Breakfast Banana Split

Recipe serves 2

INGREDIENTS

1 banana, split lengthwise
1 cup vanilla yogurt
1/4 cup blueberries
1/4 cup chopped strawberries
4 tablespoons granola
Honey, for drizzling

Recipe adapted from: www.delish.com

DIRECTIONS

1. Place banana slices side by side in a bowl.
2. Scoop yogurt down the middle of the banana slices.
3. Top with berries and granola
4. Drizzle with honey.
5. Serve immediately.
6. Enjoy!

Options to consider:

- Choose flavored yogurt instead of vanilla.
- Choose other fruits such as peaches, cherries, or blackberries.
- Choose another cereal instead of granola.
- Drizzle with maple syrup, chocolate sauce, or melted jam.

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