

Presidential Pointers



A Newsletter of Indiana Extension Homemakers Association®

IEHA President: Michelle Roberts

Co-Editors: Patty Coonrod & Joanna Sell

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Presidential Thoughts ...

Greetings and Happy 2023! (Seems crazy, right?!)

What a wonderful six months this has been as your State President! I have enjoyed this journey so far and am looking forward to continuing my work around the state in 2023. I have had the opportunity to join some counties for events this year. Please be sure to let me know when your counties have events so that I may try to visit if I am available!

Fall District Meetings were such a great time. It's always fun to visit the many areas of the state and hear the exciting things that you are doing in the name of IEHA. Please make sure to mark your calendars for our upcoming Spring District Meetings which are listed in this newsletter.

It's been great to see so many counties and clubs have a social media presence. It is a great way to share what you are doing, and bring curiosity about IEHA, who we are and what we do.

Scattering Kindness the #IEHA Way has really brought happiness to my heart! When I introduced the program at conference in June and kicked it off in July, I never thought it would become what it has. You have truly blown me away! Clubs and counties have been scattering Pocket Hearts everywhere. Some of the messages I have received from those that were gifted a Pocket Heart would bring tears to your eyes and give you goosebumps! The meaning behind them is powerful. We just never know what others are dealing with in their lives. Our Pocket Hearts have reached so many states and have even reached other countries...isn't that amazing. I hope that the idea behind the Pocket Hearts has also encouraged you to engage in other random acts of kindness. I have been trying to share pictures of what clubs and counties are doing on our IEHA State Facebook page when I receive them so be sure to send pictures my way via email, text or messenger. Make sure that you are tracking how many hearts you are making and scattering. At conference, I challenged each county to scatter 1000 Pocket Hearts over the year. Now is the time to start reporting how many you have completed for July through December. There is a report form that all county presidents should have in their Blue Books. It is also available on our website, or you can contact me, and I can email you a form. (Please don't let a form stop you from reporting! You can also email me the information.) The county that scatters the most Pocket Hearts through June 1, 2023, will be recognized at our Home & Family Conference with a special award! If you have not started yet, it's not too late. Even though the winter months are upon us, I want to encourage you to stay active within

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your clubs and counties for IEHA. There is so much that we can be doing for our organization and our communities. Now is the perfect time to be working on items for Riley Children's Hospital, Cultural Arts entries for Home and Family Conference, and of course, your Pocket Hearts for this year's program. These are just a few things to keep you busy in the coming months.

As always, I hope that you stay healthy, stay safe and stay connected with each other! I look forward to seeing you soon.

Together...Let's Scatter Kindness the #IEHA Way!

Michelle Roberts, State President

State Officers Nominations

A new year has begun and with it an opportunity to try something new, especially if family and involvement in IEHA is important to you and you have desire to find out more about the workings of our organization. IEHA is looking for individuals with a passion for our organization and a desire to find out more about how IEHA operates by becoming a state officer. The IEHA State Board is a wonderful group to get involved with to share your ideas, develop leadership skills, and make new friendships while working to promote our mission of strengthening families.

Nominations are being sought for the offices of Secretary, Vice President and President Elect.

The office of Secretary is a two-year term and the candidate must have served as a County President. The offices of Vice President and President Elect are one-year terms and the candidates must have served as a District Representative. Election of officers will be held at the Annual Business Meeting at Home and Family Conference on Tuesday, June 6, 2023.

The Nomination Form can be found under the Forms tab in the President's Blue Book or on our website, ww.ieha-families.org. Completed forms must be postmarked by February 15, 2023 and are sent to the Immediate Past State President. Forms this year should be sent to Jan Gogel, 3757 S 75 E, Huntingburg, IN 47542.

Have questions? Want more information? If so, please contact the officer currently holding the position you are applying for, or State President Michelle Roberts, or Immediate Past State President Jan Gogel. Contact information can be found in the President's Blue Book or on our website, ieha-families.org.

Jan Gogel,

Immediate Past State President and Nominating Committee Chair

Sewing Seeds of Kindness the #IEHA Way

- ** Volunteer at Your local Food Bank
- ** Assist at Your Local Schools
- ** Organize a Reading Program
- ** Visit the Elderly

- ** Mentor a Child
- ** Tutor Students
- ** Help out at a Homeless Shelter
- ** Donate Unwanted Items

District Representatives Nominations

It is time to consider volunteering for a District Representative position with IEHA. If you have been your county president, you can be nominated as a DR for your district. It is a terrific way to meet more IEHA members within your district and state-wide and begin to understand the innerworkings of the state organization. District Representatives are needed in the Bedford District, Evansville District, Indianapolis District, Kokomo District, and Terre Haute District. The nomination form is located on our website as well as in the blue book both your current county president and HHS Educator have.

