

Dear 4-H Youth Development Extension Educators and 4-H Volunteers,

Welcome to the 2009 *VolunteerIN, 4-H Toolkit for Success* series!

The materials included in this year's lessons have once again been prepared by the Indiana 4-H Volunteer Development Committee. In the third year of a four-year plan covering the Essential Elements of 4-H Youth Development, the lessons this year focus on the "Independence" concept. This follows the "Belonging" concept in 2007, the "Mastery" concept in 2008, and precedes "Generosity" in 2010.

These lessons are designed to be flexible to meet the local 4-H volunteers' needs. There is no prescribed order in which the lessons are to be presented. Extension Educators and 4-H volunteers are encouraged to work together to select the lessons that will be most beneficial to the local 4-H program. Most lessons contains a detailed lesson plan, a PowerPoint presentation with notes pages, a quiz to help recap the lesson, and a fact sheet that the volunteers can take with them for future reference. Some include additional activity files that can be used to supplement the lesson.

Evaluation tools are also provided to help document the success of this program and to help plan for future training programs.

We hope that *VolunteerIN, 4-H Toolkit for Success* will be an asset to you as you work with the youth in the 4-H program!

Sincerely,

Kathleen Koch
4-H Youth Development Extension Educator
Committee Co-Chair

Steve McKinley
4-H Extension Specialist
Committee Co-Chair



Indiana 4-H Volunteer Development Committee

The following committee members contributed to the design, writing, and compilation of the materials included in this resource.

- Area 1 – Pam Hess, Jackson County
- Area 2 – Mary Jo Robinson, Orange County
- Area 3 – Randy Brown, Vanderburgh County
- Area 5 – Alice Alderson, Parke County, Lori Bouslog, Sullivan County, and Lana Frazier, Vigo County
- Area 6 – Phyllis Harris, Marion County, and Kathleen Koch, Hamilton County
- Area 7 – Beth Leonhard, Madison County, and Jane Richard, Delaware County
- Area 8 – Brian Howell, Tipton County
- Area 9 – Jeff Nagle, Tippecanoe County
- Area 10 – Laurie Sula, Elkhart County
- Area 11 – Amy Johnson, Adams County
- Purdue – Steve McKinley, State 4-H Office

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The committee gratefully acknowledges the contributions of the following Purdue University co-workers:

- Becky Goetz, who reviewed and edited these materials
- Sharon Ingerson, who assisted with the preparation of some of the materials
- Bill Vollmer, who designed and created the layout for the CD
- Tyler Cotterman, who prepared copies of the CD for each county

Overview of Year 3 Lesson Plans "Independence" Concept

Essential Elements: *"Opportunity to see oneself as an active participant in the future" and "Opportunity for self-determination"*

Note: The Indiana 4-H Volunteer Development Committee members responsible for the preparation of each lesson are listed next to the respective lesson plans.

Lesson plan #1 – "Engaging Older Members" (Randy Brown, Vanderburgh County)

Older 4-H Club members have a wealth of experience that they can bring to the 4-H Club to share with younger members. This lesson provides some suggestions for developing effective youth-adult partnerships.

Objectives:

1. Identify characteristics of older youth.
2. Define advantages of youth-adult partnerships.
3. Describe levels of youth participation.
4. Share recommendations for successful youth-adult partnerships.
5. Identify ways to engage older members.

Lesson plan #2 – "Independence Through Projects" (Lori Bouslog Sullivan County, Phyllis Harris, Marion County, Pam Hess, Jackson County, Steve McKinley, State 4-H Office)

By participating in 4-H projects, 4-H Club members have the opportunity to develop skills that enable them to be more independent. This lesson includes a discussion on the Science, Engineering & Technology (SET) National 4-H Mission Mandate as well as a number of activity lessons for use directly with 4-H Club members.

Objectives:

1. Identify resources to share with 4-H Club members.
2. Describe key components of the Science, Engineering & Technology (SET) National 4-H Mission Mandate.
3. Identify age-appropriate activities related to SET.
4. Define additional terms related to SET.
5. Explore the Experiential Learning Model.

Lesson plan #3 – "Goal Setting" (Kathleen Koch, Hamilton County)

4-H Members who set personal goals have a road map that they can follow during their lives. By learning to set 4-H project goals, these members gain hands-on experiences of setting life goals as well.

Objectives:

1. Encourage members to set their own goals as the first step of their project experience.
2. Learn the parts of a good project goal.

Lesson plan #4 – "Time Management" (Amy Johnson, Adams County, Jane Richard, Delaware County)

By learning to set priorities and use their time most effectively, 4-H Club members develop skills and confidence for leadership and self-discipline. In this lesson a number of tips are provided to help members manage their time more effectively.

Objectives:

1. Youth will describe the importance of time management.
2. Youth will define a strategy to set priorities.
3. Youth will identify steps to overcome barriers to effective time management.
4. Youth will apply time management tips to completion of a 4-H project.

Lesson plan #5 – **“Raising Funds for 4-H Clubs and Programs”** (Beth Leonhard, Madison County)

Fundraising enables 4-H Clubs to support their programs and activities. Through fundraising, 4-H members gain valuable knowledge related to managing funds that they can apply to their own finances in the future. This lesson includes tips to successfully and appropriately raise funds in 4-H.

Objectives:

1. Identify fundraising ideas appropriate for 4-H Clubs.
2. Define a purpose for a fundraising activity.
3. Outline steps for conducting a successful fundraiser.

Lesson plan #6 – **“Skills to Live on Your Own”** (Alice Alderson, Parke County, Lana Frazier, Vigo County, Steve McKinley, State 4-H Office)

Members will develop a sense of independence as they build the skills that they need to live on their own. This lesson discusses various methods suitable for teaching life skills to members. Included are activity resources for use with members in the 4-H Club setting related to nutrition and etiquette.

Objectives:

1. Identify life skills.
2. Differentiate among various methods for teaching youth life skills.
3. Explore lessons designed to teach life skills.

Lesson plan #7 – **“Technology and Social Networking”** (Brian Howell, Tipton County, Jeff Nagle, Tippecanoe County)

Social networking comes in many forms of technology and is a method by which many 4-H Members like to communicate with each other. This lesson includes benefits and dangers of using technology and shares methods to use social networking within 4-H Club settings.

Objectives:

1. Describe technology that youth are using for social networking.
2. Recognize benefits and dangers of technology.
3. Share strategies to keep youth safe in cyberspace.
4. Identify strategies for using technology.

Key to the icons used in these lesson plans:



Refers to the learning objectives the lesson plan is designed to meet.



Alerts the presenter to the PowerPoint slides that accompany the information discussed in the lesson plan.



Points to supplies and resources that are needed to teach the lesson plan.



Indicates text that the presenter may choose to read as a part of the lesson plan.



Denotes references that were used to create the materials for the lesson plan.