults only. Please make childcare arrangements.**

Parents Forever upcoming dates (Dubois County only):



August 15th 9:30-1:30 pm EST
October 10th 9:30-1:30 pm EST

**to register,
visit bit.ly/ParentsForeverIN
or scan the QR code**



Canning Tips:

Have you tested your pressure gauge dial?



It's never too early nor too late to plan for your adventures in food preservation. Take the time now to check the various parts of your pressure canner for safety, usability, and accuracy. Ensuring that all of your hard work pays off in a good quality and safe product.

Your pressure canner may have a dial gauge for indicating and regulating the pressure. It is important that dial gauges be checked for accuracy each year before use. The meter can shift during packing, storage and unpacking of your canner. A 2 psi (pounds per square inch) difference in accuracy could mean that you are not able to effectively kill bacteria and cannot create a safe product. Weighted gauges do not require testing.



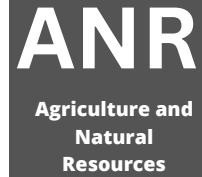
Purdue Extension can help you prepare your canner, no matter the type. Call or email to book an appointment for Dial Gauge Pressure Testing today. Appointments take 10 minutes and cost \$5.

Question? Contact Chelsea Brewer
812-482-1782
cebrewer@purdue.edu





Kenneth Eck
Extension Educator - ANR
kjeck@purdue.edu



Agriculture and Natural Resource Extension (ANR) Educators serve as research based, unbiased information source for county and state constituents on a variety of topics including: crops, ag business, livestock, natural resource, horticulture, small farms, urban ag, pesticide use, and land conservation. In partnership with Purdue University subject matter experts, ANR Extension Educators can provide relevant and proven best management practices to address many clients' situational needs.

Purdue Plant & Pest Diagnostic Lab

Have a disease or pest in the local landscaping or garden? The Purdue University Plant and Pest Diagnostic Laboratory can help, as it works to diagnose plant diseases and identify insects, plants and weeds and other plant and pest problems. This service is provided for private businesses and citizens of Indiana, and uses campus specialists to ID challenges to local plants throughout the state.

For more information on how to directly submit your plant or insect (for an \$11.00 fee), go to:
<https://ag.purdue.edu/department/btny/ppdl/submit-samples/physical-submission.html>

Taking Care of Your Yard & Landscaping

Taking care of your yard and landscaping – does this phrase bring to mind the glorious flowerbeds of summer or the tedium of mowing your lawn? Do you anticipate with joy the first leaves of spring or think only of raking those leaves? Have you been taking care of a yard for many years or did you just move into your first home? No matter how you answer these questions, Taking Care of Your Yard: The Homeowner's Essential Guide to Lawns, Trees, Shrubs, and Garden Flowers will help you care for your yard and add beauty and value to your home.

This guide covers the basics of yard care:

- Tasks you should do now if your plants are new
- Basic care for established plants
- Techniques for adding new plants to your yard
- Solutions to some common yard problems



Whether you're an experienced gardener or just starting out, whether previous owners planted your yard with a hundred trees or you have a new yard with little more than grass, whether you're new to your area or lived there all your life, this guide will help you care for the plants in your home landscape.

The publication, is available through a free Purdue download at:

<https://www.extension.purdue.edu/extmedia/HO/HO-236-W.pdf>

Pond Plant Management: Identifying and Managing Aquatic Vegetation

Vegetation is an important part of any aquatic system, but sometimes, aquatic plants can get out of control and create problems. This publication explains the benefits of aquatic vegetation, describes the problems posed by excessive vegetation, identifies common aquatic plants, and offers practices for effectively managing aquatic vegetation.



Available through free download at: https://www.extension.purdue.edu/extmedia/APM/APM_3_W.pdf



Dubois-Perry-Spencer

Master Gardener Course

Thursdays – September 7 - December 14
6:00-9:00 PM EST/5:00-8:00 PM CST

Perry County Extension Office
65 Park Ave.
Tell City, IN 47586



The Master Gardener Course is a multi-week course covering a wide variety of home horticultural topics. Upon completion, participants contribute 40 hours of educational community service to receive full Master Gardener Certification.

<u>Topics Include:</u>		
<ul style="list-style-type: none"> Soils & Plant Nutrition Insect Id. and Control Herbaceous Ornamentals Home Fruit Production Native Species 	<ul style="list-style-type: none"> Plant Science Weed Id. and Control Woody Ornamentals Pesticide Safety & Use Home Lawn Care 	<ul style="list-style-type: none"> Plant Disease Diagnosis Animal Pests Vegetable Gardening Organic Gardening Invasive Species

Early-bird Registration *(received prior to Aug. 24)*

\$150 per person
\$210 per couple *(share reference material)*

Regular Registration *(received Aug. 24-Sept. 6)*

\$165 per person
\$225 per couple *(share reference material)*

For more information or to request an application, contact:

Purdue Extension-Perry County
(812) 547-7084
sdzimian@purdue.edu

PURDUE EXTENSION
MASTER GARDENER PROGRAM

If you have special needs, please call us prior to attending at (812) 547-7084 or call (888) EXT-INFO and ask for the Perry County office.

