

You're the Chef Level C Year 1 Record Sheet

4-H-1034a-W New 2015

- List three new things you learned in this project. _____

- What was the most surprising thing you learned about yourself while completing this project?

- Did you give an interactive demonstration? No Yes Title _____
- What did you learn about meal management in this project? _____

- List the foods you prepared or preserved this year, and how many times you prepared or preserved them.

Food Prepared	Number of Times

Food Preserved	Number of Times

- Write the number of times you did these other things:

Activity	Number of Times
Collected recipes	
Helped serve family meals	
Planned and cooked entire meals	
Shopped for groceries	
Taught a sister, brother, or someone younger to cook	

I have reviewed this record and made comments about the individual's progress and project completion.
 Signature of Project Helper _____ Date _____