Reflect

1. How did you decide on an item to make this year? Did someone help you make this decision? ____________
   If so, who?
   _______________________________________________________________________________________
   _______________________________________________________________________________________

2. What sewn item(s) did you make this year? (List.) ______________________________________________
   _______________________________________________________________________________________
   _______________________________________________________________________________________

3. Check the four (or more) new skills you learned this year.
   - Make darts
   - Insert a lapped zipper
   - Make buttonholes
   - Sew ruffles
   - Apply trim
   - Sew facings
   - Sew a simple collar
   - Construct with a serger
   - Apply machine appliqué
   - Use fiberfill
   - Insert piping
   - Set in sleeves
   - Hand-stitch a hem
   - Do a machine-topstitched hem
   - Do a machine blind hem
   - Sew tucks or pleats
   - Match fabric design
   - Apply machine topstitching
   - Hand-sew buttons
   - Sew a simple lining
   - Apply bindings
   - Apply ribbings
   - Sew with knit
   - Sew inseam pockets
   - Sew patch pockets

4. List the learning activities (from page 6) you completed and briefly tell what you learned.
   Activity | What I learned
   ______________________________________________
   ______________________________________________
   ______________________________________________
   ______________________________________________
   ______________________________________________
   ______________________________________________
   ______________________________________________

5. Did you do an action demonstration? If so, on what? ______________________________________________
   _______________________________________________________________________________________

Generalize

6. Planning and organizing are necessary as you sew. List the steps you used in making this year’s sewn item(s).
   ______________________________________________
   ______________________________________________

Apply

7. During the school year you need to plan ahead and be organized. Describe how you organize your time to be sure you complete homework on time and are ready for tests.
   ______________________________________________
   ______________________________________________

Signature of 4-H member __________________________________ Date __________

I have reviewed this record and made comments about the individual’s progress and completion.

Signature of Helper/Leader __________________________________ Date __________