



The Scoop



Boone County 4-H Newsletter

Hello
September



Extension - Boone County

COMING UP

SEPTEMBER 15TH- RULE CHANGES DUE

**SEPTEMBER 15TH- 4-H TRIPS APPLICATION DUE
TO LEARN MORE ABOUT EACH TRIP READ THE
DOCUMENT BELOW
TO FILL OUT APPLICATION CLICK HERE**

**OCTOBER 1ST-JANUARY 15TH- 4-H
ENROLLMENT**

NOVEMBER 5TH- PROJECT FAIR

**NOVEMBER 20TH- SCHOLARSHIP WORKSHOP
*GRADES 10-12 AND COLLEGE FRESHMEN**





Boone County 4-H Club, Inc.

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Phone 765.482.0750 • Fax 765.481.2716 • www.extension.purdue.edu/boone



August 31, 2023

It's 4-H Trip Application Time!!!!

Make sure to fill out your online Fall Boone County 4-H Trips Form
DUE by September 15th at 11:59pm

If you are interested in attending any of the following trips, please make sure to fill out the Fall Trips and Awards application by September 15. It is a simple application that will take about 2 minutes to fill out. Here is the link to the application:

<https://docs.google.com/forms/d/1ICfD7QePVCYa1PoDyLyZBs5syLpDYIwchi-S-DENDSY/edit>

Info on Each Trip:

4-H Achievement Day Trip- This is a 1-day trip that is free to selected 4-H members in grades 7-12. The details are being worked out. Meals are included. The trip is tentative for November 2023. By indicating you are interested in being selected to attend this trip on the application you are not required to accept the invitation to attend once we give final info is given.

National 4-H Conference- National 4-H Conference delegates engage in personal development experiences that increase their knowledge, resources, and skills while they discuss topics affecting youth and 4-H programming nationwide. The delegates choose an important societal topic and in round table groups prepare a briefing.

If you apply for this and are selected by the 4-H Awards committee to be considered for the trip you will then need to fill out the Indiana 4-H application, for this trip and may have to do a phone/zoom interview. The state 4-H office takes 9 kids from all over the state for this trip.

For More info: <http://4-h.org/parents/national-4-h-conference/>.

Citizenship Washington Focus- This one-time trip is an exciting experience for 4-H members to go to the nation's capital and learn more about the meaning of citizenship. This event will be held in late June 2024 in Washington DC. Boone County always sponsors at least 1 youth this attend this trip. For more info: <https://4-h.org/events/citizenship-washington-focus/>

Stephanie Gay

Extension Educator, 4-H Youth Development
Purdue Extension- Boone County
765-482-0750
sfoerder@purdue.edu

PROJECT FAIR

When: November 5th

Where: The Community Building

Is your child in grades 3rd-12th and interested in learning more about 4-H and our community?

If your child is K-2nd we have a Mini 4-H program, too.

Sign up by Nov. 5th or at Project Fair to receive a free t-shirt.

New this year- Any volunteer who has completed all their training for the year can receive a shirt at project fair, too

**For more information call
1-765-482-0750 or visit our website:
bit.ly/4henroll**



NEED TO KNOW

Volunteers needed!

We are looking for leaders for the following projects:
Aerospace, Critter Companion, Crops, Food Preparation,
Outdoor Chef, Small Engines and Woodworking

The 4-H Council is looking for new members to join!

If you are interested in becoming a volunteer email
Stephanie Gay, 4-H Youth Extension Educator
at sfoerder@purdue.edu for more information.

Super Saturday-Learn more!

This is for grades k-5th, and provides a lot
of hands on activities!

Harlos Grant- Deadline to apply is September 15th



CONGRATULATIONS

A HUGE CONGRATULATIONS TO ALL OF THE BOONE COUNTY 4-H PARTICIPANTS IN THE 2023 INDIANA STATE FAIR! WE HAD AN AMAZING REPRESENTATION IN ALL OF OUR PROJECTS BOTH ANIMAL AND NON-ANIMAL! WE ARE SO PROUD OF YOUR HARD WORK!

**CONGRATULATIONS TO:
ISSAC THOMPSON - 2023 SUPREME SHOWMAN
CAYDEN JOHNSON - 2023 RESERVE CHAMPION
EVAN GRINSTEAD - 2023 COMPETITOR
FOR COMPETING IN THE 2023 INDIANA STATE FAIR 4-H SUPREME SHOWMANSHIP**



CONGRATULATIONS TO OUR BOONE COUNTY DAIRY JUDGING TEAM AS THEY WILL BE COMPETING AT NATIONALS ON OCTOBER 1ST!