VIRTUAL FARMING TOGETHER SERIES

Cultivating Relationships and Having the Cash to Bring in the Next Generation

When: August 15, 16, and 17 • 11:30am - 1:00pm (Eastern Time)

Where: Virtually from Anywhere!

Cost: \$40 per registration

Register here! <https://cvent.me/r9yl02>

Grab your farm family and join the Purdue Succession Planning Team as we offer a three-day lunchtime virtual succession series!

There will be presentations from Extension Educators and Specialists on "First Steps To Succession Planning" along with "Financial Feasibility of Farm Succession." An attorney will also present at the workshop on the topic, "Structuring a Succession Plan."

During this series, you'll learn about how and when to start those crucial conversations related to succession, you'll hear from a lawyer about the legal aspects of farm transfer, then finish up with learning about strategies to fund the transition of the farm to the next generation. All sessions will be virtual and require registration. Cost per registration is \$40.

These sessions are made possible through grant funding from North Central Extension Risk Management Education.

To learn more and register, visit: <https://cvent.me/r9yl02>

Please register by August 13.



NORTH CENTRAL
EXTENSION
RISK
MANAGEMENT
EDUCATION



The Succession Planning Team

USDA National Institute of Food and Agriculture
U.S. DEPARTMENT OF AGRICULTURE



<https://extension.purdue.edu/county/dubois>

STOCKMANSHIP

with Curt Pate



**SOUTHERN INDIANA PURDUE AG CENTER
DUBOIS, INDIANA**

11371 E. Purdue Farm Rd | Dubois, IN 47527

\$30 person per event

SEPTEMBER 29, 2023

1:00pm - 7:00pm EST

Beef focused program
supper will be served

SEPTEMBER 30, 2023

10:00am - 5:00pm EST

Sheep & Goat focused program
lunch will be served

From Ryegate, MT, Curt Pate uses his personal experience incorporating effective stockmanship principles supports a "for profit" mindset and focuses on highlighting the increased economic benefits of handling stock correctly. In addition, Curt recognizes the growing public scrutiny surrounding live-stock production and the impact that improved livestock handling practices create for the sustainability of the cattle industry.

Direct questions to towerj@purdue.edu or 812-678-4427

Register Online under the events tab

www.indianabeef.org

www.indianasheep.com

www.indianaforage.org



Mail-in Registration: IBCA 8425 Keystone Crossing, Suite 240 Indianapolis, IN 46240

Full Name: _____

Circle if member of - IBCA ISA IFC

Email: _____

Registration Type: (Day 1, Day 2, or Both)

Phone Number: _____

Payment Type: Credit Card or Check **\$30/day/person**

Address: _____

Credit Card Type (Visa, Mastercard, Discover)

City: _____ Total enclosed _____

Credit Card # _____

State: _____ Zip: _____

Expiration Date ___/___/___ CV Code _____

Please make checks payable to **Indiana Beef Cattle Association**
8425 Keystone Crossing, Suite 240 Indianapolis, IN 46240
If accommodations are needed please contact 812-678-4427.

Registration closes Sept 21st



Lauren Fenneman
Extension Educator
4-H Youth Development
lhaase@purdue.edu

**Youth
 Development
 4-H**



First off, I want to give a BIG thanks to who volunteered their time to help us make 4-H Fair a success. From those parents that stepped up to say what can I do, to Club leaders that helped project check in, project judging, building setup, and then continued the week with their club duties. Also thank you to Bridgette Linette and Melissa Wagner for stepping up so that the exhibit buildings could be open from 10 am until 2 pm on Friday. August is here which means back to school, end of the summer and end of 4-H. WRONG. 4-H year goes until September 30th and then reenrollment begins October 1st! Keep a look out for opportunities to promote 4-H via parades like Strassenfest on August 6th at 1 pm and Herbstfest Parade in September.



Thank you,
 Lauren Fenneman



4-H Fair Photos

Check out our Google Photo Album for 2023 Dubois County 4-H Fair. Also, we want to see your pictures. Add them to the album

<https://bit.ly/23DC4HFairPhotos>



4-H Fair Survey

I want to hear from you! Please complete the following 8 question survey to help us in planning for future 4-H Fairs.

<https://bit.ly/23DC4HFairSurvey>



4-H INFO



National 4-H Week October 1-7, 2023.

Wear green! Spread the word about 4-H!






Sunday, August 6th 2023 starting at 1:00 pm. Sign Up in 4-H Online under **EVENTS** if you are going to walk.

Fall Break

October 16-20, 2023. Keep an eye out for events and activities.