I won't try to pull the wool over your eyes – it is a busy job, with 2 District meetings and several board meetings during the year, but the state board continues to look at different ways to reduce the number of days for meetings, including doing a zoom meeting in February. The rewards, however, outweigh the “busy-ness” of the job.

Spring District Meetings

One of my favorite responsibilities as your IEHA State President is the traveling to our District Meetings. We had such wonderful and informative Fall District Meetings, and I am looking forward to our time together this spring!

A few changes were made in the fall as a trial, and they seemed to be well-received so we will continue with the same setup this coming spring. Our county presidents will meet with me during the registration time. This change was made to allow myself and the other state officers, as well as your county presidents, to enjoy lunch and visit with other homemakers in the district. This setup also allows for us to start our afternoon portion of the meeting in a timely manner. The other major change was having an educational mini lesson provided by the district HHS Educators. This is a great addition to our day and allows all of us to learn something new and be able to take something back to our local clubs.

Again, I am looking forward to seeing all of you at your Spring District Meeting...mark your calendars today!

Michelle Roberts, State President

March

2023

20	Monday	Madison District Meeting – Brown County
21	Tuesday	Bedford District Meeting – Jackson County
22	Wednesday	Evansville District Meeting – Vanderburgh County
23	Thursday	Terre Haute District Meeting – Clay County
24	Friday	Indianapolis District Meeting – Hendricks County
27	Monday	New Castle District Meeting – Henry County
28	Tuesday	Lafayette District Meeting – Tippecanoe County
29	Wednesday	Kokomo District Meeting – Howard County
30	Thursday	Michigan City District Meeting – Kosciusko County
31	Friday	Fort Wayne District Meeting – Huntington County

2023 Home and Family Conference

Financial Help Available

State First Timer & “I Want To Go Again”

Home and Family Conference, June 5, 6, and 7, 2023,

Embassy Suites, Noblesville IN

If you have never attended the entire Home and Family Conference or it's been a LONG time since you've come, these awards might be for you! Both awards will pay you money to apply to your registration fees to make attending a little more easy to do. The State First Timer Award will pay \$175.00 to be applied to the cost of conference, also the “I Want To Go Again” Award will pay \$175.00 toward the registration cost of conference.

State First Timer Award

One winner will be chosen from each District. Winners must attend the entire Conference. Districts vary on how they select their District winner, so it is best to check with the District Representative or County President on their area's selection process. The District Representative will notify the First Timer Chair by April 1st as to the name of the District Winner. Upon notification as the District Winner, the winner should register for Conference and make their hotel arrangements. Winners will receive payment from the IEHA State Treasurer after submitting their registration receipt. If unable to attend the Conference, the entire amount of funds received must be returned to the State Treasurer.

“I Want To Go Again” Award

(sponsored by IEHA Past State Presidents)

This award will pay the winner \$175.00 towards registration to Home and Family Conference. The application deadline is March 15, 2023 and should be sent to Linda Lowe, 635 Melrose Court, Greenfield, IN 46140. Qualifications are:

1. Must have previously attended a Home and Family Conference.
2. Must be unable to attend Home and Family Conference without financial assistance.
3. Must be involved in local club and county organization.
4. Any age may apply.

Applications for both awards can be found in the President's Blue Book, by requesting a copy of the application form from your County President, District Representative or the State First Timer Chair, or downloading the form from the IEHA website, ieha-families.org.

Please give these awards your consideration ... Come to Conference and join the fun, learn something new, make new friends, share ideas, see the displays, visit the vendor and Logo areas, marvel at the talents of homemakers who showcase their creations in the Cultural Arts area, attend The Melody Makers concert, and enjoy the wonderful food you did not have to cook! For questions, contact Anne Moore, State First Timer Chair, at 812-350-1072 (cell), 812-376-0098 (home) or by email at anne@terbium.org.

Save the Date

HOME & FAMILY CONFERENCE 2023

June 5-7, 2023

Embassy Suites, Noblesville

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|---|---------------------|----------------------------------|
| *Annual Business Meeting | *Keynote Speaker(s) | *Educational Concurrent Sessions |
| *Heritage Skills Classes | *Crafts | *Melody Makers Choral Concert |
| *Vendors | *Cultural Arts | *LOGO Sales |
| *Silent Auction | *Fun & Games | *Food, Food & More Food |
| *Visiting with other Indiana Extension Homemakers | | *SO MUCH MORE! |

Registration coming this spring!