MEET OUR NEW TEAM MEMBERS

Stephanie Gay-

4-H Youth Development Extension Educator

Brinkley Vickery-

Program Assistant

Kerry Luchetta-

office Manager



Stephanie Gay

Stephanie grew up in Noblesville, Indiana.

She is no stranger to 4-H, as she was a ten-year member of the program in Hamilton County from 2004-2014. She participated in a variety of projects, both animal and non-animal and took on many leadership roles. She graduated from Purdue University in 2018 where she earned her bachelor's degree in animal science. She has spent the last 5 years working in non profit animal welfare in Central Indiana.

Stephanie is thrilled to be a part of the Purdue Extension team in Boone County! She plans to engage with the community and the dedicated volunteers to gain a deeper understanding of how to positively grow the 4-H program in Boone County. Stephanie is passionate about always continuing to make the best better. She looking forward to helping youth find their passions and watching them excel to their full potential.

Stephanie currently resides in Indianapolis, IN with her husband Dustin. They have three rescue pets- a Siberian Husky named Kora, a Pit Bull mix named Scooby and a one-eyed cat named Uno. In her spare time, Stephanie enjoys camping, kayaking, fostering rescue dogs, and spending time with family and friends.





BRINKLEY VICKERY

Brinkley Vickery is a lifetime resident of Boone County. She completed 10 years of 4-H where she participated in many projects throughout her time, during those years Child Development was a project she chose to participate in each year. Youth development and Education has always been a driving point in Brinkley's life. After High School she knew she wanted to continue to make a difference in children's lives. She attended Indiana University-Purdue University Indianapolis where she earned a Bachelor's Degree in Elementary Education with a minor in Psychology.

Brinkey currently lives on the outskirts of Lebanon with her husband, her dog and two cats. She enjoys spending time with her family and friends, traveling and exploring nature on her property. In her free time you will catch her reading books, using her crafting skills to perfect a new crafting technique or taking pictures. She values creativity, respect and personal development.

After earning her degree she went into education where she taught youth for three years. Within those three years of teaching she realized that she could continue to make a difference within local children's lives outside the walls of the classroom. She is now the Program Assistant in Boone County. Where she plans to make connections with local families and continue to assist in the growth of the 4-H program. Brinkley stated, "no child is the same, nor do they learn the same or have the same interest as the children around them, the Boone county 4-H program allows all children to shine their brightest and I plan to continue to assist with this program to show children just how bright they can shine!"



Kerry Luchetta



Office Manager

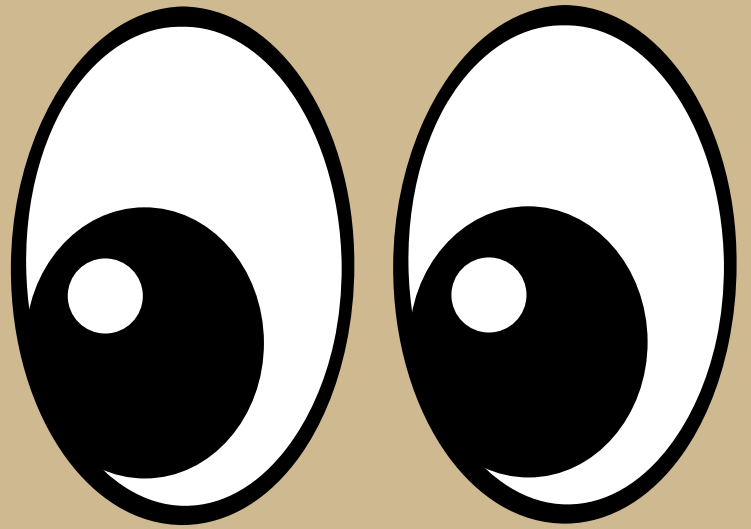
Kerry grew up in Crawfordsville and moved to Boone County in 2008. She worked in administration for The Lebanon Reporter for the last 12 years. She started at the Purdue Extension Office in May.

Kerry is excited to be part of the Purdue Extension team. She is looking forward to interacting with and getting to know everyone associated with all of the wonderful programs supported by the Extension Office. She is grateful to be part of such a wonderful staff. She looks forward to learning more about all of the programs offered through the Extension Office.

Kerry currently resides in Lebanon with her husband Kenny, daughter Madaline and their cat Simon. In her spare time, she enjoys attending sporting events, traveling, camping and spending time lots of time with friends and family.



KEEP YOUR EYES OUT!



