

HEALTH

(State Fair Exhibit)

State Fair Entries: 3 per county; one per level

General Exhibit Guidelines & References: See page 47 for more information

Manual Information: See page 11 for more information.

BEGINNER (Grades 3-5 suggested):

Create an educational poster, notebook, or display about any manual activity or on any health topic of choice that is age/grade appropriate. Another option is to create a family first aid kit, emergency kit, an emergency kit to take on a hiking, biking, skiing or similar trip, or another similar kit.

INTERMEDIATE (Grades 6-8 suggested):

Create an educational poster, notebook, or display about any manual activity or on any health topic of choice that is age/grade appropriate. Another option is to create a personal nutrition kit to use when doing physical activity like chores, working out at the gym, hiking, biking, skiing, or another similar kit.

ADVANCED (Grade 9-12 suggested):

Create an educational poster, notebook, or display about any manual activity or on any health topic of choice that is age/grade appropriate. Another option is to create an activity or guide to help yourself or others become more aware of financial wellness, mental health, disease prevention, or other similar topics that promote healthy habits. Youth can also design and complete an independent study activity.