Level D: Grades 10-12 Record Sheet

Reflect

1. How did you decide on an item to make this year? How will you use the item(s) you have made?  
_______________________________________________________________________________
_______________________________________________________________________________

2. Explain the sewing you did for community service this year.  
_______________________________________________________________________________
_______________________________________________________________________________

3. What sewn item(s) did you make this year?  
_______________________________________________________________________________
_______________________________________________________________________________

4. Check the 6 or more new skills you did this year.

☐ Make darts  ☐ Insert piping
☐ Attach cuffs  ☐ Do machine or hand quilting
☐ Make tucks  ☐ Make sleeves
☐ Make pleats  ☐ Make a neckband
☐ Add lining  ☐ Apply machine or hand appliqué
☐ Insert elastic  ☐ Add vents
☐ Add facings  ☐ Insert an invisible zipper
☐ Add boning  ☐ Insert a separating zipper
☐ Add plackets  ☐ Insert a fly front zipper
☐ Apply machine topstitching  ☐ Insert a lapped zipper
☐ Create bound edges  ☐ Insert a hand-picked zipper
☐ Apply trim  ☐ Use shaped seams
☐ Sew buttons  ☐ Sew with knit
☐ Apply ribbing  ☐ Use fiberfill and/or batting
☐ Add underlining  ☐ Make button loops
☐ Add a drawstring  ☐ Do a machine-topstitched hem
☐ Add ruffles  ☐ Do a machine blind hem
☐ Add a waistband  ☐ Do a hand-stitched hem
☐ Apply a collar  ☐ Make self-covered buttons
☐ Add lapels  ☐ Insert piping

☐ Use specialty threads  ☐ Make self-enclosed seams
☐ Add facing  ☐ Sew with difficult fabric
☐ Add an lining  ☐ Construct with a serger
☐ Add an boning  ☐ Do hand beading
☐ Add plackets  ☐ Add patch pockets
☐ Apply machine topstitching  ☐ Add inseam pockets
☐ Insert an invisible zipper  ☐ Add front hip pockets
☐ Insert a separating zipper  ☐ Add welt pockets
☐ Insert a fly front zipper  ☐ Make machine buttonholes
☐ Insert a lapped zipper  ☐ Make bound buttonholes
☐ Insert a hand-picked zipper  ☐ Match fabric design
☐ Use shaped seams  ☐ Use twin needle
☐ Sew with knit  ☐ Make shoulder pads
☐ Use fiberfill and/or batting  ☐ Apply machine embroidery
☐ Make button loops  ☐ Hand/machine beading
☐ Do a machine-topstitched hem  ☐ Piece quilted item
☐ Do a machine blind hem  ☐ Coordination of fabric for quilted item
☐ Do a hand-stitched hem  ☐ Make a reversible item

5. List the learning activities (from page 3) you completed and briefly tell what you learned.

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<thead>
<tr>
<th>Activity</th>
<th>What I learned</th>
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Generalize

6. You have used the life skills of decision-making, planning and organizing, and resource management as you have progressed through the sewing project. As you continue in this project, you will be asked each year to describe one of these life skills you have developed.

(Select a different skill for each year.) This year I will describe (check one).

☐ decision-making  ☐ planning and organizing  ☐ resource management

7. Describe in detail what you learned about the life skill you checked above.  
_______________________________________________________________________________
_______________________________________________________________________________

Apply

8. How would you apply the life skill you checked above in your everyday life?  
_______________________________________________________________________________

_______________________________________________________________________________

Signature of 4-H member ________________________________ Date ________________

I have reviewed this record and made comments about the individual's progress and completion.

Signature of Helper/Leader ________________________________ Date ________________