

# **Project Title: 4-H Resume**

## **Description:**

This project will help youth practice life skills while having fun and learning.

## **State Fair Entries:**

No State Fair Exhibit.

## **Exhibit Guidelines:**

Artificial Intelligence (AI) may be used, with parent permission, when creating this exhibit and is to be documented as a reference. A majority of the work to create this exhibit is to be the 4-H member's original work. All posters, notebooks, and display boards must include a reference list indicating where information was obtained, giving credit to the original author, to complete the 4-H member's exhibit. This reference list should/might include web site links, people and professionals interviewed, books, magazines, etc. It is recommended this reference list be attached to the back of a poster or display board, be the last page of a notebook, or included as part of the display visible to the public. A judge is not to discredit an exhibit for the way references are listed.

Posters are to be 22"x28" and displayed horizontally and placed in a clear plastic sleeve or covered with clear plastic to protect contents. The poster must be mounted on a firm backing to add stiffness to the exhibit, for example: a foam core board. Display boards should be designed to sit on a table using no more than 36" of tabletop space. Space should be left in the lower right-hand corner to place an exhibit tag provided by Purdue Extension staff.

Judges evaluating exhibits should recognize individual differences and creativity, therefore using information in this document as a guide rather than a requirement.

4-H members are encouraged to begin this project after their first year of 4-H. Select a project category and list life skills acquired in all of the related project areas. Under each skill describe examples of the use of this life skill in your 4-H projects. See Allen County 4-H General Record Sheet for list of life skills. You may enter up to 3 separate resumes, each in a different category. 4-Hers will learn how to develop documentation that can be used to apply for various 4-H scholarships in their advanced 4-H years. This project is especially helpful in preparing 4-Hers for the Achievement Resume Scholarship.

## **Categories:**

1. Animal Science - any livestock, Cat, Dog, Veterinary Science, Wildlife, etc.
2. Citizenship - actions of doing with/for others through Junior Leaders or any project or activity
3. Communications - Public Speaking, Demonstration, Creative Writing, or any project in which you apply communication skills
4. Engineering and Technological Science - Aerospace, Computer, Electric, Woodworking, etc.
5. Healthy Living, Food and Nutrition Science - Foods, Health, etc.

6. Leadership Development - Junior Leaders and any project where you have exercised leadership
7. Plant and Environmental Science - Crops, Geology, Garden, Floriculture, Plant Science, etc.

For all levels: Only 4-H project experience should be included. Although all of your cumulative life experiences are important to capture in your resume for college applications and employment applications, this project will only focus on documenting experiences and life skills from your 4-H journey. NOTE: You may enter up to three (3) project exhibits; i.e. 3 cover letter/resumes in three different binders. You may enter in the same category every year. Your resume will reflect growth because you have added more life skills and examples.

## Exhibit Class Guidelines:

### *Beginner (grades 3-5)*

Exhibit a notebook (3-ring binder, soft or hard cover) with the required items presented in the order listed below. Protect each page in your binder with a plastic sleeve. Separate items with tabs. Create a cover or title sheet with your name and project category.

1. Pictures – Add a minimum of 2 pictures each year. Your pictures must show you engaged in a 4-H project. Under or beside each picture, describe a life skill that you were developing in one to three sentences. We suggest one picture per life skill example. (See sample list of life skills in the project manual.) These pictures will be a great reference for you as a senior 4-H'er to recall some of the details about the activities you have completed.
2. Each year you will build on your collection of pictures and life Skill examples. Separation of pictures by year, using tabs, is recommended. Most current pictures should be in the front.

### *Intermediate (grades 6-8)*

Exhibit a notebook (3-ring binder, soft or hard cover) with required items presented in the order listed below. Protect each page in your binder with a plastic sleeve. Separate items with tabs. Create a cover or title sheet with your name and project category.

1. Resume highlighting your life skills. (See instructions and sample provided in the project manual.) The resume should be a maximum of 1½ pages. If you are in grade 6 you should include one skill; 7<sup>th</sup> graders should include two skills; and 8<sup>th</sup> graders should include three skills.
2. Pictures – Add a minimum of 2 pictures each year. Your pictures must show you engaged in a 4-H project. Under each picture, describe a life skill that you were developing. We suggest one picture per life skill example. (See sample list of life skills in the project manual.) These pictures will be a great reference for you as a senior 4-H'er to recall some of the details about the activities you have completed. Each year you will build on your collection of pictures and life skill examples. Include pictures from previous years if applicable. Separation of pictures by year, using tabs, is recommended. Most current pictures should be in the front.

## *Advanced (grades 9-12)*

Exhibit a notebook (3-ring binder, soft or hard cover) with required items presented in the order listed below. Protect each page in your binder with a plastic sleeve. Separate items with tabs. Create a cover or title sheet with your name and project category.

1. Cover Letter addressed to Achievement Resume Judge.
2. Resume highlighting your life skills. (See instructions and sample provided in the project manual.) The resume should be a maximum of 2 pages. If you are in grade 9 you should include four skills; 10th graders should include five skills; and 11th and above should add additional supporting statements to each of your five skills.
3. Pictures from your basic and intermediate project if applicable. No additional pictures are required at this level, but can be included if desired. Additional pictures added will not be judged.