Cultural Arts

Cultural Arts is quite a broad area to show off the talents of many creative people in the Indiana Extension Homemakers and the time is getting closer to be showcasing the projects we hope to see at the 2023 Home & Family Conference. The special project for 2023 is an 18x18x18 fairy garden that must be in a round or square container with the reminder that there will be no electricity for any special affects you would like to promote your garden.

We will continue with the same categories from previous years and invite each county to choose 1 item for the special project and 1 item from the other categories for a total of two (2) items entered per county.

The committee met in October, and we are proud to announce that the special project for Home & Family conference 2024 will be a table runner. The only requirement is that it can be only 18" across and the length is up to you. You can use any medium (e.g., quilted, made from felt, crocheted, etc.) the ideas are endless!!

Cricket Brown
Chair of Cultural Arts
brncrete2@hotmail.com

Sewing Seeds of Kindness the # IEHA Way

- | | |
|--|---------------------------------|
| ** Help with Building Homes | ** Coach a Youth Sports Team |
| ** Maintain the Environment | ** Package Meals |
| ** Help Out at Your Local Library | ** Support Your IEHA Membership |
| ** Give Back to Your Local Foundations | ** Spread Some Smiles |

Conference Displays

I know your Counties have been busy doing wonderful things this year. Why don't you share your ideas with everyone in the state! Is your county going to have an event that you want to invite your fellow Homemakers to attend? Well, this is your opportunity to shout out your projects and invitations. We want everyone to see these ideas at Home and Family Conference.

All you have to do is fill out the "Conference Table Display Application" and submit it to the Chairperson by April 1, 2023. There are guidelines for an attractive, eye-catching display on the application. Contact information is also on the application, if you have questions.

The Table Display Application can be found on the IEHA Website under Program/Forms, from your District Representative, or from the IEHA Blue Book under activities.

Let's spread the news about all the wonderful things Extension Homemakers are doing! Let us fill the hotel hallway with lots of wonderful displays at the Home and Family Conference.

Sarah Gossett
Conference Display Chair

i-LEaD

Spring District meetings will bring a lesson from the i-LEaD team. Can leadership be combined with kindness? Plan to attend the meeting in your District and find out!

Level I of i-LEaD training will be offered during our 2023 Home & Family Conference. A minimum number will be needed to hold the session, so sign up early. A small fee for materials will be charged. Participants will need to bring a binder, paper for notes and pens or pencils. It will be an all-day training on Monday of Conference. The lunch break will be short, so bringing your own lunch is suggested.

In i-LEaD Level I you will identify your own leadership style. It makes you aware of the differences in the ways others lead and helps you understand how it is possible to work together.

Hope to see you at Conference!

Ellen King
i-LEaD State Director
eaking92@gmail.com

For all your IEHA needs visit
www.ieha-families.org

Conference Vendors

Dear Members of IEHA,

As many of you may have heard the 2023 IEHA Home & Family Conference will be in the same location as last year. We have some changes for those of you who missed the vendor room and those who found it. Better Signage, Closer to the Dining Hall, Longer Hours, yep that's right IMPROVEMENTS! The Vendors will be only 20 feet or so from the large room housing the Logo Sales, Silent Auction and Cultural Arts. We will have vendors in the hall as well as Ditslear C (next to the restrooms).

Last year we brought back something that had been missing from our conferences, BEEF. The Indiana Cattleman's Association was a vendor as well offering a spice rub. Plans to bring them back and along with that spice rub have some recipes and tips for getting that juicy tenderness for your cut of beef.

One of the new vendors coming this year is an artisan who uses resin to create an assortment of trays, cups, and so much more. She has even made resin pocket hearts from IEHA President Michelle Roberts theme. This vendor is also a homemaker, serving as her club president in one of the clubs from Owen County.

I do have a favor to ask all of you, to ensure we have the most from the vendor area I want to hear from you what your looking for. What makes you shop till you drop? As a male member of the organization I have a different perspective of shopping compared to the ladies in our organization. My wife calls this the "Y" Affect due to men having a Y chromosome. So like the Mel Gibson movie I'm pondering What Women Want? Reach out to me via email, phone call or text, heck you can shoot me a Facebook messenger message. I want to bring you the vendors that spark your desires. So that you go home with all kinds of goodies. I look forward to hearing from all of you, better yet seeing you all at the 2023 Home & Family Conference in Noblesville.

