

Generosity



Objectives

1. Define generosity and identify the different types of generosity.
2. State the benefits of generosity.
3. Identify personal strengths and how to match them to helping.



Definitions of Generosity

- Generosity is described as a willingness to give, to share of one's time and/or resources, without an expectation that the gift or act will be returned. Generosity can take many different forms.



Types of Generosity

- Time

- Generosity can be serving meals during the holidays, helping to build a house, keeping your neighbors' child while they are sick, helping your community plant trees or cleaning up a park.
- 4-H volunteers provide many hours of their time to youth by conducting 4-H club meetings, helping with annual enrollment, organizing events and activities, and helping to manage the fair.



Types of Generosity

- Talents (Acts of Kindness)
 - We can exhibit generosity in our thoughts as well as in our acts of kindness.
 - We can be generous in our thoughts and actions towards others.
 - We can speak kindly to our family and friends.



Types of Generosity

- Talents (Acts of Kindness)
 - We can treat our adult volunteers and teachers with respect and value their contributions to us.
 - We can stand up for those unable to protect or defend themselves.



Types of Generosity

- Treasures (Financial)
 - Financial generosity is when you give money to a cause or charity in which you believe.
 - Financial generosity gives financial support to help organizations and/or charities carry out their mission and goals.



Benefits of Generosity

- Volunteering can boost your self-confidence.
- Generosity helps you become more comfortable in social situations.
- Volunteering helps develop leadership skills that can be helpful when you look for a job.
- Volunteer experiences can help you define a career choice.



Benefits of Generosity

- Volunteering can provide you with a sense of well-being.
- Volunteers report sleeping better at night knowing they did something to help others.
- Youth who volunteer to help others are less likely to abuse drugs or smoke.
- Adults who volunteer are less likely to have high blood pressure.



Benefits of Generosity

- Volunteering gives you a sense of belonging to your community or an organization.
- Volunteering helps you master difficult social interactions.
- Volunteering develops the independence to try new acts of kindness.



Group Discussion

- What causes/issues are you most concerned about?
- What things do you do well?
- How can you use what you do well to serve others?
- What kinds of generosity (activities) can you do that match your talents?

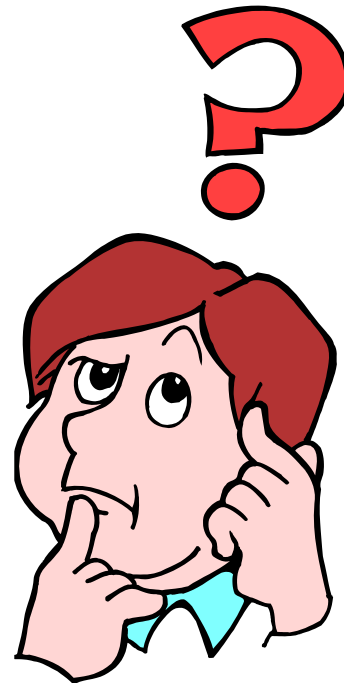


Assessing Your Talents and Treasures

- Jot down at least three things in your journal about yourself that you do well.
- Ask a friend or adult volunteer to share a comment about your talents.
- Is this talent something that you were already aware of or was it a new perspective?
- Record three positive comments that others have said you are good at doing.
- Describe how you feel when you have given your time, talents, and/or money to help others.



Conclusion & Quiz



Sources

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