



Extension - Boone County

Purdue University is an equal opportunity/equal access/affirmative action institution.





OCTOBER 1ST-JANUARY 15TH- 4-H ENROLLMENT

NOVEMBER 5TH- PROJECT FAIR

<u>NOVEMBER 19TH-</u> ACHIEVEMENT TRIP GRADES 7TH-12TH, SELECTED YOUTH WILL RECEIVE NOTICES SOON!

<u>NOVEMBER 20TH-</u> SCHOLARSHIP WORKSHOP *GRADES 10-12 AND COLLEGE FRESHMEN 7-9PM, COMMUNITY BUILDING DINNING ROOM

<u>JUNE 6TH-8TH- 4-H CAMP</u> FOR YOUTH IN GRADES 3-6 AND CAMP COUNSELORS WHO ARE 9-12TH GRADERS!



<u>Youth Enrollment is open!</u> October 1st- January 15th

Volunteer Enrollment is OPEN!



We are looking for leaders for the following projects:

- Aerospace
- Critter Companion
- Crops
- Dogs
- Food Preparation
- Outdoor Chef
- Small Engines
- Woodworking

The 4-H Council is looking for new members!

Email Stephanie Gay, 4-H Youth Extension Educator at sfoerder@purdue.edu or <u>click here</u> to become a 4-H Volunteer/Project leader!

PROJECT FAIR

Join us on November 5th at The Community Building!

Is your child in grades 3rd-12th and interested in learning more about 4-H and our community?

If your child is K-2nd we have a Mini 4-H program, too.

Sign up for 4-H by <u>Nov. 5th</u> or at Project Fair to receive a free t-shirt.

New this year- Any volunteer who has completed all their training for the year can receive a shirt at project fair, too.

*Project leaders <u>click here</u> to fill out form if you have not done so.

For more information call 1-765-482-0750 or visit our website: <u>bit.ly/4henroll</u>







CONGRATULATIONS

CONGRATULATIONS TO OUR BOONE COUNTY DAIRY JUDGING TEAM AS THEY COMPETED AT NATIONALS ON OCTOBER 1ST!





We are looking for an Administrative Assistant!

10 are

If you or someone you know would be a good fit for this position <u>click here to apply!</u>

> How did the tree get a new job?

It had the right Qua-leaf-ications!

4H AND FFA

LIVESTOCK JUDGING 2023-2024

Learn to evaluate livestock, improve your decision making skills, increase your communication skills, and have a lot of fun!

Practice will begin Tuesday, September 19 from 3:15-5:00 at Webo with a parent information meeting to follow as well as Wednesday, September 20 from 6:00-7:30 with a parent information meeting to follow. Families can choose which night to attend. Contact us with questions or for more information.



WHAT DO WE DO?

Our livestock judging teams learn to judge cattle, hogs, sheep, and meat goats. We work to learn the parts of the animals, terminology for describing the animals, and presenting oral reasons to justify our placings of the animals.

CONTESTS

The primary livestock judging season is in the spring with contests from March to May. We do have a contest in October and one in December. Most contests occur on Saturdays. A schedule will be provided the first week of practice. Judging team members are not required to attend all contests.

WHEN IS PRACTICE?

We will practice at Western Boone this year. We will practice on Tuesdays from 3:15-5:00 and Wednesdays from 6:00-7:30. Both nights are not expected, but rather are designed to offer different options for families and flexibility.

COACHES

The teams this year will be coached by Tyler and Mandy Trent as well as FFA advisor Makayla and Todd Smith.

FOR UPDATES AND REMINDERS, JOIN OUR REMIND GROUP BY TEXTING @FFA4HLI TO 81010.

tmtrent2002@yahoo.com

Tyler Trent (765)894-2351 Mandy Trent (765)426-7495

4-H HANDBOOK OVER CONTEST

What we are Seeking:

- Use your best artistic skills with coloring utensils or create a computer design!
- Keep your design 8" x 10".
- The cover will be printed in black, white or green.
- Put first name, last name and phone number on the back of your design.
- Submit your design by <u>October</u>
 <u>9th</u> to the Extension office or via email at bvickery@purdue.edu



Extension - Boone County

Purdue University is an equal opportunity/equal access/affirmative action institution.

FIRST TUESDAY

Topic- Household Hack

Come and join us on <u>October 3rd</u>! The First Tuesday program is presented by Boone County Extension Homemakers. Please bring a hack to share with others!

This is a free event and starts at 6:30PM. It will be held in the Boone County Farm Bureau Inc. Community Building on the 4-H Fairgrounds. Register by calling the Purdue Extension Office



at 765-482-0750.







What you've been waiting for... Boone County 4-H Garage Sale

REMC Hall at the Boone County 4-H Fairgrounds

All proceeds go to support 4-H and the upkeep and improvement of the Fairgrounds.