Sincerely,

Robert C White, IEHA State Secretary

H&F Vendor Chair

Rwhite47460@gmail.com

812-219-3572

Family Impact Seminar

This year's Family Impact Seminar was held November 22, 2022, at the Indiana State Capitol Building. Peg Peter and Cathy Wilkymacky attended the seminar. The subject introduced to our state representatives was the high infant and maternal fatality rates in the state of Indiana. We rank in the top ten states for these categories, not a good thing. Several ideas were discussed, including program introduced in Ohio that has met with great success in helping new moms and their infants. It is hoped the legislature will be able to provide funding in this area, whether it develops health care programs, or focus on developing mentor programs for new moms. Purdue has taken steps to develop educator lessons on parenting infants which will be available for IEHA to use during the coming year.

Coins for Friendship

Nickels for Leadership

Coins for Friendship and Nickels for Indiana Leadership are two long standing IEHA donation programs.

The Coins donations support international programs through our membership with Associated Country Women of the World, mostly known as ACWW to us. It provides our annual pledge to the Ruth B. Sayre Scholarship fund and helps fund our Exchange Homemaker program when we exchange visits with members from our sister organizations around the world.

ACWW is making some revisions to the Coins for Friendship program and has renamed it Rural Women in Action. The IEHA finance committee has decided to continue to use Coins for Friendship as the name of our program since it is well known within our membership and is already successful. We will support the Rural Women initiative through our Coins.

Donations to the Nickels for Indiana Leadership funds stay right here within our organization. These funds are used to pay for many of the excellent speakers at Home and Family Conference, funding for i-LEaD programs as needed, District Representative training, and to send IEHA representatives to the National Volunteer Outreach Network conference and other out-of-state conferences.

The Nickels fund donations are highly encouraged to continue to allow Indiana Extension Homemakers to strengthen leadership abilities in individuals across our state and within our organization.

County or District Treasurers should send contributions to the State Treasurer annually and may be sent along with dues and/or Nickels for Indiana Leadership donations. The donations must be received before May 1st to be included in the current annual Conference report.

Ellen King, State Treasurer
eaking92@gmail.com

Ruth B. Sayre Scholarship

Country Women's Council USA offers a Ruth B. Sayre Memorial Scholarship each year to a woman who is a legal resident of the USA, who shows a financial need, and who has the ability to complete her education.

The Scholarship recipient or recipients shall be paid up to the amount of \$500 for a year's period of study, the money to be sent to the educational institution she is attending for tuition and/or books. The recipients may apply the succeeding year. In 2022, an Indiana resident was a chosen winner of one of the scholarships!

We want to make sure that we are spreading the word about this scholarship opportunity! Please share the information within your counties and clubs and include the information on your Facebook and other social media pages.

Applications and further information can be obtained by visiting <http://cwc.usa.org>.

Scholarship applications and all attachments are due to the state president by March 1.

IEHA Scholarship

Strengthening families through **continuing education** is a part of the IEHA Mission Statement. IEHA needs your help to promote the scholarships we offer. IEHA members are creative and can find many ways to get the word out to **THOSE INDIVIDUALS WHO COULD REALLY USE OUR HELP!!!**

IEHA offers several scholarships for individuals wanting to further their education but could use that extra help with the costs involved. The criteria and due dates for each type of scholarship is listed below.

CAREER ADVANCEMENT SCHOLARSHIPS

These scholarships are available to individuals twenty-five (25) years of age or older and are residents of Indiana. There are **eight** \$500 scholarships available. Six are general and two have specific requirements for application. Applications are due to the Immediate Past State President and must be postmarked by **March 15** of the upcoming school year to be considered.

1. General – Up to 6 (6) scholarships may be awarded.
2. Ann Hancock Scholarship – In addition to meeting the above criteria the applicant must be seeking a degree in a medical field.
3. Eleanor Arnold Scholarship – The above criteria must be met and the applicant must be an IEHA member.

STEPS TO SUCCESS SCHOLARSHIPS

These scholarships are intended for students graduating from high school and going on to an accredited college/university or an accredited vocational/technical school. One is specifically reserved for a vocational/technical school applicant. These scholarships are in the amount of \$500 each. Applications are due to the IEHA Immediate Past State President and must be postmarked by **May 1** of the upcoming school year to be considered.

Applications and instructions for completing the Steps to Success Scholarships can be found on the IEHA website, ieha-families.org along with the criteria for judging. The name and address of the IEHA Past State President is also on the website.

RUTH B. SAYRE SCHOLARSHIPS

Ruth B. Sayre Scholarships are memorial scholarships in the amount of \$500 each, offered for the purpose of fostering educational development of women.

Country Women's Council – USA sponsors up to four \$500 scholarships to member societies each year. IEHA is a member of CWC.

IEHA will sponsor only Indiana residents and the applications must be returned by **March 1** to the current IEHA State President. Visit the IEHA website www.ieha-families.org to find this information.