October 17, 2023 -  Fall Break Mini 4-H Camp, 9 am - 12 pm or 1-3 pm, Sign Up in 4-H Online under **EVENTS** after October 1 

October 19, 2023 -  Disc Golf Discovery, 9 am - 3 pm, Dubois County 4-H Fairgrounds, Sign Up in 4-H Online under **EVENTS** after October 1 

TBD - Drone Day 



4-H Volunteer Corner

Save the Date for following trainings:

September 27th – 6:30 pm Clover Pavilion – Activity Grab and Go Demonstrations

October 18th – 6:30 pm, Clover Pavilion – Regular Adult Leader Meeting with updates

October 21st – Indiana 4-H Leadership Summit – Carmel, IN

November 8th – 6:30 pm, Center on 5th Training Room – 4-H Online and FairEntry, Website and more, Learn about the systems that make the program go

Activity:

Teamwork – Crossing the River (20 minutes): All participants should stand on one side. Each participant receives an instruction sheet and use construction paper to construct, island, pebbles, and rock. Taken from Youth – Adult Partnerships YA4-H book. For full instructions including discussion questions, please request from Lauren.

Role Call:

What is one food you never would want to try again?

Community Service Idea:

Set up an informational display at a local library about 4-H or about a 4-H project. Clean Up a vacant lot.



Upcoming Events

- July 28 - August 20th - Indiana State Fair open. Closed on Mondays and Tuesdays
- August 2nd - 4-H Exhibit Hall and Centennial Hall open to the public (closed prior for judging purposes)
- August 6th - Strassenfest Parade, Entry #75, Line up by 12:50 pm. Sign-up in 4-H Online under EVENTS to let us know you are walking.
- August 7th - 4-H Council Meeting, 6:30 pm, Clover Pavilion Office
- August 20th - Last day of the Indiana State Fair
- August 21st - Extension office picks up State Fair projects
- August 22nd - Indiana State Fair Project Pick Up, 4-7 pm, Clover Pavilion
- Sept 11th - 4-H Council Meeting, 6:30 pm, Clover Pavilion Office
- Sept 27th - 4-H Club Leader Training: Club Activity Grab N Go Demonstrations, 6:30 pm - 8 pm, Clover Pavilion
- Sept TBA - Herbstfest Parade, Sign Up in 4-H Online under "events" let us know you are walking
- Oct 1st - 4-H Enrollment opens, v2.4honline.com**
- Oct 1-7th - National 4-H Week, Wear Green!
- Oct 2nd - 4-H Council Meeting, 6:30 pm, Clover Pavilion Office
- Oct 10th - 4-H Kickoff, 6-8 pm, Clover Pavilion**
- Oct 17 - Fall Break Mini 4-H Camp, 9 am - 12 pm or 1-3 pm, Clover Pavilion
- Oct 18 - Adult Leader Meeting, 6:30 pm, Clover Pavilion
- Oct 19 - Disc Golf Discovery, 9 am - 3 pm, Clover Pavilion
- Oct 21st - Indiana 4-H Leadership Summit, Adults and Youth Grades 8-12, Carmel, IN
- Nov 6th - 4-H Council Meeting, 6:30 pm, Clover Pavilion Office
- Nov 8th - 4-H Volunteer Reenrollment Training, 5:30 - 6:30 pm, Center on 5th Training Room
- Nov 8th - Adult Leader Training, 6:30 - 8 pm, Center on 5th Training Room
- Jan TBA - 4-H Scholarships Due
- Jan 8th (Tentative) - 4-H Council Meeting, 6:30 pm, Clover Pavilion Office
- Feb 5th (Tentative) - 4-H Council Meeting, 6:30 pm, Clover Pavilion Office
- February TBA - Indiana 4-H Day at the Statehouse, Grades 7-12, Indianapolis, IN
- March 4th (Tentative)- 4-H Council Meeting, 6:30 pm, Clover Pavilion Office
- March TBA - Beef Weigh In
- March TBA - St. Patrick's Parade, Ireland, IN
- April 1st (Tentative) - 4-H Council Meeting, 6:30 pm, Clover Pavilion Office
- April TBA - Dubois County Performing Arts Event
- May 6th (Tentative) - 4-H Council Meeting, 6:30 pm, Clover Pavilion Office
- May TBA - Sheep and Goat Identification, Sheep Barn
- May 15th - Animal Identification due in 4-H Online, v2.4honline.com**
- June 1st - 24th- Enter 4-H Fair Exhibits in FairEntry at duboiscounty-indiana.fairentry.com
- June 3rd- (Tentative) 4-H Council Meeting, 6:30 pm, Clover Pavilion Office
- June 12-14 - (Tentative) 4-H Academy Grades 9-12, Purdue University
- June 22-24 - (Tentative) 4-H Band and 4-H Chorus, Purdue University
- June 24th - FairEntry due to pick up Project Labels early
- June 24-26 - (Tentative) 4-H Round Up Grades 7-9, Purdue University
- June 27th - Project Label and Supply Pickup Night, CP 5-8 pm
- June TBA - 4-H Camp Grades 3-8, Counselors 9-12, Country Lake Retreat Center
- June TBA - State Junior Leader Conference
- June TBA- Dubois County Tractor Operator Contest, Dubois County 4-H Fairgrounds
- June TBA - Hay Coring, Clover Pavilion
- June TBA - Area Tractor Operator Contest
- July 9th - Project Label Pickup Night, 5-7 pm, Clover Pavilion
- July 11th - Project Check In Non Community Judged Projects, 6-8 pm
- July 12th - Community Judging and Project Check In for all projects, 5-8 pm
- July 15-19, 2024 - 2024 Dubois County 4-H Fair**