October								
	Sunday Jst	Monday 2nd	Tuesday 3 rd	Wednesday 4th	Thursday 5th	^{Friday} 6th	Saturday 7th	Sunday Sth
	Donation Drop-Off 2-8	Donation Drop Off 10-7	Donation Drop Off 10-5		Sale 4-8	Sale 10-3	Sale 10-8	Sale 11-2



<u>We need Volunteers for this event!</u> <u>Please sign up to volunteer</u>!! **Annual Boone County Extension Homemakers**

Holiday Bazaar

Saturday, November 18, 2023

<u>9:00 A.M. - 4:00 P.M.</u>

At the Boone County Fairgrounds Exit 138 on I-65 Lebanon, Indiana



Free Admission, Free Parking, Handicap Access

Shop Over 150 booths in 3 connecting buildings

1920 Vault Catering

Serving Lunch from 10:30 - 1:30P.M.



Visit Facebook Page: Boone County,Indiana Extension Homemakers

or

Call 765-482-0750 for more information

WITH CRISTIANA

Gleaners Food Distribution

Please note an important change to the Gleaners Mobile Food Distribution schedule at the Boone County Fairgrounds in Lebanon:

The Senior Food Distribution at the Fairgrounds will continue the 3rd Tuesday of each month 11am – 1pm.

However, the regular (for all ages) Food Distribution at the Fairgrounds, which was the 2nd Wednesday of each month, has been permanently cancelled by Gleaners effective September 2023.



October RECIPE

Breakfast Pumpkin Cookies



Interested in more **recipes** and **resources?** Check out:

eatgathergo.org



20 minutes 10 minutes

DIRECTIONS:

- 1. Preheat oven to 400 degrees F.
- 2. Mix pumpkin, brown sugar, eggs, and oil thoroughly.
- 3. Blend dry ingredients and add to pumpkin mixture.
- 4. Add raisins and nuts.
- 5. Drop by teaspoonfuls on greased baking sheet, 1 inch apart.
- 6. Gently flatten each cookie (use a spoon, bottom of
- glass, or palm of your hand).
- 7. Bake 10-12 minutes until golden brown.

INGREDIENTS:

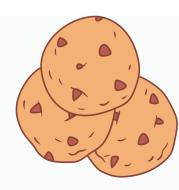
 1 3/4 cups cooked, pureed pumpkin (15 ounce can)

Extension - Nutrition Education Program

- 1 1/2 cups brown sugar
- 2 eggs
- 1/2 cup oil
- 1 1/2 cups flour
- 1 1/4 cups whole wheat flour
- 1 tablespoon baking powder
- 2 teaspoons cinnamon
- 1 teaspoon nutmeg
- 1/2 teaspoon salt
- 1/4 teaspoon ground ginger
- 1 cup raisins
- 1 cup walnuts or hazelnuts, chopped

Sources: eatgathergo.org; foodhero.org

Purdue University is an equal opportunity institution. This material was partially funded by USDA's Supplemental Nutrition Assistance Program (SNAP).

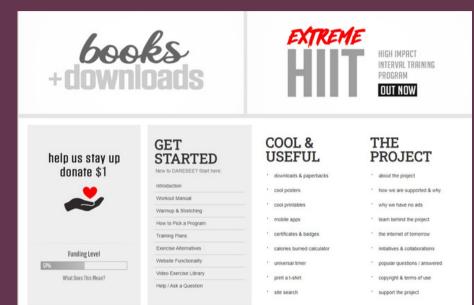




GETTING ACTIVE: DAREBEE

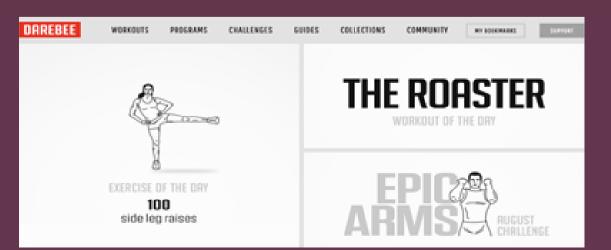
LOOKING FOR A WAY TO JAZZ UP YOUR PHYSICAL ACTIVITY? TIRED OF DOING THE SAME EXERCISES?

> INTRODUCING DAREBEE!



DAREBEE IS A FREE WEBSITE THAT FEATURES DOZENS OF EXERCISES, WORKOUT ROUTINES, AND CHALLENGES. SOME OF THE EXERCISES FEATURE MOTION GRAPHICS DEMONSTRATING THE PROPER TECHNIQUE. MANY OF THEM SHOW WHAT MUSCLES ARE TARGETED. MOST OF THEM ALSO OFFER DOWNLOADABLE PDFS. ALL OF THEM INCLUDE THE DIFFICULTY LEVEL. THEY EVEN HAVE DOZENS OF 30-DAY CHALLENGES FEATURING PRINTOUTS THAT MAKE IT EASY TO FOLLOW ALONG! TO LEARN MORE VISIT: HTTPS://DAREBEE.COM/

SOURCE: PURDUE EXTENSION NUTRITION EDUCATION PROGRAM"



Purdue University is an equal opportunity institution. This material was partially funded by USDA's Supplemental Nutrition Assistance Program (SNAP)