For the application to be considered for forwarding to CWC:

1. The cover page along with the two-sided application must be sent. The cover page is on the ieha-families.org website.
2. Applications that are not complete or that have missing information will not be considered.
3. Application must be signed by the current IEHA State President.

A brochure describing the scholarship and an updated application can be found at www.cwcusa.org. The application was updated in January 2022 and can be filled in online.

Scholarship recipients may apply again the succeeding year. Indiana had one recipient selected last year.

Public Relations Activity Committee

The Public Relations Activity Group met on October 13, 2022 at Focus Day at the Hendricks County Extension Complex. After reviewing the Plan of Action, the committee decided to focus on a short-term goal (something that could be accomplished before the end of June 2023) and a long-term goal (something that would last into the 2023-2024 year).

We reviewed our current trifold recruitment brochure and as much as we all liked it, we felt it could be improved. One of our committee members thought it was a little too generic and that it did not really “speak” to the recruitment needs in her county. The committee suggested we encourage counties to design an insert that could be put inside the trifold that would include topics more specific to their areas. The committee would display them on a large board or table at Conference. We ask that counties support this project as we can all learn and get ideas from others. If your county currently has something like we are describing, don’t design a new one, just instead take another look at it and see if there is anything you think might be added or changed to enhance what you already have. Start by asking the question, what would someone who is interested in Extension Homemakers want to know about our organization? Why would I want to join this group?

The committee asks that the insert be 1/3 of a horizontal page, either one or two sided, saved as a pdf file, and sent to our website coordinator Andrea White. Her email is andrea@andrea-leigh.com. The insert can be sent by email or US mail. Her mailing address is 349 N Main St, Spencer, IN 47460. We would like to have these by April 1st in order to organize and plan our display.

For the long-term goal, the committee decided to create a tool kit for members to use during Extension Homemakers Week in 2023. The toolkit would be ready to go and be distributed at the President’s Roundtable at the 2023 Home and Family Conference. Tentative ideas are for each day of that week to have a theme and also an activity or promotional that goes along with that day’s theme. The committee is really excited about this idea and hope you will be too. More will be forthcoming in the April issue of Presidential Pointers.

In the meantime, please keep doing what you can to promote Extension Homemakers and let our committee know what you are doing. You may contact any of the committee members or your District Representative. Contact info can be found in the Directory.

The committee is always looking for members to join us. Please contact me, Anne Moore – Committee Chair, if you are interested in serving on this committee.

Anne Moore

Public Relations Activity Committee Chair

Cell 812-350-1072 or email anne@terbium.org

It is the mission of the Indiana Extension Homemakers Association to strengthen families through continuing Education, Leadership Development, and Volunteer Community Support.

Membership Activity Committee

At the 2022 Home and Family Conference, the Membership Activities Committee continued the discussion around each generation having a different approach or need when it comes to things like communication and priorities.

The Committee has been working with the Public Relations team to revise existing forms/documents and develop mission documents. The Committee shared the newly created Guidelines for Special Interest Clubs. The participants were then asked to break into groups and design a marketing program for a membership recruitment event targeting the Generation X. They were asked to consider how Special Interest clubs could fit into the program. The generation discussion was continued during the Young Homemakers' session.

During both sessions, the participants were asked how they would answer the questions "What is a homemaker?" and "What is an Extension Homemaker?". These questions generated a lot of thought and discussion. The answer wasn't as obvious as one might assume. Everyone was asked to go back to their county and ask the same two questions and submit the responses to the Membership Activities Committee. From this process we will be developing our "elevator speech" to consistently and clearly communicate who we are to potential members. If you would like to join in the discussion or help with our membership projects, send me a text at 812-760-5810 or email me at antmartha@aol.com

Please keep sharing your thoughts and concerns with us!

Martha L. Alle
Membership Committee Chair

Focus Groups & Activity Committees

All Focus Groups and Activity Committees met October 13 at the Hendricks County Fairgrounds. Our morning activities focused on reviewing our current plans of action for each committee and develop future subjects that need changing or would be of benefit to our members. Conference workshops were discussed for our Home and Family Conference in June, 2023. Several reporting forms were edited. Both new/revised action plans and reporting forms would be made available when complete on the ieha-families.org website when they are completed.

After a quick lunch, the entire group gathered to discuss the findings from the morning sessions. Focus Groups and Activity Committees were paired together to determine if there were common objectives. In many cases there were, and several groups will work together over this next year to develop goals. As a total, it was a very beneficial meeting. Everyone enjoyed the opportunity to work together. Thanks, Michelle, for bringing the entire group together.