

# Year 1 Record Sheet

1. List three new things you learned in this project. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
2. What was the most surprising thing you learned about yourself while completing this project?  
 \_\_\_\_\_
3. Did you give an interactive demonstration? ☐ No ☐ Yes Title \_\_\_\_\_
4. How did you help your family with their meals while doing this project? \_\_\_\_\_  
 \_\_\_\_\_
5. List the foods you prepared or preserved this year, and how many times you prepared or preserved them.

Food Prepared	Number of Times

Food Prepared	Number of Times

6. Write the number of times you did these other things:

Activity	Number of Times
Set table with centerpiece	
Cleaned up kitchen	
Collected recipes	
Helped serve family meals	
Planned and cooked entire meal	
Shopped for groceries	

I have reviewed this record and made comments about the individual's progress and project completion.

Signature of Project Helper \_\_\_\_\_ Date \_\_\_\_\_