



Sports

Description:

Allows youth to learn basic skills of the sport, learn safety rules of the sport, and practice good sportsmanship.

Decatur County Expectations

THIS IS A COUNTY ONLY PROJECT. Project manuals will need to be presented at the time of judging. Green books can be utilized to hold record sheets and project manuals.

Exhibit Guidelines

Youth may actively participate with any organized team in the county. Participation in any chosen sport should be under proper supervision, with the proper equipment and safety precautions.

Each youth will have one sports notebook. All notebooks will be judged and exhibits will be divided according to the grade in school. The following are possible sports categories: Apparatus, Archery, Badminton, Baseball, Basketball, Bowling, Cycling, Competitive Swimming, Diving, Fencing, Field Hockey, Fishing, Golf, Gymnastics, Ice Skating, Judo, Skiing, Skin & Scuba Diving, Soccer, Softball, Swimming, Table Tennis, Tennis, Track & Field, Trampoline, Tumbling, Volleyball, Wrestling.

If a sport is not listed above and you want to participate in that sport, feel free to do so. Any good resource books available through sports equipment dealers or the library may be utilized.

Youth will select one sport and learn what the basic skills are for that particular sport. Youth will determine their skill level for each of the basic skills: Basic Beginner, Beginner, Intermediate, Advanced, Skilled. Youth will determine the skills they want to learn or improve on, and list them on the record sheet before starting the project.

All divisions will be exhibited at the County 4-H Exhibition – one sport notebook with a one-page report (written or typed) on topics as stated for each year. Pictures should not be included on the report page, but may be used to emphasize the report (limit pictures to 4 pages). Youth may use pictures from printed matter, photographs, original art work, etc., to put in their notebook. This would be in addition to the one-page report. Each illustration needs to be labeled appropriately.

Exhibit Class Guidelines:

Beginner (grades 3-5 suggested)

Youth will select one topic per year (do not repeat topics). Previous years' report must be included at the end of the current report. Reports can be written or typed.

1. Rules
2. Equipment

3. Your participation

Intermediate (grades 6-8 suggested)

Youth will select one topic per year (do not repeat topics). Previous years' report must be included at the end of the current report. Reports can be written or typed.

1. Favorite person
2. History
3. Preparation or warm up

Advanced (grades 9-12 suggested)

Youth will select one topic per year (do not repeat topics). Previous years' report must be included at the end of the current report. Reports can be written or typed.

1. Special skills or techniques
2. Officiating
3. Exercise value & health benefits
4. Teaching someone else

Exhibit will be judged on:

1. Accuracy of information
2. Suitability of materials used
3. Showmanship
 - a. Neatness
 - b. Cleanliness
 - c. Labels easily read