

CLOGGING: HEALTH

(County Only Project)

General Exhibit Guidelines & References: See page 47 for more information

Manual Information: See page 11 for more information.

Overall Exhibit Guidelines:

All levels are required to show up for community judging and must be able to talk about their project. See exception below. All levels are required to demonstrate a few clogging steps that they learned throughout the year during community judging. Youth will need to know things that were learned and list accomplishments achieved throughout the year. **Clogger must provide their music.**

For posters see general exhibit requirements.

For all choreographed routines, clogger must include a typed version of routine and include drawings on graph paper so other cloggers can learn the routine.

Exception: If clogger is unable to attend community judging, they must submit a MP4 Video, in form of DVD, thumb drive, or weblink of themselves performing the steps that they have learned or their routine and explaining the new things they have learned and listing their accomplishments.

Mini 4-H (Grades K-2):

- Must be enrolled in 4-H as a Mini 4-H member (4-H Online)
- May participate in the club activities
- Will be able to perform for judge to receive feedback in a noncompetitive format.

BEGINNER (Grades 3-5 suggested):

- A poster detailing what you learned and include diagrams of a step you learned or a scrapbook of your experiences during the year (include pictures)
- Design a shoe bag (or box) that can carry your shoes to meetings or practices.
- Create and prepare a shoe repair kit to help repair a clogging shoe.
- Any age-appropriate activity related to clogging may include benefits of the activity.

INTERMEDIATE (Grades 6-8 suggested):

- Design a clogging costume that can be used during a performance. Include a dance top, skirt or dance pants, and hair pieces. May use store bought clothing, but you must use creativity to add to the original piece. Examples may be by adding sequins, fringe, or sewing an actual skirt or sewing material onto an article of clothing.
- Choreograph a solo routine with a minimum of three clogging steps. Present the solo routine during judging.
- Choreograph a duet routine with a minimum of four clogging steps. Present the duet routine during judging.
- Any age-appropriate activity related to clogging may include benefits of the activity.

ADVANCED (Grade 9-12 suggested):

- Choreograph a small group clogging routine with at least four steps and must be able to work with at least five cloggers.

- Choreograph a large group clogging routine with at least six steps and must be able to work with at least eight cloggers.
- Design a coordinating costume for a boy and girl that includes dance top, dance skirt, or dance pants, and hair pieces. May use store bought clothing, but you must use creativity to add to the original piece. Examples may be by adding sequins, fringe, or sewing an actual skirt or sewing material onto an article of clothing.
- Create an educational poster, notebook, or display about a clogging topic of choice that is age/grade appropriate and may include mentorship of younger youth.

Performance Skills Option

The performance skills component is an educational and optional activity for youth to demonstrate their performance ability in either solo or group dance. If a group dances, the individual youth selecting this activity will be judged. Performances will be entered into the following classes for judging: Beginner: grade 3-5; Intermediate: grade 6-8; Advanced: grade 9-12.