As you know, our Office Manager Kathy Staton retired at the end of July. We will soon be accepting applications for the open administrative position in our office, so if you or someone you know would be a good fit, please think about applying. Please email Andrea Hatfield, County Extension Director at ahatfield@purdue.edu for more information. Once that job is posted the Extension Office will send out an email to all 4-H families.

We are
HIRING



**WELCOME
TO THE
WELLNESS
CORNER**

WITH CRISTIANA

CRISTIANA VERISSIMO

COMMUNITY WELLNESS COORDINATOR
SERVING BOONE & MONTGOMERY COUNTIES
PURDUE EXTENSION NUTRITION EDUCATION PROGRAM

I'VE BEEN SERVING BOONE & MONTGOMERY COUNTIES AS A COMMUNITY WELLNESS COORDINATOR (CWC) SINCE SEPTEMBER 2022 (ABOUT ONE YEAR). AS A CWC I WORK WITH COMMUNITY PARTNERS ON POLICY, SYSTEMS, OR ENVIRONMENTAL CHANGE INITIATIVES TO MAKE HEALTHY LIFESTYLE CHOICES MORE EASILY ACCESSIBLE, ESPECIALLY AMONG PEOPLE EXPERIENCING FINANCIAL CHALLENGES. MY GOAL IS TO MAKE THE HEALTHY CHOICE THE EASY AND PRACTICAL CHOICE!

SOME EXAMPLES OF THE TYPES OF INITIATIVES I CAN BE INVOLVED WITH INCLUDE FOOD PANTRY AND WELLNESS COALITIONS, ACTIVE LIVING PROJECTS TO IMPROVE WALKABILITY AND BIKE-ABILITY, COMMUNITY GARDENS, HEALTHY NUDGES AT FOOD PANTRIES SUCH AS RECIPES AND SIGNAGE, GRANT WRITING ASSISTANCE, SCHOOL AND WORKPLACE WELLNESS PROGRAMS, WALK OR BIKE TO SCHOOL DAYS, PLAY SPACE IMPROVEMENTS, HEALTHY CORNER STORES, HEALTHY CHECKOUT AISLES, AND MORE. IF YOU WOULD LIKE TO LEARN MORE OR EXPLORE THE POSSIBILITY OF COLLABORATING, YOU ARE WELCOME TO CONTACT ME AT CVERISSIMO@PURDUE.EDU.



September

Recipe of the Month:

Baked Apples and Winter Squash



INGREDIENTS:

- 2 cups winter squash cubes
- 2 cups apple cubes
- 1 Tablespoon vegetable oil
- ½ teaspoon cinnamon
- 1 Tablespoon sugar
- ½ teaspoon salt



Prep time:
15 minutes



Cook time:
30 minutes



Servings:
3 cups

DIRECTIONS:

1. Wash hands with soap and water.
2. Preheat oven to 425 degrees F.
3. In a large bowl, combine all ingredients. Toss to coat evenly.
4. Spread the mixture on a baking sheet.
5. Bake for 20 to 30 minutes, or until squash is soft.
6. Refrigerate leftovers within 2 hours.
7. Recipe adapted from Nutrition Matters.

NOTES: Try adding chopped nuts or seeds.
Sources: foodhero.org; eatgathergo.org

PURDUE UNIVERSITY | Extension - Nutrition Education Program

Interested in more recipes and resources?

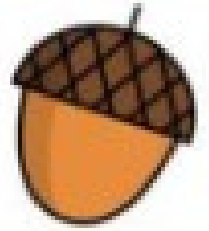
Check out: eatgathergo.org



Purdue University is an equal opportunity institution. This material was partially funded by USDA's Supplemental Nutrition Assistance Program (SNAP)



Fall Bucket List: for family



1. Go apple Picking
2. Get lost in a corn maze
3. Make chili
4. Play+ watch football
5. Make a thankful for list
6. Read together outside
7. Make pumpkin bread
8. Drink cider and cocoa
9. Collect colored leaves
10. Go on a hayride
11. Go on a nature hike
12. Jump in a leaf pile
13. Make candied apples
14. Bake a pie
15. Play in puddles
16. Go to a pumpkin patch
17. Roast Pumpkin seeds
18. Have a pumpkin flavored EVERYTHING day
19. Bring a fresh baked dessert to a neighbor
20. Carve epic pumpkins
21. Roast Marshmallows
22. Make pumpkin spiced moon sand
23. Make cinnamon playdough
24. Make a harvest soup
25. Have a family movie night with buttered popcorn

SOURCE: TIPPECANOE COUNTY EXTENSION HOMEMAKERS

