Adams County Mini 4-H

Horse & Pony



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Needs of the Horse

A beautiful, sleek, healthy horse is no accident. He is usually developed by a proud owner who sees that he is fed properly, grooms him faithfully, gives careful attention to his feet, and sees he has proper exercise

- Food—Feed your animal a balanced diet.
 - Hay—It should be free from dust or mold and have a good fresh smell. He needs 15 to 20 pounds a day depending on the age and how much he works. Pasture is substituted for hay in the summer time.
 - Grain—Most horses need extra protein, carbohydrates, vitamins and minerals. Grain supplies these. Grains are oats, corn, wheat and barley
 - Salt—Horses need and love to lick salt blocks.
- Water—The average horse drinks 8-12 gallons of fresh water a day.
- Housing—the horse is an outdoor animal, but he needs a place to get in out of the rain or bad weather. The barn needs to be safe, draft free and clean.
- Exercise—Horses like to run and play in an open area or exercised if kept indoors. You can do this by riding them.
- Grooming—This means to clean and brush a horse and most horses and ponies love to be brushed. They should be groomed every day before and after they are ridden. It gives them a shiny hair coat, gentles them and conditions the skin and muscles for better performance. These pictures are the grooming tools.



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- Health—A horse or pony needs to feel good to do their best just like you. A doctor for animals is called a veterinarian.
- Teeth—Horses teeth need to be checked. Their teeth can become too sharp for them to chew properly. The vet will file them off carefully.
- Immunizations—Horses need injections to protect them from diseases such as flu, tetanus, etc.
- Parasites—Worms and bots (fly eggs) can make a horse sick. The vet gives them medicine to get rid of these.

Horsey Terms

- Mare—A mature female horse
- Filly—A young female horse up to 3 years.
- Colt—A young male horse.
- Foal—A colt or filly under 1 year old.
- Stallion—A mature male horse
- Gelding—A male horse that cannot reproduce it's self.